

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 - 13 lat,  
Pozna , 19.3.2022

Konkurencja 7  
2022.03.19 - 11:50

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.	
<b>12 lat</b>										
1.	KORDALSKA Maja		10	KS Warta Pozna				<b>5:11.55</b>	423	
	50m:	35.45 35.45	150m:	1:55.34	40.51	250m:	3:16.59	40.76	350m:	4:35.90 39.22
	100m:	1:14.83 39.38	200m:	2:35.83	40.49	300m:	3:56.68	40.09	400m:	5:11.55 35.65
2.	JESSA Zuzanna		10	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>5:21.25</b>	386	
	50m:	34.74 34.74	150m:	1:56.30	41.58	250m:	3:20.36	42.15	350m:	4:42.86 41.23
	100m:	1:14.72 39.98	200m:	2:38.21	41.91	300m:	4:01.63	41.27	400m:	5:21.25 38.39
3.	MROCZEK Zofia		10	KU AZS UAM Pozna				<b>5:25.21</b>	372	
	50m:	36.09 36.09	150m:	1:58.86	42.00	250m:	3:22.48	41.64	350m:	4:45.54 41.17
	100m:	1:16.86 40.77	200m:	2:40.84	41.98	300m:	4:04.37	41.89	400m:	5:25.21 39.67
4.	OLSCHOWKA Julia		10	KS Warta Pozna				<b>5:25.82</b>	370	
	50m:	36.81 36.81	150m:	1:59.82	42.11	250m:	3:23.70	41.70	350m:	4:47.60 41.79
	100m:	1:17.71 40.90	200m:	2:42.00	42.18	300m:	4:05.81	42.11	400m:	5:25.82 38.22
5.	KOPER Julia		10	KU AZS UAM Pozna				<b>5:31.39</b>	351	
	50m:	36.34 36.34	150m:	2:03.48	44.10	250m:	3:29.73	42.70	350m:	4:54.02 42.26
	100m:	1:19.38 43.04	200m:	2:47.03	43.55	300m:	4:11.76	42.03	400m:	5:31.39 37.37
6.	PRONIN Natalia		10	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>5:38.26</b>	330	
	50m:	35.59 35.59	150m:	2:02.35	44.07	250m:	3:31.52	44.47	350m:	4:57.72 42.17
	100m:	1:18.28 42.69	200m:	2:47.05	44.70	300m:	4:15.55	44.03	400m:	5:38.26 40.54
7.	ANDRYS Gabriela		10	UKS Niagara Jedyńka Wolsztyn				<b>5:43.46</b>	315	
	50m:	36.41 36.41	150m:	2:02.00	43.93	250m:	3:31.67	45.00	350m:	5:00.84 44.47
	100m:	1:18.07 41.66	200m:	2:46.67	44.67	300m:	4:16.37	44.70	400m:	5:43.46 42.62
8.	SOBO Ewa		10	UKS Niagara Jedyńka Wolsztyn				<b>5:45.13</b>	311	
	50m:	37.01 37.01	150m:	2:03.34	43.98	250m:	3:33.00	45.39	350m:	5:03.61 45.41
	100m:	1:19.36 42.35	200m:	2:47.61	44.27	300m:	4:18.20	45.20	400m:	5:45.13 41.52
9.	KUBIAK Zuzanna		10	IUKS Jedyńka Pozna				<b>5:46.83</b>	306	
	50m:	38.07 38.07	150m:	2:04.47	44.05	250m:	3:34.25	44.64	350m:	5:04.49 44.98
	100m:	1:20.42 42.35	200m:	2:49.61	45.14	300m:	4:19.51	45.26	400m:	5:46.83 42.34
10.	JANIAK Wiktoria		10	KTP Iskra Konin				<b>5:50.41</b>	297	
	50m:	37.48 37.48	150m:	2:03.85	44.37	250m:	3:36.35	46.70	350m:	5:07.77 45.77
	100m:	1:19.48 42.00	200m:	2:49.65	45.80	300m:	4:22.00	45.65	400m:	5:50.41 42.64
11.	Ł KOWSKA Maja		10	UKS „GROT” Koziegłowy				<b>5:51.44</b>	294	
	50m:	38.27 38.27	150m:	2:06.55	45.21	250m:	3:37.54	45.42	350m:	5:09.15 46.10
	100m:	1:21.34 43.07	200m:	2:52.12	45.57	300m:	4:23.05	45.51	400m:	5:51.44 42.29
12.	HOROWSKA Zuzanna		10	IUKS Jedyńka Pozna				<b>5:51.52</b>	294	
	50m:	39.69 39.69	150m:	2:10.23	46.07	250m:	3:41.83	45.97	350m:	5:12.11 44.90
	100m:	1:24.16 44.47	200m:	2:55.86	45.63	300m:	4:27.21	45.38	400m:	5:51.52 39.41
13.	UK Hanna		10	KS Warta Pozna				<b>5:54.79</b>	286	
	50m:	39.19 39.19	150m:	2:08.91	44.38	250m:	3:39.68	45.24	350m:	5:10.36 44.62
	100m:	1:24.53 45.34	200m:	2:54.44	45.53	300m:	4:25.74	46.06	400m:	5:54.79 44.43
14.	GWÓ D Estera		10	UKS Niagara Jedyńka Wolsztyn				<b>5:57.31</b>	280	
	50m:	37.85 37.85	150m:			250m:			350m:	5:13.43 46.96
	100m:	2:07.55 1:29.70	200m:	3:39.71		300m:	4:26.47		400m:	5:57.31 43.88
15.	MADELSKA Natalia		10	IUKS Jedyńka Pozna				<b>6:00.61</b>	272	
	50m:	40.04 40.04	150m:	2:12.20	46.93	250m:	3:46.57	47.04	350m:	5:17.92 45.46
	100m:	1:25.27 45.23	200m:	2:59.53	47.33	300m:	4:32.46	45.89	400m:	6:00.61 42.69
16.	NOWAK Liliana		10	UKS Niagara Jedyńka Wolsztyn				<b>6:10.30</b>	252	
	50m:	40.65 40.65	150m:	2:14.37	47.40	250m:	3:50.95	48.01	350m:	5:27.61 47.79
	100m:	1:26.97 46.32	200m:	3:02.94	48.57	300m:	4:39.82	48.87	400m:	6:10.30 42.69
17.	MA KOWIAK Matylda		10	UKS Niagara Jedyńka Wolsztyn				<b>6:19.56</b>	234	
	50m:	39.94 39.94	150m:	2:15.92	49.16	250m:	3:55.70	49.42	350m:	5:34.02 48.71
	100m:	1:26.76 46.82	200m:	3:06.28	50.36	300m:	4:45.31	49.61	400m:	6:19.56 45.54

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 - 13 lat,  
Pozna , 19.3.2022

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	BŁAJET Nikola		10	KS Warta Pozna				<b>6:29.96</b>	215
	50m:	43.98 43.98	150m:	2:22.97 49.73	250m:	4:03.82 50.53	350m:	5:40.25 48.31	
	100m:	1:33.24 49.26	200m:	3:13.29 50.32	300m:	4:51.94 48.12	400m:	6:29.96 49.71	
19.	ZAGRODZKA Laura		10	UKS „GROT” Kozięłowy				<b>6:32.75</b>	211
	50m:	43.07 43.07	150m:	2:22.09 49.99	250m:	4:04.74 51.67	350m:	5:46.55 49.98	
	100m:	1:32.10 49.03	200m:	3:13.07 50.98	300m:	4:56.57 51.83	400m:	6:32.75 46.20	
20.	DUTKIEWICZ Weronika		10	UKS „GROT” Kozięłowy				<b>6:36.61</b>	205
	50m:	43.84 43.84	150m:	2:23.64 50.51	250m:	4:02.96 49.55	350m:	5:40.23 48.86	
	100m:	1:33.13 49.29	200m:	3:13.41 49.77	300m:	4:51.37 48.41	400m:	6:36.61 56.38	
21.	BIAŁEK Katarzyna		10	UKS 3-Wodnik Wolsztyn				<b>6:42.13</b>	196
	50m:	41.22 41.22	150m:	2:20.07 50.83	250m:	4:04.93 52.49	350m:	5:51.38 53.34	
	100m:	1:29.24 48.02	200m:	3:12.44 52.37	300m:	4:58.04 53.11	400m:	6:42.13 50.75	
22.	CHWALBA Liliana		10	UKS „GROT” Kozięłowy				<b>6:48.06</b>	188
	50m:	40.16 40.16	150m:	2:21.03 53.17	250m:	4:09.76 55.02	350m:	6:00.30	
	100m:	1:27.86 47.70	200m:	3:14.74 53.71	300m:		400m:	6:48.06 47.76	
23.	MATYSIAK Oriana		10	UKS „GROT” Kozięłowy				<b>7:23.53</b>	146
	50m:	47.88 47.88	150m:	2:38.17 56.27	250m:	4:34.29 59.23	350m:	6:30.66 58.93	
	100m:	1:41.90 54.02	200m:	3:35.06 56.89	300m:	5:31.73 57.44	400m:	7:23.53 52.87	

13 lat

1.	SZCZEPANIK Nikola		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:52.38</b>	512
	50m:	32.96 32.96	150m:	1:47.43 37.65	250m:	3:03.37 37.99	350m:	4:18.18 37.24	
	100m:	1:09.78 36.82	200m:	2:25.38 37.95	300m:	3:40.94 37.57	400m:	4:52.38 34.20	
2.	OLEK Julia		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:52.79</b>	509
	50m:	33.12 33.12	150m:	1:47.97 37.84	250m:	3:03.86 37.94	350m:	4:18.74 37.34	
	100m:	1:10.13 37.01	200m:	2:25.92 37.95	300m:	3:41.40 37.54	400m:	4:52.79 34.05	
3.	SKONIECZNA Anna		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:54.49</b>	501
	50m:	33.26 33.26	150m:	1:49.58 38.72	250m:	3:04.37 36.74	350m:	4:18.82 37.37	
	100m:	1:10.86 37.60	200m:	2:27.63 38.05	300m:	3:41.45 37.08	400m:	4:54.49 35.67	
4.	GRYKO Patrycja		09	KS Warta Pozna				<b>4:55.22</b>	497
	50m:	32.21 32.21	150m:	1:46.78 37.69	250m:	3:02.99 37.90	350m:	4:18.99 37.96	
	100m:	1:09.09 36.88	200m:	2:25.09 38.31	300m:	3:41.03 38.04	400m:	4:55.22 36.23	
5.	WEGNER Julia		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:56.13</b>	492
	50m:	33.32 33.32	150m:	1:47.83 37.55	250m:	3:03.27 37.69	350m:	4:18.66 37.51	
	100m:	1:10.28 36.96	200m:	2:25.58 37.75	300m:	3:41.15 37.88	400m:	4:56.13 37.47	
6.	CHYCZEWSKA Pola		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>5:04.25</b>	454
	50m:	34.31 34.31	150m:	1:52.41 39.26	250m:	3:11.40 39.65	350m:	4:29.94 39.25	
	100m:	1:13.15 38.84	200m:	2:31.75 39.34	300m:	3:50.69 39.29	400m:	5:04.25 34.31	
7.	GLAPA Martyna		09	KS Warta Pozna				<b>5:09.08</b>	433
	50m:	34.16 34.16	150m:	1:52.72 40.03	250m:	3:13.33 40.09	350m:	4:32.15 39.18	
	100m:	1:12.69 38.53	200m:	2:33.24 40.52	300m:	3:52.97 39.64	400m:	5:09.08 36.93	
8.	WOLNA Aleksandra		09	MKP Astromal-Leszno				<b>5:09.63</b>	431
	50m:	36.51 36.51	150m:	1:56.80 40.00	250m:	3:15.88 39.38	350m:	4:33.47 38.48	
	100m:	1:16.80 40.29	200m:	2:36.50 39.70	300m:	3:54.99 39.11	400m:	5:09.63 36.16	
9.	KRASZEWSKA Zuzanna		09	UKS „GROT” Kozięłowy				<b>5:19.51</b>	392
	50m:	35.09 35.09	150m:	1:57.03 41.17	250m:	3:19.54 41.16	350m:	4:41.77 40.44	
	100m:	1:15.86 40.77	200m:	2:38.38 41.35	300m:	4:01.33 41.79	400m:	5:19.51 37.74	
10.	ŁAZAR Milena		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>5:20.33</b>	389
	50m:	36.36 36.36	150m:	1:57.28 40.92	250m:	3:18.95 40.77	350m:	4:40.81 41.10	
	100m:	1:16.36 40.00	200m:	2:38.18 40.90	300m:	3:59.71 40.76	400m:	5:20.33 39.52	
11.	DZIKOWICKA Konstancja		09	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>5:26.15</b>	368
	50m:	35.47 35.47	150m:	1:58.66 42.42	250m:	3:22.36 41.45	350m:	4:45.88 41.11	
	100m:	1:16.24 40.77	200m:	2:40.91 42.25	300m:	4:04.77 42.41	400m:	5:26.15 40.27	

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 - 13 lat,  
Poznań, 19.3.2022

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja			Rok ur.							Czas	Pkt.	
12.	BALICKA	Ada	09	Uks Cityzen						<b>5:27.43</b>	364	
	50m:	36.65	36.65	150m:	1:57.97	40.88	250m:	3:21.63	42.20	350m:	4:46.18	42.15
	100m:	1:17.09	40.44	200m:	2:39.43	41.46	300m:	4:04.03	42.40	400m:	5:27.43	41.25
13.	TOMCZAK	Weronika	09	Gnieźnieńskie Towarzystwo Triathlonow						<b>5:45.28</b>	ent310	
	50m:	37.00	37.00	150m:	2:05.06	44.86	250m:	3:35.36	45.41	350m:	5:03.65	44.19
	100m:	1:20.20	43.20	200m:	2:49.95	44.89	300m:	4:19.46	44.10	400m:	5:45.28	41.63
14.	ZIELIŃSKA	Gabriela	09	KTP Iskra Konin						<b>5:46.36</b>	308	
	50m:	38.00	38.00	150m:	2:03.44	44.03	250m:	3:32.82	44.89	350m:	5:02.91	45.56
	100m:	1:19.41	41.41	200m:	2:47.93	44.49	300m:	4:17.35	44.53	400m:	5:46.36	43.45
15.	ELISZEWSKA	Klara	09	KS Warta Poznań						<b>5:49.34</b>	300	
	50m:	38.14	38.14	150m:	2:06.93	44.43	250m:	3:36.14	44.74	350m:	5:06.47	44.53
	100m:	1:22.50	44.36	200m:	2:51.40	44.47	300m:	4:21.94	45.80	400m:	5:49.34	42.87
16.	SZAŁATOWICZ	Zuzanna	09	Uks Cityzen						<b>5:57.47</b>	280	
	50m:	40.85	40.85	150m:	2:11.77	46.07	250m:	3:43.92	45.78	350m:	5:15.61	45.51
	100m:	1:25.70	44.85	200m:	2:58.14	46.37	300m:	4:30.10	46.18	400m:	5:57.47	41.86
17.	STAMBUŁA	Joanna	09	St. Rekreacyjno-Sportowe MKS Oceanik						<b>6:01.41</b>	szc271	
	50m:	38.96	38.96	150m:	2:09.54	45.82	250m:	3:43.89	47.25	350m:	5:17.55	46.34
	100m:	1:23.72	44.76	200m:	2:56.64	47.10	300m:	4:31.21	47.32	400m:	6:01.41	43.86
18.	WOLSKA	Wiktoria	09	KU AZS UAM Poznań						<b>6:01.75</b>	270	
	50m:	39.91	39.91	150m:	2:14.10	47.86	250m:	3:48.54	46.59	350m:	5:19.98	44.20
	100m:	1:26.24	46.33	200m:	3:01.95	47.85	300m:	4:35.78	47.24	400m:	6:01.75	41.77
19.	GRAMAŁA	Zofia	09	KS Poznań Poznań						<b>6:05.07</b>	263	
	50m:	38.38	38.38	150m:	2:09.84	46.80	250m:	3:44.44	47.43	350m:	5:20.49	48.11
	100m:	1:23.04	44.66	200m:	2:57.01	47.17	300m:	4:32.38	47.94	400m:	6:05.07	44.58
20.	GULCZYŃSKA	Patrycja	09	KU AZS UAM Poznań						<b>6:08.13</b>	256	
	50m:	39.34	39.34	150m:	2:10.52	46.78	250m:	3:45.77	47.86	350m:	5:23.05	48.45
	100m:	1:23.74	44.40	200m:	2:57.91	47.39	300m:	4:34.60	48.83	400m:	6:08.13	45.08
21.	GAŁA	Anastazja	09	MKP Astromal-Leszno						<b>6:38.90</b>	201	
	50m:	42.23	42.23	150m:			250m:	4:02.13	51.98	350m:	5:47.57	53.03
	100m:	1:28.46	46.23	200m:	3:10.15		300m:	4:54.54	52.41	400m:	6:38.90	51.33
22.	SUMISŁAWSKA	Aleksandra	09	KS Poznań Poznań						<b>6:46.53</b>	190	
	50m:	42.79	42.79	150m:	2:22.78	50.85	250m:	4:08.00	52.63	350m:	5:55.07	54.19
	100m:	1:31.93	49.14	200m:	3:15.37	52.59	300m:	5:00.88	52.88	400m:	6:46.53	51.46
DYSKW.	GOLEC	Helena	09	MKP Astromal-Leszno								
	<i>O1 - Pływak wystartował po komendzie na miejsca i zajął swoją pozycję nieruchomą przed sygnałem startu.</i>											