

Wiosenne Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.
Pozna , 6.5.2022

Konkurencja 11
2022.05.06 - 13:22

Dziewcz t, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	GRYKO Patrycja		09	KS Warta Pozna				4:53.67	505
	50m:	32.98 32.98	150m:	1:47.43 37.58	250m:	3:02.69 37.53	350m:	4:18.11 37.56	
	100m:	1:09.85 36.87	200m:	2:25.16 37.73	300m:	3:40.55 37.86	400m:	4:53.67 35.56	
2.	GROCKA Natalia		09	MKS Juvenia Wrocław				4:54.98	498
	50m:	33.77 33.77	150m:	1:49.36 38.40	250m:	3:05.44 37.95	350m:	4:21.18 37.85	
	100m:	1:10.96 37.19	200m:	2:27.49 38.13	300m:	3:43.33 37.89	400m:	4:54.98 33.80	
3.	WOLNA Aleksandra		09	MKP Astromal-Leszno				5:10.90	425
	50m:	35.67 35.67	150m:	1:56.16 40.46	250m:	3:14.60 38.98	350m:	4:33.86 39.07	
	100m:	1:15.70 40.03	200m:	2:35.62 39.46	300m:	3:54.79 40.19	400m:	5:10.90 37.04	
4.	BALICKA Ada		09	Uks Cityzen				5:17.14	401
	50m:	35.69 35.69	150m:	1:55.46 40.33	250m:	3:16.34 40.36	350m:	4:37.83 40.91	
	100m:	1:15.13 39.44	200m:	2:35.98 40.52	300m:	3:56.92 40.58	400m:	5:17.14 39.31	
5.	PIETRZAK Weronika		09	KU AZS UAM Pozna				5:19.39	392
	50m:	34.00 34.00	150m:	1:54.42 40.65	250m:	3:17.37 41.68	350m:	4:40.45 41.65	
	100m:	1:13.77 39.77	200m:	2:35.69 41.27	300m:	3:58.80 41.43	400m:	5:19.39 38.94	
6.	SAŁATOWICZ Zuzanna		09	Uks Cityzen				6:02.14	269
	50m:	41.20 41.20	150m:	2:12.83 46.42	250m:	3:45.97 46.72	350m:	5:18.86 46.51	
	100m:	1:26.41 45.21	200m:	2:59.25 46.42	300m:	4:32.35 46.38	400m:	6:02.14 43.28	
12 lat									
1.	KORDALSKA Maja		10	KS Warta Pozna				5:12.69	418
	50m:	34.47 34.47	150m:	1:54.10 40.24	250m:	3:15.17 40.49	350m:	4:35.16 39.92	
	100m:	1:13.86 39.39	200m:	2:34.68 40.58	300m:	3:55.24 40.07	400m:	5:12.69 37.53	
2.	KOPER Julia		10	KU AZS UAM Pozna				5:21.02	386
	50m:	35.83 35.83	150m:	1:56.11 40.36	250m:	3:19.25 41.51	350m:	4:42.62 41.73	
	100m:	1:15.75 39.92	200m:	2:37.74 41.63	300m:	4:00.89 41.64	400m:	5:21.02 38.40	
3.	OLSCHOWKA Julia		10	KS Warta Pozna				5:24.11	375
	50m:	35.86 35.86	150m:	1:56.30 41.03	250m:	3:20.18 42.10	350m:	4:44.74 42.04	
	100m:	1:15.27 39.41	200m:	2:38.08 41.78	300m:	4:02.70 42.52	400m:	5:24.11 39.37	
4.	SOBO Ewa		10	UKS Niagara Jedyńka Wolsztyn				5:37.16	333
	50m:	36.72 36.72	150m:	2:01.32 43.64	250m:	3:30.70 44.50	350m:	4:57.54 42.84	
	100m:	1:17.68 40.96	200m:	2:46.20 44.88	300m:	4:14.70 44.00	400m:	5:37.16 39.62	
5.	UK Hanna		10	KS Warta Pozna				5:40.08	325
	50m:	38.82 38.82	150m:	2:05.57 43.35	250m:	3:33.77 43.98	350m:	4:59.34 42.62	
	100m:	1:22.22 43.40	200m:	2:49.79 44.22	300m:	4:16.72 42.95	400m:	5:40.08 40.74	
6.	Ł KOWSKA Maja		10	UKS „GROT” Koziegłowy				5:41.66	320
	50m:	36.98 36.98	150m:	2:02.45 43.29	250m:	3:31.94 45.31	350m:	4:59.95 43.56	
	100m:	1:19.16 42.18	200m:	2:46.63 44.18	300m:	4:16.39 44.45	400m:	5:41.66 41.71	
7.	MICHALSKA Zuzanna		10	KS Wodnik rem				5:56.71	282
	50m:	38.03 38.03	150m:	2:06.64 45.19	250m:	3:39.85 46.64	350m:	5:12.69 45.91	
	100m:	1:21.45 43.42	200m:	2:53.21 46.57	300m:	4:26.78 46.93	400m:	5:56.71 44.02	
8.	SZŁAPKA Antonina		10	Uks Cityzen				6:15.78	241
	50m:	45.13 45.13	150m:	2:19.81 47.62	250m:	3:55.78 48.12	350m:	5:30.97 47.46	
	100m:	1:32.19 47.06	200m:	3:07.66 47.85	300m:	4:43.51 47.73	400m:	6:15.78 44.81	
9.	MA KOWIAK Matylda		10	UKS Niagara Jedyńka Wolsztyn				6:28.77	217
	50m:	41.45 41.45	150m:	2:18.20 48.81	250m:	3:57.64 50.13	350m:	5:39.46 50.23	
	100m:	1:29.39 47.94	200m:	3:07.51 49.31	300m:	4:49.23 51.59	400m:	6:28.77 49.31	
10.	STERN Wiktoria		10	UKS „GROT” Koziegłowy				6:34.97	207
	50m:	43.65 43.65	150m:	2:21.92 49.49	250m:	4:03.41 51.32	350m:	5:44.66 50.71	
	100m:	1:32.43 48.78	200m:	3:12.09 50.17	300m:	4:53.95 50.54	400m:	6:34.97 50.31	

Wiosenne Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.
Poznań, 6.5.2022

Konkurencja 11, Dziewcząt, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
11.	MAY Marcelina			10	MKP Astromal-Leszno				7:11.63	159		
	50m:	45.65	45.65	150m:	2:31.85	56.13	250m:	4:23.39	56.25	350m:	6:16.28	56.49
	100m:	1:35.72	50.07	200m:	3:27.14	55.29	300m:	5:19.79	56.40	400m:	7:11.63	55.35

11 lat

1.	RUMIEJOWSKA Aleksandra			11	MUKS „HURAGAN” Koło				6:18.84	235		
	50m:	42.66	42.66	150m:	2:18.93	48.80	250m:	3:56.55	49.10	350m:	5:32.64	47.76
	100m:	1:30.13	47.47	200m:	3:07.45	48.52	300m:	4:44.88	48.33	400m:	6:18.84	46.20
2.	STASIAKIEWICZ Helena			11	UKS Niagara Jedyńka Wolsztyn				6:43.60	194		
	50m:	46.59	46.59	150m:	2:28.03	52.29	250m:	5:03.51	1:45.17	350m:	6:43.60	49.59
	100m:	1:35.74	49.15	200m:	3:18.34	50.31	300m:	5:54.01	50.50	400m:	6:43.60	
3.	JUSZCZAK Maria			11	MKP Astromal-Leszno				6:49.78	186		
	50m:	43.12	43.12	150m:	2:28.64	53.32	250m:	4:15.39	53.70	350m:	6:00.23	52.44
	100m:	1:35.32	52.20	200m:	3:21.69	53.05	300m:	5:07.79	52.40	400m:	6:49.78	49.55
4.	BOCHE SKA Aleksandra			11	UKS „GROT” Koziegłowy				7:32.80	137		
	50m:	46.68	46.68	150m:	2:41.19	59.19	250m:	4:39.56	1:00.45	350m:	6:37.78	58.80
	100m:	1:42.00	55.32	200m:	3:39.11	57.92	300m:	5:38.98	59.42	400m:	7:32.80	55.02
5.	KONOPKA Antonina			11	MKP Astromal-Leszno				9:37.85	66		
	50m:	50.39	50.39	150m:	3:17.36	1:16.25	250m:	5:52.63	1:18.43	350m:	8:22.91	1:14.06
	100m:	2:01.11	1:10.72	200m:	4:34.20	1:16.84	300m:	7:08.85	1:16.22	400m:	9:37.85	1:14.94