

Konkurencja 1
2022.11.18 - 9:00

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	KOLA	CZYK	Wiktorja	06	KS	Posnania	Pozna	4:38.97	589
	50m:	30.16	30.16	150m:	1:40.22	35.48	250m:	2:51.93	36.17
	100m:	1:04.74	34.58	200m:	2:15.76	35.54	300m:	3:27.79	35.86
							350m:	4:03.68	35.89
							400m:	4:38.97	35.29
2.	LEWANDOWSKA	Julia		10	MUKS	"Pi	tnastka"	4:45.27	551
	50m:	30.91	30.91	150m:	1:40.51	35.30	250m:	2:53.91	37.00
	100m:	1:05.21	34.30	200m:	2:16.91	36.40	300m:	3:31.23	37.32
							350m:	4:08.51	37.28
							400m:	4:45.27	36.76
3.	BUDZE	Monika		07	MKP	Astromal-Leszno		4:47.73	537
	50m:	32.29	32.29	150m:	1:44.68	36.29	250m:	2:59.33	37.41
	100m:	1:08.39	36.10	200m:	2:21.92	37.24	300m:	3:36.58	37.25
							350m:	4:13.11	36.53
							400m:	4:47.73	34.62
4.	CHMIELEWSKA	Maria		09	UKS	Marato	czyk Ostrów Wlkp.	4:51.46	516
	50m:	32.62	32.62	150m:	1:44.50	36.35	250m:	2:59.41	37.51
	100m:	1:08.15	35.53	200m:	2:21.90	37.40	300m:	3:37.01	37.60
							350m:	4:14.15	37.14
							400m:	4:51.46	37.31
5.	SPYCHALSKA	Dominika		08	KP	Aquapark W	growiec	4:53.08	508
	50m:	32.77	32.77	150m:	1:47.26	37.67	250m:	3:02.80	37.99
	100m:	1:09.59	36.82	200m:	2:24.81	37.55	300m:	3:40.65	37.85
							350m:	4:18.21	37.56
							400m:	4:53.08	34.87
6.	WOLNA	Aleksandra		09	MKP	Astromal-Leszno		5:05.30	449
	50m:	34.97	34.97	150m:	1:54.41	40.37	250m:	3:11.09	38.17
	100m:	1:14.04	39.07	200m:	2:32.92	38.51	300m:	3:50.18	39.09
							350m:	4:28.18	38.00
							400m:	5:05.30	37.12
7.	NOWICKA	Weronika		00	KS	Posnania	Pozna	5:06.94	442
	50m:	31.79	31.79	150m:	1:45.16	37.87	250m:	3:05.06	40.58
	100m:	1:07.29	35.50	200m:	2:24.48	39.32	300m:	3:45.83	40.77
							350m:	4:27.11	41.28
							400m:	5:06.94	39.83
8.	FERCHMIN	Aleksadra		04	KU	AZS	UAM Pozna	5:20.81	387
	50m:	36.43	36.43	150m:	1:56.44	40.60	250m:	3:18.25	41.26
	100m:	1:15.84	39.41	200m:	2:36.99	40.55	300m:	3:59.69	41.44
							350m:	4:40.98	41.29
							400m:	5:20.81	39.83
9.	HINC	Aleksandra		09	KP	Aquapark W	growiec	5:21.61	384
	50m:	35.49	35.49	150m:	1:56.44	40.50	250m:	3:18.17	41.63
	100m:	1:15.94	40.45	200m:	2:36.54	40.10	300m:	4:00.02	41.85
							350m:	4:40.68	40.66
							400m:	5:21.61	40.93
10.	ONICHIMIUK	Maria		11	KU	AZS	UAM Pozna	5:24.52	374
	50m:	34.23	34.23	150m:	1:54.78	40.92	250m:	3:19.32	42.88
	100m:	1:13.86	39.63	200m:	2:36.44	41.66	300m:	4:03.22	43.90
							350m:	5:24.52	1:21.30
							400m:	5:24.52	
11.	PAWLAK	Jagoda		08	UKS	Marato	czyk Ostrów Wlkp.	5:25.62	370
	50m:	35.49	35.49	150m:	1:57.28	41.81	250m:	3:20.79	41.83
	100m:	1:15.47	39.98	200m:	2:38.96	41.68	300m:	4:03.18	42.39
							350m:	4:45.57	42.39
							400m:	5:25.62	40.05
12.	PILARSKA	Maja		08	KP	Aquapark W	growiec	5:28.53	360
	50m:	35.68	35.68	150m:	1:58.14	41.85	250m:	3:23.53	43.50
	100m:	1:16.29	40.61	200m:	2:40.03	41.89	300m:	4:06.59	43.06
							350m:	4:47.88	41.29
							400m:	5:28.53	40.65
13.	GOLEC	Helena		09	MKP	Astromal-Leszno		5:29.65	357
	50m:			150m:			250m:	3:27.66	35.00
	100m:			200m:			300m:	4:09.90	42.24
							350m:	4:50.90	41.00
							400m:	5:29.65	38.75
14.	SZEWCZYK	Amelia		09	UKS	Marato	czyk Ostrów Wlkp.	5:30.93	353
	50m:	35.91	35.91	150m:	1:58.71	42.32	250m:	3:25.23	43.28
	100m:	1:16.39	40.48	200m:	2:41.95	43.24	300m:	4:09.01	43.78
							350m:	4:51.61	42.60
							400m:	5:30.93	39.32
15.	MICHALAK	Maria		11	KS	Warta	Pozna	5:31.35	351
	50m:	36.14	36.14	150m:	1:58.79	42.39	250m:	3:25.05	43.38
	100m:	1:16.40	40.26	200m:	2:41.67	42.88	300m:	4:08.85	43.80
							350m:	4:51.52	42.67
							400m:	5:31.35	39.83
16.	TOMCZAK	Weronika		09	Gnie	nie	skie Towarzystwo Triathlonow	5:32.48	348
	50m:	35.30	35.30	150m:	1:59.14	42.98	250m:	3:25.77	43.64
	100m:	1:16.16	40.86	200m:	2:42.13	42.99	300m:	4:08.85	43.08
							350m:	4:52.66	43.81
							400m:	5:32.48	39.82
17.	SADŁOCHA	Amelia		11	KTP	Iskra	Konin	5:36.21	336
	50m:	36.63	36.63	150m:	2:03.42	44.29	250m:	3:30.20	43.47
	100m:	1:19.13	42.50	200m:	2:46.73	43.31	300m:	4:14.20	44.00
							350m:	4:57.14	42.94
							400m:	5:36.21	39.07

Konkurencja 1, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
18.	JAGODZIK Marta		09	MKP Astromal-Leszno			5:39.53	327	
	50m: 37.38 37.38	150m: 2:03.74 44.06		250m: 3:31.05 43.39	350m: 4:58.47 43.45				
	100m: 1:19.68 42.30	200m: 2:47.66 43.92		300m: 4:15.02 43.97	400m: 5:39.53 41.06				
19.	SOŁTYSIAK Michalina		08	UKS 3-Wodnik Wolsztyn			5:47.52	304	
	50m: 39.90 39.90	150m: 2:08.03 46.60		250m: 3:39.80 46.07	350m: 5:08.03 42.20				
	100m: 1:21.43 45.36	200m: 2:53.73 45.70		300m: 4:25.83 46.03	400m: 5:47.52 39.49				
20.	PRZYSIEK Agata		09	KP Aquapark W growiec			5:57.84	279	
	50m: 38.06 38.06	150m: 2:07.80 45.70		250m: 3:41.77 46.85	350m: 5:13.36 45.69				
	100m: 1:22.10 44.04	200m: 2:54.92 47.12		300m: 4:27.67 45.90	400m: 5:57.84 44.48				
21.	GRABOWSKA Małgorzata		11	IUKS Jedyńka Pozna			6:05.71	261	
	50m: 38.87 38.87	150m: 2:10.22 46.66		250m: 3:46.19 48.17	350m: 5:21.07 47.39				
	100m: 1:23.56 44.69	200m: 2:58.02 47.80		300m: 4:33.68 47.49	400m: 6:05.71 44.64				
22.	BŁA EJEWSKA Amelia		11	KP Aquapark W growiec			6:06.35	260	
	50m: 39.90 39.90	150m: 2:12.87 47.61		250m: 3:46.73 46.62	350m: 5:22.31 48.74				
	100m: 1:25.26 45.36	200m: 3:00.11 47.24		300m: 4:33.57 46.84	400m: 6:06.35 44.04				
23.	OLKOWSKA Oliwia		11	KTP Iskra Konin			6:08.20	256	
	50m: 39.60 39.60	150m: 2:12.12 46.96		250m: 3:47.51 48.10	350m: 5:24.40 47.96				
	100m: 1:25.16 45.56	200m: 2:59.41 47.29		300m: 4:36.44 48.93	400m: 6:08.20 43.80				
24.	RATAJCZAK Lena		11	KP Aquapark W growiec			6:09.43	253	
	50m: 41.48 41.48	150m: 2:17.43 48.60		250m: 3:51.26 46.13	350m: 5:25.12 47.38				
	100m: 1:28.83 47.35	200m: 3:05.13 47.70		300m: 4:37.74 46.48	400m: 6:09.43 44.31				
25.	RUMIEJOWSKA Aleksandra		11	MUKS „HURAGAN” Koło			6:12.40	247	
	50m: 39.13 39.13	150m: 2:12.66 48.26		250m: 3:49.28 48.33	350m: 5:26.25 48.15				
	100m: 1:24.40 45.27	200m: 3:00.95 48.29		300m: 4:38.10 48.82	400m: 6:12.40 46.15				
26.	WEISS Anna		08	UKS 3-Wodnik Wolsztyn			6:12.83	246	
	50m: 42.51 42.51	150m: 2:17.07 48.23		250m: 3:53.47 48.48	350m: 5:29.80 46.89				
	100m: 1:28.84 46.33	200m: 3:04.99 47.92		300m: 4:42.91 49.44	400m: 6:12.83 43.03				
27.	JANKOWSKA Magdalena		11	KTP Iskra Konin			6:14.20	244	
	50m: 37.65 37.65	150m: 2:13.91 50.22		250m: 3:51.11 48.32	350m: 5:28.51 48.35				
	100m: 1:23.69 46.04	200m: 3:02.79 48.88		300m: 4:40.16 49.05	400m: 6:14.20 45.69				
28.	WITAŁA Maja		09	UKS 3-Wodnik Wolsztyn			6:15.01	242	
	50m: 41.10 41.10	150m: 2:17.03 48.23		250m: 3:54.08 48.72	350m: 5:29.70 45.93				
	100m: 1:28.80 47.70	200m: 3:05.36 48.33		300m: 4:43.77 49.69	400m: 6:15.01 45.31				
29.	ZHORNITSKA Oleksandra		11	IUKS Jedyńka Pozna			6:17.63	237	
	50m: 41.30 41.30	150m: 2:19.13 49.44		250m: 3:58.06 49.33	350m: 5:34.35 48.00				
	100m: 1:29.69 48.39	200m: 3:08.73 49.60		300m: 4:46.35 48.29	400m: 6:17.63 43.28				
30.	SZYMA SKA Julia		11	KS Warta Pozna			6:23.24	227	
	50m: 42.83 42.83	150m: 2:18.69 48.49		250m: 3:57.99 49.88	350m: 5:38.49 49.38				
	100m: 1:30.20 47.37	200m: 3:08.11 49.42		300m: 4:49.11 51.12	400m: 6:23.24 44.75				
31.	R YSKO Amelia		11	IUKS Jedyńka Pozna			6:23.43	227	
	50m: 42.50 42.50	150m: 2:20.52 49.99		250m: 3:59.03 49.44	350m: 5:37.67 48.65				
	100m: 1:30.53 48.03	200m: 3:09.59 49.07		300m: 4:49.02 49.99	400m: 6:23.43 45.76				
32.	GODEK Lena		11	KS Warta Pozna			6:25.94	222	
	50m: 40.29 40.29	150m: 2:18.62 50.26		250m: 3:58.87 49.79	350m: 5:39.69 51.12				
	100m: 1:28.36 48.07	200m: 3:09.08 50.46		300m: 4:48.57 49.70	400m: 6:25.94 46.25				
33.	WILI SKA Anna		11	KS Warta Pozna			6:29.82	216	
	50m: 42.88 42.88	150m: 2:22.28 50.30		250m: 4:02.90 50.31	350m: 5:42.01 49.80				
	100m: 1:31.98 49.10	200m: 3:12.59 50.31		300m: 4:52.21 49.31	400m: 6:29.82 47.81				
34.	KRAUSE Barbara		11	IUKS Jedyńka Pozna			6:44.25	193	
	50m: 44.06 44.06	150m: 2:25.11 51.00		250m: 4:10.57 53.33	350m: 5:53.87 51.74				
	100m: 1:34.11 50.05	200m: 3:17.24 52.13		300m: 5:02.13 51.56	400m: 6:44.25 50.38				
35.	GRZESIK Dominika		11	UKS Fala Swarz dz			6:55.13	178	
	50m: 45.10 45.10	150m: 2:30.73 53.49		250m: 4:17.15 53.20	350m: 6:04.13 53.33				
	100m: 1:37.24 48.14	200m: 3:23.95 53.22		300m: 5:10.80 53.65	400m: 6:55.13 51.00				

Konkurencja 1, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
36.	KASPRZAK Maja		11	KS Warta Pozna			6:56.66	176	
	50m: 45.29	45.29	150m: 2:31.96	53.39	250m: 4:18.80	53.57	350m: 6:06.24	54.57	
	100m: 1:38.57	53.28	200m: 3:25.23	53.27	300m: 5:11.67	52.87	400m: 6:56.66	50.42	
37.	ZACHARKO Zofia		11	Gnie nie skie Towarzystwo Triathlonow			7:03.43	168	
	50m: 44.12	44.12	150m: 2:29.48		250m: 4:20.13	55.74	350m: 6:10.86	55.93	
	100m:		200m: 3:24.39	54.91	300m: 5:14.93	54.80	400m: 7:03.43	52.57	
38.	GRODECKA Maja		11	IUKS Jedyńka Pozna			7:07.58	163	
	50m: 49.29	49.29	150m: 2:38.49	55.17	250m: 4:28.66	54.61	350m: 6:18.45	54.76	
	100m: 1:43.32	54.03	200m: 3:34.05	55.56	300m: 5:23.69	55.03	400m: 7:07.58	49.13	
39.	GRYSKA Gabriela		11	IUKS Jedyńka Pozna			7:09.32	161	
	50m: 45.82	45.82	150m: 2:35.86	55.52	250m: 4:25.76	54.79	350m: 6:17.21	56.16	
	100m: 1:40.34	54.52	200m: 3:30.97	55.11	300m: 5:21.05	55.29	400m: 7:09.32	52.11	
40.	SCHMIDT Amelia		11	IUKS Jedyńka Pozna			7:19.56	150	
	50m: 46.05	46.05	150m: 2:38.48	56.86	250m: 4:34.50	57.72	350m: 6:30.11	58.05	
	100m: 1:41.62	55.57	200m: 3:36.78	58.30	300m: 5:32.06	57.56	400m: 7:19.56	49.45	

14 - 16 lat

1.	KOLA CZYK Wiktoria		06	KS Posnania Pozna			4:38.97	589
	50m: 30.16	30.16	150m: 1:40.22	35.48	250m: 2:51.93	36.17	350m: 4:03.68	35.89
	100m: 1:04.74	34.58	200m: 2:15.76	35.54	300m: 3:27.79	35.86	400m: 4:38.97	35.29
2.	BUDZE Monika		07	MKP Astromal-Leszno			4:47.73	537
	50m: 32.29	32.29	150m: 1:44.68	36.29	250m: 2:59.33	37.41	350m: 4:13.11	36.53
	100m: 1:08.39	36.10	200m: 2:21.92	37.24	300m: 3:36.58	37.25	400m: 4:47.73	34.62
3.	SPYCHALSKA Dominika		08	KP Aquapark W growiec			4:53.08	508
	50m: 32.77	32.77	150m: 1:47.26	37.67	250m: 3:02.80	37.99	350m: 4:18.21	37.56
	100m: 1:09.59	36.82	200m: 2:24.81	37.55	300m: 3:40.65	37.85	400m: 4:53.08	34.87
4.	PAWLAK Jagoda		08	UKS Marato czyk Ostrów Wlkp.			5:25.62	370
	50m: 35.49	35.49	150m: 1:57.28	41.81	250m: 3:20.79	41.83	350m: 4:45.57	42.39
	100m: 1:15.47	39.98	200m: 2:38.96	41.68	300m: 4:03.18	42.39	400m: 5:25.62	40.05
5.	PILARSKA Maja		08	KP Aquapark W growiec			5:28.53	360
	50m: 35.68	35.68	150m: 1:58.14	41.85	250m: 3:23.53	43.50	350m: 4:47.88	41.29
	100m: 1:16.29	40.61	200m: 2:40.03	41.89	300m: 4:06.59	43.06	400m: 5:28.53	40.65
6.	SOŁTYSIAK Michalina		08	UKS 3-Wodnik Wolsztyn			5:47.52	304
	50m:		150m: 2:08.03	46.60	250m: 3:39.80	46.07	350m: 5:08.03	42.20
	100m: 1:21.43		200m: 2:53.73	45.70	300m: 4:25.83	46.03	400m: 5:47.52	39.49
7.	WEISS Anna		08	UKS 3-Wodnik Wolsztyn			6:12.83	246
	50m: 42.51	42.51	150m: 2:17.07	48.23	250m: 3:53.47	48.48	350m: 5:29.80	46.89
	100m: 1:28.84	46.33	200m: 3:04.99	47.92	300m: 4:42.91	49.44	400m: 6:12.83	43.03

11 - 13 lat

1.	LEWANDOWSKA Julia		10	MUKS "Pi tnastka"			4:45.27	551
	50m: 30.91	30.91	150m: 1:40.51	35.30	250m: 2:53.91	37.00	350m: 4:08.51	37.28
	100m: 1:05.21	34.30	200m: 2:16.91	36.40	300m: 3:31.23	37.32	400m: 4:45.27	36.76
2.	CHMIELEWSKA Maria		09	UKS Marato czyk Ostrów Wlkp.			4:51.46	516
	50m: 32.62	32.62	150m: 1:44.50	36.35	250m: 2:59.41	37.51	350m: 4:14.15	37.14
	100m: 1:08.15	35.53	200m: 2:21.90	37.40	300m: 3:37.01	37.60	400m: 4:51.46	37.31
3.	WOLNA Aleksandra		09	MKP Astromal-Leszno			5:05.30	449
	50m: 34.97	34.97	150m: 1:54.41	40.37	250m: 3:11.09	38.17	350m: 4:28.18	38.00
	100m: 1:14.04	39.07	200m: 2:32.92	38.51	300m: 3:50.18	39.09	400m: 5:05.30	37.12
4.	HINC Aleksandra		09	KP Aquapark W growiec			5:21.61	384
	50m: 35.49	35.49	150m: 1:56.44	40.50	250m: 3:18.17	41.63	350m: 4:40.68	40.66
	100m: 1:15.94	40.45	200m: 2:36.54	40.10	300m: 4:00.02	41.85	400m: 5:21.61	40.93

Konkurencja 1, Dziewcz t, 400m dowolny, 11 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.
5.	ONICHIMIUK Maria		11	KU AZS UAM Pozna				5:24.52	374
	50m:	34.23 34.23	150m:	1:54.78	40.92	250m:	3:19.32 42.88	350m:	5:24.52 1:21.30
	100m:	1:13.86 39.63	200m:	2:36.44	41.66	300m:	4:03.22 43.90	400m:	5:24.52
6.	GOLEC Helena		09	MKP Astromal-Leszno				5:29.65	357
	50m:		150m:			250m:	3:27.66	350m:	4:50.90 41.00
	100m:		200m:			300m:	4:09.90 42.24	400m:	5:29.65 38.75
7.	SZEWCZYK Amelia		09	UKS Marato czyk Ostrów Wlkp.				5:30.93	353
	50m:	35.91 35.91	150m:	1:58.71	42.32	250m:	3:25.23 43.28	350m:	4:51.61 42.60
	100m:	1:16.39 40.48	200m:	2:41.95	43.24	300m:	4:09.01 43.78	400m:	5:30.93 39.32
8.	MICHALAK Maria		11	KS Warta Pozna				5:31.35	351
	50m:	36.14 36.14	150m:	1:58.79	42.39	250m:	3:25.05 43.38	350m:	4:51.52 42.67
	100m:	1:16.40 40.26	200m:	2:41.67	42.88	300m:	4:08.85 43.80	400m:	5:31.35 39.83
9.	TOMCZAK Weronika		09	Gnie nie skie Towarzystwo Triathlonow				5:32.48	348
	50m:	35.30 35.30	150m:	1:59.14	42.98	250m:	3:25.77 43.64	350m:	4:52.66 43.81
	100m:	1:16.16 40.86	200m:	2:42.13	42.99	300m:	4:08.85 43.08	400m:	5:32.48 39.82
10.	SADŁOCHA Amelia		11	KTP Iskra Konin				5:36.21	336
	50m:	36.63 36.63	150m:	2:03.42	44.29	250m:	3:30.20 43.47	350m:	4:57.14 42.94
	100m:	1:19.13 42.50	200m:	2:46.73	43.31	300m:	4:14.20 44.00	400m:	5:36.21 39.07
11.	JAGODZIK Marta		09	MKP Astromal-Leszno				5:39.53	327
	50m:	37.38 37.38	150m:	2:03.74	44.06	250m:	3:31.05 43.39	350m:	4:58.47 43.45
	100m:	1:19.68 42.30	200m:	2:47.66	43.92	300m:	4:15.02 43.97	400m:	5:39.53 41.06
12.	PRZYSIEK Agata		09	KP Aquapark W growiec				5:57.84	279
	50m:	38.06 38.06	150m:	2:07.80	45.70	250m:	3:41.77 46.85	350m:	5:13.36 45.69
	100m:	1:22.10 44.04	200m:	2:54.92	47.12	300m:	4:27.67 45.90	400m:	5:57.84 44.48
13.	GRABOWSKA Małgorzata		11	IUKS Jedyńka Pozna				6:05.71	261
	50m:	38.87 38.87	150m:	2:10.22	46.66	250m:	3:46.19 48.17	350m:	5:21.07 47.39
	100m:	1:23.56 44.69	200m:	2:58.02	47.80	300m:	4:33.68 47.49	400m:	6:05.71 44.64
14.	BŁA EJEWSKA Amelia		11	KP Aquapark W growiec				6:06.35	260
	50m:	39.90 39.90	150m:	2:12.87	47.61	250m:	3:46.73 46.62	350m:	5:22.31 48.74
	100m:	1:25.26 45.36	200m:	3:00.11	47.24	300m:	4:33.57 46.84	400m:	6:06.35 44.04
15.	OLKOWSKA Oliwia		11	KTP Iskra Konin				6:08.20	256
	50m:	39.60 39.60	150m:	2:12.12	46.96	250m:	3:47.51 48.10	350m:	5:24.40 47.96
	100m:	1:25.16 45.56	200m:	2:59.41	47.29	300m:	4:36.44 48.93	400m:	6:08.20 43.80
16.	RATAJCZAK Lena		11	KP Aquapark W growiec				6:09.43	253
	50m:	41.48 41.48	150m:	2:17.43	48.60	250m:	3:51.26 46.13	350m:	5:25.12 47.38
	100m:	1:28.83 47.35	200m:	3:05.13	47.70	300m:	4:37.74 46.48	400m:	6:09.43 44.31
17.	RUMIEJOWSKA Aleksandra		11	MUKS „HURAGAN” Koło				6:12.40	247
	50m:	39.13 39.13	150m:	2:12.66	48.26	250m:	3:49.28 48.33	350m:	5:26.25 48.15
	100m:	1:24.40 45.27	200m:	3:00.95	48.29	300m:	4:38.10 48.82	400m:	6:12.40 46.15
18.	JANKOWSKA Magdalena		11	KTP Iskra Konin				6:14.20	244
	50m:	37.65 37.65	150m:	2:13.91	50.22	250m:	3:51.11 48.32	350m:	5:28.51 48.35
	100m:	1:23.69 46.04	200m:	3:02.79	48.88	300m:	4:40.16 49.05	400m:	6:14.20 45.69
19.	WITAŁA Maja		09	UKS 3-Wodnik Wolsztyn				6:15.01	242
	50m:	41.10 41.10	150m:	2:17.03	48.23	250m:	3:54.08 48.72	350m:	5:29.70 45.93
	100m:	1:28.80 47.70	200m:	3:05.36	48.33	300m:	4:43.77 49.69	400m:	6:15.01 45.31
20.	ZHORNITSKA Oleksandra		11	IUKS Jedyńka Pozna				6:17.63	237
	50m:	41.30 41.30	150m:	2:19.13	49.44	250m:	3:58.06 49.33	350m:	5:34.35 48.00
	100m:	1:29.69 48.39	200m:	3:08.73	49.60	300m:	4:46.35 48.29	400m:	6:17.63 43.28
21.	SZYMA SKA Julia		11	KS Warta Pozna				6:23.24	227
	50m:	42.83 42.83	150m:	2:18.69	48.49	250m:	3:57.99 49.88	350m:	5:38.49 49.38
	100m:	1:30.20 47.37	200m:	3:08.11	49.42	300m:	4:49.11 51.12	400m:	6:23.24 44.75
22.	R YSKO Amelia		11	IUKS Jedyńka Pozna				6:23.43	227
	50m:	42.50 42.50	150m:	2:20.52	49.99	250m:	3:59.03 49.44	350m:	5:37.67 48.65
	100m:	1:30.53 48.03	200m:	3:09.59	49.07	300m:	4:49.02 49.99	400m:	6:23.43 45.76

Konkurencja 1, Dziewcz t, 400m dowolny, 11 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.
23.	GODEK Lena		11	KS Warta Pozna				6:25.94	222
	50m:	40.29 40.29	150m:	2:18.62 50.26	250m:	3:58.87 49.79	350m:	5:39.69 51.12	
	100m:	1:28.36 48.07	200m:	3:09.08 50.46	300m:	4:48.57 49.70	400m:	6:25.94 46.25	
24.	WILI SKA Anna		11	KS Warta Pozna				6:29.82	216
	50m:	42.88 42.88	150m:	2:22.28 50.30	250m:	4:02.90 50.31	350m:	5:42.01 49.80	
	100m:	1:31.98 49.10	200m:	3:12.59 50.31	300m:	4:52.21 49.31	400m:	6:29.82 47.81	
25.	KRAUSE Barbara		11	IUKS Jedyńka Pozna				6:44.25	193
	50m:	44.06 44.06	150m:	2:25.11 51.00	250m:	4:10.57 53.33	350m:	5:53.87 51.74	
	100m:	1:34.11 50.05	200m:	3:17.24 52.13	300m:	5:02.13 51.56	400m:	6:44.25 50.38	
26.	GRZESIK Dominika		11	UKS Fala Swarż dz				6:55.13	178
	50m:		150m:	2:30.73 53.49	250m:	4:17.15 53.20	350m:	6:04.13 53.33	
	100m:	1:37.24	200m:	3:23.95 53.22	300m:	5:10.80 53.65	400m:	6:55.13 51.00	
27.	KASPRZAK Maja		11	KS Warta Pozna				6:56.66	176
	50m:	45.29 45.29	150m:	2:31.96 53.39	250m:	4:18.80 53.57	350m:	6:06.24 54.57	
	100m:	1:38.57 53.28	200m:	3:25.23 53.27	300m:	5:11.67 52.87	400m:	6:56.66 50.42	
28.	ZACHARKO Zofia		11	Gnie nie skie Towarzystwo Triathlonow				7:03.43	168
	50m:	44.12 44.12	150m:	2:29.48	250m:	4:20.13 55.74	350m:	6:10.86 55.93	
	100m:		200m:	3:24.39 54.91	300m:	5:14.93 54.80	400m:	7:03.43 52.57	
29.	GRODECKA Maja		11	IUKS Jedyńka Pozna				7:07.58	163
	50m:	49.29 49.29	150m:	2:38.49 55.17	250m:	4:28.66 54.61	350m:	6:18.45 54.76	
	100m:	1:43.32 54.03	200m:	3:34.05 55.56	300m:	5:23.69 55.03	400m:	7:07.58 49.13	
30.	GRYSKA Gabriela		11	IUKS Jedyńka Pozna				7:09.32	161
	50m:	45.82 45.82	150m:	2:35.86 55.52	250m:	4:25.76 54.79	350m:	6:17.21 56.16	
	100m:	1:40.34 54.52	200m:	3:30.97 55.11	300m:	5:21.05 55.29	400m:	7:09.32 52.11	
31.	SCHMIDT Amelia		11	IUKS Jedyńka Pozna				7:19.56	150
	50m:	46.05 46.05	150m:	2:38.48 56.86	250m:	4:34.50 57.72	350m:	6:30.11 58.05	
	100m:	1:41.62 55.57	200m:	3:36.78 58.30	300m:	5:32.06 57.56	400m:	7:19.56 49.45	

Sprawdzian 11i WiWS

1.	ONICHIMIUK Maria		11	KU AZS UAM Pozna				5:24.52	374
	50m:	34.23 34.23	150m:	1:54.78 40.92	250m:	3:19.32 42.88	350m:	5:24.52 1:21.30	
	100m:	1:13.86 39.63	200m:	2:36.44 41.66	300m:	4:03.22 43.90	400m:	5:24.52	
2.	MICHALAK Maria		11	KS Warta Pozna				5:31.35	351
	50m:	36.14 36.14	150m:	1:58.79 42.39	250m:	3:25.05 43.38	350m:	4:51.52 42.67	
	100m:	1:16.40 40.26	200m:	2:41.67 42.88	300m:	4:08.85 43.80	400m:	5:31.35 39.83	
3.	SADŁOCHA Amelia		11	KTP Iskra Konin				5:36.21	336
	50m:	36.63 36.63	150m:	2:03.42 44.29	250m:	3:30.20 43.47	350m:	4:57.14 42.94	
	100m:	1:19.13 42.50	200m:	2:46.73 43.31	300m:	4:14.20 44.00	400m:	5:36.21 39.07	
4.	GRABOWSKA Małgorzata		11	IUKS Jedyńka Pozna				6:05.71	261
	50m:	38.87 38.87	150m:	2:10.22 46.66	250m:	3:46.19 48.17	350m:	5:21.07 47.39	
	100m:	1:23.56 44.69	200m:	2:58.02 47.80	300m:	4:33.68 47.49	400m:	6:05.71 44.64	
5.	BŁA EJEWSKA Amelia		11	KP Aquapark W growiec				6:06.35	260
	50m:	39.90 39.90	150m:	2:12.87 47.61	250m:	3:46.73 46.62	350m:	5:22.31 48.74	
	100m:	1:25.26 45.36	200m:	3:00.11 47.24	300m:	4:33.57 46.84	400m:	6:06.35 44.04	
6.	OLKOWSKA Oliwia		11	KTP Iskra Konin				6:08.20	256
	50m:	39.60 39.60	150m:	2:12.12 46.96	250m:	3:47.51 48.10	350m:	5:24.40 47.96	
	100m:	1:25.16 45.56	200m:	2:59.41 47.29	300m:	4:36.44 48.93	400m:	6:08.20 43.80	
7.	RATAJCZAK Lena		11	KP Aquapark W growiec				6:09.43	253
	50m:	41.48 41.48	150m:	2:17.43 48.60	250m:	3:51.26 46.13	350m:	5:25.12 47.38	
	100m:	1:28.83 47.35	200m:	3:05.13 47.70	300m:	4:37.74 46.48	400m:	6:09.43 44.31	
8.	RUMIEJOWSKA Aleksandra		11	MUKS „HURAGAN" Koło				6:12.40	247
	50m:	39.13 39.13	150m:	2:12.66 48.26	250m:	3:49.28 48.33	350m:	5:26.25 48.15	
	100m:	1:24.40 45.27	200m:	3:00.95 48.29	300m:	4:38.10 48.82	400m:	6:12.40 46.15	

Konkurencja 1, Dziewcz t, 400m dowolny, Sprawdzian 11l WIWS

Pozycja			Rok ur.					Czas	Pkt.
9.	JANKOWSKA Magdalena	11	KTP Iskra Konin					6:14.20	244
	50m: 37.65	37.65	150m: 2:13.91	50.22	250m: 3:51.11	48.32	350m: 5:28.51	48.35	
	100m: 1:23.69	46.04	200m: 3:02.79	48.88	300m: 4:40.16	49.05	400m: 6:14.20	45.69	
10.	ZHORNITSKA Oleksandra	11	IUKS Jedyńka Pozna					6:17.63	237
	50m: 41.30	41.30	150m: 2:19.13	49.44	250m: 3:58.06	49.33	350m: 5:34.35	48.00	
	100m: 1:29.69	48.39	200m: 3:08.73	49.60	300m: 4:46.35	48.29	400m: 6:17.63	43.28	
11.	SZYMA SKA Julia	11	KS Warta Pozna					6:23.24	227
	50m: 42.83	42.83	150m: 2:18.69	48.49	250m: 3:57.99	49.88	350m: 5:38.49	49.38	
	100m: 1:30.20	47.37	200m: 3:08.11	49.42	300m: 4:49.11	51.12	400m: 6:23.24	44.75	
12.	R YSKO Amelia	11	IUKS Jedyńka Pozna					6:23.43	227
	50m: 42.50	42.50	150m: 2:20.52	49.99	250m: 3:59.03	49.44	350m: 5:37.67	48.65	
	100m: 1:30.53	48.03	200m: 3:09.59	49.07	300m: 4:49.02	49.99	400m: 6:23.43	45.76	
13.	GODEK Lena	11	KS Warta Pozna					6:25.94	222
	50m: 40.29	40.29	150m: 2:18.62	50.26	250m: 3:58.87	49.79	350m: 5:39.69	51.12	
	100m: 1:28.36	48.07	200m: 3:09.08	50.46	300m: 4:48.57	49.70	400m: 6:25.94	46.25	
14.	WILI SKA Anna	11	KS Warta Pozna					6:29.82	216
	50m: 42.88	42.88	150m: 2:22.28	50.30	250m: 4:02.90	50.31	350m: 5:42.01	49.80	
	100m: 1:31.98	49.10	200m: 3:12.59	50.31	300m: 4:52.21	49.31	400m: 6:29.82	47.81	
15.	KRAUSE Barbara	11	IUKS Jedyńka Pozna					6:44.25	193
	50m: 44.06	44.06	150m: 2:25.11	51.00	250m: 4:10.57	53.33	350m: 5:53.87	51.74	
	100m: 1:34.11	50.05	200m: 3:17.24	52.13	300m: 5:02.13	51.56	400m: 6:44.25	50.38	
16.	GRZESIK Dominika	11	UKS Fala Swarzędz					6:55.13	178
	50m:		150m: 2:30.73	53.49	250m: 4:17.15	53.20	350m: 6:04.13	53.33	
	100m: 1:37.24		200m: 3:23.95	53.22	300m: 5:10.80	53.65	400m: 6:55.13	51.00	
17.	KASPRZAK Maja	11	KS Warta Pozna					6:56.66	176
	50m: 45.29	45.29	150m: 2:31.96	53.39	250m: 4:18.80	53.57	350m: 6:06.24	54.57	
	100m: 1:38.57	53.28	200m: 3:25.23	53.27	300m: 5:11.67	52.87	400m: 6:56.66	50.42	
18.	ZACHARKO Zofia	11	Gnieźnieńskie Towarzystwo Triathlonow					7:03.43	168
	50m: 44.12	44.12	150m: 2:29.48		250m: 4:20.13	55.74	350m: 6:10.86	55.93	
	100m:		200m: 3:24.39	54.91	300m: 5:14.93	54.80	400m: 7:03.43	52.57	
19.	GRODECKA Maja	11	IUKS Jedyńka Pozna					7:07.58	163
	50m: 49.29	49.29	150m: 2:38.49	55.17	250m: 4:28.66	54.61	350m: 6:18.45	54.76	
	100m: 1:43.32	54.03	200m: 3:34.05	55.56	300m: 5:23.69	55.03	400m: 7:07.58	49.13	
20.	GRYSKA Gabriela	11	IUKS Jedyńka Pozna					7:09.32	161
	50m: 45.82	45.82	150m: 2:35.86	55.52	250m: 4:25.76	54.79	350m: 6:17.21	56.16	
	100m: 1:40.34	54.52	200m: 3:30.97	55.11	300m: 5:21.05	55.29	400m: 7:09.32	52.11	
21.	SCHMIDT Amelia	11	IUKS Jedyńka Pozna					7:19.56	150
	50m: 46.05	46.05	150m: 2:38.48	56.86	250m: 4:34.50	57.72	350m: 6:30.11	58.05	
	100m: 1:41.62	55.57	200m: 3:36.78	58.30	300m: 5:32.06	57.56	400m: 7:19.56	49.45	