

Arena Grand Prix Puchar Polski
Poznań, 12. - 13.11.2022

Konkurencja 23
2022.11.12 - 20:40

Mężczyźni, 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski 3:37.57 WOJDAK Wojciech POL Netanya (ISR) 2015.12.02

Min. indywidualne na M (25m) Melbourne 2022 Open: 3:39.45

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
14 lat i starsi									
1.	CHMIELEWSKI Krzysztof		04	IUKS „Muszelka” Warszawa				3:43.05	861
	50m:	25.36 25.36	150m:	1:20.85 27.95	250m:	2:17.25 28.32	350m:	3:14.87 28.88	
	100m:	52.90 27.54	200m:	1:48.93 28.08	300m:	2:45.99 28.74	400m:	3:43.05 28.18	
2.	FILIPIAK Mikołaj		06	KS Barrakuda Gdańsk				3:52.06	765
	50m:	27.05 27.05	150m:	1:25.65 29.48	250m:	2:25.09 29.74	350m:	3:23.94 29.34	
	100m:	56.17 29.12	200m:	1:55.35 29.70	300m:	2:54.60 29.51	400m:	3:52.06 28.12	
3.	ZABOROWSKI Filip		94	MKP Szczecin				3:52.79	757
	50m:	27.19 27.19	150m:	1:26.73 29.90	250m:	2:26.12 29.69	350m:	3:24.64 29.25	
	100m:	56.83 29.64	200m:	1:56.43 29.70	300m:	2:55.39 29.27	400m:	3:52.79 28.15	
4.	MASIUK Ksawery		04	UKS G-8 Bielany Warszawa				3:54.76	739
	50m:	26.21 26.21	150m:	1:25.25 29.87	250m:	2:26.08 30.27	350m:	3:26.17 29.75	
	100m:	55.38 29.17	200m:	1:55.81 30.56	300m:	2:56.42 30.34	400m:	3:54.76 28.59	
5.	RADKIEWICZ Kajetan		05	KS KSZO Ostrowiec w.				3:55.99	727
	50m:	27.81 27.81	150m:	1:28.70 30.57	250m:	2:28.70 29.55	350m:	3:27.91 29.42	
	100m:	58.13 30.32	200m:	1:59.15 30.45	300m:	2:58.49 29.79	400m:	3:55.99 28.08	
6.	CHMIELEWSKI Michał		04	IUKS „Muszelka” Warszawa				3:56.72	720
	50m:	27.76 27.76	150m:	1:28.34 30.17	250m:	2:28.84 30.17	350m:	3:28.68 29.81	
	100m:	58.17 30.41	200m:	1:58.67 30.33	300m:	2:58.87 30.03	400m:	3:56.72 28.04	
7.	WALTER Jakub		04	UKP Unia Olimpijczym				3:56.84	719
	50m:	26.08 26.08	150m:	1:25.79 30.56	250m:	2:27.46 30.69	350m:	3:28.21 30.22	
	100m:	55.23 29.15	200m:	1:56.77 30.98	300m:	2:57.99 30.53	400m:	3:56.84 28.63	
8.	CHRZANOWSKI Damian		98	WKS Iława				3:56.90	719
	50m:	26.93 26.93	150m:	1:26.43 30.04	250m:	2:26.63 30.09	350m:	3:27.33 30.39	
	100m:	56.39 29.46	200m:	1:56.54 30.11	300m:	2:56.94 30.31	400m:	3:56.90 29.57	
9.	KAPAŁA Szymon		03	AZS AWF Warszawa				3:57.68	712
	50m:	27.77 27.77	150m:	1:27.67 29.97	250m:	2:28.06 30.06	350m:	3:28.76 30.20	
	100m:	57.70 29.93	200m:	1:58.00 30.33	300m:	2:58.56 30.50	400m:	3:57.68 28.92	
10.	LARY Jerzy		06	IUKS „Muszelka” Warszawa				3:58.12	708
	50m:	27.85 27.85	150m:	1:27.53 30.07	250m:	2:28.19 30.21	350m:	3:28.74 30.14	
	100m:	57.46 29.61	200m:	1:57.98 30.45	300m:	2:58.60 30.41	400m:	3:58.12 29.38	
11.	ZDYBEL Adam		05	KS Delfin Gdynia				3:58.54	704
	50m:	27.88 27.88	150m:	1:28.63 30.51	250m:	2:29.22 30.43	350m:	3:29.59 29.98	
	100m:	58.12 30.24	200m:	1:58.79 30.16	300m:	2:59.61 30.39	400m:	3:58.54 28.95	
12.	GRZEGORCZYK Wiktor		02	AZS AWF Warszawa				4:01.56	678
	50m:	28.49 28.49	150m:	1:30.47 31.26	250m:	2:32.09 30.14	350m:	3:32.45 30.05	
	100m:	59.21 30.72	200m:	2:01.95 31.48	300m:	3:02.40 30.31	400m:	4:01.56 29.11	
13.	MIENICKI Rafał		06	UKS 48 Warszawa - rodzimcy				4:01.81	676
	50m:	27.45 27.45	150m:	1:28.34 30.76	250m:	2:29.80 30.94	350m:	3:31.64 30.75	
	100m:	57.58 30.13	200m:	1:58.86 30.52	300m:	3:00.89 31.09	400m:	4:01.81 30.17	
14.	GNACZY SKI Michał		07	MKP Szczecin				4:02.13	673
	50m:	28.03 28.03	150m:	1:29.22 30.87	250m:	2:31.18 31.19	350m:	3:32.77 30.64	
	100m:	58.35 30.32	200m:	1:59.99 30.77	300m:	3:02.13 30.95	400m:	4:02.13 29.36	
15.	KOWALSKI Mateusz		05	KS Delfin Gdynia				4:02.14	673
	50m:	27.98 27.98	150m:	1:29.45 30.96	250m:	2:31.14 30.73	350m:	3:32.16 30.43	
	100m:	58.49 30.51	200m:	2:00.41 30.96	300m:	3:01.73 30.59	400m:	4:02.14 29.98	
16.	PIŁKA Hubert		04	MKP Szczecin				4:02.41	671
	50m:	28.10 28.10	150m:	1:28.97 30.48	250m:	2:30.20 30.58	350m:	3:32.50 31.09	
	100m:	58.49 30.39	200m:	1:59.62 30.65	300m:	3:01.41 31.21	400m:	4:02.41 29.91	

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Konkurencja 23, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.				Czas				Pkt.
17.	PIETRO Przemysław		07	KU AZS UMCS Lublin					4:02.86	667	
	50m: 27.60	27.60	150m: 1:28.86	31.05	250m: 2:31.01	31.20	350m: 3:33.40	31.23			
	100m: 57.81	30.21	200m: 1:59.81	30.95	300m: 3:02.17	31.16	400m: 4:02.86	29.46			
18.	ZAREMBA Adam		05	WKS I sk					4:03.19	664	
	50m: 27.50	27.50	150m: 1:27.86	30.22	250m: 2:30.09	31.20	350m: 3:33.08	31.30			
	100m: 57.64	30.14	200m: 1:58.89	31.03	300m: 3:01.78	31.69	400m: 4:03.19	30.11			
19.	DRABCZYK Krystian		04	UKP Unia O wi cim					4:03.34	663	
	50m: 28.70	28.70	150m: 1:30.65	31.36	250m: 2:32.50	30.84	350m: 3:34.35	30.89			
	100m: 59.29	30.59	200m: 2:01.66	31.01	300m: 3:03.46	30.96	400m: 4:03.34	28.99			
20.	BELZYT Maksymilian		05	UKS abianka Gda sk					4:04.03	657	
	50m: 27.55	27.55	150m: 1:28.63	30.85	250m: 2:31.26	31.18	350m: 3:33.50	31.09			
	100m: 57.78	30.23	200m: 2:00.08	31.45	300m: 3:02.41	31.15	400m: 4:04.03	30.53			
21.	GOŁACKI Sergiusz		04	UKS 190 Łód					4:04.19	656	
	50m: 28.24	28.24	150m: 1:29.78	30.95	250m: 2:31.70	31.00	350m: 3:33.76	31.18			
	100m: 58.83	30.59	200m: 2:00.70	30.92	300m: 3:02.58	30.88	400m: 4:04.19	30.43			
22.	SETLAK Marcel		05	UKS abianka Gda sk					4:04.35	655	
	50m: 27.08	27.08	150m: 1:28.47	30.93	250m: 2:31.25	31.56	350m: 3:33.44	31.32			
	100m: 57.54	30.46	200m: 1:59.69	31.22	300m: 3:02.12	30.87	400m: 4:04.35	30.91			
23.	MUSZY SKI Jakub		01	MKS „Astoria” Bydgoszcz					4:04.76	652	
	50m: 27.64	27.64	150m: 1:28.93	30.89	250m: 2:31.04	31.11	350m: 3:33.58	31.04			
	100m: 58.04	30.40	200m: 1:59.93	31.00	300m: 3:02.54	31.50	400m: 4:04.76	31.18			
24.	JANKOWSKI Antoni		05	MKP „SŁOWIANKA” Gorzów Wlkp.					4:06.09	641	
	50m: 28.18	28.18	150m: 1:29.52	30.85	250m: 2:31.77	31.05	350m: 3:34.46	31.31			
	100m: 58.67	30.49	200m: 2:00.72	31.20	300m: 3:03.15	31.38	400m: 4:06.09	31.63			
25.	CIECHOMSKI Rafał		06	MKS „Astoria” Bydgoszcz					4:06.60	637	
	50m: 27.76	27.76	150m: 1:30.78	31.63	250m: 2:33.46	31.00	350m: 3:36.16	31.42			
	100m: 59.15	31.39	200m: 2:02.46	31.68	300m: 3:04.74	31.28	400m: 4:06.60	30.44			
26.	PI TKA Miłosz		07	MKP Szczecin					4:07.70	629	
	50m: 28.61	28.61	150m: 1:30.30	31.12	250m: 2:34.06	31.87	350m: 3:37.49	31.53			
	100m: 59.18	30.57	200m: 2:02.19	31.89	300m: 3:05.96	31.90	400m: 4:07.70	30.21			
27.	MINISZEWSKI Sebastian		04	MUKS "Pi tnastka"					4:07.84	628	
	50m: 28.12	28.12	150m: 1:30.68	31.41	250m: 2:33.46	31.13	350m: 3:36.59	31.51			
	100m: 59.27	31.15	200m: 2:02.33	31.65	300m: 3:05.08	31.62	400m: 4:07.84	31.25			
28.	JASI SKI Kacper		06	MUKP Korona-Swim Kielce					4:08.21	625	
	50m: 27.97	27.97	150m: 1:30.80	31.82	250m: 2:34.68	31.87	350m: 3:38.55	31.63			
	100m: 58.98	31.01	200m: 2:02.81	32.01	300m: 3:06.92	32.24	400m: 4:08.21	29.66			
29.	KOWALI SKI Adrian		06	WKS I sk					4:09.04	619	
	50m: 28.90	28.90	150m: 1:31.89	31.69	250m: 2:34.99	31.48	350m: 3:38.13	31.48			
	100m: 1:00.20	31.30	200m: 2:03.51	31.62	300m: 3:06.65	31.66	400m: 4:09.04	30.91			
30.	LITOBORSKI Mikołaj		08	KS Warta Pozna					4:09.34	616	
	50m: 27.99	27.99	150m: 1:32.23	32.58	250m: 2:36.84	32.06	350m: 3:39.84	31.39			
	100m: 59.65	31.66	200m: 2:04.78	32.55	300m: 3:08.45	31.61	400m: 4:09.34	29.50			
31.	DOKTÓR Mateusz		05	MKP „SŁOWIANKA” Gorzów Wlkp.					4:10.14	610	
	50m: 29.26	29.26	150m: 1:31.80	31.75	250m: 2:35.63	31.86	350m: 3:39.43	31.92			
	100m: 1:00.05	30.79	200m: 2:03.77	31.97	300m: 3:07.51	31.88	400m: 4:10.14	30.71			
32.	NOVOTNY Adam		07	Sport Club Pardubice					4:10.17	610	
	50m: 27.50	27.50	150m: 1:29.68	31.46	250m: 2:33.68	31.90	350m: 3:38.35	32.35			
	100m: 58.22	30.72	200m: 2:01.78	32.10	300m: 3:06.00	32.32	400m: 4:10.17	31.82			
33.	MICHNIEWICZ Marcel		06	WKS I sk					4:11.11	603	
	50m: 27.82	27.82	150m: 1:30.04	31.51	250m: 2:33.72	32.05	350m: 3:38.84	32.63			
	100m: 58.53	30.71	200m: 2:01.67	31.63	300m: 3:06.21	32.49	400m: 4:11.11	32.27			
34.	SIENKIEWICZ Ignacy		05	IKS Konstancin					4:11.50	601	
	50m: 27.65	27.65	150m: 1:30.36	31.50	250m: 2:33.92	32.02	350m: 3:39.35	32.73			
	100m: 58.86	31.21	200m: 2:01.90	31.54	300m: 3:06.62	32.70	400m: 4:11.50	32.15			

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Pozycja			Rok ur.						Czas	Pkt.
35.	WIEK Błażej		05	UKS abianka Gdańsk				4:11.79	599	
	50m: 28.42	28.42	150m: 1:32.42	31.88	250m: 2:36.57	32.10	350m: 3:40.75	31.67		
	100m: 1:00.54	32.12	200m: 2:04.47	32.05	300m: 3:09.08	32.51	400m: 4:11.79	31.04		
36.	HLUSHCHENKO Zakhar		06	UKS 190 Łódź				4:12.21	596	
	50m: 28.06	28.06	150m: 1:31.34	32.01	250m: 2:36.49	32.78	350m: 3:41.91	32.18		
	100m: 59.33	31.27	200m: 2:03.71	32.37	300m: 3:09.73	33.24	400m: 4:12.21	30.30		
37.	WIECZORKOWSKI Nikodem		04	MKP Szczecin				4:12.41	594	
	50m: 28.72	28.72	150m: 1:31.78	31.82	250m: 2:36.09	32.30	350m: 3:41.38	32.68		
	100m: 59.96	31.24	200m: 2:03.79	32.01	300m: 3:08.70	32.61	400m: 4:12.41	31.03		
38.	BIEKOWSKI Mateusz		08	UKS abianka Gdańsk				4:12.74	592	
	50m: 28.29	28.29	150m: 1:32.12	32.37	250m: 2:36.70	32.37	350m: 3:41.33	32.27		
	100m: 59.75	31.46	200m: 2:04.33	32.21	300m: 3:09.06	32.36	400m: 4:12.74	31.41		
39.	YEVDOKYMOV Dmytro		06	Mokotowski UKP Warszawianka-Wodny				4:13.77	585	
	50m: 27.81	27.81	150m: 1:30.03	31.08	250m: 2:34.46	32.74	350m: 3:41.54	33.78		
	100m: 58.95	31.14	200m: 2:01.72	31.69	300m: 3:07.76	33.30	400m: 4:13.77	32.23		
40.	RYSTWEJ Maksymilian		06	UKS G-8 Bielany Warszawa				4:13.94	583	
	50m: 27.64	27.64	150m: 1:31.45	32.51	250m: 2:36.41	32.35	350m: 3:41.33	32.47		
	100m: 58.94	31.30	200m: 2:04.06	32.61	300m: 3:08.86	32.45	400m: 4:13.94	32.61		
41.	PIÓRKOWSKI Adrian		08	MKP Szczecin				4:13.95	583	
	50m: 29.34	29.34	150m: 1:33.58	32.20	250m: 2:38.10	32.22	350m: 3:43.01	32.36		
	100m: 1:01.38	32.04	200m: 2:05.88	32.30	300m: 3:10.65	32.55	400m: 4:13.95	30.94		
42.	ACZEK Hubert		08	KS „Wisła” Puławy				4:14.77	578	
	50m: 28.88	28.88	150m: 1:34.45	32.98	250m: 2:40.27	32.69	350m: 3:44.89	32.11		
	100m: 1:01.47	32.59	200m: 2:07.58	33.13	300m: 3:12.78	32.51	400m: 4:14.77	29.88		
43.	VORONTSOV Maksym		05	TP Zielona Góra				4:14.81	577	
	50m: 29.57	29.57	150m: 1:33.78	32.23	250m: 2:38.32	32.25	350m: 3:43.09	32.21		
	100m: 1:01.55	31.98	200m: 2:06.07	32.29	300m: 3:10.88	32.56	400m: 4:14.81	31.72		
44.	KUREK Bartosz		06	UKS 190 Łódź				4:15.04	576	
	50m: 29.33	29.33	150m: 1:32.90	32.12	250m: 2:37.73	32.27	350m: 3:43.43	32.86		
	100m: 1:00.78	31.45	200m: 2:05.46	32.56	300m: 3:10.57	32.84	400m: 4:15.04	31.61		
45.	PONIEWA Oliwier		07	KU AZS UMCS Lublin				4:15.14	575	
	50m: 29.43	29.43	150m: 1:33.97	32.63	250m: 2:39.52	32.51	350m: 3:44.34	31.99		
	100m: 1:01.34	31.91	200m: 2:07.01	33.04	300m: 3:12.35	32.83	400m: 4:15.14	30.80		
46.	SZAREK Jan		06	WKS I sk				4:15.35	574	
	50m: 28.74	28.74	150m: 1:32.85	32.22	250m: 2:37.91	32.81	350m: 3:43.06	32.49		
	100m: 1:00.63	31.89	200m: 2:05.10	32.25	300m: 3:10.57	32.66	400m: 4:15.35	32.29		
47.	REDZIŃSKI VEL RYDZY SKI Mateusz		07	UKP „Polonia Warszawa”				4:16.36	567	
	50m: 28.82	28.82	150m: 1:33.53	32.95	250m: 2:39.02	32.35	350m: 3:44.04	32.49		
	100m: 1:00.58	31.76	200m: 2:06.67	33.14	300m: 3:11.55	32.53	400m: 4:16.36	32.32		
48.	OŁOWNIA Ignacy		07	KS Delfin Gdynia				4:16.53	566	
	50m: 27.97	27.97	150m: 1:30.47	31.88	250m: 2:37.55	33.85	350m: 3:44.97	33.46		
	100m: 58.59	30.62	200m: 2:03.70	33.23	300m: 3:11.51	33.96	400m: 4:16.53	31.56		
49.	SELDER Krystian		07	MKS Trójka Łódź				4:17.30	561	
	50m: 28.40	28.40	150m: 1:32.82	32.78	250m: 2:38.40	32.86	350m: 3:44.83	33.08		
	100m: 1:00.04	31.64	200m: 2:05.54	32.72	300m: 3:11.75	33.35	400m: 4:17.30	32.47		
50.	GORZE Norbert		06	Uks Cityzen				4:17.60	559	
	50m: 28.72	28.72	150m: 1:33.29	32.57	250m: 2:38.61	32.53	350m: 3:45.38	33.24		
	100m: 1:00.72	32.00	200m: 2:06.08	32.79	300m: 3:12.14	33.53	400m: 4:17.60	32.22		
51.	GWIAZDOWSKI Krzysztof		08	MKS Piaseczno				4:17.94	557	
	50m: 28.95	28.95	150m: 1:33.43	32.82	250m: 2:39.85	33.18	350m: 3:46.25	33.04		
	100m: 1:00.61	31.66	200m: 2:06.67	33.24	300m: 3:13.21	33.36	400m: 4:17.94	31.69		
52.	ZINKOVSKYI Nestor		05	MKS Trójka Łódź				4:18.12	556	
	50m: 28.66	28.66	150m: 1:33.09	32.08	250m: 2:38.33	32.99	350m: 3:45.32	33.40		
	100m: 1:01.01	32.35	200m: 2:05.34	32.25	300m: 3:11.92	33.59	400m: 4:18.12	32.80		

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53.	NOWAK Aleksander	06	MKP Szczecin					4:18.46	553
	50m: 30.12 30.12	150m: 1:35.78	33.22	250m: 2:41.59	32.82	350m: 3:47.32	32.60		
	100m: 1:02.56 32.44	200m: 2:08.77	32.99	300m: 3:14.72	33.13	400m: 4:18.46	31.14		
54.	BORKOWSKI Marcel	07	KS Neptun widnica					4:18.86	551
	50m: 29.53 29.53	150m: 1:34.26	32.75	250m: 2:40.20	32.81	350m: 3:46.77	32.93		
	100m: 1:01.51 31.98	200m: 2:07.39	33.13	300m: 3:13.84	33.64	400m: 4:18.86	32.09		
55.	DWORAKOWSKI Błażej	07	KS Delfin Gdynia					4:19.01	550
	50m: 29.32 29.32	150m: 1:35.60	33.02	250m: 2:41.62	33.21	350m: 3:47.93	32.87		
	100m: 1:02.58 33.26	200m: 2:08.41	32.81	300m: 3:15.06	33.44	400m: 4:19.01	31.08		
56.	PARADOWSKI Michał	06	MKP „SŁOWIANKA” Gorzów Wlkp.					4:19.26	548
	50m: 29.34 29.34	150m: 1:34.34	32.85	250m: 2:40.61	33.23	350m: 3:46.37	33.01		
	100m: 1:01.49 32.15	200m: 2:07.38	33.04	300m: 3:13.36	32.75	400m: 4:19.26	32.89		
57.	MAZUR Adam	07	Grupa 5Styl					4:19.37	548
	50m: 29.74 29.74	150m: 1:35.50	33.14	250m: 2:42.06	33.34	350m: 3:47.80	32.72		
	100m: 1:02.36 32.62	200m: 2:08.72	33.22	300m: 3:15.08	33.02	400m: 4:19.37	31.57		
58.	CHABOWSKI Nathaniel	06	UKS abianka Gdańsk					4:19.39	547
	50m: 29.19 29.19	150m: 1:34.05	32.75	250m: 2:40.25	33.26	350m: 3:46.94	33.08		
	100m: 1:01.30 32.11	200m: 2:06.99	32.94	300m: 3:13.86	33.61	400m: 4:19.39	32.45		
59.	WENTLAND Miłosz	07	MKS Trójka Łódź					4:19.85	544
	50m: 29.28 29.28	150m: 1:34.45	33.15	250m: 2:40.75	33.29	350m: 3:47.22	33.49		
	100m: 1:01.30 32.02	200m: 2:07.46	33.01	300m: 3:13.73	32.98	400m: 4:19.85	32.63		
60.	WASILEWSKI Mateusz	08	KU AZS UMCS Lublin					4:20.08	543
	50m: 29.86 29.86	150m: 1:35.88	33.31	250m: 2:42.71	33.31	350m: 3:48.34	32.19		
	100m: 1:02.57 32.71	200m: 2:09.40	33.52	300m: 3:16.15	33.44	400m: 4:20.08	31.74		
61.	MIKOŁAJCZYK Adrian	07	MKS Trójka Łódź					4:20.10	543
	50m: 29.74 29.74	150m: 1:35.46	33.14	250m: 2:42.01	33.39	350m: 3:48.06	33.23		
	100m: 1:02.32 32.58	200m: 2:08.62	33.16	300m: 3:14.83	32.82	400m: 4:20.10	32.04		
62.	KUSEK Mateusz	07	Mi dzyszkolny UKS „Olimpijczyk” Suwałki					4:20.34	541
	50m: 29.64 29.64	150m: 1:34.38	32.82	250m: 2:41.17	33.42	350m: 3:48.38	33.62		
	100m: 1:01.56 31.92	200m: 2:07.75	33.37	300m: 3:14.76	33.59	400m: 4:20.34	31.96		
63.	SZCZEPANIAK Kacper	04	MKP Szczecin					4:20.63	540
	50m: 30.14 30.14	150m: 1:35.88	32.90	250m: 2:41.81	32.98	350m: 3:48.66	33.33		
	100m: 1:02.98 32.84	200m: 2:08.83	32.95	300m: 3:15.33	33.52	400m: 4:20.63	31.97		
64.	ŁUBIŃSKI Szymon	08	UKS „GIM 92 Ursynów”					4:20.75	539
	50m: 29.29 29.29	150m: 1:33.98	32.65	250m: 2:40.30	33.36	350m: 3:47.97	34.02		
	100m: 1:01.33 32.04	200m: 2:06.94	32.96	300m: 3:13.95	33.65	400m: 4:20.75	32.78		
65.	PRZEŃCZYK Stanisław	06	UKP „Polonia Warszawa”					4:21.27	536
	50m: 29.49 29.49	150m: 1:35.85	33.57	250m: 2:43.17	33.64	350m: 3:49.74	33.22		
	100m: 1:02.28 32.79	200m: 2:09.53	33.68	300m: 3:16.52	33.35	400m: 4:21.27	31.53		
66.	GRZYWIŃSKI Jakub	07	KU AZS UMCS Lublin					4:21.52	534
	50m: 30.03 30.03	150m: 1:36.62	33.33	250m: 2:43.64	33.49	350m: 3:49.24	32.27		
	100m: 1:03.29 33.26	200m: 2:10.15	33.53	300m: 3:16.97	33.33	400m: 4:21.52	32.28		
67.	ŁUSZCZYŃSKI Krzysztof	08	UKS abianka Gdańsk					4:22.76	527
	50m: 29.42 29.42	150m: 1:35.87	33.55	250m: 2:43.33	33.74	350m: 3:50.99	33.27		
	100m: 1:02.32 32.90	200m: 2:09.59	33.72	300m: 3:17.72	34.39	400m: 4:22.76	31.77		
68.	BIELIENKOV Nikita	08	KS Warta Poznań					4:24.29	517
	50m: 29.60 29.60	150m: 1:35.44	33.69	250m:		350m: 3:51.22	34.13		
	100m: 1:01.75 32.15	200m:		300m: 3:17.09		400m: 4:24.29	33.07		
69.	PERA Jan	07	MKP „SŁOWIANKA” Gorzów Wlkp.					4:24.40	517
	50m: 28.47 28.47	150m: 1:34.63	33.48	250m: 2:41.35	33.60	350m: 3:50.05	34.29		
	100m: 1:01.15 32.68	200m: 2:07.75	33.12	300m: 3:15.76	34.41	400m: 4:24.40	34.35		
70.	LEŃCZYŃSKI Wiktor	06	UKP „Polonia Warszawa”					4:24.87	514
	50m: 29.52 29.52	150m: 1:34.74	32.82	250m: 2:42.10	33.76	350m: 3:50.61	34.59		
	100m: 1:01.92 32.40	200m: 2:08.34	33.60	300m: 3:16.02	33.92	400m: 4:24.87	34.26		

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Pozycja			Rok ur.					Czas	Pkt.
71.	TREDER Konrad		08	UKS abianka Gda sk			4:25.57	510	
	50m: 29.67	29.67	150m: 1:36.57	33.74	250m: 2:45.15	34.29	350m: 3:52.70	33.51	
	100m: 1:02.83	33.16	200m: 2:10.86	34.29	300m: 3:19.19	34.04	400m: 4:25.57	32.87	
72.	PRONIN Patryk		07	MKP Szczecin			4:25.69	509	
	50m: 30.07	30.07	150m: 1:37.57	34.02	250m: 2:46.26	34.17	350m: 3:53.31	33.17	
	100m: 1:03.55	33.48	200m: 2:12.09	34.52	300m: 3:20.14	33.88	400m: 4:25.69	32.38	
73.	W SIK Marek		06	DOKiS SP Vega Dobrodzie			4:26.36	505	
	50m: 28.39	28.39	150m: 1:33.84	33.27	250m: 2:41.99	34.22	350m: 3:51.89	35.01	
	100m: 1:00.57	32.18	200m: 2:07.77	33.93	300m: 3:16.88	34.89	400m: 4:26.36	34.47	
74.	KOWOLIK Alex		04	UKP Unia O wi cim			4:26.72	503	
	50m: 28.77	28.77	150m: 1:35.16	34.09	250m: 2:44.33	34.81	350m: 3:52.97	34.58	
	100m: 1:01.07	32.30	200m: 2:09.52	34.36	300m: 3:18.39	34.06	400m: 4:26.72	33.75	
75.	MENTEL Igor		08	KS Delfin Gdynia			4:27.58	499	
	50m: 30.18	30.18	150m: 1:37.48	33.85	250m: 2:46.05	34.24	350m: 3:54.36	33.92	
	100m: 1:03.63	33.45	200m: 2:11.81	34.33	300m: 3:20.44	34.39	400m: 4:27.58	33.22	
76.	FEDASZ Alan		08	UKP „Polonia Warszawa”			4:28.40	494	
	50m: 29.70	29.70	150m: 1:37.98	34.39	250m: 2:47.80	35.35	350m: 3:56.09	34.02	
	100m: 1:03.59	33.89	200m: 2:12.45	34.47	300m: 3:22.07	34.27	400m: 4:28.40	32.31	
77.	ROZMIAREK Mateusz		06	MKP „SŁOWIANKA” Gorzów Wlkp.			4:29.27	489	
	50m: 29.82	29.82	150m: 1:36.81	34.13	250m: 2:45.68	34.64	350m: 3:55.73	35.19	
	100m: 1:02.68	32.86	200m: 2:11.04	34.23	300m: 3:20.54	34.86	400m: 4:29.27	33.54	
78.	DOMA SKI Franciszek		06	MKS „Astoria” Bydgoszcz			4:30.08	485	
	50m: 30.11	30.11	150m: 1:36.68	33.37	250m: 2:44.74	34.21	350m: 3:55.30	35.96	
	100m: 1:03.31	33.20	200m: 2:10.53	33.85	300m: 3:19.34	34.60	400m: 4:30.08	34.78	
79.	CIBA Mateusz		08	MKP Szczecin			4:30.50	483	
	50m: 30.01	30.01	150m: 1:38.27	34.70	250m: 2:48.13	35.08	350m: 3:57.28	35.12	
	100m: 1:03.57	33.56	200m: 2:13.05	34.78	300m: 3:22.16	34.03	400m: 4:30.50	33.22	
80.	PIETRZAK Michał		07	KS Warta Pozna			4:30.86	481	
	50m: 30.46	30.46	150m: 1:37.54	33.88	250m: 2:47.07	35.12	350m: 3:55.84	34.37	
	100m: 1:03.66	33.20	200m: 2:11.95	34.41	300m: 3:21.47	34.40	400m: 4:30.86	35.02	
81.	WAWRZYNIAK Filip		06	MKP „SŁOWIANKA” Gorzów Wlkp.			4:31.64	477	
	50m: 29.64	29.64	150m: 1:36.79	34.08	250m: 2:46.96	35.45	350m: 3:57.59	35.11	
	100m: 1:02.71	33.07	200m: 2:11.51	34.72	300m: 3:22.48	35.52	400m: 4:31.64	34.05	
82.	JANIEC Mateusz		08	MKP „SŁOWIANKA” Gorzów Wlkp.			4:39.08	439	
	50m: 30.43	30.43	150m: 1:40.09	35.87	250m: 2:53.10	36.54	350m: 4:04.42	35.23	
	100m: 1:04.22	33.79	200m: 2:16.56	36.47	300m: 3:29.19	36.09	400m: 4:39.08	34.66	
83.	CYGA SKI Krzysztof		07	UKS „GIM 92 Ursynów”			4:43.84	418	
	50m: 31.54	31.54	150m: 1:43.68	36.56	250m: 2:57.12	36.96	350m: 4:09.26	36.31	
	100m: 1:07.12	35.58	200m: 2:20.16	36.48	300m: 3:32.95	35.83	400m: 4:43.84	34.58	
84.	LITWI SKI Igor		07	MUKP Korona-Swim Kielce			4:44.52	415	
	50m: 32.30	32.30	150m: 1:43.97	35.95	250m: 2:56.68	36.17	350m: 4:09.24	36.23	
	100m: 1:08.02	35.72	200m: 2:20.51	36.54	300m: 3:33.01	36.33	400m: 4:44.52	35.28	
85.	NIEMCZURA Wiktor		08	UKP „Polonia Warszawa”			5:04.60	338	
	50m: 35.06	35.06	150m: 1:53.00	38.99	250m: 3:11.09	39.05	350m: 4:28.41	38.60	
	100m: 1:14.01	38.95	200m: 2:32.04	39.04	300m: 3:49.81	38.72	400m: 5:04.60	36.19	
86.	SZCZEPA SKI Cyprian		08	MKP Astromal-Leszno			5:16.02	302	
	50m: 31.76	31.76	150m: 1:50.92	40.64	250m: 3:55.52	41.87	350m:		
	100m: 1:10.28	38.52	200m: 3:13.65	1:22.73	300m: 4:38.13	42.61	400m: 5:16.02		
87.	ŁATKA Aleksander		08	KP Aquapark W growiec			5:16.25	302	
	50m: 33.26	33.26	150m: 1:53.00	40.97	250m: 3:14.99	40.93	350m: 4:37.29	41.08	
	100m: 1:12.03	38.77	200m: 2:34.06	41.06	300m: 3:56.21	41.22	400m: 5:16.25	38.96	
88.	WŁODARCZAK Wiktor		08	MKP Astromal-Leszno			5:16.62	301	
	50m: 34.95	34.95	150m: 1:53.92	40.27	250m: 3:15.00	40.96	350m: 4:37.52	41.36	
	100m: 1:13.65	38.70	200m: 2:34.04	40.12	300m: 3:56.16	41.16	400m: 5:16.62	39.10	

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Konkurencja 23, M czynn, 400m dowolny

17 - 18 lat

1.	CHMIELEWSKI Krzysztof	04	IUKS „Muszelka” Warszawa	3:43.05	861
	50m: 25.36 25.36	150m: 1:20.85 27.95	250m: 2:17.25 28.32	350m: 3:14.87 28.88	
	100m: 52.90 27.54	200m: 1:48.93 28.08	300m: 2:45.99 28.74	400m: 3:43.05 28.18	
2.	MASIUK Ksawery	04	UKS G-8 Bielany Warszawa	3:54.76	739
	50m: 26.21 26.21	150m: 1:25.25 29.87	250m: 2:26.08 30.27	350m: 3:26.17 29.75	
	100m: 55.38 29.17	200m: 1:55.81 30.56	300m: 2:56.42 30.34	400m: 3:54.76 28.59	
3.	RADKIEWICZ Kajetan	05	KS KSZO Ostrowiec w.	3:55.99	727
	50m: 27.81 27.81	150m: 1:28.70 30.57	250m: 2:28.70 29.55	350m: 3:27.91 29.42	
	100m: 58.13 30.32	200m: 1:59.15 30.45	300m: 2:58.49 29.79	400m: 3:55.99 28.08	
4.	CHMIELEWSKI Michał	04	IUKS „Muszelka” Warszawa	3:56.72	720
	50m: 27.76 27.76	150m: 1:28.34 30.17	250m: 2:28.84 30.17	350m: 3:28.68 29.81	
	100m: 58.17 30.41	200m: 1:58.67 30.33	300m: 2:58.87 30.03	400m: 3:56.72 28.04	
5.	WALTER Jakub	04	UKP Unia O wi cim	3:56.84	719
	50m: 26.08 26.08	150m: 1:25.79 30.56	250m: 2:27.46 30.69	350m: 3:28.21 30.22	
	100m: 55.23 29.15	200m: 1:56.77 30.98	300m: 2:57.99 30.53	400m: 3:56.84 28.63	
6.	ZDYBEL Adam	05	KS Delfin Gdynia	3:58.54	704
	50m: 27.88 27.88	150m: 1:28.63 30.51	250m: 2:29.22 30.43	350m: 3:29.59 29.98	
	100m: 58.12 30.24	200m: 1:58.79 30.16	300m: 2:59.61 30.39	400m: 3:58.54 28.95	
7.	KOWALSKI Mateusz	05	KS Delfin Gdynia	4:02.14	673
	50m: 27.98 27.98	150m: 1:29.45 30.96	250m: 2:31.14 30.73	350m: 3:32.16 30.43	
	100m: 58.49 30.51	200m: 2:00.41 30.96	300m: 3:01.73 30.59	400m: 4:02.14 29.98	
8.	PI TKA Hubert	04	MKP Szczecin	4:02.41	671
	50m: 28.10 28.10	150m: 1:28.97 30.48	250m: 2:30.20 30.58	350m: 3:32.50 31.09	
	100m: 58.49 30.39	200m: 1:59.62 30.65	300m: 3:01.41 31.21	400m: 4:02.41 29.91	
9.	ZAREMBA Adam	05	WKS I sk	4:03.19	664
	50m: 27.50 27.50	150m: 1:27.86 30.22	250m: 2:30.09 31.20	350m: 3:33.08 31.30	
	100m: 57.64 30.14	200m: 1:58.89 31.03	300m: 3:01.78 31.69	400m: 4:03.19 30.11	
10.	DRABCZYK Krystian	04	UKP Unia O wi cim	4:03.34	663
	50m: 28.70 28.70	150m: 1:30.65 31.36	250m: 2:32.50 30.84	350m: 3:34.35 30.89	
	100m: 59.29 30.59	200m: 2:01.66 31.01	300m: 3:03.46 30.96	400m: 4:03.34 28.99	
11.	BELZYT Maksymilian	05	UKS abianka Gda sk	4:04.03	657
	50m: 27.55 27.55	150m: 1:28.63 30.85	250m: 2:31.26 31.18	350m: 3:33.50 31.09	
	100m: 57.78 30.23	200m: 2:00.08 31.45	300m: 3:02.41 31.15	400m: 4:04.03 30.53	
12.	GOŁACKI Sergiusz	04	UKS 190 Łód	4:04.19	656
	50m: 28.24 28.24	150m: 1:29.78 30.95	250m: 2:31.70 31.00	350m: 3:33.76 31.18	
	100m: 58.83 30.59	200m: 2:00.70 30.92	300m: 3:02.58 30.88	400m: 4:04.19 30.43	
13.	SETLAK Marcel	05	UKS abianka Gda sk	4:04.35	655
	50m: 27.08 27.08	150m: 1:28.47 30.93	250m: 2:31.25 31.56	350m: 3:33.44 31.32	
	100m: 57.54 30.46	200m: 1:59.69 31.22	300m: 3:02.12 30.87	400m: 4:04.35 30.91	
14.	JANKOWSKI Antoni	05	MKP „SŁOWIANKA” Gorzów Wlkp.	4:06.09	641
	50m: 28.18 28.18	150m: 1:29.52 30.85	250m: 2:31.77 31.05	350m: 3:34.46 31.31	
	100m: 58.67 30.49	200m: 2:00.72 31.20	300m: 3:03.15 31.38	400m: 4:06.09 31.63	
15.	MINISZEWSKI Sebastian	04	MUKS "Pi tnastka"	4:07.84	628
	50m: 28.12 28.12	150m: 1:30.68 31.41	250m: 2:33.46 31.13	350m: 3:36.59 31.51	
	100m: 59.27 31.15	200m: 2:02.33 31.65	300m: 3:05.08 31.62	400m: 4:07.84 31.25	
16.	DOKTÓR Mateusz	05	MKP „SŁOWIANKA” Gorzów Wlkp.	4:10.14	610
	50m: 29.26 29.26	150m: 1:31.80 31.75	250m: 2:35.63 31.86	350m: 3:39.43 31.92	
	100m: 1:00.05 30.79	200m: 2:03.77 31.97	300m: 3:07.51 31.88	400m: 4:10.14 30.71	
17.	SIENKIEWICZ Ignacy	05	IKS Konstancin	4:11.50	601
	50m: 27.65 27.65	150m: 1:30.36 31.50	250m: 2:33.92 32.02	350m: 3:39.35 32.73	
	100m: 58.86 31.21	200m: 2:01.90 31.54	300m: 3:06.62 32.70	400m: 4:11.50 32.15	
18.	WIEK Bła ej	05	UKS abianka Gda sk	4:11.79	599
	50m: 28.42 28.42	150m: 1:32.42 31.88	250m: 2:36.57 32.10	350m: 3:40.75 31.67	
	100m: 1:00.54 32.12	200m: 2:04.47 32.05	300m: 3:09.08 32.51	400m: 4:11.79 31.04	

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Pozycja			Rok ur.					Czas	Pkt.
19.	WIECZORKOWSKI Nikodem		04	MKP Szczecin				4:12.41	594
	50m:	28.72 28.72	150m:	1:31.78	31.82	250m:	2:36.09 32.30	350m:	3:41.38 32.68
	100m:	59.96 31.24	200m:	2:03.79	32.01	300m:	3:08.70 32.61	400m:	4:12.41 31.03
20.	VORONTSOV Maksym		05	TP Zielona Góra				4:14.81	577
	50m:	29.57 29.57	150m:	1:33.78	32.23	250m:	2:38.32 32.25	350m:	3:43.09 32.21
	100m:	1:01.55 31.98	200m:	2:06.07	32.29	300m:	3:10.88 32.56	400m:	4:14.81 31.72
21.	ZINKOVSKYI Nestor		05	MKS Trójka Łód				4:18.12	556
	50m:	28.66 28.66	150m:	1:33.09	32.08	250m:	2:38.33 32.99	350m:	3:45.32 33.40
	100m:	1:01.01 32.35	200m:	2:05.34	32.25	300m:	3:11.92 33.59	400m:	4:18.12 32.80
22.	SZCZEPANIAK Kacper		04	MKP Szczecin				4:20.63	540
	50m:	30.14 30.14	150m:	1:35.88	32.90	250m:	2:41.81 32.98	350m:	3:48.66 33.33
	100m:	1:02.98 32.84	200m:	2:08.83	32.95	300m:	3:15.33 33.52	400m:	4:20.63 31.97
23.	KOWOLIK Alex		04	UKP Unia O wi cim				4:26.72	503
	50m:	28.77 28.77	150m:	1:35.16	34.09	250m:	2:44.33 34.81	350m:	3:52.97 34.58
	100m:	1:01.07 32.30	200m:	2:09.52	34.36	300m:	3:18.39 34.06	400m:	4:26.72 33.75

16 lat

1.	FILIPIAK Mikołaj		06	KS Barrakuda Gda sk				3:52.06	765
	50m:	27.05 27.05	150m:	1:25.65	29.48	250m:	2:25.09 29.74	350m:	3:23.94 29.34
	100m:	56.17 29.12	200m:	1:55.35	29.70	300m:	2:54.60 29.51	400m:	3:52.06 28.12
2.	LARY Jerzy		06	IUKS „Muszelka” Warszawa				3:58.12	708
	50m:	27.85 27.85	150m:	1:27.53	30.07	250m:	2:28.19 30.21	350m:	3:28.74 30.14
	100m:	57.46 29.61	200m:	1:57.98	30.45	300m:	2:58.60 30.41	400m:	3:58.12 29.38
3.	MIENICKI Rafał		06	UKS 48 Warszawa ródmie cie				4:01.81	676
	50m:	27.45 27.45	150m:	1:28.34	30.76	250m:	2:29.80 30.94	350m:	3:31.64 30.75
	100m:	57.58 30.13	200m:	1:58.86	30.52	300m:	3:00.89 31.09	400m:	4:01.81 30.17
4.	CIECHOMSKI Rafał		06	MKS „Astoria” Bydgoszcz				4:06.60	637
	50m:	27.76 27.76	150m:	1:30.78	31.63	250m:	2:33.46 31.00	350m:	3:36.16 31.42
	100m:	59.15 31.39	200m:	2:02.46	31.68	300m:	3:04.74 31.28	400m:	4:06.60 30.44
5.	JASI SKI Kacper		06	MUKP Korona-Swim Kielce				4:08.21	625
	50m:	27.97 27.97	150m:	1:30.80	31.82	250m:	2:34.68 31.87	350m:	3:38.55 31.63
	100m:	58.98 31.01	200m:	2:02.81	32.01	300m:	3:06.92 32.24	400m:	4:08.21 29.66
6.	KOWALI SKI Adrian		06	WKS I sk				4:09.04	619
	50m:	28.90 28.90	150m:	1:31.89	31.69	250m:	2:34.99 31.48	350m:	3:38.13 31.48
	100m:	1:00.20 31.30	200m:	2:03.51	31.62	300m:	3:06.65 31.66	400m:	4:09.04 30.91
7.	MICHNIEWICZ Marcel		06	WKS I sk				4:11.11	603
	50m:	27.82 27.82	150m:	1:30.04	31.51	250m:	2:33.72 32.05	350m:	3:38.84 32.63
	100m:	58.53 30.71	200m:	2:01.67	31.63	300m:	3:06.21 32.49	400m:	4:11.11 32.27
8.	HLUSHCHENKO Zakhar		06	UKS 190 Łód				4:12.21	596
	50m:	28.06 28.06	150m:	1:31.34	32.01	250m:	2:36.49 32.78	350m:	3:41.91 32.18
	100m:	59.33 31.27	200m:	2:03.71	32.37	300m:	3:09.73 33.24	400m:	4:12.21 30.30
9.	YEVDOKYMOW Dmytro		06	Mokotowski UKP Warszawianka- Wodny				4:13.77	585
	50m:	27.81 27.81	150m:	1:30.03	31.08	250m:	2:34.46 32.74	350m:	3:41.54 33.78
	100m:	58.95 31.14	200m:	2:01.72	31.69	300m:	3:07.76 33.30	400m:	4:13.77 32.23
10.	RYSTWEJ Maksymilian		06	UKS G-8 Bielany Warszawa				4:13.94	583
	50m:	27.64 27.64	150m:	1:31.45	32.51	250m:	2:36.41 32.35	350m:	3:41.33 32.47
	100m:	58.94 31.30	200m:	2:04.06	32.61	300m:	3:08.86 32.45	400m:	4:13.94 32.61
11.	KUREK Bartosz		06	UKS 190 Łód				4:15.04	576
	50m:	29.33 29.33	150m:	1:32.90	32.12	250m:	2:37.73 32.27	350m:	3:43.43 32.86
	100m:	1:00.78 31.45	200m:	2:05.46	32.56	300m:	3:10.57 32.84	400m:	4:15.04 31.61
12.	SZAREK Jan		06	WKS I sk				4:15.35	574
	50m:	28.74 28.74	150m:	1:32.85	32.22	250m:	2:37.91 32.81	350m:	3:43.06 32.49
	100m:	1:00.63 31.89	200m:	2:05.10	32.25	300m:	3:10.57 32.66	400m:	4:15.35 32.29

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Pozycja			Rok ur.					Czas	Pkt.
13.	GORZE	Norbert	06	Uks	Cityzen			4:17.60	559
	50m:	28.72	28.72	150m:	1:33.29	32.57	250m:	2:38.61	32.53
	100m:	1:00.72	32.00	200m:	2:06.08	32.79	300m:	3:12.14	33.53
							400m:	4:17.60	32.22
14.	NOWAK	Aleksander	06	MKP	Szczecin			4:18.46	553
	50m:	30.12	30.12	150m:	1:35.78	33.22	250m:	2:41.59	32.82
	100m:	1:02.56	32.44	200m:	2:08.77	32.99	300m:	3:14.72	33.13
							400m:	4:18.46	31.14
15.	PARADOWSKI	Michał	06	MKP	„SŁOWIANKA”	Gorzów Wlkp.		4:19.26	548
	50m:	29.34	29.34	150m:	1:34.34	32.85	250m:	2:40.61	33.23
	100m:	1:01.49	32.15	200m:	2:07.38	33.04	300m:	3:13.36	32.75
							400m:	4:19.26	32.89
16.	CHABOWSKI	Nathaniel	06	UKS	abianka	Gdańsk		4:19.39	547
	50m:	29.19	29.19	150m:	1:34.05	32.75	250m:	2:40.25	33.26
	100m:	1:01.30	32.11	200m:	2:06.99	32.94	300m:	3:13.86	33.61
							400m:	4:19.39	32.45
17.	PRZE DZIAK	Stanisław	06	UKP	„Polonia	Warszawa”		4:21.27	536
	50m:	29.49	29.49	150m:	1:35.85	33.57	250m:	2:43.17	33.64
	100m:	1:02.28	32.79	200m:	2:09.53	33.68	300m:	3:16.52	33.35
							400m:	4:21.27	31.53
18.	LE NIEWSKI	Wiktor	06	UKP	„Polonia	Warszawa”		4:24.87	514
	50m:	29.52	29.52	150m:	1:34.74	32.82	250m:	2:42.10	33.76
	100m:	1:01.92	32.40	200m:	2:08.34	33.60	300m:	3:16.02	33.92
							400m:	4:24.87	34.26
19.	W SIK	Marek	06	DOKiS	SP Vega	Dobrodzie		4:26.36	505
	50m:	28.39	28.39	150m:	1:33.84	33.27	250m:	2:41.99	34.22
	100m:	1:00.57	32.18	200m:	2:07.77	33.93	300m:	3:16.88	34.89
							400m:	4:26.36	34.47
20.	ROZMIAREK	Mateusz	06	MKP	„SŁOWIANKA”	Gorzów Wlkp.		4:29.27	489
	50m:	29.82	29.82	150m:	1:36.81	34.13	250m:	2:45.68	34.64
	100m:	1:02.68	32.86	200m:	2:11.04	34.23	300m:	3:20.54	34.86
							400m:	4:29.27	33.54
21.	DOMA SKI	Franciszek	06	MKS	„Astoria”	Bydgoszcz		4:30.08	485
	50m:	30.11	30.11	150m:	1:36.68	33.37	250m:	2:44.74	34.21
	100m:	1:03.31	33.20	200m:	2:10.53	33.85	300m:	3:19.34	34.60
							400m:	4:30.08	34.78
22.	WAWRZYNIAK	Filip	06	MKP	„SŁOWIANKA”	Gorzów Wlkp.		4:31.64	477
	50m:	29.64	29.64	150m:	1:36.79	34.08	250m:	2:46.96	35.45
	100m:	1:02.71	33.07	200m:	2:11.51	34.72	300m:	3:22.48	35.52
							400m:	4:31.64	34.05

15 lat

1.	GNACZY	SKI Michał	07	MKP	Szczecin			4:02.13	673
	50m:	28.03	28.03	150m:	1:29.22	30.87	250m:	2:31.18	31.19
	100m:	58.35	30.32	200m:	1:59.99	30.77	300m:	3:02.13	30.95
							400m:	4:02.13	29.36
2.	PIETRO	Przemysław	07	KU AZS	UMCS	Lublin		4:02.86	667
	50m:	27.60	27.60	150m:	1:28.86	31.05	250m:	2:31.01	31.20
	100m:	57.81	30.21	200m:	1:59.81	30.95	300m:	3:02.17	31.16
							400m:	4:02.86	29.46
3.	PI TKA	Miłosz	07	MKP	Szczecin			4:07.70	629
	50m:	28.61	28.61	150m:	1:30.30	31.12	250m:	2:34.06	31.87
	100m:	59.18	30.57	200m:	2:02.19	31.89	300m:	3:05.96	31.90
							400m:	4:07.70	30.21
4.	NOVOTNY	Adam	07	Sport Club	Pardubice			4:10.17	610
	50m:	27.50	27.50	150m:	1:29.68	31.46	250m:	2:33.68	31.90
	100m:	58.22	30.72	200m:	2:01.78	32.10	300m:	3:06.00	32.32
							400m:	4:10.17	31.82
5.	PONIEWA	Oliwier	07	KU AZS	UMCS	Lublin		4:15.14	575
	50m:	29.43	29.43	150m:	1:33.97	32.63	250m:	2:39.52	32.51
	100m:	1:01.34	31.91	200m:	2:07.01	33.04	300m:	3:12.35	32.83
							400m:	4:15.14	30.80
6.	REDZI	SKI VEL RYDZY	SKI Mateusz	07	UKP	„Polonia	Warszawa”	4:16.36	567
	50m:	28.82	28.82	150m:	1:33.53	32.95	250m:	2:39.02	32.35
	100m:	1:00.58	31.76	200m:	2:06.67	33.14	300m:	3:11.55	32.53
							400m:	4:16.36	32.32
7.	OŁOWNIA	Ignacy	07	KS	Delfin	Gdynia		4:16.53	566
	50m:	27.97	27.97	150m:	1:30.47	31.88	250m:	2:37.55	33.85
	100m:	58.59	30.62	200m:	2:03.70	33.23	300m:	3:11.51	33.96
							400m:	4:16.53	31.56

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Konkurencja 23, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	SELDER Krystian		07	MKS Trójka Łód				4:17.30	561
	50m:	28.40 28.40	150m:	1:32.82 32.78	250m:	2:38.40 32.86	350m:	3:44.83 33.08	
	100m:	1:00.04 31.64	200m:	2:05.54 32.72	300m:	3:11.75 33.35	400m:	4:17.30 32.47	
9.	BORKOWSKI Marcel		07	KS Neptun widnica				4:18.86	551
	50m:	29.53 29.53	150m:	1:34.26 32.75	250m:	2:40.20 32.81	350m:	3:46.77 32.93	
	100m:	1:01.51 31.98	200m:	2:07.39 33.13	300m:	3:13.84 33.64	400m:	4:18.86 32.09	
10.	DWORAKOWSKI Błażej		07	KS Delfin Gdynia				4:19.01	550
	50m:	29.32 29.32	150m:	1:35.60 33.02	250m:	2:41.62 33.21	350m:	3:47.93 32.87	
	100m:	1:02.58 33.26	200m:	2:08.41 32.81	300m:	3:15.06 33.44	400m:	4:19.01 31.08	
11.	MAZUR Adam		07	Grupa 5Styl				4:19.37	548
	50m:	29.74 29.74	150m:	1:35.50 33.14	250m:	2:42.06 33.34	350m:	3:47.80 32.72	
	100m:	1:02.36 32.62	200m:	2:08.72 33.22	300m:	3:15.08 33.02	400m:	4:19.37 31.57	
12.	WENTLAND Miłosz		07	MKS Trójka Łód				4:19.85	544
	50m:	29.28 29.28	150m:	1:34.45 33.15	250m:	2:40.75 33.29	350m:	3:47.22 33.49	
	100m:	1:01.30 32.02	200m:	2:07.46 33.01	300m:	3:13.73 32.98	400m:	4:19.85 32.63	
13.	MIKOŁAJCZYK Adrian		07	MKS Trójka Łód				4:20.10	543
	50m:	29.74 29.74	150m:	1:35.46 33.14	250m:	2:42.01 33.39	350m:	3:48.06 33.23	
	100m:	1:02.32 32.58	200m:	2:08.62 33.16	300m:	3:14.83 32.82	400m:	4:20.10 32.04	
14.	KUSEK Mateusz		07	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				4:20.34	541
	50m:	29.64 29.64	150m:	1:34.38 32.82	250m:	2:41.17 33.42	350m:	3:48.38 33.62	
	100m:	1:01.56 31.92	200m:	2:07.75 33.37	300m:	3:14.76 33.59	400m:	4:20.34 31.96	
15.	GRZYWIŃSKI Jakub		07	KU AZS UMCS Lublin				4:21.52	534
	50m:	30.03 30.03	150m:	1:36.62 33.33	250m:	2:43.64 33.49	350m:	3:49.24 32.27	
	100m:	1:03.29 33.26	200m:	2:10.15 33.53	300m:	3:16.97 33.33	400m:	4:21.52 32.28	
16.	PERA Jan		07	MKP „SŁOWIANKA” Gorzów Wlkp.				4:24.40	517
	50m:	28.47 28.47	150m:	1:34.63 33.48	250m:	2:41.35 33.60	350m:	3:50.05 34.29	
	100m:	1:01.15 32.68	200m:	2:07.75 33.12	300m:	3:15.76 34.41	400m:	4:24.40 34.35	
17.	PRONIN Patryk		07	MKP Szczecin				4:25.69	509
	50m:	30.07 30.07	150m:	1:37.57 34.02	250m:	2:46.26 34.17	350m:	3:53.31 33.17	
	100m:	1:03.55 33.48	200m:	2:12.09 34.52	300m:	3:20.14 33.88	400m:	4:25.69 32.38	
18.	PIETRZAK Michał		07	KS Warta Pozna				4:30.86	481
	50m:	30.46 30.46	150m:	1:37.54 33.88	250m:	2:47.07 35.12	350m:	3:55.84 34.37	
	100m:	1:03.66 33.20	200m:	2:11.95 34.41	300m:	3:21.47 34.40	400m:	4:30.86 35.02	
19.	CYGAŃSKI Krzysztof		07	UKS „GIM 92 Ursynów”				4:43.84	418
	50m:	31.54 31.54	150m:	1:43.68 36.56	250m:	2:57.12 36.96	350m:	4:09.26 36.31	
	100m:	1:07.12 35.58	200m:	2:20.16 36.48	300m:	3:32.95 35.83	400m:	4:43.84 34.58	
20.	LITWIŃSKI Igor		07	MUKP Korona-Swim Kielce				4:44.52	415
	50m:	32.30 32.30	150m:	1:43.97 35.95	250m:	2:56.68 36.17	350m:	4:09.24 36.23	
	100m:	1:08.02 35.72	200m:	2:20.51 36.54	300m:	3:33.01 36.33	400m:	4:44.52 35.28	

14 lat

1.	LITOBORSKI Mikołaj		08	KS Warta Pozna				4:09.34	616
	50m:	27.99 27.99	150m:	1:32.23 32.58	250m:	2:36.84 32.06	350m:	3:39.84 31.39	
	100m:	59.65 31.66	200m:	2:04.78 32.55	300m:	3:08.45 31.61	400m:	4:09.34 29.50	
2.	BIEKOWSKI Mateusz		08	UKS abianka Gdańsk				4:12.74	592
	50m:	28.29 28.29	150m:	1:32.12 32.37	250m:	2:36.70 32.37	350m:	3:41.33 32.27	
	100m:	59.75 31.46	200m:	2:04.33 32.21	300m:	3:09.06 32.36	400m:	4:12.74 31.41	
3.	PIÓRKOWSKI Adrian		08	MKP Szczecin				4:13.95	583
	50m:	29.34 29.34	150m:	1:33.58 32.20	250m:	2:38.10 32.22	350m:	3:43.01 32.36	
	100m:	1:01.38 32.04	200m:	2:05.88 32.30	300m:	3:10.65 32.55	400m:	4:13.95 30.94	
4.	ACZEK Hubert		08	KS „Wisła” Puławy				4:14.77	578
	50m:	28.88 28.88	150m:	1:34.45 32.98	250m:	2:40.27 32.69	350m:	3:44.89 32.11	
	100m:	1:01.47 32.59	200m:	2:07.58 33.13	300m:	3:12.78 32.51	400m:	4:14.77 29.88	

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Pozycja			Rok ur.					Czas	Pkt.		
5.	GWIAZDOWSKI Krzysztof		08	MKS Piaseczno				4:17.94	557		
	50m:	28.95 28.95	150m:	1:33.43	32.82	250m:	2:39.85	33.18	350m:	3:46.25	33.04
	100m:	1:00.61 31.66	200m:	2:06.67	33.24	300m:	3:13.21	33.36	400m:	4:17.94	31.69
6.	WASILEWSKI Mateusz		08	KU AZS UMCS Lublin				4:20.08	543		
	50m:	29.86 29.86	150m:	1:35.88	33.31	250m:	2:42.71	33.31	350m:	3:48.34	32.19
	100m:	1:02.57 32.71	200m:	2:09.40	33.52	300m:	3:16.15	33.44	400m:	4:20.08	31.74
7.	ŁUBI SKI Szymon		08	UKS „GIM 92 Ursynów”				4:20.75	539		
	50m:	29.29 29.29	150m:	1:33.98	32.65	250m:	2:40.30	33.36	350m:	3:47.97	34.02
	100m:	1:01.33 32.04	200m:	2:06.94	32.96	300m:	3:13.95	33.65	400m:	4:20.75	32.78
8.	ŁUSZCZY SKI Krzysztof		08	UKS abianka Gda sk				4:22.76	527		
	50m:	29.42 29.42	150m:	1:35.87	33.55	250m:	2:43.33	33.74	350m:	3:50.99	33.27
	100m:	1:02.32 32.90	200m:	2:09.59	33.72	300m:	3:17.72	34.39	400m:	4:22.76	31.77
9.	BIELIENKOV Nikita		08	KS Warta Pozna				4:24.29	517		
	50m:	29.60 29.60	150m:	1:35.44	33.69	250m:			350m:	3:51.22	34.13
	100m:	1:01.75 32.15	200m:			300m:	3:17.09		400m:	4:24.29	33.07
10.	TREDER Konrad		08	UKS abianka Gda sk				4:25.57	510		
	50m:	29.67 29.67	150m:	1:36.57	33.74	250m:	2:45.15	34.29	350m:	3:52.70	33.51
	100m:	1:02.83 33.16	200m:	2:10.86	34.29	300m:	3:19.19	34.04	400m:	4:25.57	32.87
11.	MENTEL Igor		08	KS Delfin Gdynia				4:27.58	499		
	50m:	30.18 30.18	150m:	1:37.48	33.85	250m:	2:46.05	34.24	350m:	3:54.36	33.92
	100m:	1:03.63 33.45	200m:	2:11.81	34.33	300m:	3:20.44	34.39	400m:	4:27.58	33.22
12.	FEDASZ Alan		08	UKP „Polonia Warszawa”				4:28.40	494		
	50m:	29.70 29.70	150m:	1:37.98	34.39	250m:	2:47.80	35.35	350m:	3:56.09	34.02
	100m:	1:03.59 33.89	200m:	2:12.45	34.47	300m:	3:22.07	34.27	400m:	4:28.40	32.31
13.	CIBA Mateusz		08	MKP Szczecin				4:30.50	483		
	50m:	30.01 30.01	150m:	1:38.27	34.70	250m:	2:48.13	35.08	350m:	3:57.28	35.12
	100m:	1:03.57 33.56	200m:	2:13.05	34.78	300m:	3:22.16	34.03	400m:	4:30.50	33.22
14.	JANIEC Mateusz		08	MKP „SŁOWIANKA” Gorzów Wlkp.				4:39.08	439		
	50m:	30.43 30.43	150m:	1:40.09	35.87	250m:	2:53.10	36.54	350m:	4:04.42	35.23
	100m:	1:04.22 33.79	200m:	2:16.56	36.47	300m:	3:29.19	36.09	400m:	4:39.08	34.66
15.	NIEMCZURA Wiktor		08	UKP „Polonia Warszawa”				5:04.60	338		
	50m:	35.06 35.06	150m:	1:53.00	38.99	250m:	3:11.09	39.05	350m:	4:28.41	38.60
	100m:	1:14.01 38.95	200m:	2:32.04	39.04	300m:	3:49.81	38.72	400m:	5:04.60	36.19
16.	SZCZEPA SKI Cyprian		08	MKP Astromal-Leszno				5:16.02	302		
	50m:	31.76 31.76	150m:	1:50.92	40.64	250m:	3:55.52	41.87	350m:		
	100m:	1:10.28 38.52	200m:	3:13.65	1:22.73	300m:	4:38.13	42.61	400m:	5:16.02	
17.	ŁATKA Aleksander		08	KP Aquapark W growiec				5:16.25	302		
	50m:	33.26 33.26	150m:	1:53.00	40.97	250m:	3:14.99	40.93	350m:	4:37.29	41.08
	100m:	1:12.03 38.77	200m:	2:34.06	41.06	300m:	3:56.21	41.22	400m:	5:16.25	38.96
18.	WŁODARCZAK Wiktor		08	MKP Astromal-Leszno				5:16.62	301		
	50m:	34.95 34.95	150m:	1:53.92	40.27	250m:	3:15.00	40.96	350m:	4:37.52	41.36
	100m:	1:13.65 38.70	200m:	2:34.04	40.12	300m:	3:56.16	41.16	400m:	5:16.62	39.10