

ARENA GRAND PRIX PUCHAR POLSKI
Pozna , 21. - 22.11.2020

Konkurencja 23
2020.11.21 - 20:36

Kobiet, 800m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2020

Pozycja			Rok ur.					Czas	Pkt.
14 lat i starsi									
1.	POLA SKA Aleksandra	00	UKS GOS Raszyn					8:29.54	832
	100m: 1:01.87 1:01.87	300m: 3:11.92 1:04.68	500m: 5:20.70 1:04.41	700m: 7:27.79 1:03.03					
	200m: 2:07.24 1:05.37	400m: 4:16.29 1:04.37	600m: 6:24.76 1:04.06	800m: 8:29.54 1:01.75					
2.	PARADOWSKA Kinga	01	MUKS "Pi tnastrka"					8:47.64	749
	100m: 1:04.17 1:04.17	300m: 3:16.98 1:06.31	500m: 5:30.15 1:06.21	700m: 7:42.67 1:06.57					
	200m: 2:10.67 1:06.50	400m: 4:23.94 1:06.96	600m: 6:36.10 1:05.95	800m: 8:47.64 1:04.97					
3.	NOWAK Maja	03	AZS AWF Warszawa					8:57.05	711
	100m: 1:04.47 1:04.47	300m: 3:20.04 1:07.86	500m: 5:35.65 1:07.89	700m: 7:51.40 1:07.43					
	200m: 2:12.18 1:07.71	400m: 4:27.76 1:07.72	600m: 6:43.97 1:08.32	800m: 8:57.05 1:05.65					
4.	ŁUCZAK Dominika	02	TP Zielona Góra					8:57.32	709
	100m: 1:04.93 1:04.93	300m: 3:20.86 1:07.92	500m: 5:36.45 1:07.66	700m: 7:51.89 1:07.56					
	200m: 2:12.94 1:08.01	400m: 4:28.79 1:07.93	600m: 6:44.33 1:07.88	800m: 8:57.32 1:05.43					
5.	KULIK Julia	05	UKS GOS Raszyn					9:01.57	693
	100m: 1:05.59 1:05.59	300m: 3:22.91 1:08.50	500m: 5:39.13 1:07.43	700m: 7:54.39 1:07.38					
	200m: 2:14.41 1:08.82	400m: 4:31.70 1:08.79	600m: 6:47.01 1:07.88	800m: 9:01.57 1:07.18					
6.	MOLENDY Dominika	03	UKS abianka Gda sk					9:02.56	689
	100m: 1:06.04 1:06.04	300m: 3:23.75 1:08.71	500m: 5:40.31 1:08.01	700m: 7:57.04 1:08.18					
	200m: 2:15.04 1:09.00	400m: 4:32.30 1:08.55	600m: 6:48.86 1:08.55	800m: 9:02.56 1:05.52					
7.	KLUSEK Aleksandra	05	UKP „Polonia Warszawa"					9:12.43	653
	100m: 1:05.39 1:05.39	300m: 3:25.04 1:09.90	500m: 5:44.19 1:09.30	700m: 8:04.27 1:10.21					
	200m: 2:15.14 1:09.75	400m: 4:34.89 1:09.85	600m: 6:54.06 1:09.87	800m: 9:12.43 1:08.16					
8.	MRO EK Weronika	04	MKP Szczecin					9:15.67	641
	100m: 1:06.61 1:06.61	300m: 3:26.48 1:09.89	500m: 5:46.73 1:10.37	700m: 8:08.25 1:10.70					
	200m: 2:16.59 1:09.98	400m: 4:36.36 1:09.88	600m: 6:57.55 1:10.82	800m: 9:15.67 1:07.42					
9.	MO D AN Milena	03	MKP Szczecin					9:16.03	640
	100m: 1:06.64 1:06.64	300m: 3:26.21 1:09.77	500m: 5:45.90 1:09.83	700m: 8:07.31 1:10.83					
	200m: 2:16.44 1:09.80	400m: 4:36.07 1:09.86	600m: 6:56.48 1:10.58	800m: 9:16.03 1:08.72					
10.	RUDOMINA Agnieszka	06	UKS abianka Gda sk					9:16.34	639
	100m: 1:06.94 1:06.94	300m: 3:28.36 1:10.68	500m: 5:49.20 1:10.34	700m: 8:09.46 1:09.75					
	200m: 2:17.68 1:10.74	400m: 4:38.86 1:10.50	600m: 6:59.71 1:10.51	800m: 9:16.34 1:06.88					
11.	SZALAST Karolina	05	UKS Tri-Team Rumia					9:17.23	636
	100m: 1:07.04 1:07.04	300m: 3:26.97 1:10.22	500m: 5:46.58 1:09.84	700m: 8:07.45 1:10.49					
	200m: 2:16.75 1:09.71	400m: 4:36.74 1:09.77	600m: 6:56.96 1:10.38	800m: 9:17.23 1:09.78					
12.	GÓRSKA Zofia	05	UKP „Polonia Warszawa"					9:22.97	617
	100m: 1:06.90 1:06.90	300m: 3:28.03 1:10.59	500m: 5:51.72 1:12.31	700m: 8:13.80 1:10.83					
	200m: 2:17.44 1:10.54	400m: 4:39.41 1:11.38	600m: 7:02.97 1:11.25	800m: 9:22.97 1:09.17					
13.	WALCZAK Barbara	06	UKS G-8 Bielany Warszawa					9:25.63	608
	100m: 1:07.43 1:07.43	300m: 3:31.04 1:12.23	500m: 5:55.01 1:12.19	700m: 8:16.78 1:10.66					
	200m: 2:18.81 1:11.38	400m: 4:42.82 1:11.78	600m: 7:06.12 1:11.11	800m: 9:25.63 1:08.85					
14.	MALINO Julia	04	UKS „ORKA" Zamo					9:27.67	602
	100m: 1:06.62 1:06.62	300m: 3:28.52 1:10.65	500m: 5:52.14 1:11.87	700m: 8:16.78 1:12.30					
	200m: 2:17.87 1:11.25	400m: 4:40.27 1:11.75	600m: 7:04.48 1:12.34	800m: 9:27.67 1:10.89					
15.	FIGAS Alicja	04	MKP Szczecin					9:29.01	597
	100m: 1:07.43 1:07.43	300m: 3:30.58 1:12.05	500m: 5:53.96 1:12.51	700m: 8:18.55 1:11.98					
	200m: 2:18.53 1:11.10	400m: 4:41.45 1:10.87	600m: 7:06.57 1:12.61	800m: 9:29.01 1:10.46					
16.	KOWALCZYK Katarzyna	05	MKP Szczecin					9:29.86	595
	100m: 1:08.09 1:08.09	300m: 3:32.62 1:12.38	500m: 5:56.52 1:11.99	700m: 8:19.76 1:11.26					
	200m: 2:20.24 1:12.15	400m: 4:44.53 1:11.91	600m: 7:08.50 1:11.98	800m: 9:29.86 1:10.10					
17.	GAJCZY Natalia	05	UKP „Polonia Warszawa"					9:34.88	579
	100m: 1:06.71 1:06.71	300m: 3:30.35 1:12.27	500m: 5:55.91 1:12.78	700m: 8:22.27 1:13.47					
	200m: 2:18.08 1:11.37	400m: 4:43.13 1:12.78	600m: 7:08.80 1:12.89	800m: 9:34.88 1:12.61					

ARENA GRAND PRIX PUCHAR POLSKI
Pozna , 21. - 22.11.2020

Konkurencja 23, Kobiet, 800m dowolny, 14 lat i starsi

Pozycja	Rok ur.		Czas		Pkt.
18.	CHMIELEWSKA Aleksandra	06	Mi dzyszkolny UKS „Olimpijczyk” Suwałki	9:40.15	564
	100m: 1:09.30 1:09.30	300m: 3:35.39 1:12.61	500m: 6:02.28 1:13.32	700m: 8:28.86 1:13.41	
	200m: 2:22.78 1:13.48	400m: 4:48.96 1:13.57	600m: 7:15.45 1:13.17	800m: 9:40.15 1:11.29	
19.	R P Apolonia	06	MKS Znicz Koszalin	9:40.38	563
	100m: 1:06.64 1:06.64	300m: 3:33.53 1:13.71	500m: 6:01.59 1:14.23	700m: 8:29.93 1:13.80	
	200m: 2:19.82 1:13.18	400m: 4:47.36 1:13.83	600m: 7:16.13 1:14.54	800m: 9:40.38 1:10.45	
20.	SAMORAJ Oliwia	05	MKS Piaseczno	9:40.73	562
	100m: 1:07.58 1:07.58	300m: 3:33.83 1:13.61	500m: 6:01.14 1:13.42	700m: 8:28.16 1:13.55	
	200m: 2:20.22 1:12.64	400m: 4:47.72 1:13.89	600m: 7:14.61 1:13.47	800m: 9:40.73 1:12.57	
21.	PASIEROWSKA Wiktoria	05	UKS „GIM 92 Ursynów”	9:41.04	561
	100m: 1:07.09 1:07.09	300m: 3:33.02 1:13.32	500m: 6:01.17 1:14.36	700m: 8:29.46 1:13.97	
	200m: 2:19.70 1:12.61	400m: 4:46.81 1:13.79	600m: 7:15.49 1:14.32	800m: 9:41.04 1:11.58	
22.	NOWAK Paulina	05	UKS Tri-Team Rumia	9:41.52	560
	100m: 1:10.06 1:10.06	300m: 3:37.30 1:13.73	500m: 6:04.20 1:13.24	700m: 8:30.42 1:13.13	
	200m: 2:23.57 1:13.51	400m: 4:50.96 1:13.66	600m: 7:17.29 1:13.09	800m: 9:41.52 1:11.10	
23.	KACZOROWSKA Alicja	04	UKS G-8 Bielany Warszawa	9:45.07	549
	100m: 1:06.35 1:06.35	300m: 3:28.51 1:11.55	500m: 5:54.83 1:14.30	700m: 8:28.35 1:17.89	
	200m: 2:16.96 1:10.61	400m: 4:40.53 1:12.02	600m: 7:10.46 1:15.63	800m: 9:45.07 1:16.72	
24.	BISZEWSKA Gabriela	05	Mi dzyszkolny UKS „Olimpijczyk” Suwałki	9:50.68	534
	100m: 1:10.35 1:10.35	300m: 3:39.22 1:14.16	500m: 6:08.83 1:14.97	700m: 8:39.08 1:14.91	
	200m: 2:25.06 1:14.71	400m: 4:53.86 1:14.64	600m: 7:24.17 1:15.34	800m: 9:50.68 1:11.60	
25.	OLECKA Amelia	05	UKS „GIM 92 Ursynów”	9:52.35	529
	100m: 1:10.06 1:10.06	300m: 3:40.34 1:15.22	500m: 6:09.91 1:14.92	700m: 8:38.97 1:14.37	
	200m: 2:25.12 1:15.06	400m: 4:54.99 1:14.65	600m: 7:24.60 1:14.69	800m: 9:52.35 1:13.38	
26.	SKROBISZ Urszula	06	UKS „Ósemka” Starogard Gdańsk	9:57.92	515
	100m: 1:09.87 1:09.87	300m: 3:41.49 1:16.02	500m: 6:13.76 1:16.27	700m: 8:45.40 1:15.00	
	200m: 2:25.47 1:15.60	400m: 4:57.49 1:16.00	600m: 7:30.40 1:16.64	800m: 9:57.92 1:12.52	
27.	RULEWSKA Julia	06	UKS „Ósemka” Starogard Gdańsk	10:04.29	499
	100m: 1:09.71 1:09.71	300m: 3:41.10 1:15.99	500m: 6:13.56 1:16.30	700m: 8:48.35 1:17.69	
	200m: 2:25.11 1:15.40	400m: 4:57.26 1:16.16	600m: 7:30.66 1:17.10	800m: 10:04.29 1:15.94	
28.	KLECZEK Maria	05	UKS „GIM 92 Ursynów”	10:09.05	487
	100m: 1:09.23 1:09.23	300m: 3:43.14 1:17.26	500m: 6:18.36 1:17.81	700m: 8:52.60 1:16.41	
	200m: 2:25.88 1:16.65	400m: 5:00.55 1:17.41	600m: 7:36.19 1:17.83	800m: 10:09.05 1:16.45	
29.	ŁADZIAK Nadia	06	MKP Szczecin	10:21.03	459
	100m: 1:13.37 1:13.37	300m: 3:48.90 1:18.06	500m: 6:26.31 1:18.72	700m: 9:03.90 1:18.59	
	200m: 2:30.84 1:17.47	400m: 5:07.59 1:18.69	600m: 7:45.31 1:19.00	800m: 10:21.03 1:17.13	
30.	WITEK Oliwia	04	MKS Jedyńka Łódź	10:25.14	450
	100m: 1:11.21 1:11.21	300m: 3:48.06 1:18.92	500m: 6:27.48 1:19.82	700m: 9:07.23 1:19.80	
	200m: 2:29.14 1:17.93	400m: 5:07.66 1:19.60	600m: 7:47.43 1:19.95	800m: 10:25.14 1:17.91	

17 - 18 lat

1.	NOWAK Maja	03	AZS AWF Warszawa	8:57.05	711
	100m: 1:04.47 1:04.47	300m: 3:20.04 1:07.86	500m: 5:35.65 1:07.89	700m: 7:51.40 1:07.43	
	200m: 2:12.18 1:07.71	400m: 4:27.76 1:07.72	600m: 6:43.97 1:08.32	800m: 8:57.05 1:05.65	
2.	ŁUCZAK Dominika	02	TP Zielona Góra	8:57.32	709
	100m: 1:04.93 1:04.93	300m: 3:20.86 1:07.92	500m: 5:36.45 1:07.66	700m: 7:51.89 1:07.56	
	200m: 2:12.94 1:08.01	400m: 4:28.79 1:07.93	600m: 6:44.33 1:07.88	800m: 8:57.32 1:05.43	
3.	MOLENDY Dominika	03	UKS abianka Gdańsk	9:02.56	689
	100m: 1:06.04 1:06.04	300m: 3:23.75 1:08.71	500m: 5:40.31 1:08.01	700m: 7:57.04 1:08.18	
	200m: 2:15.04 1:09.00	400m: 4:32.30 1:08.55	600m: 6:48.86 1:08.55	800m: 9:02.56 1:05.52	
4.	MOJCIŁAN Milena	03	MKP Szczecin	9:16.03	640
	100m: 1:06.64 1:06.64	300m: 3:26.21 1:09.77	500m: 5:45.90 1:09.83	700m: 8:07.31 1:10.83	
	200m: 2:16.44 1:09.80	400m: 4:36.07 1:09.86	600m: 6:56.48 1:10.58	800m: 9:16.03 1:08.72	

ARENA GRAND PRIX PUCHAR POLSKI
Pozna , 21. - 22.11.2020

Konkurencja 23, Kobiet, 800m dowolny

16 lat

1.	MRO EK Weronika	04	MKP Szczecin	9:15.67	641
	100m: 1:06.61 1:06.61	300m: 3:26.48 1:09.89	500m: 5:46.73 1:10.37	700m: 8:08.25 1:10.70	
	200m: 2:16.59 1:09.98	400m: 4:36.36 1:09.88	600m: 6:57.55 1:10.82	800m: 9:15.67 1:07.42	
2.	MALINO Julia	04	UKS „ORKA” Zamo	9:27.67	602
	100m: 1:06.62 1:06.62	300m: 3:28.52 1:10.65	500m: 5:52.14 1:11.87	700m: 8:16.78 1:12.30	
	200m: 2:17.87 1:11.25	400m: 4:40.27 1:11.75	600m: 7:04.48 1:12.34	800m: 9:27.67 1:10.89	
3.	FIGAS Alicja	04	MKP Szczecin	9:29.01	597
	100m: 1:07.43 1:07.43	300m: 3:30.58 1:12.05	500m: 5:53.96 1:12.51	700m: 8:18.55 1:11.98	
	200m: 2:18.53 1:11.10	400m: 4:41.45 1:10.87	600m: 7:06.57 1:12.61	800m: 9:29.01 1:10.46	
4.	KACZOROWSKA Alicja	04	UKS G-8 Bielany Warszawa	9:45.07	549
	100m: 1:06.35 1:06.35	300m: 3:28.51 1:11.55	500m: 5:54.83 1:14.30	700m: 8:28.35 1:17.89	
	200m: 2:16.96 1:10.61	400m: 4:40.53 1:12.02	600m: 7:10.46 1:15.63	800m: 9:45.07 1:16.72	
5.	WITEK Oliwia	04	MKS Jedyńka Łód	10:25.14	450
	100m: 1:11.21 1:11.21	300m: 3:48.06 1:18.92	500m: 6:27.48 1:19.82	700m: 9:07.23 1:19.80	
	200m: 2:29.14 1:17.93	400m: 5:07.66 1:19.60	600m: 7:47.43 1:19.95	800m: 10:25.14 1:17.91	

15 lat

1.	KULIK Julia	05	UKS GOS Raszyn	9:01.57	693
	100m: 1:05.59 1:05.59	300m: 3:22.91 1:08.50	500m: 5:39.13 1:07.43	700m: 7:54.39 1:07.38	
	200m: 2:14.41 1:08.82	400m: 4:31.70 1:08.79	600m: 6:47.01 1:07.88	800m: 9:01.57 1:07.18	
2.	KLUSEK Aleksandra	05	UKP „Polonia Warszawa”	9:12.43	653
	100m: 1:05.39 1:05.39	300m: 3:25.04 1:09.90	500m: 5:44.19 1:09.30	700m: 8:04.27 1:10.21	
	200m: 2:15.14 1:09.75	400m: 4:34.89 1:09.85	600m: 6:54.06 1:09.87	800m: 9:12.43 1:08.16	
3.	SZALAST Karolina	05	UKS Tri-Team Rumia	9:17.23	636
	100m: 1:07.04 1:07.04	300m: 3:26.97 1:10.22	500m: 5:46.58 1:09.84	700m: 8:07.45 1:10.49	
	200m: 2:16.75 1:09.71	400m: 4:36.74 1:09.77	600m: 6:56.96 1:10.38	800m: 9:17.23 1:09.78	
4.	GÓRSKA Zofia	05	UKP „Polonia Warszawa”	9:22.97	617
	100m: 1:06.90 1:06.90	300m: 3:28.03 1:10.59	500m: 5:51.72 1:12.31	700m: 8:13.80 1:10.83	
	200m: 2:17.44 1:10.54	400m: 4:39.41 1:11.38	600m: 7:02.97 1:11.25	800m: 9:22.97 1:09.17	
5.	KOWALCZYK Katarzyna	05	MKP Szczecin	9:29.86	595
	100m: 1:08.09 1:08.09	300m: 3:32.62 1:12.38	500m: 5:56.52 1:11.99	700m: 8:19.76 1:11.26	
	200m: 2:20.24 1:12.15	400m: 4:44.53 1:11.91	600m: 7:08.50 1:11.98	800m: 9:29.86 1:10.10	
6.	GAJCY Natalia	05	UKP „Polonia Warszawa”	9:34.88	579
	100m: 1:06.71 1:06.71	300m: 3:30.35 1:12.27	500m: 5:55.91 1:12.78	700m: 8:22.27 1:13.47	
	200m: 2:18.08 1:11.37	400m: 4:43.13 1:12.78	600m: 7:08.80 1:12.89	800m: 9:34.88 1:12.61	
7.	SAMORAJ Oliwia	05	MKS Piaseczno	9:40.73	562
	100m: 1:07.58 1:07.58	300m: 3:33.83 1:13.61	500m: 6:01.14 1:13.42	700m: 8:28.16 1:13.55	
	200m: 2:20.22 1:12.64	400m: 4:47.72 1:13.89	600m: 7:14.61 1:13.47	800m: 9:40.73 1:12.57	
8.	PASIEROWSKA Wiktoria	05	UKS „GIM 92 Ursynów”	9:41.04	561
	100m: 1:07.09 1:07.09	300m: 3:33.02 1:13.32	500m: 6:01.17 1:14.36	700m: 8:29.46 1:13.97	
	200m: 2:19.70 1:12.61	400m: 4:46.81 1:13.79	600m: 7:15.49 1:14.32	800m: 9:41.04 1:11.58	
9.	NOWAK Paulina	05	UKS Tri-Team Rumia	9:41.52	560
	100m: 1:10.06 1:10.06	300m: 3:37.30 1:13.73	500m: 6:04.20 1:13.24	700m: 8:30.42 1:13.13	
	200m: 2:23.57 1:13.51	400m: 4:50.96 1:13.66	600m: 7:17.29 1:13.09	800m: 9:41.52 1:11.10	
10.	BISZEWSKA Gabriela	05	Mi dzyszkolny UKS „Olimpijczyk” Suwałki	9:50.68	534
	100m: 1:10.35 1:10.35	300m: 3:39.22 1:14.16	500m: 6:08.83 1:14.97	700m: 8:39.08 1:14.91	
	200m: 2:25.06 1:14.71	400m: 4:53.86 1:14.64	600m: 7:24.17 1:15.34	800m: 9:50.68 1:11.60	
11.	OLECKA Amelia	05	UKS „GIM 92 Ursynów”	9:52.35	529
	100m: 1:10.06 1:10.06	300m: 3:40.34 1:15.22	500m: 6:09.91 1:14.92	700m: 8:38.97 1:14.37	
	200m: 2:25.12 1:15.06	400m: 4:54.99 1:14.65	600m: 7:24.60 1:14.69	800m: 9:52.35 1:13.38	
12.	KLECZEK Maria	05	UKS „GIM 92 Ursynów”	10:09.05	487
	100m: 1:09.23 1:09.23	300m: 3:43.14 1:17.26	500m: 6:18.36 1:17.81	700m: 8:52.60 1:16.41	
	200m: 2:25.88 1:16.65	400m: 5:00.55 1:17.41	600m: 7:36.19 1:17.83	800m: 10:09.05 1:16.45	

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Pozna , 21. - 22.11.2020

Konkurencja 23, Kobiet, 800m dowolny

14 lat

1.	RUDOMINA Agnieszka	06	UKS abianka Gda sk	9:16.34	639
	100m: 1:06.94 1:06.94	300m: 3:28.36 1:10.68	500m: 5:49.20 1:10.34	700m: 8:09.46 1:09.75	
	200m: 2:17.68 1:10.74	400m: 4:38.86 1:10.50	600m: 6:59.71 1:10.51	800m: 9:16.34 1:06.88	
2.	WALCZAK Barbara	06	UKS G-8 Bielany Warszawa	9:25.63	608
	100m: 1:07.43 1:07.43	300m: 3:31.04 1:12.23	500m: 5:55.01 1:12.19	700m: 8:16.78 1:10.66	
	200m: 2:18.81 1:11.38	400m: 4:42.82 1:11.78	600m: 7:06.12 1:11.11	800m: 9:25.63 1:08.85	
3.	CHMIELEWSKA Aleksandra	06	Mi dzyszkolny UKS „Olimpijczyk” Suwa	9:40.15	564
	100m: 1:09.30 1:09.30	300m: 3:35.39 1:12.61	500m: 6:02.28 1:13.32	700m: 8:28.86 1:13.41	
	200m: 2:22.78 1:13.48	400m: 4:48.96 1:13.57	600m: 7:15.45 1:13.17	800m: 9:40.15 1:11.29	
4.	R P Apolonia	06	MKS Znicz Koszalin	9:40.38	563
	100m: 1:06.64 1:06.64	300m: 3:33.53 1:13.71	500m: 6:01.59 1:14.23	700m: 8:29.93 1:13.80	
	200m: 2:19.82 1:13.18	400m: 4:47.36 1:13.83	600m: 7:16.13 1:14.54	800m: 9:40.38 1:10.45	
5.	SKROBISZ Urszula	06	UKS „Ósemka” Starogard Gda ski	9:57.92	515
	100m: 1:09.87 1:09.87	300m: 3:41.49 1:16.02	500m: 6:13.76 1:16.27	700m: 8:45.40 1:15.00	
	200m: 2:25.47 1:15.60	400m: 4:57.49 1:16.00	600m: 7:30.40 1:16.64	800m: 9:57.92 1:12.52	
6.	RULEWSKA Julia	06	UKS „Ósemka” Starogard Gda ski	10:04.29	499
	100m: 1:09.71 1:09.71	300m: 3:41.10 1:15.99	500m: 6:13.56 1:16.30	700m: 8:48.35 1:17.69	
	200m: 2:25.11 1:15.40	400m: 4:57.26 1:16.16	600m: 7:30.66 1:17.10	800m: 10:04.29 1:15.94	
7.	ŁADZIAK Nadia	06	MKP Szczecin	10:21.03	459
	100m: 1:13.37 1:13.37	300m: 3:48.90 1:18.06	500m: 6:26.31 1:18.72	700m: 9:03.90 1:18.59	
	200m: 2:30.84 1:17.47	400m: 5:07.59 1:18.69	600m: 7:45.31 1:19.00	800m: 10:21.03 1:17.13	