

Ogólnopolskie Zawody Pływackie 10 Urodziny Term Malta skich  
Pozna , 16.10.2021

Konkurencja 22  
2021.10.16 - 15:36

M czyzn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
<b>A</b>									
1.	SZYMCZAK Szymon		03	MKS Juvenia Wrocław				<b>4:12.67</b>	592
	50m:	29.18 29.18	150m:	1:34.61 33.04	250m:	2:39.78 32.16	350m:	3:43.35 31.45	
	100m:	1:01.57 32.39	200m:	2:07.62 33.01	300m:	3:11.90 32.12	400m:	4:12.67 29.32	
2.	ZALEWSKI Jacek		06	KS Posenania Pozna				<b>4:13.42</b>	587
	50m:	29.94 29.94	150m:	1:35.89 33.04	250m:	2:40.19 31.92	350m:	3:43.69 31.59	
	100m:	1:02.85 32.91	200m:	2:08.27 32.38	300m:	3:12.10 31.91	400m:	4:13.42 29.73	
3.	MAKOWSKI Dominik		03	KS Warta Pozna				<b>4:15.79</b>	571
	50m:	29.35 29.35	150m:	1:34.76 32.80	250m:	2:40.27 32.65	350m:	3:45.82 32.80	
	100m:	1:01.96 32.61	200m:	2:07.62 32.86	300m:	3:13.02 32.75	400m:	4:15.79 29.97	
4.	LASIK Olgierd		05	KU AZS UAM Pozna				<b>4:20.84</b>	538
	50m:	29.05 29.05	150m:	1:35.01 33.10	250m:	2:41.64 33.39	350m:	3:48.32 33.11	
	100m:	1:01.91 32.86	200m:	2:08.25 33.24	300m:	3:15.21 33.57	400m:	4:20.84 32.52	
5.	MAKAREWICZ Filip		06	Aquapark W growiec sp. z o.o.				<b>4:29.83</b>	486
	50m:	29.70 29.70	150m:	1:36.77 33.53	250m:	2:46.16 34.85	350m:	3:56.55 35.20	
	100m:	1:03.24 33.54	200m:	2:11.31 34.54	300m:	3:21.35 35.19	400m:	4:29.83 33.28	
6.	PI TEK Olivier		04	MUKS "Pi tnastka"				<b>4:36.76</b>	451
	50m:	29.43 29.43	150m:	1:39.13 35.82	250m:	2:51.28 36.49	350m:	4:03.63 36.22	
	100m:	1:03.31 33.88	200m:	2:14.79 35.66	300m:	3:27.41 36.13	400m:	4:36.76 33.13	
7.	ZAWIEJA Stanisław		05	KS Warta Pozna				<b>4:50.66</b>	389
	50m:	32.79 32.79	150m:	1:46.05 36.83	250m:	3:00.18 37.32	350m:	4:14.35 36.59	
	100m:	1:09.22 36.43	200m:	2:22.86 36.81	300m:	3:37.76 37.58	400m:	4:50.66 36.31	
8.	WACHOWSKI Bła ej		80	KS Warta Pozna				<b>4:58.88</b>	358
	50m:	33.73 33.73	150m:	1:48.92 37.98	250m:	3:04.87 38.04	350m:	4:22.00 38.56	
	100m:	1:10.94 37.21	200m:	2:26.83 37.91	300m:	3:43.44 38.57	400m:	4:58.88 36.88	
9.	CZERNIAK Witold		06	KP Fala Mogilno				<b>6:21.83</b>	171
	50m:	42.62 42.62	150m:	2:17.78 48.31	250m:	3:56.24 48.70	350m:	5:34.53 48.96	
	100m:	1:29.47 46.85	200m:	3:07.54 49.76	300m:	4:45.57 49.33	400m:	6:21.83 47.30	
<b>B</b>									
1.	CIGAŁA Remigiusz		07	KS JUST SWIM Jelenia Góra				<b>4:43.92</b>	417
	50m:	31.32 31.32	150m:	1:44.07 37.18	250m:	2:58.02 36.89	350m:	4:10.86 36.03	
	100m:	1:06.89 35.57	200m:	2:21.13 37.06	300m:	3:34.83 36.81	400m:	4:43.92 33.06	
2.	SZYMKOWICZ Filip		07	KS WANKAN Legnica				<b>4:53.19</b>	379
	50m:	32.76 32.76	150m:	1:47.18 37.54	250m:	3:02.97 38.04	350m:	4:17.28 36.63	
	100m:	1:09.64 36.88	200m:	2:24.93 37.75	300m:	3:40.65 37.68	400m:	4:53.19 35.91	
3.	KASPRZAK Krystian		07	KS JUST SWIM Jelenia Góra				<b>4:54.53</b>	374
	50m:	31.77 31.77	150m:	1:47.48 38.46	250m:	3:04.49 38.41	350m:	4:20.21 37.61	
	100m:	1:09.02 37.25	200m:	2:26.08 38.60	300m:	3:42.60 38.11	400m:	4:54.53 34.32	
4.	K DZIA Adam		07	MKS Juvenia Wrocław				<b>4:54.68</b>	373
	50m:	32.01 32.01	150m:	1:47.65 37.93	250m:	3:03.69 37.65	350m:	4:17.17 36.59	
	100m:	1:09.72 37.71	200m:	2:26.04 38.39	300m:	3:40.58 36.89	400m:	4:54.68 37.51	
5.	HARABASZ Jakub		07	Kaliski Klub Sportowy „Włókniarz” 192				<b>5:07.77</b>	327
	50m:	34.41 34.41	150m:	1:53.78 40.79	250m:	3:14.99 40.58	350m:	4:32.76 38.40	
	100m:	1:12.99 38.58	200m:	2:34.41 40.63	300m:	3:54.36 39.37	400m:	5:07.77 35.01	
6.	KWIASOWSKI Jakub		07	Kaliski Klub Sportowy „Włókniarz” 192				<b>5:10.83</b>	318
	50m:	35.70 35.70	150m:	1:55.19 40.35	250m:	3:16.70 41.06	350m:	4:34.45 38.09	
	100m:	1:14.84 39.14	200m:	2:35.64 40.45	300m:	3:56.36 39.66	400m:	5:10.83 36.38	
7.	SAPI SKI Szymon		07	Kaliski Klub Sportowy „Włókniarz” 192				<b>5:21.42</b>	287
	50m:	35.95 35.95	150m:	1:58.78 41.68	250m:	3:21.75 41.41	350m:	4:42.91 40.56	
	100m:	1:17.10 41.15	200m:	2:40.34 41.56	300m:	4:02.35 40.60	400m:	5:21.42 38.51	

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C

1.	LITOBORSKI Mikołaj	08	KS Warta Pozna	<b>4:29.12</b>	490
	50m: 31.27 31.27	150m: 1:39.66 34.27	250m: 2:48.55 34.13	350m: 3:56.70 33.74	
	100m: 1:05.39 34.12	200m: 2:14.42 34.76	300m: 3:22.96 34.41	400m: 4:29.12 32.42	
2.	WALERON Łukasz	08	UKS Trójka roda Wlkp.	<b>5:43.91</b>	235
	50m: 38.34 38.34	150m: 2:04.56 43.91	250m: 3:34.34 44.86	350m: 5:01.98 43.73	
	100m: 1:20.65 42.31	200m: 2:49.48 44.92	300m: 4:18.25 43.91	400m: 5:43.91 41.93	
3.	ŁATKA Aleksander	08	Aquapark W growiec sp. z o.o.	<b>5:55.47</b>	212
	50m: 37.53 37.53	150m: 2:05.19 44.71	250m: 3:38.55 46.79	350m: 5:11.91 46.17	
	100m: 1:20.48 42.95	200m: 2:51.76 46.57	300m: 4:25.74 47.19	400m: 5:55.47 43.56	

D

1.	KONOPKA Maksymilian	09	MUKP Korona-Swim Kielce	<b>4:53.61</b>	377
	50m: 32.94 32.94	150m: 1:45.77 36.45	250m: 2:59.79 36.94	350m: 4:13.77 37.02	
	100m: 1:09.32 36.38	200m: 2:22.85 37.08	300m: 3:36.75 36.96	400m: 4:53.61 39.84	
2.	WOJTKOWIAK Wiktor	09	KS Warta Pozna	<b>4:58.53</b>	359
	50m: 32.40 32.40	150m: 1:48.02 37.99	250m: 3:04.85 38.39	350m: 4:21.47 38.42	
	100m: 1:10.03 37.63	200m: 2:26.46 38.44	300m: 3:43.05 38.20	400m: 4:58.53 37.06	
3.	JANUS Dawid	09	UKS Trójka roda Wlkp.	<b>5:46.07</b>	230
	50m: 37.97 37.97	150m: 2:04.44 44.31	250m: 3:34.29 45.38	350m: 5:04.40 44.63	
	100m: 1:20.13 42.16	200m: 2:48.91 44.47	300m: 4:19.77 45.48	400m: 5:46.07 41.67	