

Ogólnopolskie Zawody Pływackie 9 Urodziny Term Malta skich Roczniak 2007 i starsi  
Pozna , 10.10.2020

Konkurencja 11  
2020.10.10 - 17:00

Kobiet, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: FINA 2020

Pozycja			Rok ur.					Czas	Pkt.
<b>13 - 14 lat</b>									
1.	PIEKARSKA Natalia		06	SKS 137 Delfin Łód				<b>4:47.39</b>	539
	50m:	32.02 32.02	150m:	1:44.13 36.44	250m:	2:58.41 37.22	350m:	4:11.75 35.91	
	100m:	1:07.69 35.67	200m:	2:21.19 37.06	300m:	3:35.84 37.43	400m:	4:47.39 35.64	
2.	R P Apolonia		06	MKS Znicz Koszalin				<b>4:51.30</b>	517
	50m:	32.07 32.07	150m:	1:45.34 37.15	250m:	3:00.68 37.71	350m:	4:16.13 37.55	
	100m:	1:08.19 36.12	200m:	2:22.97 37.63	300m:	3:38.58 37.90	400m:	4:51.30 35.17	
3.	PRACHARCZYK Weronika		06	KS Posenania Pozna				<b>5:12.55</b>	419
	50m:	34.06 34.06	150m:	1:49.37 38.43	250m:	3:09.60 40.41	350m:	4:31.69 42.22	
	100m:	1:10.94 36.88	200m:	2:29.19 39.82	300m:	3:49.47 39.87	400m:	5:12.55 40.86	
4.	GIEROWSKA Antonina		07	UKS „GIM 92 Ursynów"				<b>5:24.31</b>	375
	50m:	36.45 36.45	150m:	1:59.80 41.90	250m:	3:22.40 40.66	350m:	4:44.61 41.09	
	100m:	1:17.90 41.45	200m:	2:41.74 41.94	300m:	4:03.52 41.12	400m:	5:24.31 39.70	
5.	ODWA NA Aleksandra		06	TMT Toru				<b>5:26.83</b>	366
	50m:	34.92 34.92	150m:	1:56.32 40.85	250m:	3:21.01 42.35	350m:	4:47.09 42.92	
	100m:	1:15.47 40.55	200m:	2:38.66 42.34	300m:	4:04.17 43.16	400m:	5:26.83 39.74	
<b>15 lat i starsi</b>									
1.	KRZYSZTOFIAK Iga		03	KS Warta Pozna				<b>4:39.32</b>	587
	50m:	30.29 30.29	150m:	1:39.01 34.93	250m:	2:49.96 35.66	350m:	4:02.95 36.84	
	100m:	1:04.08 33.79	200m:	2:14.30 35.29	300m:	3:26.11 36.15	400m:	4:39.32 36.37	
2.	PRZYBYSZ Kinga		04	MKP Astromal Leszno				<b>4:46.37</b>	545
	50m:	32.40 32.40	150m:	1:44.56 36.46	250m:	2:58.27 36.69	350m:	4:09.34 34.82	
	100m:	1:08.10 35.70	200m:	2:21.58 37.02	300m:	3:34.52 36.25	400m:	4:46.37 37.03	
3.	S DŁAK Alicja		05	MUKS "Pi tnastka"				<b>4:46.39</b>	544
	50m:	31.30 31.30	150m:	1:41.89 36.13	250m:	2:55.97 37.45	350m:	4:10.32 37.03	
	100m:	1:05.76 34.46	200m:	2:18.52 36.63	300m:	3:33.29 37.32	400m:	4:46.39 36.07	
4.	JAWORSKA Wiktoria		05	MUKS "Pi tnastka"				<b>4:49.17</b>	529
	50m:	31.27 31.27	150m:	1:42.79 36.37	250m:	2:56.80 37.42	350m:	4:12.44 38.12	
	100m:	1:06.42 35.15	200m:	2:19.38 36.59	300m:	3:34.32 37.52	400m:	4:49.17 36.73	