

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu  
Poznań, 18. - 19.6.2022

Konkurencja 18  
2022.06.18 - 15:24

Kobiet, 400m dowolny

10 lat i starsi  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
<b>Kat. Open</b>							
1.	GULCZY SKA Natalia 07	Uks Cityzen	<b>4:47.16</b> 558	1:08.16	1:13.79	1:14.68	1:10.53
	50m: 32.51 32.51	150m: 1:44.48 36.32	250m: 2:59.59	37.64	350m: 4:12.33 35.70		
	100m: 1:08.16 35.65	200m: 2:21.95 37.47	300m: 3:36.63	37.04	400m: 4:47.16 34.83		
2.	BUDZE Monika 07	MKP Astromal-Leszno	<b>4:57.34</b> 502	1:10.53	1:16.67	1:16.82	1:13.32
	50m: 33.15 33.15	150m: 1:47.79 37.26	250m: 3:05.52	38.32	350m: 4:21.47 37.45		
	100m: 1:10.53 37.38	200m: 2:27.20 39.41	300m: 3:44.02	38.50	400m: 4:57.34 35.87		
3.	KORDALSKA Oliwia 08	KS Warta Pozna	<b>4:59.68</b> 491	1:11.02	1:16.33	1:17.13	1:15.20
	50m: 33.60 33.60	150m: 1:48.96 37.94	250m: 3:05.47	38.12	350m: 4:23.00 38.52		
	100m: 1:11.02 37.42	200m: 2:27.35 38.39	300m: 3:44.48	39.01	400m: 4:59.68 36.68		
4.	MAY Matylda 08	MKP Astromal-Leszno	<b>5:12.48</b> 433	1:16.00	1:21.04	1:19.27	1:16.17
	50m: 36.29 36.29	150m: 1:56.44 40.44	250m: 3:16.87	39.83	350m: 4:35.17 38.86		
	100m: 1:16.00 39.71	200m: 2:37.04 40.60	300m: 3:56.31	39.44	400m: 5:12.48 37.31		
5.	ONICHIMIUK Alicja 08	KU AZS UAM Pozna	<b>5:20.37</b> 402	1:15.03	1:20.71	1:22.16	1:22.47
	50m: 34.96 34.96	150m: 1:55.34 40.31	250m: 3:16.94	41.20	350m: 4:39.71 41.81		
	100m: 1:15.03 40.07	200m: 2:35.74 40.40	300m: 3:57.90	40.96	400m: 5:20.37 40.66		
6.	OLSCHOWKA Julia 10	KS Warta Pozna	<b>5:26.66</b> 379	1:16.75	1:24.15	1:25.07	1:20.69
	50m: 36.13 36.13	150m: 1:58.83 42.08	250m: 3:24.00	43.10	350m: 4:47.98 42.01		
	100m: 1:16.75 40.62	200m: 2:40.90 42.07	300m: 4:05.97	41.97	400m: 5:26.66 38.68		

**Kat. 14-16 lat**

1.	GULCZY SKA Natalia 07	Uks Cityzen	<b>4:47.16</b> 558	1:08.16	1:13.79	1:14.68	1:10.53
	50m: 32.51 32.51	150m: 1:44.48 36.32	250m: 2:59.59	37.64	350m: 4:12.33 35.70		
	100m: 1:08.16 35.65	200m: 2:21.95 37.47	300m: 3:36.63	37.04	400m: 4:47.16 34.83		
2.	BUDZE Monika 07	MKP Astromal-Leszno	<b>4:57.34</b> 502	1:10.53	1:16.67	1:16.82	1:13.32
	50m: 33.15 33.15	150m: 1:47.79 37.26	250m: 3:05.52	38.32	350m: 4:21.47 37.45		
	100m: 1:10.53 37.38	200m: 2:27.20 39.41	300m: 3:44.02	38.50	400m: 4:57.34 35.87		
3.	KORDALSKA Oliwia 08	KS Warta Pozna	<b>4:59.68</b> 491	1:11.02	1:16.33	1:17.13	1:15.20
	50m: 33.60 33.60	150m: 1:48.96 37.94	250m: 3:05.47	38.12	350m: 4:23.00 38.52		
	100m: 1:11.02 37.42	200m: 2:27.35 38.39	300m: 3:44.48	39.01	400m: 4:59.68 36.68		
4.	MAY Matylda 08	MKP Astromal-Leszno	<b>5:12.48</b> 433	1:16.00	1:21.04	1:19.27	1:16.17
	50m: 36.29 36.29	150m: 1:56.44 40.44	250m: 3:16.87	39.83	350m: 4:35.17 38.86		
	100m: 1:16.00 39.71	200m: 2:37.04 40.60	300m: 3:56.31	39.44	400m: 5:12.48 37.31		
5.	ONICHIMIUK Alicja 08	KU AZS UAM Pozna	<b>5:20.37</b> 402	1:15.03	1:20.71	1:22.16	1:22.47
	50m: 34.96 34.96	150m: 1:55.34 40.31	250m: 3:16.94	41.20	350m: 4:39.71 41.81		
	100m: 1:15.03 40.07	200m: 2:35.74 40.40	300m: 3:57.90	40.96	400m: 5:20.37 40.66		

**Kat. 10-13 lat**

1.	OLSCHOWKA Julia 10	KS Warta Pozna	<b>5:26.66</b> 379	1:16.75	1:24.15	1:25.07	1:20.69
	50m: 36.13 36.13	150m: 1:58.83 42.08	250m: 3:24.00	43.10	350m: 4:47.98 42.01		
	100m: 1:16.75 40.62	200m: 2:40.90 42.07	300m: 4:05.97	41.97	400m: 5:26.66 38.68		