

Zimowe Mistrzostwa Okręgu Wielkopolskiego w pływaniu kategoria 15 lat i starsi
Poznań, 14.11.2020

Konkurencja 25
2020.11.14 - 15:44

Kobiet, 400m dowolny

15 lat i starsi
Wyniki

Punkty: FINA 2020

Pozycja			Rok ur.					Czas	Pkt.		
1.	SZCZEPA SKA Maria		03	KS Warta Pozna				4:25.16	686		
	50m:	30.46 30.46	150m:	1:36.96	33.48	250m:	2:44.42	33.68	350m:	3:52.34	33.93
	100m:	1:03.48 33.02	200m:	2:10.74	33.78	300m:	3:18.41	33.99	400m:	4:25.16	32.82
2.	CYGAN Julia		04	MKS „Astoria” Bydgoszcz				4:35.58	611		
	50m:	31.03 31.03	150m:	1:39.42	34.48	250m:	2:49.66	35.02	350m:	4:00.58	35.52
	100m:	1:04.94 33.91	200m:	2:14.64	35.22	300m:	3:25.06	35.40	400m:	4:35.58	35.00
3.	PISKORSKA Adela		03	UKS Shark Rudna				4:41.23	575		
	50m:	31.10 31.10	150m:	1:43.52	36.94	250m:	2:56.54	36.36	350m:	4:07.73	35.34
	100m:	1:06.58 35.48	200m:	2:20.18	36.66	300m:	3:32.39	35.85	400m:	4:41.23	33.50
4.	ZAJ CZKOWSKA Ewa		04	MKS Trójka Łód				4:54.70	500		
	50m:	32.72 32.72	150m:	1:47.28	37.43	250m:	3:02.14	37.65	350m:	4:17.51	37.79
	100m:	1:09.85 37.13	200m:	2:24.49	37.21	300m:	3:39.72	37.58	400m:	4:54.70	37.19
5.	SZCZEPA SKA Alicja		05	St. KP Olimpia wiecie				5:04.44	453		
	50m:	32.94 32.94	150m:	1:49.73	39.62	250m:	3:08.26	39.50	350m:	4:28.38	40.29
	100m:	1:10.11 37.17	200m:	2:28.76	39.03	300m:	3:48.09	39.83	400m:	5:04.44	36.06
6.	JAWOR Sandra		05	MKS Trójka Łód				5:06.47	444		
	50m:	35.17 35.17	150m:	1:52.86	39.25	250m:	3:12.26	39.69	350m:	4:29.76	38.11
	100m:	1:13.61 38.44	200m:	2:32.57	39.71	300m:	3:51.65	39.39	400m:	5:06.47	36.71
7.	MARCINOWSKA Julia		05	MKS Piast Głogów				5:10.75	426		
	50m:	33.15 33.15	150m:	1:50.58	39.76	250m:	3:10.28	39.99	350m:	4:31.35	40.39
	100m:	1:10.82 37.67	200m:	2:30.29	39.71	300m:	3:50.96	40.68	400m:	5:10.75	39.40