

Zimowe Mistrzostwa Okręgu Łódzkiego
Łódź, 22-23-2-2020

Konkurencja 1
2020-02-22 - 9:00

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
14 lat							
1.	GOMUŁKA Weronika 06	UKS 190 Łódź	5:16.51 595	1:12.16	1:20.82	1:31.20	1:12.33
	50m: 33.35 33.35	150m: 1:52.68 40.52	250m: 3:18.15	45.17	350m: 4:41.07	36.89	
	100m: 1:12.16 38.81	200m: 2:32.98 40.30	300m: 4:04.18	46.03	400m: 5:16.51	35.44	
2.	SULAK Antonina 06	UKS Piłka Konstantynów	5:20.87 572	1:15.37	1:22.06	1:30.91	1:12.53
	50m: 34.36 34.36	150m: 1:56.72 41.35	250m: 3:22.79	45.36	350m: 4:45.86	37.52	
	100m: 1:15.37 41.01	200m: 2:37.43 40.71	300m: 4:08.34	45.55	400m: 5:20.87	35.01	
3.	FORNAL Hanna 06	UKS SP-149 Łódź	5:47.29 451	1:21.53	1:28.02	1:38.50	1:19.24
	50m: 37.74 37.74	150m: 2:06.37 44.84	250m: 3:38.29	48.74	350m: 5:08.15	40.10	
	100m: 1:21.53 43.79	200m: 2:49.55 43.18	300m: 4:28.05	49.76	400m: 5:47.29	39.14	
4.	FURMA SKA Julia 06	UKS Nawa Skierniewice	5:51.10 436	1:19.54	1:29.57	1:43.71	1:18.28
	50m: 37.08 37.08	150m: 2:05.64 46.10	250m: 3:41.57	52.46	350m: 5:13.57	40.75	
	100m: 1:19.54 42.46	200m: 2:49.11 43.47	300m: 4:32.82	51.25	400m: 5:51.10	37.53	
15 lat							
1.	WIDERSKA Joanna 05	UKS Nawa Skierniewice	5:45.92 456	1:14.49	1:28.95	1:41.24	1:21.24
	50m: 34.31 34.31	150m: 2:00.14 45.65	250m: 3:33.63	50.19	350m: 5:06.16	41.48	
	100m: 1:14.49 40.18	200m: 2:43.44 43.30	300m: 4:24.68	51.05	400m: 5:45.92	39.76	
Open							
1.	W GRZYNOWSKA A. 01	WKS I sk Wrocław	5:03.99 672	1:07.64	1:17.72	1:32.95	1:05.68
	50m: 31.48 31.48	150m: 1:46.77 39.13	250m: 3:12.30	46.94	350m: 4:31.92	33.61	
	100m: 1:07.64 36.16	200m: 2:25.36 38.59	300m: 3:58.31	46.01	400m: 5:03.99	32.07	
2.	MACIEJEWSKA Beata 03	UKS SP-149 Łódź	5:10.89 628	1:13.28	1:19.57	1:28.42	1:09.62
	50m: 34.23 34.23	150m: 1:53.51 40.23	250m: 3:17.07	44.22	350m: 4:35.99	34.72	
	100m: 1:13.28 39.05	200m: 2:32.85 39.34	300m: 4:01.27	44.20	400m: 5:10.89	34.90	
3.	MIKOŁAJCZYK Maja 04	UKS SP-149 Łódź	5:15.94 599	1:11.72	1:24.73	1:27.63	1:11.86
	50m: 33.58 33.58	150m: 1:54.29 42.57	250m: 3:19.81	43.36	350m: 4:40.62	36.54	
	100m: 1:11.72 38.14	200m: 2:36.45 42.16	300m: 4:04.08	44.27	400m: 5:15.94	35.32	
4.	GOMUŁKA Weronika 06	UKS 190 Łódź	5:16.51 595	1:12.16	1:20.82	1:31.20	1:12.33
	50m: 33.35 33.35	150m: 1:52.68 40.52	250m: 3:18.15	45.17	350m: 4:41.07	36.89	
	100m: 1:12.16 38.81	200m: 2:32.98 40.30	300m: 4:04.18	46.03	400m: 5:16.51	35.44	
5.	SULAK Antonina 06	UKS Piłka Konstantynów	5:20.87 572	1:15.37	1:22.06	1:30.91	1:12.53
	50m: 34.36 34.36	150m: 1:56.72 41.35	250m: 3:22.79	45.36	350m: 4:45.86	37.52	
	100m: 1:15.37 41.01	200m: 2:37.43 40.71	300m: 4:08.34	45.55	400m: 5:20.87	35.01	
6.	BEDNAREK Aleksandra 98	UKS SP-149 Łódź	5:33.23 510	1:15.89	1:26.52	1:33.28	1:17.54
	50m: 35.32 35.32	150m: 1:59.33 43.44	250m: 3:28.74	46.33	350m: 4:55.15	39.46	
	100m: 1:15.89 40.57	200m: 2:42.41 43.08	300m: 4:15.69	46.95	400m: 5:33.23	38.08	
7.	PITY SKA Klara 06	WKS I sk Wrocław	5:35.03 502	1:16.22	1:26.88	1:36.22	1:15.71
	50m: 33.63 33.63	150m: 2:00.71 44.49	250m: 3:30.66	47.56	350m: 4:58.05	38.73	
	100m: 1:16.22 42.59	200m: 2:43.10 42.39	300m: 4:19.32	48.66	400m: 5:35.03	36.98	
8.	WIDERSKA Joanna 05	UKS Nawa Skierniewice	5:45.92 456	1:14.49	1:28.95	1:41.24	1:21.24
	50m: 34.31 34.31	150m: 2:00.14 45.65	250m: 3:33.63	50.19	350m: 5:06.16	41.48	
	100m: 1:14.49 40.18	200m: 2:43.44 43.30	300m: 4:24.68	51.05	400m: 5:45.92	39.76	
9.	FORNAL Hanna 06	UKS SP-149 Łódź	5:47.29 451	1:21.53	1:28.02	1:38.50	1:19.24
	50m: 37.74 37.74	150m: 2:06.37 44.84	250m: 3:38.29	48.74	350m: 5:08.15	40.10	
	100m: 1:21.53 43.79	200m: 2:49.55 43.18	300m: 4:28.05	49.76	400m: 5:47.29	39.14	
10.	FURMA SKA Julia 06	UKS Nawa Skierniewice	5:51.10 436	1:19.54	1:29.57	1:43.71	1:18.28
	50m: 37.08 37.08	150m: 2:05.64 46.10	250m: 3:41.57	52.46	350m: 5:13.57	40.75	
	100m: 1:19.54 42.46	200m: 2:49.11 43.47	300m: 4:32.82	51.25	400m: 5:51.10	37.53	