

Ogólnopolskie Zawody Pływackie 11 Urodziny Term Malta skich
Pozna , 15.10.2022

Konkurencja 19
2022.10.15 - 13:36

Kobiet, 400m dowolny

Open
Wyniki

Punkty: Rudolph Table 2022

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|----------|-------------------------|---------------|---------|---------------------------------------|-------|-----------------|-------|----------------|------|
| A | | | | | | | | | |
| 1. | HOVDA Bea | | 04 | Frisinn SK | | | | 4:22.88 | 14,7 |
| | 50m: | 29.72 29.72 | 150m: | 1:35.95 32.69 | 250m: | 2:42.54 33.32 | 350m: | 3:49.45 33.95 | |
| | 100m: | 1:03.26 33.54 | 200m: | 2:09.22 33.27 | 300m: | 3:15.50 32.96 | 400m: | 4:22.88 33.43 | |
| 2. | BRUCKA Julia | | 06 | MUKS "Pi tnastka" | | | | 5:12.39 | 2,3 |
| | 50m: | 33.48 33.48 | 150m: | 1:50.31 39.35 | 250m: | 3:10.82 40.58 | 350m: | 4:32.83 41.23 | |
| | 100m: | 1:10.96 37.48 | 200m: | 2:30.24 39.93 | 300m: | 3:51.60 40.78 | 400m: | 5:12.39 39.56 | |
| 3. | FERCHMIN Aleksadra | | 04 | KU AZS UAM Pozna | | | | 5:18.11 | |
| | 50m: | 37.18 37.18 | 150m: | 1:56.49 39.99 | 250m: | 3:17.55 40.83 | 350m: | 4:39.48 40.80 | |
| | 100m: | 1:16.50 39.32 | 200m: | 2:36.72 40.23 | 300m: | 3:58.68 41.13 | 400m: | 5:18.11 38.63 | |
| B | | | | | | | | | |
| 1. | SPYCHALSKA Dominika | | 08 | KP Aquapark W growiec | | | | 4:54.94 | 8,9 |
| | 50m: | 34.14 34.14 | 150m: | 1:50.16 38.38 | 250m: | 3:05.72 37.88 | 350m: | 4:19.51 36.69 | |
| | 100m: | 1:11.78 37.64 | 200m: | 2:27.84 37.68 | 300m: | 3:42.82 37.10 | 400m: | 4:54.94 35.43 | |
| 2. | CHRZAN Zuzanna | | 08 | MKS Neptun Stargard | | | | 5:03.22 | 6,8 |
| | 50m: | 32.98 32.98 | 150m: | 1:47.71 37.78 | 250m: | 3:05.49 38.82 | 350m: | 4:24.80 39.62 | |
| | 100m: | 1:09.93 36.95 | 200m: | 2:26.67 38.96 | 300m: | 3:45.18 39.69 | 400m: | 5:03.22 38.42 | |
| 3. | KALASHNIKOVA Yelyzaveta | | 08 | MKS Znicz Koszalin | | | | 5:31.96 | |
| | 50m: | 36.49 36.49 | 150m: | 2:00.55 42.54 | 250m: | 3:25.83 43.15 | 350m: | 4:51.66 42.24 | |
| | 100m: | 1:18.01 41.52 | 200m: | 2:42.68 42.13 | 300m: | 4:09.42 43.59 | 400m: | 5:31.96 40.30 | |
| C | | | | | | | | | |
| 1. | LIPI SKA Natalia | | 10 | UKS „Ósemka" Toru | | | | 4:50.49 | 14,7 |
| | 50m: | 33.10 33.10 | 150m: | 1:45.33 36.51 | 250m: | 2:59.42 37.12 | 350m: | 4:14.07 37.18 | |
| | 100m: | 1:08.82 35.72 | 200m: | 2:22.30 36.97 | 300m: | 3:36.89 37.47 | 400m: | 4:50.49 36.42 | |
| 2. | MIASKOWSKA Magdalena | | 10 | Kaliski Klub Sportowy „Włókniarz" 192 | | | | 5:38.38 | 3,2 |
| | 50m: | 36.90 36.90 | 150m: | 2:02.49 44.13 | 250m: | 3:30.29 43.86 | 350m: | 4:58.55 42.84 | |
| | 100m: | 1:18.36 41.46 | 200m: | 2:46.43 43.94 | 300m: | 4:15.71 45.42 | 400m: | 5:38.38 39.83 | |
| 3. | FIGASZEWSKA Natalia | | 10 | Kaliski Klub Sportowy „Włókniarz" 192 | | | | 5:58.24 | |
| | 50m: | 39.35 39.35 | 150m: | 2:09.36 45.59 | 250m: | 3:43.88 47.42 | 350m: | 5:14.97 45.14 | |
| | 100m: | 1:23.77 44.42 | 200m: | 2:56.46 47.10 | 300m: | 4:29.83 45.95 | 400m: | 5:58.24 43.27 | |
| 4. | WACOWSKA Wiktoria | | 10 | Kaliski Klub Sportowy „Włókniarz" 192 | | | | 6:47.20 | |
| | 50m: | 43.21 43.21 | 150m: | 2:26.85 52.06 | 250m: | 4:12.85 52.92 | 350m: | 5:58.26 51.29 | |
| | 100m: | 1:34.79 51.58 | 200m: | 3:19.93 53.08 | 300m: | 5:06.97 54.12 | 400m: | 6:47.20 48.94 | |
| 5. | JURASZEK Nadia | | 10 | Kaliski Klub Sportowy „Włókniarz" 192 | | | | 6:53.50 | |
| | 50m: | 42.01 42.01 | 150m: | 2:24.74 52.94 | 250m: | 5:08.18 1:49.42 | 350m: | | |
| | 100m: | 1:31.80 49.79 | 200m: | 3:18.76 54.02 | 300m: | 6:02.31 54.13 | 400m: | 6:53.50 | |
| D | | | | | | | | | |
| 1. | BOMBA Julia | | 11 | CSiR MOS w D browie Górnicej | | | | 5:26.31 | 10,1 |
| | 50m: | 37.71 37.71 | 150m: | 2:02.13 42.27 | 250m: | 3:25.00 41.33 | 350m: | 4:47.41 40.95 | |
| | 100m: | 1:19.86 42.15 | 200m: | 2:43.67 41.54 | 300m: | 4:06.46 41.46 | 400m: | 5:26.31 38.90 | |