

Konkurencja 32  
2019-05-26 - 13:12

M czyzn, 400m zmienny

20 lat i starsi  
Wyniki

Punkty: FINA 2018

			Rok ur.						Czas	Pkt.		
<b>A</b>												
1.	WANDZIOCH Krzysztof		92	Wandzioch Team				<b>5:57.22</b>	286			
	50m:	39.09	39.09	150m:	2:10.83	46.55	250m:	3:45.86	51.02	350m:	5:18.15	40.54
	100m:	1:24.28	45.19	200m:	2:54.84	44.01	300m:	4:37.61	51.75	400m:	5:57.22	39.07
<b>B</b>												
1.	JAJUGA Dawid		86	MASTERS Zdzeszowice				<b>5:00.77</b>	480			
	50m:	32.16	32.16	150m:	1:48.21	40.22	250m:	3:10.27	42.32	350m:	4:27.48	34.55
	100m:	1:07.99	35.83	200m:	2:27.95	39.74	300m:	3:52.93	42.66	400m:	5:00.77	33.29
<b>C</b>												
1.	SAVCHUK Oleksandr		81	ENERGOATOM				<b>5:16.56</b>	411			
	50m:	32.69	32.69	150m:	1:51.98	41.82	250m:	3:20.70	48.10	350m:	4:43.78	35.79
	100m:	1:10.16	37.47	200m:	2:32.60	40.62	300m:	4:07.99	47.29	400m:	5:16.56	32.78
<b>D</b>												
1.	KACZMAREK Stanislaw		79	LC Gorzów Wlkp.				<b>5:07.16</b>	450			
	50m:	31.18	31.18	150m:	1:47.18	41.30	250m:	3:12.43	43.79	350m:	4:32.79	35.59
	100m:	1:05.88	34.70	200m:	2:28.64	41.46	300m:	3:57.20	44.77	400m:	5:07.16	34.37
<b>E</b>												
1.	GREGOROWICZ Paweł		74	AQUASFERA Masters Olsztyn				<b>5:13.32</b>	424			
	50m:	33.03	33.03	150m:	1:52.18	43.32	250m:	3:18.51	45.13	350m:	4:38.58	36.28
	100m:	1:08.86	35.83	200m:	2:33.38	41.20	300m:	4:02.30	43.79	400m:	5:13.32	34.74
2.	RUTKOWSKI Artur		74	TKKF Koszalin Masters				<b>6:02.15</b>	274			
	50m:	38.42	38.42	150m:	2:10.45	47.06	250m:	3:47.53	50.70	350m:	5:22.13	42.24
	100m:	1:23.39	44.97	200m:	2:56.83	46.38	300m:	4:39.89	52.36	400m:	6:02.15	40.02
<b>F</b>												
1.	STASZKIEWICZ Radosław		68	Grupa Woda				<b>5:53.50</b>	295			
	50m:	33.88	33.88	150m:	2:00.38	46.85	250m:	3:38.43	51.51	350m:	5:13.54	41.80
	100m:	1:13.53	39.65	200m:	2:46.92	46.54	300m:	4:31.74	53.31	400m:	5:53.50	39.96
2.	EZHKOV Vadim		65	Pregel Kaliningrad				<b>6:11.12</b>	255			
	50m:	38.88	38.88	150m:	3:05.21	1:41.54	250m:	4:47.57	51.92	350m:		
	100m:	1:23.67	44.79	200m:	3:55.65	50.44	300m:	5:31.17	43.60	400m:	6:11.12	
3.	MÓWI SKI Grzegorz		69	AQUASFERA Masters Olsztyn				<b>6:29.33</b>	221			
	50m:	40.91	40.91	150m:	2:23.95	54.36	250m:	4:10.59	53.67	350m:	5:47.53	43.04
	100m:	1:29.59	48.68	200m:	3:16.92	52.97	300m:	5:04.49	53.90	400m:	6:29.33	41.80
<b>G</b>												
1.	KAPAŁCZY SKI Krzysztof		64	START Pozna				<b>6:07.12</b>	263			
	50m:	38.05	38.05	150m:	2:11.89	47.41	250m:	3:49.52	51.94	350m:	5:26.95	45.54
	100m:	1:24.48	46.43	200m:	2:57.58	45.69	300m:	4:41.41	51.89	400m:	6:07.12	40.17

Konkurencja 32, Mężczyzn, 400m zmienny

H

1.	PIEKARA Marek			59	TS Olimpia Pozna				<b>6:13.10</b>	251		
	50m:	39.70	39.70	150m:	2:18.21	50.83	250m:	3:59.37	51.65	350m:	5:33.10	42.43
	100m:	1:27.38	47.68	200m:	3:07.72	49.51	300m:	4:50.67	51.30	400m:	6:13.10	40.00
2.	PIETRASZEWSKI Zbigniew			55	TS Olimpia Pozna				<b>6:51.20</b>	187		
	50m:	49.00	49.00	150m:	2:35.86	49.62	250m:	4:21.10	55.71	350m:	6:04.14	46.95
	100m:	1:46.24	57.24	200m:	3:25.39	49.53	300m:	5:17.19	56.09	400m:	6:51.20	47.06

I

1.	NOWAK Michał			52	Warsaw Masters Team				<b>7:10.50</b>	163		
	50m:	50.51	50.51	150m:	3:43.09	1:54.54	250m:	5:31.69	53.78	350m:		
	100m:	1:48.55	58.04	200m:	4:37.91	54.82	300m:			400m:	7:10.50	

J

1.	PŁONKA Janusz			48	Niezzeszony				<b>11:14.21</b>	42		
	50m:	1:13.09	1:13.09	150m:			250m:	8:48.11	1:31.83	350m:		
	100m:	2:36.92	1:23.83	200m:	7:16.28		300m:			400m:	11:14.21	
2.	BANTKOWSKI Jan			49	Toru Multisport Team				<b>11:18.95</b>	41		
	50m:	1:17.51	1:17.51	150m:	4:27.02	1:43.84	250m:	7:36.44	1:34.39	350m:	10:18.27	1:09.48
	100m:	2:43.18	1:25.67	200m:	6:02.05	1:35.03	300m:	9:08.79	1:32.35	400m:	11:18.95	1:00.68