

Ogólnopolskie Zawody Pływackie Otwarcie Sezonu na Termach 2021
Poznań, 25.9.2021

Konkurencja 21
2021.09.25 - 16:45

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
15 lat i starsi			
1. MACIAK Julia	06	IUKS „Muszelka” Warszawa	4:27.04 672
50m: 30.30 30.30	150m: 1:37.68 33.70	250m: 2:45.41 33.85	350m: 3:53.61 33.99
100m: 1:03.98 33.68	200m: 2:11.56 33.88	300m: 3:19.62 34.21	400m: 4:27.04 33.43
2. PIEKARSKA Natalia	06	UKS 190 Łódź	4:30.30 648
50m: 31.66 31.66	150m: 1:40.15 34.58	250m: 2:48.94 34.44	350m: 3:57.40 33.87
100m: 1:05.57 33.91	200m: 2:14.50 34.35	300m: 3:23.53 34.59	400m: 4:30.30 32.90
3. MAZUR Zuzanna	05	MKP „SŁOWIANKA” Gorzów Wlkp.	4:41.17 575
50m: 32.44 32.44	150m: 1:44.03 35.96	250m: 2:56.33 36.04	350m: 4:08.15 35.45
100m: 1:08.07 35.63	200m: 2:20.29 36.26	300m: 3:32.70 36.37	400m: 4:41.17 33.02
4. MA LEJ Iga	03	MKS Juwenia Wrocław	4:41.45 574
50m: 31.82 31.82	150m: 1:42.51 35.78	250m: 2:54.40 36.00	350m: 4:06.37 35.82
100m: 1:06.73 34.91	200m: 2:18.40 35.89	300m: 3:30.55 36.15	400m: 4:41.45 35.08
5. ZIEMACKA Julia	03	UKS G-8 Bielany Warszawa	4:43.24 563
50m: 32.39 32.39	150m: 1:43.94 35.95	250m: 2:56.02 36.02	350m: 4:08.17 35.97
100m: 1:07.99 35.60	200m: 2:20.00 36.06	300m: 3:32.20 36.18	400m: 4:43.24 35.07
6. PIOTROWSKA Oliwia	06	MKP „SŁOWIANKA” Gorzów Wlkp.	4:53.53 506
50m: 33.53 33.53	150m: 1:47.48 37.24	250m: 3:02.52 37.70	350m: 4:17.73 37.43
100m: 1:10.24 36.71	200m: 2:24.82 37.34	300m: 3:40.30 37.78	400m: 4:53.53 35.80
7. SKROBISZ Urszula	06	UKS „Ósemka” Starogard Gdańsk	4:55.33 496
50m: 33.65 33.65	150m: 1:48.85 38.08	250m: 3:04.18 37.03	350m: 4:18.46 37.20
100m: 1:10.77 37.12	200m: 2:27.15 38.30	300m: 3:41.26 37.08	400m: 4:55.33 36.87
8. MUSIAŁ Maja	06	MKP „SŁOWIANKA” Gorzów Wlkp.	4:56.32 491
50m: 33.81 33.81	150m: 1:48.60 37.74	250m: 3:04.94 38.36	350m: 4:21.82 38.37
100m: 1:10.86 37.05	200m: 2:26.58 37.98	300m: 3:43.45 38.51	400m: 4:56.32 34.50
9. KLIMIUK Zuzanna	05	MKP „SŁOWIANKA” Gorzów Wlkp.	4:57.60 485
50m: 33.16 33.16	150m: 1:48.44 37.58	250m: 3:04.65 38.45	350m: 4:21.22 37.89
100m: 1:10.86 37.70	200m: 2:26.20 37.76	300m: 3:43.33 38.68	400m: 4:57.60 36.38
10. WILGOSZ Maria	05	UKP Manta Jelcz-Laskowice	4:58.04 483
50m: 33.08 33.08	150m: 1:48.25 38.41	250m: 3:05.12 37.72	350m: 4:22.40 38.07
100m: 1:09.84 36.76	200m: 2:27.40 39.15	300m: 3:44.33 39.21	400m: 4:58.04 35.64
11. KOWALSKA Oliwia	05	MKP „SŁOWIANKA” Gorzów Wlkp.	5:03.40 458
50m: 34.13 34.13	150m: 1:50.03 38.08	250m: 3:07.38 38.82	350m: 4:25.22 38.90
100m: 1:11.95 37.82	200m: 2:28.56 38.53	300m: 3:46.32 38.94	400m: 5:03.40 38.18
12. CZECHYRA Joanna	06	KS Warta Poznań	5:09.13 433
50m: 34.51 34.51	150m: 1:53.26 39.91	250m: 3:12.00 39.53	350m: 4:30.99 39.56
100m: 1:13.35 38.84	200m: 2:32.47 39.21	300m: 3:51.43 39.43	400m: 5:09.13 38.14
13. KOMOR Agata	05	MKP „SŁOWIANKA” Gorzów Wlkp.	5:14.53 411
50m: 35.30 35.30	150m: 1:54.62 40.16	250m: 3:15.34 40.29	350m: 4:35.51 39.98
100m: 1:14.46 39.16	200m: 2:35.05 40.43	300m: 3:55.53 40.19	400m: 5:14.53 39.02
14. ZAKRZEWSKA Barbara	05	UKS "Krońska Przysła"	5:20.35 389
50m: 34.55 34.55	150m: 1:56.30 40.75	250m: 3:19.65 41.70	350m: 4:42.96 40.79
100m: 1:15.55 41.00	200m: 2:37.95 41.65	300m: 4:02.17 42.52	400m: 5:20.35 37.39
15. ŁOPACI SKA Amelia	06	MKP „SŁOWIANKA” Gorzów Wlkp.	5:24.97 372
50m: 35.10 35.10	150m: 1:56.60 41.33	250m: 3:20.24 42.10	350m: 4:43.78 41.76
100m: 1:15.27 40.17	200m: 2:38.14 41.54	300m: 4:02.02 41.78	400m: 5:24.97 41.19
16. WALCZAK Nadia	06	TP Olimpijczyk Aleksandrów Łódzki	5:36.72 335
50m: 35.46 35.46	150m: 1:58.25 42.94	250m: 3:26.28 44.45	350m: 4:54.80 44.50
100m: 1:15.31 39.85	200m: 2:41.83 43.58	300m: 4:10.30 44.02	400m: 5:36.72 41.92
17. KUCHARSKA Aleksandra	06	UKS „SPORTOWIEC” Oborniki	6:04.60 264
50m: 39.77 39.77	150m: 2:09.27 45.56	250m: 3:43.00 47.30	350m: 5:18.69 47.56
100m: 1:23.71 43.94	200m: 2:55.70 46.43	300m: 4:31.13 48.13	400m: 6:04.60 45.91

Ogólnopolskie Zawody Pływakie Otwarcie Sezonu na Termach 2021
Pozna , 25.9.2021

Konkurencja 21, Kobiet, 400m dowolny

14 lat

1.	TRAFALSKA Zuzanna	07	TP Olimpijczyk Aleksandrów Łódzki	4:44.75	554
	50m: 31.55 31.55	150m: 1:43.94 36.92	250m: 2:56.51 36.15	350m: 4:09.27 36.45	
	100m: 1:07.02 35.47	200m: 2:20.36 36.42	300m: 3:32.82 36.31	400m: 4:44.75 35.48	
2.	SZOPA Natalia	07	UKP Gryf D bica	4:49.61	526
	50m: 31.39 31.39	150m: 1:44.46 37.28	250m: 2:58.80 37.43	350m: 4:13.03 36.99	
	100m: 1:07.18 35.79	200m: 2:21.37 36.91	300m: 3:36.04 37.24	400m: 4:49.61 36.58	
3.	JAINTA Sara	07	DOKiS SP Vega Dobrodzie	4:52.47	511
	50m: 32.76 32.76	150m: 1:46.03 37.16	250m: 3:01.08 37.51	350m: 4:16.23 37.33	
	100m: 1:08.87 36.11	200m: 2:23.57 37.54	300m: 3:38.90 37.82	400m: 4:52.47 36.24	
4.	DZI GIEL Marta	07	UKS Manta Warszawa Włochy	4:55.21	497
	50m: 33.31 33.31	150m: 1:47.97 37.70	250m: 3:03.92 38.07	350m: 4:19.59 37.87	
	100m: 1:10.27 36.96	200m: 2:25.85 37.88	300m: 3:41.72 37.80	400m: 4:55.21 35.62	
5.	OWCZAREK Julia	07	MKP „SŁOWIANKA" Gorzów Wlkp.	5:06.65	443
	50m: 34.31 34.31	150m: 1:52.13 39.42	250m: 3:10.70 39.27	350m: 4:28.82 38.98	
	100m: 1:12.71 38.40	200m: 2:31.43 39.30	300m: 3:49.84 39.14	400m: 5:06.65 37.83	
6.	GIEROWSKA Antonina	07	UKS „GIM 92 Ursynów"	5:19.99	390
	50m: 34.69 34.69	150m: 1:55.79 41.07	250m: 3:18.43 41.08	350m: 4:39.79 40.63	
	100m: 1:14.72 40.03	200m: 2:37.35 41.56	300m: 3:59.16 40.73	400m: 5:19.99 40.20	
7.	SIEDLECKA Alicja	07	UKS „SPORTOWIEC" Oborniki	5:21.37	385
	50m: 34.76 34.76	150m: 1:56.28 41.24	250m: 3:20.89 42.76	350m: 4:44.08 41.21	
	100m: 1:15.04 40.28	200m: 2:38.13 41.85	300m: 4:02.87 41.98	400m: 5:21.37 37.29	

13 lat

1.	PIEBIAK Nicola	08	UKP Manta Jelcz-Laskowice	4:51.54	516
	50m: 32.53 32.53	150m: 1:46.17 37.19	250m: 3:01.17 37.26	350m: 4:14.96 36.42	
	100m: 1:08.98 36.45	200m: 2:23.91 37.74	300m: 3:38.54 37.37	400m: 4:51.54 36.58	
2.	NAPIERALCZYK Martyna	08	WKS I sk	5:01.22	468
	50m: 32.41 32.41	150m: 1:47.02 37.95	250m: 3:05.78 39.36	350m: 4:24.98 39.43	
	100m: 1:09.07 36.66	200m: 2:26.42 39.40	300m: 3:45.55 39.77	400m: 5:01.22 36.24	
3.	TRAFALSKA Antonina	08	TP Olimpijczyk Aleksandrów Łódzki	5:01.73	465
	50m: 34.12 34.12	150m: 1:50.94 38.79	250m: 3:07.25 38.22	350m: 4:24.05 38.23	
	100m: 1:12.15 38.03	200m: 2:29.03 38.09	300m: 3:45.82 38.57	400m: 5:01.73 37.68	
4.	KORDALSKA Oliwia	08	KS Warta Pozna	5:04.91	451
	50m: 34.24 34.24	150m: 1:50.86 38.76	250m: 3:09.40 39.31	350m: 4:27.71 38.90	
	100m: 1:12.10 37.86	200m: 2:30.09 39.23	300m: 3:48.81 39.41	400m: 5:04.91 37.20	
5.	PAWLAK Lena	08	TP Olimpijczyk Aleksandrów Łódzki	5:05.63	448
	50m: 33.08 33.08	150m: 1:48.92 38.42	250m: 3:07.98 39.66	350m: 4:26.92 39.55	
	100m: 1:10.50 37.42	200m: 2:28.32 39.40	300m: 3:47.37 39.39	400m: 5:05.63 38.71	
6.	BOGUSZ Julia	08	UKS „GIM 92 Ursynów"	5:07.53	440
	50m: 35.09 35.09	150m: 1:52.50 38.95	250m: 3:09.79 38.61	350m: 4:28.26 39.56	
	100m: 1:13.55 38.46	200m: 2:31.18 38.68	300m: 3:48.70 38.91	400m: 5:07.53 39.27	
7.	TOMASZEWSKA Maria	08	MKP „SŁOWIANKA" Gorzów Wlkp.	5:12.16	420
	50m: 34.94 34.94	150m: 1:55.41 40.53	250m: 3:16.80 40.36	350m: 4:36.01 39.42	
	100m: 1:14.88 39.94	200m: 2:36.44 41.03	300m: 3:56.59 39.79	400m: 5:12.16 36.15	
8.	KALASHNIKOVA Yelyzaveta	08	MKS Znicz Koszalin	5:39.78	326
	50m: 37.08 37.08	150m: 2:03.79 43.24	250m: 3:31.49 44.21	350m: 4:58.67 43.78	
	100m: 1:20.55 43.47	200m: 2:47.28 43.49	300m: 4:14.89 43.40	400m: 5:39.78 41.11	

Ogólnopolskie Zawody Pływackie Otwarcie Sezonu na Termach 2021
Pozna , 25.9.2021

Konkurencja 21, Kobiet, 400m dowolny

12 lat i młodszy

1.	GRYKO Patrycja		09	KS Warta Pozna		4:59.29	477	
	50m: 33.73	33.73	150m: 1:50.11	38.69	250m: 3:06.12	38.43	350m: 4:22.51	38.12
	100m: 1:11.42	37.69	200m: 2:27.69	37.58	300m: 3:44.39	38.27	400m: 4:59.29	36.78
2.	KAMI SKA Zofia		09	UKS "Kro nicka Przysta "		5:12.03	421	
	50m: 36.32	36.32	150m: 1:57.28	40.18	250m: 3:16.10	39.68	350m: 4:34.92	39.40
	100m: 1:17.10	40.78	200m: 2:36.42	39.14	300m: 3:55.52	39.42	400m: 5:12.03	37.11
3.	ELASKOWSKA Wiktoria		09	MKS Trójka Łód		5:14.81	410	
	50m: 35.11	35.11	150m: 1:56.15	41.50	250m: 3:17.58	40.75	350m: 4:38.50	40.46
	100m: 1:14.65	39.54	200m: 2:36.83	40.68	300m: 3:58.04	40.46	400m: 5:14.81	36.31
4.	SZCZEPANIK Nikola		09	MKP „SŁOWIANKA" Gorzów Wlkp.		5:27.88	363	
	50m: 35.65	35.65	150m: 1:58.88	41.80	250m: 3:23.76	42.45	350m: 4:48.58	42.12
	100m: 1:17.08	41.43	200m: 2:41.31	42.43	300m: 4:06.46	42.70	400m: 5:27.88	39.30
5.	GAJ Helena		10	MUKS „HURAGAN" Koło		5:29.10	359	
	50m: 34.77	34.77	150m: 1:56.07	42.20	250m: 3:21.70	42.39	350m: 4:47.82	42.90
	100m: 1:13.87	39.10	200m: 2:39.31	43.24	300m: 4:04.92	43.22	400m: 5:29.10	41.28
6.	BERDECHOWSKA Martyna		10	WKS I sk		5:32.16	349	
	50m: 37.87	37.87	150m: 2:03.42	42.82	250m: 3:28.18	41.68	350m: 4:52.85	41.96
	100m: 1:20.60	42.73	200m: 2:46.50	43.08	300m: 4:10.89	42.71	400m: 5:32.16	39.31
7.	KOZI SKA Łucja		10	UKS KORAL Wrocław		6:06.44	260	
	50m: 38.27	38.27	150m: 2:08.42	46.27	250m: 3:43.46	47.77	350m: 5:20.34	49.38
	100m: 1:22.15	43.88	200m: 2:55.69	47.27	300m: 4:30.96	47.50	400m: 6:06.44	46.10