

LETNIE MISTRZOSTWA OKR GU WIELKOPOLSKIEGO
Pozna , 14 - 15-6-2019

Konkurencja 17
2019-06-14 - 15:28

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
10 - 14 lat							
1.	MARCINKOWSKA Maja 05	MKS Jedyńka Łód	4:40.77 597	1:08.66	1:11.92	1:11.98	1:08.21
	50m: 32.94 32.94	150m: 1:44.25 35.59	250m: 2:56.22	35.64	350m: 4:06.95	34.39	
	100m: 1:08.66 35.72	200m: 2:20.58 36.33	300m: 3:32.56	36.34	400m: 4:40.77	33.82	
2.	KIERUZEL Martyna 05	MKS Jedyńka Łód	4:56.91 505	1:12.09	1:15.64	1:15.51	1:13.67
	50m: 34.57 34.57	150m: 1:49.75 37.66	250m: 3:05.60	37.87	350m: 4:21.24	38.00	
	100m: 1:12.09 37.52	200m: 2:27.73 37.98	300m: 3:43.24	37.64	400m: 4:56.91	35.67	
3.	JAWORSKA Wiktoria 05	MUKS "Pi tnastka"	5:03.71 471	1:12.14	1:18.02	1:18.32	1:15.23
	50m: 34.05 34.05	150m: 1:51.06 38.92	250m: 3:09.21	39.05	350m: 4:27.63	39.15	
	100m: 1:12.14 38.09	200m: 2:30.16 39.10	300m: 3:48.48	39.27	400m: 5:03.71	36.08	
4.	CIERNIAK Zuzanna 05	KS Warta Pozna	5:06.61 458	1:13.86	1:19.09	1:18.37	1:15.29
	50m: 35.55 35.55	150m: 1:53.20 39.34	250m: 3:12.21	39.26	350m: 4:29.27	37.95	
	100m: 1:13.86 38.31	200m: 2:32.95 39.75	300m: 3:51.32	39.11	400m: 5:06.61	37.34	
5.	KALKOWSKA Julia 05	MUKS "Pi tnastka"	5:10.85 440	1:14.30	1:20.45	1:21.35	1:14.75
	50m: 34.79 34.79	150m: 1:54.28 39.98	250m: 3:15.45	40.70	350m: 4:35.40	39.30	
	100m: 1:14.30 39.51	200m: 2:34.75 40.47	300m: 3:56.10	40.65	400m: 5:10.85	35.45	
6.	KAWKA Zuzanna 07	KU AZS UAM Pozna	5:10.98 439	1:13.88	1:21.36	1:20.60	1:15.14
	50m: 33.50 33.50	150m: 1:54.54 40.66	250m: 3:15.60	40.36	350m: 4:34.36	38.52	
	100m: 1:13.88 40.38	200m: 2:35.24 40.70	300m: 3:55.84	40.24	400m: 5:10.98	36.62	
7.	ONOSZKO Anna 05	KS Warta Pozna	5:13.19 430	1:17.54	1:20.44	1:19.99	1:15.22
	50m: 36.89 36.89	150m: 1:57.93 40.39	250m: 3:17.98	40.00	350m: 4:36.86	38.89	
	100m: 1:17.54 40.65	200m: 2:37.98 40.05	300m: 3:57.97	39.99	400m: 5:13.19	36.33	
8.	DOM OL Zofia 05	Kaliski Klub Sportowy „Włó5:16.951415 Kalisz	5:16.95 415	1:15.57	1:21.40	1:21.46	1:18.52
	50m: 36.34 36.34	150m: 1:56.57 41.00	250m: 3:18.03	41.06	350m: 4:38.33	39.90	
	100m: 1:15.57 39.23	200m: 2:36.97 40.40	300m: 3:58.43	40.40	400m: 5:16.95	38.62	
9.	KAZUBSKA Gabriela 06	UKS 3-Wodnik Wolsztyn	5:29.36 370	1:17.74	1:25.09	1:25.51	1:21.02
	50m: 36.86 36.86	150m: 2:00.07 42.33	250m: 3:25.49	42.66	350m: 4:50.11	41.77	
	100m: 1:17.74 40.88	200m: 2:42.83 42.76	300m: 4:08.34	42.85	400m: 5:29.36	39.25	

15 - 16 lat

1.	KRZYSZTOFIAK Iga 03	KS Warta Pozna	4:43.03 583	1:08.83	1:12.13	1:12.32	1:09.75
	50m: 32.99 32.99	150m: 1:44.56 35.73	250m: 2:56.93	35.97	350m: 4:08.40	35.12	
	100m: 1:08.83 35.84	200m: 2:20.96 36.40	300m: 3:33.28	36.35	400m: 4:43.03	34.63	
2.	KANTECKA Julia 03	Kaliski Klub Sportowy „Włó4:51.221535 Kalisz	4:51.22 535	1:11.34	1:15.76	1:13.33	1:10.79
	50m: 33.95 33.95	150m: 1:49.26 37.92	250m: 3:03.58	36.48	350m: 4:16.49	36.06	
	100m: 1:11.34 37.39	200m: 2:27.10 37.84	300m: 3:40.43	36.85	400m: 4:51.22	34.73	
3.	FRYSIAK Zuzanna 03	MUKS "Pi tnastka"	4:55.41 512	1:10.04	1:14.59	1:16.37	1:14.41
	50m: 33.83 33.83	150m: 1:47.28 37.24	250m: 3:02.11	37.48	350m: 4:18.54	37.54	
	100m: 1:10.04 36.21	200m: 2:24.63 37.35	300m: 3:41.00	38.89	400m: 4:55.41	36.87	
4.	KUBCZYK Gabriela 04	Kaliski Klub Sportowy „Włó5:12.561432 Kalisz	5:12.56 432	1:15.34	1:20.75	1:20.04	1:16.43
	50m: 35.21 35.21	150m: 1:55.87 40.53	250m: 3:16.33	40.24	350m: 4:35.38	39.25	
	100m: 1:15.34 40.13	200m: 2:36.09 40.22	300m: 3:56.13	39.80	400m: 5:12.56	37.18	

Open

1.	MARCINKOWSKA Maja 05	MKS Jedyńka Łód	4:40.77 597	1:08.66	1:11.92	1:11.98	1:08.21
	50m: 32.94 32.94	150m: 1:44.25 35.59	250m: 2:56.22	35.64	350m: 4:06.95	34.39	
	100m: 1:08.66 35.72	200m: 2:20.58 36.33	300m: 3:32.56	36.34	400m: 4:40.77	33.82	
2.	KRZYSZTOFIAK Iga 03	KS Warta Pozna	4:43.03 583	1:08.83	1:12.13	1:12.32	1:09.75
	50m: 32.99 32.99	150m: 1:44.56 35.73	250m: 2:56.93	35.97	350m: 4:08.40	35.12	
	100m: 1:08.83 35.84	200m: 2:20.96 36.40	300m: 3:33.28	36.35	400m: 4:43.03	34.63	
3.	DOM OL Zuzanna 02	Kaliski Klub Sportowy „Włó4:43.571579 Kalisz	4:43.57 1579	1:08.18	1:12.31	1:12.59	1:10.49
	50m: 32.75 32.75	150m: 1:44.06 35.88	250m: 2:56.78	36.29	350m: 4:08.80	35.72	
	100m: 1:08.18 35.43	200m: 2:20.49 36.43	300m: 3:33.08	36.30	400m: 4:43.57	34.77	
4.	KANTECKA Julia 03	Kaliski Klub Sportowy „Włó4:51.221535 Kalisz	4:51.22 535	1:11.34	1:15.76	1:13.33	1:10.79
	50m: 33.95 33.95	150m: 1:49.26 37.92	250m: 3:03.58	36.48	350m: 4:16.49	36.06	
	100m: 1:11.34 37.39	200m: 2:27.10 37.84	300m: 3:40.43	36.85	400m: 4:51.22	34.73	

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Konkurencja 17, Kobiet, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
5. FRYSIAK Zuzanna	03	MUKS "Pi tnastka"	4:55.41 512	1:10.04	1:14.59	1:16.37	1:14.41
50m: 33.83	33.83	150m: 1:47.28	37.24	250m: 3:02.11	37.48	350m: 4:18.54	37.54
100m: 1:10.04	36.21	200m: 2:24.63	37.35	300m: 3:41.00	38.89	400m: 4:55.41	36.87
6. DUDEK Aleksandra	01	MUKS "Pi tnastka"	4:56.29 508	1:06.86	1:17.17	1:16.97	1:15.29
50m: 31.03	31.03	150m: 1:44.49	37.63	250m: 3:02.80	38.77	350m: 4:19.69	38.69
100m: 1:06.86	35.83	200m: 2:24.03	39.54	300m: 3:41.00	38.20	400m: 4:56.29	36.60
7. KIERUZEL Martyna	05	MKS Jedynka Łód	4:56.91 505	1:12.09	1:15.64	1:15.51	1:13.67
50m: 34.57	34.57	150m: 1:49.75	37.66	250m: 3:05.60	37.87	350m: 4:21.24	38.00
100m: 1:12.09	37.52	200m: 2:27.73	37.98	300m: 3:43.24	37.64	400m: 4:56.91	35.67
8. JAWORSKA Wiktoria	05	MUKS "Pi tnastka"	5:03.71 471	1:12.14	1:18.02	1:18.32	1:15.23
50m: 34.05	34.05	150m: 1:51.06	38.92	250m: 3:09.21	39.05	350m: 4:27.63	39.15
100m: 1:12.14	38.09	200m: 2:30.16	39.10	300m: 3:48.48	39.27	400m: 5:03.71	36.08
9. WI NIEWSKA Natalia	97	KS Warta Pozna	5:05.11 465	1:12.46	1:17.99	1:17.83	1:16.83
50m: 34.52	34.52	150m: 1:51.48	39.02	250m: 3:09.35	38.90	350m: 4:27.63	39.35
100m: 1:12.46	37.94	200m: 2:30.45	38.97	300m: 3:48.28	38.93	400m: 5:05.11	37.48
10. CIERNIAK Zuzanna	05	KS Warta Pozna	5:06.61 458	1:13.86	1:19.09	1:18.37	1:15.29
50m: 35.55	35.55	150m: 1:53.20	39.34	250m: 3:12.21	39.26	350m: 4:29.27	37.95
100m: 1:13.86	38.31	200m: 2:32.95	39.75	300m: 3:51.32	39.11	400m: 5:06.61	37.34
11. KALKOWSKA Julia	05	MUKS "Pi tnastka"	5:10.85 440	1:14.30	1:20.45	1:21.35	1:14.75
50m: 34.79	34.79	150m: 1:54.28	39.98	250m: 3:15.45	40.70	350m: 4:35.40	39.30
100m: 1:14.30	39.51	200m: 2:34.75	40.47	300m: 3:56.10	40.65	400m: 5:10.85	35.45
12. KAWKA Zuzanna	07	KU AZS UAM Pozna	5:10.98 439	1:13.88	1:21.36	1:20.60	1:15.14
50m: 33.50	33.50	150m: 1:54.54	40.66	250m: 3:15.60	40.36	350m: 4:34.36	38.52
100m: 1:13.88	40.38	200m: 2:35.24	40.70	300m: 3:55.84	40.24	400m: 5:10.98	36.62
13. KUBCZYK Gabriela	04	Kaliski Klub Sportowy „Włó5:12.561432 Kalisz	1:15.34	1:20.75	1:20.04	1:16.43	
50m: 35.21	35.21	150m: 1:55.87	40.53	250m: 3:16.33	40.24	350m: 4:35.38	39.25
100m: 1:15.34	40.13	200m: 2:36.09	40.22	300m: 3:56.13	39.80	400m: 5:12.56	37.18
14. ONOSZKO Anna	05	KS Warta Pozna	5:13.19 430	1:17.54	1:20.44	1:19.99	1:15.22
50m: 36.89	36.89	150m: 1:57.93	40.39	250m: 3:17.98	40.00	350m: 4:36.86	38.89
100m: 1:17.54	40.65	200m: 2:37.98	40.05	300m: 3:57.97	39.99	400m: 5:13.19	36.33
15. DOM OL Zofia	05	Kaliski Klub Sportowy „Włó5:16.951415 Kalisz	1:15.57	1:21.40	1:21.46	1:18.52	
50m: 36.34	36.34	150m: 1:56.57	41.00	250m: 3:18.03	41.06	350m: 4:38.33	39.90
100m: 1:15.57	39.23	200m: 2:36.97	40.40	300m: 3:58.43	40.40	400m: 5:16.95	38.62
16. KAZUBSKA Gabriela	06	UKS 3-Wodnik Wolsztyn	5:29.36 370	1:17.74	1:25.09	1:25.51	1:21.02
50m: 36.86	36.86	150m: 2:00.07	42.33	250m: 3:25.49	42.66	350m: 4:50.11	41.77
100m: 1:17.74	40.88	200m: 2:42.83	42.76	300m: 4:08.34	42.85	400m: 5:29.36	39.25