

Wiosseno/Jesienne Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków 2022
Pozna , 6-5- - 28-10-2022

Konkurencja 24
2022-10-28 - 12:30

Dziewcz t, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	GROCKA Natalia		09	MKS Juvenia Wrocław				4:51.76	515
	50m:	32.75 32.75	150m:	1:47.40 37.21	250m:	3:02.48 37.39	350m:	4:17.79 37.67	
	100m:	1:10.19 37.44	200m:	2:25.09 37.69	300m:	3:40.12 37.64	400m:	4:51.76 33.97	
2.	GRYKO Patrycja		09	KS Warta Pozna				4:51.91	514
	50m:	32.27 32.27	150m:	1:47.17 37.54	250m:	3:02.23 37.26	350m:	4:17.28 37.50	
	100m:	1:09.63 37.36	200m:	2:24.97 37.80	300m:	3:39.78 37.55	400m:	4:51.91 34.63	
3.	BALICKA Ada		09	Uks Cityzen				4:59.04	478
	50m:	33.36 33.36	150m:	1:48.53 38.32	250m:	3:04.74 38.18	350m:	4:21.68 38.14	
	100m:	1:10.21 36.85	200m:	2:26.56 38.03	300m:	3:43.54 38.80	400m:	4:59.04 37.36	
4.	KRASZEWSKA Zuzanna		09	UKS „GROT” Koziegłowy				5:21.34	385
	50m:	35.32 35.32	150m:	1:56.25 40.75	250m:	3:19.26 41.51	350m:	4:42.17 40.81	
	100m:	1:15.50 40.18	200m:	2:37.75 41.50	300m:	4:01.36 42.10	400m:	5:21.34 39.17	
5.	ELISZEWSKA Klara		09	KS Warta Pozna				5:30.39	354
	50m:	36.60 36.60	150m:	1:59.88 41.73	250m:	3:25.12 42.70	350m:	4:49.96 41.91	
	100m:	1:18.15 41.55	200m:	2:42.42 42.54	300m:	4:08.05 42.93	400m:	5:30.39 40.43	
6.	CHESTKOWSKA Oliwia		09	KTP Iskra Konin				6:09.94	252
	50m:	40.49 40.49	150m:	2:14.88 47.09	250m:	3:50.91 48.26	350m:	5:27.55 47.92	
	100m:	1:27.79 47.30	200m:	3:02.65 47.77	300m:	4:39.63 48.72	400m:	6:09.94 42.39	
12 lat									
1.	KORDALSKA Maja		10	KS Warta Pozna				5:07.60	439
	50m:	33.83 33.83	150m:	1:49.97 38.53	250m:	3:09.71 40.19	350m:	4:30.17 40.29	
	100m:	1:11.44 37.61	200m:	2:29.52 39.55	300m:	3:49.88 40.17	400m:	5:07.60 37.43	
2.	OLSCHOWKA Julia		10	KS Warta Pozna				5:10.39	428
	50m:	33.64 33.64	150m:	1:50.67 39.03	250m:	3:12.84 41.54	350m:	4:34.28 40.58	
	100m:	1:11.64 38.00	200m:	2:31.30 40.63	300m:	3:53.70 40.86	400m:	5:10.39 36.11	
3.	KOPER Julia		10	KU AZS UAM Pozna				5:10.73	426
	50m:	33.68 33.68	150m:	1:52.23 40.03	250m:	3:14.92 41.40	350m:	4:34.81 39.55	
	100m:	1:12.20 38.52	200m:	2:33.52 41.29	300m:	3:55.26 40.34	400m:	5:10.73 35.92	
4.	LITOBORSKA Julia		10	KS Warta Pozna				5:17.89	398
	50m:	32.30 32.30	150m:	1:52.78 41.46	250m:	3:16.47 41.85	350m:	4:39.38 41.41	
	100m:	1:11.32 39.02	200m:	2:34.62 41.84	300m:	3:57.97 41.50	400m:	5:17.89 38.51	
5.	SOBO Ewa		10	UKS Niagara Jedyńka Wolsztyn				5:25.66	370
	50m:	35.08 35.08	150m:	1:55.58 41.14	250m:	3:20.58 42.59	350m:	4:46.08 42.27	
	100m:	1:14.44 39.36	200m:	2:37.99 42.41	300m:	4:03.81 43.23	400m:	5:25.66 39.58	
6.	UK Hanna		10	KS Warta Pozna				5:32.54	348
	50m:	36.33 36.33	150m:	2:00.11 42.11	250m:	3:25.13 41.76	350m:	4:51.36 43.14	
	100m:	1:18.00 41.67	200m:	2:43.37 43.26	300m:	4:08.22 43.09	400m:	5:32.54 41.18	
7.	PAWLAK Łucja		10	KS Warta Pozna				5:46.90	306
	50m:	37.23 37.23	150m:	2:05.17 44.91	250m:	3:33.77 44.52	350m:	5:03.69 45.28	
	100m:	1:20.26 43.03	200m:	2:49.25 44.08	300m:	4:18.41 44.64	400m:	5:46.90 43.21	
8.	SZŁAPKA Antonina		10	Uks Cityzen				6:11.76	249
	50m:	40.51 40.51	150m:	2:15.06 47.79	250m:	3:51.76 48.52	350m:	5:27.59 47.35	
	100m:	1:27.27 46.76	200m:	3:03.24 48.18	300m:	4:40.24 48.48	400m:	6:11.76 44.17	
9.	MA KOWIAK Matylda		10	UKS Niagara Jedyńka Wolsztyn				6:21.24	230
	50m:	42.41 42.41	150m:	2:18.53 49.24	250m:	3:57.80 49.68	350m:	5:35.71 48.13	
	100m:	1:29.29 46.88	200m:	3:08.12 49.59	300m:	4:47.58 49.78	400m:	6:21.24 45.53	
10.	STERN Wiktoria		10	UKS „GROT” Koziegłowy				6:38.35	202
	50m:	41.74 41.74	150m:	2:20.66 51.06	250m:	4:05.44 53.01	350m:		
	100m:	1:29.60 47.86	200m:	3:12.43 51.77	300m:	5:43.38 1:37.94	400m:	6:38.35	

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11 lat

1.	MICHALAK Maria	11	KS Warta Pozna	5:35.10	340
	50m: 37.71 37.71	150m: 2:02.56	42.98 250m: 3:28.89	43.60 350m: 4:54.80	42.59
	100m: 1:19.58 41.87	200m: 2:45.29	42.73 300m: 4:12.21	43.32 400m: 5:35.10	40.30
2.	SADŁOCHA Amelia	11	KTP Iskra Konin	5:42.43	318
	50m: 37.00 37.00	150m: 2:05.07	45.24 250m: 3:33.45	44.89 350m: 5:01.73	44.54
	100m: 1:19.83 42.83	200m: 2:48.56	43.49 300m: 4:17.19	43.74 400m: 5:42.43	40.70
3.	RADECKA Helena	11	UKS abianka Gda sk	5:43.71	315
	50m: 38.12 38.12	150m: 2:04.76	43.83 250m: 3:34.00	44.07 350m: 5:01.84	43.50
	100m: 1:20.93 42.81	200m: 2:49.93	45.17 300m: 4:18.34	44.34 400m: 5:43.71	41.87
4.	RUMIEJOWSKA Aleksandra	11	MUKS „HURAGAN" Koło	6:08.33	256
	50m: 41.04 41.04	150m: 2:15.34	47.27 250m: 3:50.98	47.72 350m: 5:24.72	46.35
	100m: 1:28.07 47.03	200m: 3:03.26	47.92 300m: 4:38.37	47.39 400m: 6:08.33	43.61
5.	STASIAKIEWICZ Helena	11	UKS Niagara Jedyńska Wolsztyn	6:27.14	220
	50m: 42.46 42.46	150m: 2:19.02	49.25 250m: 3:59.17	50.28 350m: 5:39.26	49.72
	100m: 1:29.77 47.31	200m: 3:08.89	49.87 300m: 4:49.54	50.37 400m: 6:27.14	47.88
6.	DOLNA Adrianna	11	UKS Niagara Jedyńska Wolsztyn	7:02.08	170
	50m: 47.90 47.90	150m: 2:33.56	53.20 250m: 4:20.97	53.60 350m: 6:10.16	53.44
	100m: 1:40.36 52.46	200m: 3:27.37	53.81 300m: 5:16.72	55.75 400m: 7:02.08	51.92
7.	BOCHE SKA Aleksandra	11	UKS „GROT" Koziegłowy	7:04.95	166
	50m: 44.21 44.21	150m: 2:30.21	54.64 250m: 4:21.82	55.91 350m: 6:13.74	56.37
	100m: 1:35.57 51.36	200m: 3:25.91	55.70 300m: 5:17.37	55.55 400m: 7:04.95	51.21
NIE UK.	RÓ A SKA Nina	11	UKS Fala Swarzędz	5:24.30	
	50m: 44.46 44.46	150m: 2:33.28	55.68 250m: 4:28.74	56.43 350m:	
	100m: 1:37.60 53.14	200m: 3:32.31	59.03 300m:	400m: 5:24.30	