

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 18. - 19.6.2022

Konkurencja 2
2022.06.18 - 9:06

Mężczyźni, 400m zmienny

10 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
10 lat i starsi									
1.	SKOLASI SKI Jakub	05	KS Poznań Poznań	4:46.10	619	1:02.93	1:15.76	1:22.85	1:04.56
	50m: 29.07	29.07	150m: 1:41.55	38.62	250m: 2:59.74	41.05	350m: 4:14.67	33.13	
	100m: 1:02.93	33.86	200m: 2:18.69	37.14	300m: 3:41.54	41.80	400m: 4:46.10	31.43	
2.	SOBIECHOWSKI Kajetan	06	TP Zielona Góra	5:00.00	536	1:06.37	1:19.40	1:30.43	1:03.80
	50m: 30.36	30.36	150m: 1:47.14	40.77	250m: 3:10.96	45.19	350m:		
	100m: 1:06.37	36.01	200m: 2:25.77	38.63	300m: 3:56.20	45.24	400m: 5:00.00		
3.	ZALEWSKI Jacek	06	KS Poznań Poznań	5:01.52	528	1:10.36	1:17.20	1:27.62	1:06.34
	50m: 32.72	32.72	150m: 1:50.02	39.66	250m: 3:10.91	43.35	350m: 4:29.48	34.30	
	100m: 1:10.36	37.64	200m: 2:27.56	37.54	300m: 3:55.18	44.27	400m: 5:01.52	32.04	
4.	GORZE Norbert	06	Uks Cityzen	5:18.28	449	1:12.06	1:18.28	1:34.82	1:13.12
	50m: 32.91	32.91	150m: 1:52.05	39.99	250m: 3:16.99	46.65	350m: 4:42.81	37.65	
	100m: 1:12.06	39.15	200m: 2:30.34	38.29	300m: 4:05.16	48.17	400m: 5:18.28	35.47	
14 - 16 lat									
1.	SOBIECHOWSKI Kajetan	06	TP Zielona Góra	5:00.00	536	1:06.37	1:19.40	1:30.43	1:03.80
	50m: 30.36	30.36	150m: 1:47.14	40.77	250m: 3:10.96	45.19	350m:		
	100m: 1:06.37	36.01	200m: 2:25.77	38.63	300m: 3:56.20	45.24	400m: 5:00.00		
2.	ZALEWSKI Jacek	06	KS Poznań Poznań	5:01.52	528	1:10.36	1:17.20	1:27.62	1:06.34
	50m: 32.72	32.72	150m: 1:50.02	39.66	250m: 3:10.91	43.35	350m: 4:29.48	34.30	
	100m: 1:10.36	37.64	200m: 2:27.56	37.54	300m: 3:55.18	44.27	400m: 5:01.52	32.04	
3.	GORZE Norbert	06	Uks Cityzen	5:18.28	449	1:12.06	1:18.28	1:34.82	1:13.12
	50m: 32.91	32.91	150m: 1:52.05	39.99	250m: 3:16.99	46.65	350m: 4:42.81	37.65	
	100m: 1:12.06	39.15	200m: 2:30.34	38.29	300m: 4:05.16	48.17	400m: 5:18.28	35.47	