

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 - 13 lat, I runda Koszalin
Koszalin, 31.3. - 1.4.2022

Konkurencja 7
2022.03.31 - 12:58

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. DUDA Natalia	10 MKP Szczecin	4:58.63	480
50m: 34.89 34.89	150m: 1:51.25 38.09	250m: 350m:	
100m: 1:13.16 38.27	200m: 300m:	400m: 4:58.63	
2. WI TO Antonina	10 MKS Znicz Koszalin	5:20.19	389
50m: 35.49 35.49	150m: 1:56.01 40.71	250m: 3:18.00 41.27	350m: 4:41.44 41.50
100m: 1:15.30 39.81	200m: 2:36.73 40.72	300m: 3:59.94 41.94	400m: 5:20.19 38.75
3. BARTYZEL Nadia	10 MKP Kołobrzeg	5:22.05	383
50m: 36.88 36.88	150m: 1:59.34 41.46	250m: 3:22.35 41.28	350m: 4:45.01 41.39
100m: 1:17.88 41.00	200m: 2:41.07 41.73	300m: 4:03.62 41.27	400m: 5:22.05 37.04
4. NOWAK Alicja	10 MKP Szczecin	5:32.80	347
50m: 38.71 38.71	150m: 2:02.83 41.73	250m: 3:29.51 43.36	350m: 4:53.53 41.18
100m: 1:21.10 42.39	200m: 2:46.15 43.32	300m: 4:12.35 42.84	400m: 5:32.80 39.27
5. STACHOWSKA Eliza	10 MKP Szczecin	5:33.46	345
50m: 38.76 38.76	150m: 2:02.48 41.41	250m: 3:28.79 43.38	350m: 4:51.68 41.50
100m: 1:21.07 42.31	200m: 2:45.41 42.93	300m: 4:10.18 41.39	400m: 5:33.46 41.78
6. KŁOSOWSKA Zofia	10 MKS Znicz Koszalin	5:35.01	340
50m: 38.08 38.08	150m: 2:03.53 42.58	250m: 3:28.76 42.98	350m: 4:55.03 42.38
100m: 1:20.95 42.87	200m: 2:45.78 42.25	300m: 4:12.65 43.89	400m: 5:35.01 39.98
7. KRUK Hanna	10 UKP „Marlin”	5:36.12	337
50m: 37.20 37.20	150m: 2:02.35 43.30	250m: 3:28.96 43.21	350m: 5:00.00 41.00
100m: 1:19.05 41.85	200m: 2:45.75 43.40	300m: 4:12.84 43.88	400m: 5:36.12
8. KALETA Michalina	10 MKP Kołobrzeg	5:42.06	319
50m: 38.04 38.04	150m: 2:04.42 43.42	250m: 3:33.59 44.54	350m: 5:02.51 44.40
100m: 1:21.00 42.96	200m: 2:49.05 44.63	300m: 4:18.11 44.52	400m: 5:42.06 39.55
9. MACKOJ Aleksandra	10 MKP Kołobrzeg	5:43.94	314
50m: 38.38 38.38	150m: 2:06.81 44.96	250m: 3:37.32 44.94	350m: 5:03.70 42.36
100m: 1:21.85 43.47	200m: 2:52.38 45.57	300m: 4:21.34 44.02	400m: 5:43.94 40.24
10. BARTCZAK Hanna	10 MKP Szczecin	5:48.97	301
50m: 39.27 39.27	150m: 2:05.43 43.40	250m: 3:34.95 44.99	350m: 5:06.46 45.07
100m: 1:22.03 42.76	200m: 2:49.96 44.53	300m: 4:21.39 46.44	400m: 5:48.97 42.51
11. OSO Magdalena	10 MKS Znicz Koszalin	5:58.66	277
50m: 40.90 40.90	150m: 2:11.65 45.90	250m: 3:44.21 46.35	350m: 5:15.27 45.61
100m: 1:25.75 44.85	200m: 2:57.86 46.21	300m: 4:29.66 45.45	400m: 5:58.66 43.39
12. KAMI SKA Aleksandra	10 MKS CKS-SMS Szczecin	6:09.27	254
50m: 40.64 40.64	150m: 2:13.24 46.76	250m: 3:49.57 48.46	350m: 5:24.44 47.00
100m: 1:26.48 45.84	200m: 3:01.11 47.87	300m: 4:37.44 47.87	400m: 6:09.27 44.83
13. GRABARCZYK Maja	10 MKS Znicz Koszalin	6:12.16	248
50m:	150m: 2:15.70 47.14	250m: 3:50.74 48.03	350m:
100m: 1:28.56	200m: 3:02.71 47.01	300m:	400m: 6:12.16
14. CIESIELSKA Jagoda	10 MKP Szczecin	6:16.42	239
50m: 39.49 39.49	150m: 2:09.17 45.31	250m: 3:42.93 47.20	350m: 5:17.12 47.04
100m: 1:23.86 44.37	200m: 2:55.73 46.56	300m: 4:30.08 47.15	400m: 6:16.42 59.30
15. KWIATKOWSKA Karolina	10 MKS CKS-SMS Szczecin	6:19.61	233
50m: 40.35 40.35	150m: 2:14.29 48.03	250m: 3:53.51 50.11	350m: 5:33.55 50.31
100m: 1:26.26 45.91	200m: 3:03.40 49.11	300m: 4:43.24 49.73	400m: 6:19.61 46.06
16. KASZUBIAK Julia	10 MKS Znicz Koszalin	6:22.40	228
50m: 44.07 44.07	150m: 2:22.50 48.88	250m: 4:00.10 48.98	350m: 5:37.35 48.09
100m: 1:33.62 49.55	200m: 3:11.12 48.62	300m: 4:49.26 49.16	400m: 6:22.40 45.05
17. HEJMAN Magdalena	10 MKS CKS-SMS Szczecin	6:40.89	198
50m:	150m:	250m:	350m: 5:53.38
100m: 1:35.48	200m: 4:09.61	300m:	400m: 6:40.89 47.51

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 - 13 lat, I runda Koszalin
Koszalin, 31.3. - 1.4.2022

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.				Czas		Pkt.
18.	ZAJLER Amelia		10 MKP Kołobrzeg				6:43.61		194
	50m:	43.35 43.35	150m:	2:23.51 50.68	250m:	4:07.60 52.27	350m:		
	100m:	1:32.83 49.48	200m:	3:15.33 51.82	300m:	5:00.75 53.15	400m:	6:43.61	

13 lat

1.	POŁE Oliwia		09 MKS CKS-SMS Szczecin				5:01.14		468
	50m:	35.03 35.03	150m:	1:51.34 38.36	250m:	3:09.38 39.17	350m:	4:23.66 37.11	
	100m:	1:12.98 37.95	200m:	2:30.21 38.87	300m:	3:46.55 37.17	400m:	5:01.14 37.48	
2.	GRZELAK Wiktoria		09 MKP Szczecin				5:10.35		428
	50m:	34.56 34.56	150m:	1:52.31 39.19	250m:	3:12.09 40.41	350m:	4:33.13 40.47	
	100m:	1:13.12 38.56	200m:	2:31.68 39.37	300m:	3:52.66 40.57	400m:	5:10.35 37.22	
3.	WOŁKOWIECKA Natalia		09 MKS Znicz Koszalin				5:16.16		405
	50m:	34.33 34.33	150m:	1:54.91 41.27	250m:	3:16.28 41.36	350m:	4:38.44 41.27	
	100m:	1:13.64 39.31	200m:	2:34.92 40.01	300m:	3:57.17 40.89	400m:	5:16.16 37.72	
4.	MAJSZUTOWICZ Zofia		09 MKP Szczecin				5:18.69		395
	50m:	36.47 36.47	150m:	3:17.80 2:01.59	250m:		350m:		
	100m:	1:16.21 39.74	200m:		300m:		400m:	5:18.69	
5.	WOJCIECHOWSKA Zofia		09 MKS CKS-SMS Szczecin				5:22.71		380
	50m:	35.01 35.01	150m:	1:55.40 41.26	250m:	3:17.86 41.33	350m:	4:42.18 42.73	
	100m:	1:14.14 39.13	200m:	2:36.53 41.13	300m:	3:59.45 41.59	400m:	5:22.71 40.53	
6.	WOJCIECHOWSKA Anastazja		09 MKP Szczecin				5:25.16		372
	50m:	37.91 37.91	150m:	2:01.78 41.51	250m:	3:25.69 41.67	350m:	4:48.03 41.24	
	100m:	1:20.27 42.36	200m:	2:44.02 42.24	300m:	4:06.79 41.10	400m:	5:25.16 37.13	
7.	CYNARZEWSKA Nadia		09 MKS Znicz Koszalin				5:32.59		347
	50m:	36.85 36.85	150m:	1:57.88 41.59	250m:	3:23.37 42.76	350m:	4:50.48 44.00	
	100m:	1:16.29 39.44	200m:	2:40.61 42.73	300m:	4:06.48 43.11	400m:	5:32.59 42.11	
8.	ORŁOWSKA Celina		09 MKS Neptun Stargard				5:35.65		338
	50m:	37.16 37.16	150m:	1:59.69 42.26	250m:	3:25.57 42.75	350m:	4:53.26 43.96	
	100m:	1:17.43 40.27	200m:	2:42.82 43.13	300m:	4:09.30 43.73	400m:	5:35.65 42.39	
9.	GUZ Maja		09 MKS Znicz Koszalin				5:39.28		327
	50m:	37.18 37.18	150m:		250m:	3:30.35 44.64	350m:	4:57.28 42.61	
	100m:		200m:	2:45.71	300m:	4:14.67 44.32	400m:	5:39.28 42.00	
10.	KOWALCZUK Amelia		09 MKP Szczecin				5:41.37		321
	50m:	37.47 37.47	150m:	2:01.88 43.11	250m:	3:31.54 45.58	350m:	4:59.68 43.44	
	100m:	1:18.77 41.30	200m:	2:45.96 44.08	300m:	4:16.24 44.70	400m:	5:41.37 41.69	
11.	SUŁKOWSKA Barbara		09 MKS Znicz Koszalin				5:50.26		297
	50m:	39.16 39.16	150m:	2:07.31 44.56	250m:	3:37.59 45.72	350m:	5:07.39 44.62	
	100m:	1:22.75 43.59	200m:	2:51.87 44.56	300m:	4:22.77 45.18	400m:	5:50.26 42.87	
12.	KARWAS Patrycja		09 MKS Znicz Koszalin				6:03.65		266
	50m:	39.68 39.68	150m:	2:10.76 46.35	250m:	3:44.18 46.89	350m:	5:19.14 47.16	
	100m:	1:24.41 44.73	200m:	2:57.29 46.53	300m:	4:31.98 47.80	400m:	6:03.65 44.51	