

Zimowe Mistrzostwa Okręgu Wielkopolskiego w pływaniu kategoria 15 lat i starsi
Poznań, 14.11.2020

Konkurencja 26
2020.11.14 - 15:50

Mężczyźni, 400m dowolny

15 lat i starsi
Wyniki

Punkty: FINA 2020

Pozycja			Rok ur.							Czas	Pkt.
1.	GŁUSZKOWSKI Mateusz		01	Uks Cityzen						4:04.50	654
	50m:	27.63 27.63	150m:	1:28.55	30.32	250m:	2:30.80	31.22	350m:	3:33.54	31.18
	100m:	58.23 30.60	200m:	1:59.58	31.03	300m:	3:02.36	31.56	400m:	4:04.50	30.96
2.	J DRYKA Nikodem		04	MKS Trójka Łódź						4:13.92	584
	50m:	28.61 28.61	150m:	1:32.73	32.56	250m:	2:38.15	32.58	350m:	3:42.81	32.41
	100m:	1:00.17 31.56	200m:	2:05.57	32.84	300m:	3:10.40	32.25	400m:	4:13.92	31.11
3.	MAKOWSKI Dominik		03	KS Warta Poznań						4:16.00	569
	50m:	29.99 29.99	150m:	1:35.31	32.64	250m:	2:40.46	32.44	350m:	3:44.61	31.83
	100m:	1:02.67 32.68	200m:	2:08.02	32.71	300m:	3:12.78	32.32	400m:	4:16.00	31.39
4.	WYSOCKI Piotr		04	KS Warta Poznań						4:18.28	554
	50m:	29.42 29.42	150m:	1:34.06	32.60	250m:	2:40.38	33.13	350m:	3:46.04	32.59
	100m:	1:01.46 32.04	200m:	2:07.25	33.19	300m:	3:13.45	33.07	400m:	4:18.28	32.24
5.	KOPROWSKI Aleksander		03	Uks Cityzen						4:21.16	536
	50m:	29.65 29.65	150m:	1:35.70	33.13	250m:	2:42.05	33.13	350m:	3:48.08	33.33
	100m:	1:02.57 32.92	200m:	2:08.92	33.22	300m:	3:14.75	32.70	400m:	4:21.16	33.08
6.	PUPKA Filip		04	Uks Cityzen						4:25.99	508
	50m:	30.33 30.33	150m:	1:37.01	33.66	250m:	2:45.40	34.60	350m:	3:53.28	33.88
	100m:	1:03.35 33.02	200m:	2:10.80	33.79	300m:	3:19.40	34.00	400m:	4:25.99	32.71
7.	ZAWIEJA Stanisław		05	KS Poznań Poznań						4:48.64	397
	50m:	32.02 32.02	150m:	1:46.20	37.89	250m:	3:00.74	37.38	350m:	4:15.32	36.92
	100m:	1:08.31 36.29	200m:	2:23.36	37.16	300m:	3:38.40	37.66	400m:	4:48.64	33.32
8.	MAJAK Mateusz		05	Uks Cityzen						4:53.39	378
	50m:	32.24 32.24	150m:	1:46.33	37.69	250m:	3:02.64	38.40	350m:	4:18.04	37.46
	100m:	1:08.64 36.40	200m:	2:24.24	37.91	300m:	3:40.58	37.94	400m:	4:53.39	35.35
PK	LECH Karol		06	Klub Pływacki STILON Gorzów Wlkp.						4:46.26	407
	50m:	30.97 30.97	150m:	1:43.44	36.81	250m:	2:59.00	38.14	350m:	4:12.69	35.87
	100m:	1:06.63 35.66	200m:	2:20.86	37.42	300m:	3:36.82	37.82	400m:	4:46.26	33.57