

Ogólnopolskie Zawody Pływackie Poprawiamy Rekordy na Termach 2022
Poznań, 14.5.2022

Konkurencja 10
2022.05.14 - 13:46

Mężczyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.										Czas	Pkt.
Grupa A												
1.	SKOLASIŃSKI Jakub			05	KS Poznania Poznań					4:17.76	622	
	50m:	31.20	31.20	150m:	1:37.47	33.06	250m:	2:43.75	32.72	350m:	3:48.77	32.22
	100m:	1:04.41	33.21	200m:	2:11.03	33.56	300m:	3:16.55	32.80	400m:	4:17.76	28.99
2.	WOŹNY Maksym			05	MKS Juvenia Wrocław					4:19.02	613	
	50m:	28.73	28.73	150m:	1:32.76	32.64	250m:	2:39.77	34.07	350m:	3:46.95	33.84
	100m:	1:00.12	31.39	200m:	2:05.70	32.94	300m:	3:13.11	33.34	400m:	4:19.02	32.07
3.	BULIŃSKI Hektor			05	UKS „GIM 92 Ursynów"					4:26.26	564	
	50m:	29.37	29.37	150m:	1:36.55	33.86	250m:	2:45.13	34.49	350m:	3:53.65	33.70
	100m:	1:02.69	33.32	200m:	2:10.64	34.09	300m:	3:19.95	34.82	400m:	4:26.26	32.61
4.	ZALEWSKI Jacek			06	KS Poznania Poznań					4:26.65	562	
	50m:	29.82	29.82	150m:	1:36.08	33.61	250m:	2:44.64	34.12	350m:	3:53.10	34.34
	100m:	1:02.47	32.65	200m:	2:10.52	34.44	300m:	3:18.76	34.12	400m:	4:26.65	33.55
5.	KUZ Volodymyr			05	KS Poznania Poznań					4:40.75	481	
	50m:	30.15	30.15	150m:	1:39.57	35.07	250m:	2:51.95	36.36	350m:	4:05.29	36.72
	100m:	1:04.50	34.35	200m:	2:15.59	36.02	300m:	3:28.57	36.62	400m:	4:40.75	35.46
6.	ZAWADZKI Jakub			06	UKS Ruch Grudziądz					4:41.23	479	
	50m:	31.32	31.32	150m:	1:40.92	35.37	250m:	2:52.37	35.87	350m:	4:04.98	36.18
	100m:	1:05.55	34.23	200m:	2:16.50	35.58	300m:	3:28.80	36.43	400m:	4:41.23	36.25
7.	KACZMAREK Maksymilian			06	KS Poznania Poznań					4:42.39	473	
	50m:	32.28	32.28	150m:	1:45.42	36.72	250m:	2:58.23	36.57	350m:	4:09.92	35.92
	100m:	1:08.70	36.42	200m:	2:21.66	36.24	300m:	3:34.00	35.77	400m:	4:42.39	32.47
8.	ROZMIAREK Mateusz			06	MKP „SŁOWIANKA" Gorzów Wlkp.					4:43.93	465	
	50m:	31.59	31.59	150m:	1:43.50	36.16	250m:	2:56.81	36.33	350m:	4:09.46	35.95
	100m:	1:07.34	35.75	200m:	2:20.48	36.98	300m:	3:33.51	36.70	400m:	4:43.93	34.47
9.	MAKAREWICZ Filip			06	KP Aquapark Wągrowiec					4:44.90	460	
	50m:	31.53	31.53	150m:	1:44.39	36.88	250m:	2:59.08	37.20	350m:	4:11.85	35.67
	100m:	1:07.51	35.98	200m:	2:21.88	37.49	300m:	3:36.18	37.10	400m:	4:44.90	33.05
10.	SKOWRON Hubert			06	KS JUST SWIM Jelenia Góra					4:45.48	458	
	50m:	30.51	30.51	150m:	1:43.12	37.75	250m:	2:58.54	37.01	350m:	4:11.88	36.58
	100m:	1:05.37	34.86	200m:	2:21.53	38.41	300m:	3:35.30	36.76	400m:	4:45.48	33.60
Grupa B												
1.	GAJEWSKI Jan			07	MKS Ochota Warszawa					4:35.54	509	
	50m:	30.50	30.50	150m:	1:39.37	34.96	250m:	2:50.13	35.64	350m:	4:00.79	35.63
	100m:	1:04.41	33.91	200m:	2:14.49	35.12	300m:	3:25.16	35.03	400m:	4:35.54	34.75
2.	KASPRZAK Krystian			07	KS JUST SWIM Jelenia Góra					5:00.46	392	
	50m:	31.46	31.46	150m:	1:47.50	38.62	250m:	3:06.59	39.75	350m:	4:24.35	38.42
	100m:	1:08.88	37.42	200m:	2:26.84	39.34	300m:	3:45.93	39.34	400m:	5:00.46	36.11
Grupa C												
1.	LITOBORSKI Mikołaj			08	KS Warta Poznań					4:29.86	542	
	50m:	31.00	31.00	150m:	1:39.88	34.87	250m:	2:49.13	35.26	350m:	3:57.23	34.12
	100m:	1:05.01	34.01	200m:	2:13.87	33.99	300m:	3:23.11	33.98	400m:	4:29.86	32.63
2.	PIÓRKOWSKI Adrian			08	MKP Szczecin					4:36.03	506	
	50m:	31.82	31.82	150m:	1:40.98	34.32	250m:	2:51.24	35.26	350m:	4:02.01	35.32
	100m:	1:06.66	34.84	200m:	2:15.98	35.00	300m:	3:26.69	35.45	400m:	4:36.03	34.02
3.	RADZIKOWSKI Szymon			08	WKS Śląsk					4:51.62	429	
	50m:	31.46	31.46	150m:	1:43.37	36.31	250m:	2:58.44	37.53	350m:	4:14.63	38.32
	100m:	1:07.06	35.60	200m:	2:20.91	37.54	300m:	3:36.31	37.87	400m:	4:51.62	36.99

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Konkurencja 10, Chłopców, 400m dowolny, Grupa C

Pozycja	Rok ur.								Czas	Pkt.		
4.	PELA Tomasz		08		Toruń Multisport Team				5:37.12	278		
	50m:	35.64	35.64	150m:	2:01.95	44.08	250m:	3:30.89	43.46	350m:	4:57.36	42.87
	100m:	1:17.87	42.23	200m:	2:47.43	45.48	300m:	4:14.49	43.60	400m:	5:37.12	39.76

Grupa D

1.	FEDORENKO Igor				09	UKS „GIM 92 Ursynów"					4:59.83	395
	50m:	33.74	33.74	150m:	1:50.10	38.62	250m:	3:06.59	37.96	350m:	4:23.38	37.15
	100m:	1:11.48	37.74	200m:	2:28.63	38.53	300m:	3:46.23	39.64	400m:	4:59.83	36.45
2.	WYCZÓŁKOWSKI Patryk				09	UKS „Ósemka" Toruń					5:22.78	316
	50m:	34.82	34.82	150m:	1:55.45	40.88	250m:	3:19.35	41.67	350m:	4:43.40	41.69
	100m:	1:14.57	39.75	200m:	2:37.68	42.23	300m:	4:01.71	42.36	400m:	5:22.78	39.38
3.	MALINOWSKI Jan				09	UKS „GIM 92 Ursynów"					5:23.97	313
	50m:	35.54	35.54	150m:	1:57.60	41.50	250m:	3:23.18	42.47	350m:	4:47.05	41.41
	100m:	1:16.10	40.56	200m:	2:40.71	43.11	300m:	4:05.64	42.46	400m:	5:23.97	36.92
4.	BILSKI Mateusz				09	Kaliski Klub Sportowy „Włókniarz" 1925					5:34.77	284
	50m:	38.19	38.19	150m:	2:06.14	44.25	250m:	3:31.80	42.20	350m:	4:55.63	41.47
	100m:	1:21.89	43.70	200m:	2:49.60	43.46	300m:	4:14.16	42.36	400m:	5:34.77	39.14
5.	WALEŃCKI Oliwier				09	Kaliski Klub Sportowy „Włókniarz" 1925					5:45.43	258
	50m:	37.47	37.47	150m:	2:06.66	45.46	250m:	3:35.24	43.98	350m:	5:05.39	45.70
	100m:	1:21.20	43.73	200m:	2:51.26	44.60	300m:	4:19.69	44.45	400m:	5:45.43	40.04
6.	BINEK Bartosz				09	Kaliski Klub Sportowy „Włókniarz" 1925					5:46.29	256
	50m:	40.65	40.65	150m:	2:10.27	44.94	250m:	3:39.45	44.47	350m:	5:06.74	43.81
	100m:	1:25.33	44.68	200m:	2:54.98	44.71	300m:	4:22.93	43.48	400m:	5:46.29	39.55
7.	MARCINKOWSKI Aleksander				09	Kaliski Klub Sportowy „Włókniarz" 1925					5:49.69	249
	50m:	39.43	39.43	150m:	2:09.70	45.37	250m:	3:39.68	44.17	350m:	5:08.33	44.20
	100m:	1:24.33	44.90	200m:	2:55.51	45.81	300m:	4:24.13	44.45	400m:	5:49.69	41.36
8.	PRUS Maksymilian				09	Kaliski Klub Sportowy „Włókniarz" 1926					6:07.61	214
	50m:	41.11	41.11	150m:	2:15.26	47.12	250m:	3:50.41	47.32	350m:	5:23.93	46.16
	100m:	1:28.14	47.03	200m:	3:03.09	47.83	300m:	4:37.77	47.36	400m:	6:07.61	43.68

Grupa E

1.	DAWIDOWICZ Konrad			10	MKS Ochota Warszawa					5:00.28	393	
	50m:	34.46	34.46	150m:	1:51.52	39.02	250m:	3:07.92	38.04	350m:	4:24.16	37.82
	100m:	1:12.50	38.04	200m:	2:29.88	38.36	300m:	3:46.34	38.42	400m:	5:00.28	36.12
2.	IDZIKOWSKI Filip			10	Kaliski Klub Sportowy „Włókniarz" 192					5:25.99	307	
	50m:	38.08	38.08	150m:	2:04.85	44.12	250m:	3:29.00	40.62	350m:	4:50.22	39.97
	100m:	1:20.73	42.65	200m:	2:48.38	43.53	300m:	4:10.25	41.25	400m:	5:25.99	35.77
3.	MACIEJEWSKI Olivier			10	Kaliski Klub Sportowy „Włókniarz" 192					5:41.32	268	
	50m:	39.00	39.00	150m:	2:04.26	43.65	250m:	3:31.59	44.46	350m:	4:59.11	43.97
	100m:	1:20.61	41.61	200m:	2:47.13	42.87	300m:	4:15.14	43.55	400m:	5:41.32	42.21
4.	KARLIŃSKI Tomasz			10	KS Warta Poznań					5:44.33	261	
	50m:	39.35	39.35	150m:	2:07.96	45.08	250m:	3:37.70	44.64	350m:	5:05.40	43.37
	100m:	1:22.88	43.53	200m:	2:53.06	45.10	300m:	4:22.03	44.33	400m:	5:44.33	38.93
5.	DRZYMKOWSKI Jan			10	UKS „GIM 92 Ursynów"					5:48.09	252	
	50m:	37.85	37.85	150m:	2:07.75	44.86	250m:	3:37.69	45.11	350m:	5:06.84	44.26
	100m:	1:22.89	45.04	200m:	2:52.58	44.83	300m:	4:22.58	44.89	400m:	5:48.09	41.25
6.	SADŁOWSKI Patryk			10	Kaliski Klub Sportowy „Włókniarz" 192					5:51.90	244	
	50m:	40.43	40.43	150m:	2:11.27	46.57	250m:	3:41.36	46.29	350m:	5:11.99	45.76
	100m:	1:24.70	44.27	200m:	2:55.07	43.80	300m:	4:26.23	44.87	400m:	5:51.90	39.91
7.	WIETESKA Nikodem			10	MKS Ochota Warszawa					6:01.70	225	
	50m:	40.95	40.95	150m:	2:12.35	45.74	250m:	3:44.82	46.12	350m:	5:17.21	46.58
	100m:	1:26.61	45.66	200m:	2:58.70	46.35	300m:	4:30.63	45.81	400m:	6:01.70	44.49

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8.	PISZCZOROWICZ Miłosz			10	Kaliski Klub Sportowy „Włókniarz” 1921					6:07.80	214	
	50m:	38.90	38.90	150m:	2:13.47	48.65	250m:	3:49.57	48.90	350m:	5:24.87	46.77
	100m:	1:24.82	45.92	200m:	3:00.67	47.20	300m:	4:38.10	48.53	400m:	6:07.80	42.93
9.	CHĄCIAK Patryk			10	UKS „GIM 92 Ursynów”					6:27.69	182	
	50m:	42.43	42.43	150m:	2:23.18	50.36	250m:	4:04.61	51.63	350m:	5:42.44	48.59
	100m:	1:32.82	50.39	200m:	3:12.98	49.80	300m:	4:53.85	49.24	400m:	6:27.69	45.25

Grupa F

1. KUCZMAR Zbigniew					11	MKS Ochota Warszawa						4:59.65	396
50m:	35.18	35.18	150m:	1:50.26	37.99	250m:	3:06.42	38.00	350m:	4:22.73	38.00		
100m:	1:12.27	37.09	200m:	2:28.42	38.16	300m:	3:44.73	38.31	400m:	4:59.65	36.92		
2. KAPKA Mikołaj					12	KS „Górnik” Sosnowiec						5:42.60	265
50m:	38.17	38.17	150m:	2:05.82	44.37	250m:	3:33.84	44.28	350m:	5:02.73	44.40		
100m:	1:21.45	43.28	200m:	2:49.56	43.74	300m:	4:18.33	44.49	400m:	5:42.60	39.87		