

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu 2021
Poznań, 12. - 13.11.2021

Konkurencja 11
2021.11.12 - 14:44

Mężczyźni, 400m dowolny

Open
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.		
12 lat i młodsi											
1.	WYSOCKI Sebastian		09	Uks Cityzen				5:02.70	344		
	50m:	32.48 32.48	150m:	1:48.09	38.71	250m:	3:06.60	39.01	350m:	4:26.48	40.01
	100m:	1:09.38 36.90	200m:	2:27.59	39.50	300m:	3:46.47	39.87	400m:	5:02.70	36.22
2.	WOJTKOWIAK Wiktor		09	KS Warta Pozna				5:02.98	343		
	50m:	32.26 32.26	150m:	1:47.39	38.09	250m:	3:05.76	39.17	350m:	4:25.64	40.06
	100m:	1:09.30 37.04	200m:	2:26.59	39.20	300m:	3:45.58	39.82	400m:	5:02.98	37.34
3.	PALUSZKIEWICZ Jan		09	UPKS Wodnik Rawicz				5:12.81	312		
	50m:	35.29 35.29	150m:	1:53.97	39.95	250m:	3:14.04	39.89	350m:	4:34.10	40.66
	100m:	1:14.02 38.73	200m:	2:34.15	40.18	300m:	3:53.44	39.40	400m:	5:12.81	38.71
4.	HAMROL Igor		09	UKS Maratończyk Ostrów Wlkp.				5:28.96	268		
	50m:	35.22 35.22	150m:	1:56.20	41.21	250m:	3:23.08	43.88	350m:	4:49.71	42.99
	100m:	1:14.99 39.77	200m:	2:39.20	43.00	300m:	4:06.72	43.64	400m:	5:28.96	39.25
5.	KURPISZ Ksawery		09	MKP Astromal-Leszno				5:49.05	224		
	50m:	37.77 37.77	150m:	2:05.26	44.38	250m:	3:34.58	45.10	350m:	5:05.45	45.14
	100m:	1:20.88 43.11	200m:	2:49.48	44.22	300m:	4:20.31	45.73	400m:	5:49.05	43.60
6.	IWANOWSKI Filip		10	MUKS "Piłastka"				5:56.30	211		
	50m:	37.00 37.00	150m:	2:08.43	46.40	250m:	3:41.20	46.97	350m:	5:14.73	47.68
	100m:	1:22.03 45.03	200m:	2:54.23	45.80	300m:	4:27.05	45.85	400m:	5:56.30	41.57
7.	WESOŁOWSKI Rafał		09	IUKS Jedyńka Pozna				6:14.13	182		
	50m:	41.20 41.20	150m:	2:15.04	47.71	250m:	3:52.33	48.32	350m:	5:31.84	49.45
	100m:	1:27.33 46.13	200m:	3:04.01	48.97	300m:	4:42.39	50.06	400m:	6:14.13	42.29
8.	JACZYŃSKI Piotr		09	IUKS Jedyńka Pozna				6:32.79	157		
	50m:	42.82 42.82	150m:	2:22.64	50.44	250m:	4:02.90	50.24	350m:	5:43.96	50.27
	100m:	1:32.20 49.38	200m:	3:12.66	50.02	300m:	4:53.69	50.79	400m:	6:32.79	48.83
13 - 14 lat											
1.	LITOBORSKI Mikołaj		08	KS Warta Pozna				4:26.85	503		
	50m:	30.19 30.19	150m:	1:38.08	33.71	250m:	2:46.85	34.05	350m:	3:54.28	33.38
	100m:	1:04.37 34.18	200m:	2:12.80	34.72	300m:	3:20.90	34.05	400m:	4:26.85	32.57
2.	BARANOWSKI Alex		07	Uks Cityzen				4:34.33	463		
	50m:	29.79 29.79	150m:	1:37.70	33.89	250m:	2:48.24	35.02	350m:	3:59.81	35.59
	100m:	1:03.81 34.02	200m:	2:13.22	35.52	300m:	3:24.22	35.98	400m:	4:34.33	34.52
3.	J DRZEJAK Nicolas		07	Klub Sportowy Krotosz Krotoszyn				5:09.87	321		
	50m:	33.25 33.25	150m:	1:51.34	40.00	250m:	3:11.81	40.20	350m:	4:32.42	40.26
	100m:	1:11.34 38.09	200m:	2:31.61	40.27	300m:	3:52.16	40.35	400m:	5:09.87	37.45
15 lat i starsi											
1.	MAKOWSKI Dominik		03	KS Warta Pozna				4:15.41	573		
	50m:	28.75 28.75	150m:	1:33.28	32.57	250m:	2:38.53	32.73	350m:	3:44.57	33.01
	100m:	1:00.71 31.96	200m:	2:05.80	32.52	300m:	3:11.56	33.03	400m:	4:15.41	30.84
2.	MAKAREWICZ Filip		06	KP Aquapark Wągrowiec				4:29.98	485		
	50m:	30.56 30.56	150m:	1:39.72	34.85	250m:	2:48.72	34.79	350m:	3:57.44	34.05
	100m:	1:04.87 34.31	200m:	2:13.93	34.21	300m:	3:23.39	34.67	400m:	4:29.98	32.54
3.	GORZE Norbert		06	Uks Cityzen				4:35.17	458		
	50m:	31.41 31.41	150m:	1:40.81	34.89	250m:	2:50.72	34.81	350m:	4:00.77	34.92
	100m:	1:05.92 34.51	200m:	2:15.91	35.10	300m:	3:25.85	35.13	400m:	4:35.17	34.40
4.	ZAWIEJA Stanisław		05	KS Warta Pozna				4:36.28	453		
	50m:	30.86 30.86	150m:	1:40.22	34.98	250m:	2:50.76	35.33	350m:	4:02.73	36.31
	100m:	1:05.24 34.38	200m:	2:15.43	35.21	300m:	3:26.42	35.66	400m:	4:36.28	33.55

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu 2021
Poznań, 12. - 13.11.2021

Konkurencja 11, Mężczyźni, 400m dowolny, 15 lat i starsi

Pozycja	Rok ur.								Czas	Pkt.
5.	MAJAK Mateusz		05	Uks Cityzen				4:40.83	431	
	50m:	31.22 31.22	150m:	1:41.71 35.62	250m:	2:53.36 36.00	350m:	4:06.02 36.31		
	100m:	1:06.09 34.87	200m:	2:17.36 35.65	300m:	3:29.71 36.35	400m:	4:40.83 34.81		
6.	WACHOWSKI Błażej		80	KS Warta Poznań				4:58.72	358	
	50m:	33.49 33.49	150m:	1:49.85 38.43	250m:	3:06.28 38.09	350m:	4:22.51 38.01		
	100m:	1:11.42 37.93	200m:	2:28.19 38.34	300m:	3:44.50 38.22	400m:	4:58.72 36.21		