

Zawody Pływackie Dzieci i Młodzie y Otylia Swim Cup 2019
 Łód , 30- - 31-3-2019

Konkurencja 26
 2019-03-31 - 14:46

Dziewcz t, 400m dowolny

11 - 13 lat
 Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
11 lat									
1.	NOWAK Izabela	08	UKS Manta Warszawa Włoc	5:14.00	427	1:13.20	1:20.90	1:21.17	1:18.73
	50m: 34.03	34.03	150m: 1:53.53	40.33	250m: 3:14.41	40.31	350m: 4:36.32	41.05	
	100m: 1:13.20	39.17	200m: 2:34.10	40.57	300m: 3:55.27	40.86	400m: 5:14.00	37.68	
2.	SHPONTAK Anastasiia	08	Na Start Uzhhorod	5:22.83	392	1:16.84	1:22.88	1:22.61	1:20.50
	50m: 35.90	35.90	150m: 1:57.95	41.11	250m: 3:20.63	40.91	350m: 4:42.95	40.62	
	100m: 1:16.84	40.94	200m: 2:39.72	41.77	300m: 4:02.33	41.70	400m: 5:22.83	39.88	
3.	GRABARCZYK Martyna	08	UKS SP-149 Łód	5:34.71	352	1:22.43	1:26.66	1:24.04	1:21.58
	50m: 38.88	38.88	150m: 2:05.64	43.21	250m: 3:31.05	41.96	350m: 4:55.10	41.97	
	100m: 1:22.43	43.55	200m: 2:49.09	43.45	300m: 4:13.13	42.08	400m: 5:34.71	39.61	
4.	LESNIAK Sofiia	08	K3Swim	5:45.12	321	1:23.33	1:28.41	1:29.21	1:24.17
	50m: 39.13	39.13	150m: 2:07.08	43.75	250m: 3:35.63	43.89	350m: 5:04.70	43.75	
	100m: 1:23.33	44.20	200m: 2:51.74	44.66	300m: 4:20.95	45.32	400m: 5:45.12	40.42	
5.	SIEJKA Weronika	08	KS Neptun widnica	5:53.67	298	1:22.43	1:31.52	1:31.62	1:28.10
	50m: 37.81	37.81	150m: 2:07.67	45.24	250m: 3:39.61	45.66	350m: 5:10.34	44.77	
	100m: 1:22.43	44.62	200m: 2:53.95	46.28	300m: 4:25.57	45.96	400m: 5:53.67	43.33	
6.	NAJI Kamila	08	UKS Pi tka Konstantinów	6:12.67	255	1:29.68	1:36.46	1:35.94	1:30.59
	50m: 42.31	42.31	150m: 2:18.16	48.48	250m: 3:53.69	47.55	350m: 5:29.17	47.09	
	100m: 1:29.68	47.37	200m: 3:06.14	47.98	300m: 4:42.08	48.39	400m: 6:12.67	43.50	
12 lat									
1.	ORASZEK Karolina	07	UKP „Polonia Warszawa”	5:02.72	476	1:12.46	1:18.26	1:17.40	1:14.60
	50m: 34.53	34.53	150m: 1:51.50	39.04	250m: 3:09.07	38.35	350m: 4:26.47	38.35	
	100m: 1:12.46	37.93	200m: 2:30.72	39.22	300m: 3:48.12	39.05	400m: 5:02.72	36.25	
2.	MICHALSKA Pola	07	UKP „Polonia Warszawa”	5:10.99	439	1:14.36	1:20.74	1:20.65	1:15.24
	50m: 34.83	34.83	150m: 1:54.72	40.36	250m: 3:15.52	40.42	350m: 4:35.95	40.20	
	100m: 1:14.36	39.53	200m: 2:35.10	40.38	300m: 3:55.75	40.23	400m: 5:10.99	35.04	
3.	RASZEWSKA Jadwiga	07	MKS Trójka Łód	5:15.42	421	1:15.08	1:20.62	1:21.37	1:18.35
	50m: 34.93	34.93	150m: 1:55.78	40.70	250m: 3:16.62	40.92	350m: 4:37.00	39.93	
	100m: 1:15.08	40.15	200m: 2:35.70	39.92	300m: 3:57.07	40.45	400m: 5:15.42	38.42	
4.	WICHULSKA Małgorzata	07	UKS 48 Warszawa	5:20.03	403	1:16.57	1:22.71	1:22.85	1:17.90
	50m: 36.19	36.19	150m: 1:57.58	41.01	250m: 3:20.69	41.41	350m: 4:42.38	40.25	
	100m: 1:16.57	40.38	200m: 2:39.28	41.70	300m: 4:02.13	41.44	400m: 5:20.03	37.65	
5.	SIEDLEWSKA Marcelina	07	UKS Siódemka Gdynia	5:21.59	397	1:15.93	1:22.30	1:23.89	1:19.47
	50m: 35.55	35.55	150m: 1:56.24	40.31	250m: 3:19.37	41.14	350m: 4:44.18	42.06	
	100m: 1:15.93	40.38	200m: 2:38.23	41.99	300m: 4:02.12	42.75	400m: 5:21.59	37.41	
6.	GACKA Aleksandra	07	UKS Siódemka Gdynia	5:28.54	372	1:20.15	1:25.15	1:24.19	1:19.05
	50m: 36.97	36.97	150m: 2:02.34	42.19	250m: 3:26.47	41.17	350m: 4:50.76	41.27	
	100m: 1:20.15	43.18	200m: 2:45.30	42.96	300m: 4:09.49	43.02	400m: 5:28.54	37.78	
7.	GASKEVYCH Zoia	07	SCYSSOR 9 Kiev	5:28.83	371	1:20.59	1:25.49	1:24.12	1:18.63
	50m: 38.28	38.28	150m: 2:03.64	43.05	250m: 3:27.81	41.73	350m: 4:50.75	40.55	
	100m: 1:20.59	42.31	200m: 2:46.08	42.44	300m: 4:10.20	42.39	400m: 5:28.83	38.08	
8.	JAROS Aleksandra	07	KS Neptun widnica	5:29.06	371	1:20.19	1:23.79	1:24.27	1:20.81
	50m: 37.76	37.76	150m: 2:02.27	42.08	250m: 3:25.90	41.92	350m: 4:50.11	41.86	
	100m: 1:20.19	42.43	200m: 2:43.98	41.71	300m: 4:08.25	42.35	400m: 5:29.06	38.95	
9.	LIPI SKA Julia	07	UKP Gryf D bica	5:30.50	366	1:20.70	1:25.56	1:24.22	1:20.02
	50m: 38.45	38.45	150m: 2:03.58	42.88	250m: 3:28.28	42.02	350m: 4:51.51	41.03	
	100m: 1:20.70	42.25	200m: 2:46.26	42.68	300m: 4:10.48	42.20	400m: 5:30.50	38.99	
10.	KULBIDA Wiktorja	07	UKP Gryf D bica	5:51.53	304	1:21.43	1:30.74	1:31.21	1:28.15
	50m: 37.24	37.24	150m: 2:07.33	45.90	250m: 3:38.43	46.26	350m: 5:09.07	45.69	
	100m: 1:21.43	44.19	200m: 2:52.17	44.84	300m: 4:23.38	44.95	400m: 5:51.53	42.46	

Zawody Pływackie Dzieci i Młodzie y Otylia Swim Cup 2019
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Konkurencja 26, Dziewcz t, 400m dowolny

13 lat

1.	OSTROWSKA Nina	06	UKS SP-149 Łód	4:45.34	569	1:07.13	1:13.16	1:13.34	1:11.71			
	50m:	31.90	31.90	150m:	1:43.43	36.30	250m:	2:56.95	36.66	350m:	4:10.25	36.62
	100m:	1:07.13	35.23	200m:	2:20.29	36.86	300m:	3:33.63	36.68	400m:	4:45.34	35.09
2.	GORCZYCA Gabriela	06	Solne Miasto SP. zo.o	4:47.15	558	1:08.38	1:13.98	1:13.86	1:10.93			
	50m:	32.25	32.25	150m:	1:45.65	37.27	250m:	2:59.33	36.97	350m:	4:12.85	36.63
	100m:	1:08.38	36.13	200m:	2:22.36	36.71	300m:	3:36.22	36.89	400m:	4:47.15	34.30
3.	MŁEK Alicja	06	Solne Miasto SP. zo.o	4:48.22	552	1:07.74	1:13.57	1:14.83	1:12.08			
	50m:	32.17	32.17	150m:	1:44.30	36.56	250m:	2:58.54	37.23	350m:	4:12.94	36.80
	100m:	1:07.74	35.57	200m:	2:21.31	37.01	300m:	3:36.14	37.60	400m:	4:48.22	35.28
4.	GOMUŁKA Weronika	06	UKS 190 Łód	4:48.34	551	1:07.84	1:12.93	1:14.30	1:13.27			
	50m:	32.46	32.46	150m:	1:43.89	36.05	250m:	2:57.77	37.00	350m:	4:11.93	36.86
	100m:	1:07.84	35.38	200m:	2:20.77	36.88	300m:	3:35.07	37.30	400m:	4:48.34	36.41
5.	RAKOWSKA Marta	06	DOKiS Sekcja Pływacka Ve	4:52.84	526	1:09.33	1:15.46	1:15.52	1:12.53			
	50m:	32.54	32.54	150m:	1:46.95	37.62	250m:	3:02.38	37.59	350m:	4:16.97	36.66
	100m:	1:09.33	36.79	200m:	2:24.79	37.84	300m:	3:40.31	37.93	400m:	4:52.84	35.87
6.	MANIKO Nikol	06	Na Start Uzhhorod	5:03.21	474	1:12.65	1:17.41	1:17.81	1:15.34			
	50m:	34.90	34.90	150m:	1:51.18	38.53	250m:	3:08.89	38.83	350m:	4:26.40	38.53
	100m:	1:12.65	37.75	200m:	2:30.06	38.88	300m:	3:47.87	38.98	400m:	5:03.21	36.81
7.	GRABARA Wiktoria	06	Malborskie WOPR	5:06.09	461	1:11.79	1:18.51	1:18.99	1:16.80			
	50m:	33.78	33.78	150m:	1:50.98	39.19	250m:	3:09.52	39.22	350m:	4:28.69	39.40
	100m:	1:11.79	38.01	200m:	2:30.30	39.32	300m:	3:49.29	39.77	400m:	5:06.09	37.40
8.	PA K Urszula	06	UKS 48 Warszawa	5:08.71	449	1:12.92	1:18.34	1:19.48	1:17.97			
	50m:	34.89	34.89	150m:	1:51.83	38.91	250m:	3:10.80	39.54	350m:	4:30.28	39.54
	100m:	1:12.92	38.03	200m:	2:31.26	39.43	300m:	3:50.74	39.94	400m:	5:08.71	38.43
9.	OLKO Zuzanna	06	UKS Siódemka Gdynia	5:09.10	447	1:14.00	1:18.71	1:19.35	1:17.04			
	50m:	35.05	35.05	150m:	1:52.89	38.89	250m:	3:12.31	39.60	350m:	4:31.79	39.73
	100m:	1:14.00	38.95	200m:	2:32.71	39.82	300m:	3:52.06	39.75	400m:	5:09.10	37.31
10.	SOBIECH Marta	06	UKS SP-149 Łód	5:14.74	424	1:14.04	1:19.62	1:21.24	1:19.84			
	50m:	35.20	35.20	150m:	1:53.70	39.66	250m:	3:14.31	40.65	350m:	4:34.95	40.05
	100m:	1:14.04	38.84	200m:	2:33.66	39.96	300m:	3:54.90	40.59	400m:	5:14.74	39.79
11.	LIPOWSKA Nadia	06	UKS Nawa Skierniewice	5:20.04	403	1:15.06	1:23.08	1:23.61	1:18.29			
	50m:	35.05	35.05	150m:	1:56.33	41.27	250m:	3:20.24	42.10	350m:	4:42.67	40.92
	100m:	1:15.06	40.01	200m:	2:38.14	41.81	300m:	4:01.75	41.51	400m:	5:20.04	37.37
12.	PAWŁOWSKA Wiktoria	06	Muks Wodnik Łask	5:35.03	351	1:20.29	1:27.11	1:27.47	1:20.16			
	50m:	37.73	37.73	150m:	2:04.16	43.87	250m:	3:31.29	43.89	350m:	4:56.73	41.86
	100m:	1:20.29	42.56	200m:	2:47.40	43.24	300m:	4:14.87	43.58	400m:	5:35.03	38.30
13.	ŁOBEJKO Natalia	06	SKS 137 Delfin Łód	5:35.05	351	1:21.58	1:26.11	1:27.25	1:20.11			
	50m:	38.72	38.72	150m:	2:04.65	43.07	250m:	3:31.77	44.08	350m:	4:56.32	41.38
	100m:	1:21.58	42.86	200m:	2:47.69	43.04	300m:	4:14.94	43.17	400m:	5:35.05	38.73
14.	OCHOWSKA Liliana	06	UKS Siódemka Gdynia	6:03.76	274	1:24.29	1:34.20	1:35.08	1:30.19			
	50m:	38.60	38.60	150m:	2:11.34	47.05	250m:	3:46.25	47.76	350m:	5:19.79	46.22
	100m:	1:24.29	45.69	200m:	2:58.49	47.15	300m:	4:33.57	47.32	400m:	6:03.76	43.97
15.	ANDREIEVA Bohdana	06	Borispol Beavers	6:49.67	192	1:32.16	1:45.57	1:47.06	1:44.88			
	50m:	41.43	41.43	150m:	2:24.61	52.45	250m:	4:11.14	53.41	350m:	5:58.86	54.07
	100m:	1:32.16	50.73	200m:	3:17.73	53.12	300m:	5:04.79	53.65	400m:	6:49.67	50.81