

Zimowe Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.
Pozna , 27.1.2023

Konkurencja 11
2023.01.27 - 13:56

Dziewcz t, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	WALCZYK Hanna		10	Grudzi dzki KP „Orka”				5:02.91	460
	50m:	33.55 33.55	150m:	1:49.81 38.78	250m:	3:07.81 39.30	350m:	4:26.11 39.16	
	100m:	1:11.03 37.48	200m:	2:28.51 38.70	300m:	3:46.95 39.14	400m:	5:02.91 36.80	
2.	KORDALSKA Maja		10	KS Warta Pozna				5:05.71	447
	50m:	34.03 34.03	150m:	1:50.79 38.56	250m:	3:08.66 38.75	350m:	4:28.07 39.51	
	100m:	1:12.23 38.20	200m:	2:29.91 39.12	300m:	3:48.56 39.90	400m:	5:05.71 37.64	
3.	OLSCHOWKA Julia		10	KS Warta Pozna				5:09.04	433
	50m:	33.83 33.83	150m:	1:51.84 39.40	250m:	3:12.24 40.58	350m:	4:31.93 39.57	
	100m:	1:12.44 38.61	200m:	2:31.66 39.82	300m:	3:52.36 40.12	400m:	5:09.04 37.11	
4.	KOPER Julia		10	KU AZS UAM Pozna				5:10.26	428
	50m:	34.62 34.62	150m:	1:53.83 39.85	250m:	3:14.52 39.72	350m:	4:33.56 39.16	
	100m:	1:13.98 39.36	200m:	2:34.80 40.97	300m:	3:54.40 39.88	400m:	5:10.26 36.70	
5.	PR DKA Wiktoria		10	Toru ski MKS CHAMPIONS				5:15.63	407
	50m:	34.90 34.90	150m:	1:53.35 40.01	250m:	3:14.84 41.19	350m:	4:35.95 40.77	
	100m:	1:13.34 38.44	200m:	2:33.65 40.30	300m:	3:55.18 40.34	400m:	5:15.63 39.68	
6.	UK Hanna		10	KS Warta Pozna				5:19.46	392
	50m:	36.73 36.73	150m:	1:58.36 40.59	250m:	3:19.02 39.98	350m:	4:39.76 40.68	
	100m:	1:17.77 41.04	200m:	2:39.04 40.68	300m:	3:59.08 40.06	400m:	5:19.46 39.70	
7.	KRAJEWSKA Weronika		10	Grudzi dzki KP „Orka”				5:26.25	368
	50m:	35.12 35.12	150m:	1:57.97 42.18	250m:	3:22.50 42.13	350m:	4:46.08 41.26	
	100m:	1:15.79 40.67	200m:	2:40.37 42.40	300m:	4:04.82 42.32	400m:	5:26.25 40.17	
8.	PEIKO Maria		10	UKS Pi tka Konstantinów Łódzki				5:26.63	367
	50m:	37.23 37.23	150m:	2:01.58 42.61	250m:	3:27.08 43.18	350m:	4:48.48 40.45	
	100m:	1:18.97 41.74	200m:	2:43.90 42.32	300m:	4:08.03 40.95	400m:	5:26.63 38.15	
9.	BUKAVETS Emiliya		10	UKS „Ósemka” Toru				5:30.56	354
	50m:	36.08 36.08	150m:	1:57.30 41.61	250m:	3:21.96 42.26	350m:	4:48.46 43.45	
	100m:	1:15.69 39.61	200m:	2:39.70 42.40	300m:	4:05.01 43.05	400m:	5:30.56 42.10	
10.	SZŁAPKA Antonina		10	UKS Cityzen				5:32.47	348
	50m:	36.77 36.77	150m:	2:00.26 42.23	250m:	3:26.79 43.55	350m:	4:52.09	
	100m:	1:18.03 41.26	200m:	2:43.24 42.98	300m:		400m:	5:32.47 40.38	
11.	BALINA Maja		10	Grudzi dzki KP „Orka”				5:36.19	336
	50m:	35.67 35.67	150m:	1:58.82 42.97	250m:	3:27.15 43.88	350m:	4:53.93 43.46	
	100m:	1:15.85 40.18	200m:	2:43.27 44.45	300m:	4:10.47 43.32	400m:	5:36.19 42.26	
12.	GŁOGOWSKA Maja		10	UKS Pi tka Konstantinów Łódzki				5:45.21	311
	50m:	38.93 38.93	150m:	2:08.61 45.27	250m:	3:40.09 45.10	350m:	5:07.26 42.64	
	100m:	1:23.34 44.41	200m:	2:54.99 46.38	300m:	4:24.62 44.53	400m:	5:45.21 37.95	
13.	SIEPKA Zofia		10	KS Posnania Pozna				5:48.45	302
	50m:	37.61 37.61	150m:	2:07.20 46.64	250m:	3:37.69 45.40	350m:	5:06.97 43.96	
	100m:	1:20.56 42.95	200m:	2:52.29 45.09	300m:	4:23.01 45.32	400m:	5:48.45 41.48	
14.	BŁAJET Nikola		10	KS Warta Pozna				6:01.63	270
	50m:	38.62 38.62	150m:	2:13.49 47.84	250m:	3:48.53 47.61	350m:	5:21.53 46.06	
	100m:	1:25.65 47.03	200m:	3:00.92 47.43	300m:	4:35.47 46.94	400m:	6:01.63 40.10	
15.	BIAŁEK Katarzyna		10	UKS 3-Wodnik Wolsztyn				6:04.80	263
	50m:	39.17 39.17	150m:	2:12.51 48.03	250m:	3:48.48 47.91	350m:	5:22.37 46.08	
	100m:	1:24.48 45.31	200m:	3:00.57 48.06	300m:	4:36.29 47.81	400m:	6:04.80 42.43	
16.	RAMA Elena		10	MUKS „HURAGAN” Koło				6:11.98	248
	50m:	40.20 40.20	150m:	2:14.61 47.94	250m:	3:50.22 48.14	350m:	5:24.71 46.99	
	100m:	1:26.67 46.47	200m:	3:02.08 47.47	300m:	4:37.72 47.50	400m:	6:11.98 47.27	
17.	BARTZ Ewa		10	KU AZS UAM Pozna				6:36.52	205
	50m:	42.18 42.18	150m:	2:19.10 49.29	250m:	4:01.78 51.40	350m:	5:45.75 51.96	
	100m:	1:29.81 47.63	200m:	3:10.38 51.28	300m:	4:53.79 52.01	400m:	6:36.52 50.77	

Zimowe Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.
Pozna , 27.1.2023

Konkurencja 11, Dziewcz t, 400m dowolny

12 lat

1.	MICHALAK Maria	11	KS Warta Pozna	5:21.98	383
	50m: 36.60 36.60	150m: 1:57.76 40.81	250m: 3:20.07 41.12	350m: 4:43.00 41.63	
	100m: 1:16.95 40.35	200m: 2:38.95 41.19	300m: 4:01.37 41.30	400m: 5:21.98 38.98	
2.	PIÓR Julia	11	Grudzi dzki KP „Orka"	5:29.75	356
	50m: 36.22 36.22	150m: 1:59.70 42.32	250m: 3:24.81 42.66	350m: 4:50.05 42.55	
	100m: 1:17.38 41.16	200m: 2:42.15 42.45	300m: 4:07.50 42.69	400m: 5:29.75 39.70	
3.	SADŁOCHA Amelia	11	KTP Iskra Konin	5:33.03	346
	50m: 36.29 36.29	150m: 2:01.86 43.01	250m: 3:28.06 43.26	350m: 4:52.86 43.09	
	100m: 1:18.85 42.56	200m: 2:44.80 42.94	300m: 4:09.77 41.71	400m: 5:33.03 40.17	
4.	GRABOWSKA Małgorzata	11	IUKS Jedyńka Pozna	5:42.76	317
	50m: 36.22 36.22	150m: 2:01.62 43.70	250m: 3:31.29 44.88	350m: 5:01.77 45.00	
	100m: 1:17.92 41.70	200m: 2:46.41 44.79	300m: 4:16.77 45.48	400m: 5:42.76 40.99	
5.	NOWAK Aleksandra	11	KS Wodnik rem	5:47.27	305
	50m: 37.25 37.25	150m: 2:04.27 44.26	250m: 3:34.62 45.01	350m: 5:04.59 45.24	
	100m: 1:20.01 42.76	200m: 2:49.61 45.34	300m: 4:19.35 44.73	400m: 5:47.27 42.68	
6.	RUMIEJOWSKA Aleksandra	11	MUKS „HURAGAN" Koło	5:56.59	282
	50m: 40.10 40.10	150m: 2:10.88 45.92	250m: 3:42.55 45.58	350m: 5:12.56 45.05	
	100m: 1:24.96 44.86	200m: 2:56.97 46.09	300m: 4:27.51 44.96	400m: 5:56.59 44.03	
7.	SZYMA SKA Julia	11	KS Warta Pozna	6:11.18	250
	50m: 41.35 41.35	150m: 2:15.47 47.76	250m: 3:51.97 47.73	350m: 5:28.83 48.12	
	100m: 1:27.71 46.36	200m: 3:04.24 48.77	300m: 4:40.71 48.74	400m: 6:11.18 42.35	
8.	BOCHE SKA Aleksandra	11	UKS „GROT" Koziegłowy	6:24.23	225
	50m: 40.25 40.25	150m: 2:15.04 48.88	250m: 3:56.16 51.20	350m: 5:37.17 50.15	
	100m: 1:26.16 45.91	200m: 3:04.96 49.92	300m: 4:47.02 50.86	400m: 6:24.23 47.06	
9.	GRZESIK Dominika	11	UKS Fala Swarz dz	6:41.27	198
	50m: 41.76 41.76	150m: 2:21.24 50.49	250m: 4:06.14 52.75	350m: 5:50.90 52.60	
	100m: 1:30.75 48.99	200m: 3:13.39 52.15	300m: 4:58.30 52.16	400m: 6:41.27 50.37	
10.	JAMROZIK Amelia	11	MUKS „HURAGAN" Koło	7:21.09	149
	50m: 50.09 50.09	150m: 2:45.75 59.14	250m: 4:40.22 57.06	350m: 6:28.19 53.83	
	100m: 1:46.61 56.52	200m: 3:43.16 57.41	300m: 5:34.36 54.14	400m: 7:21.09 52.90	

11 lat

1.	SADŁOCHA Marcelina	12	KTP Iskra Konin	5:32.06	349
	50m: 36.47 36.47	150m: 2:03.00 44.28	250m: 3:28.82 43.13	350m: 4:55.59 42.46	
	100m: 1:18.72 42.25	200m: 2:45.69 42.69	300m: 4:13.13 44.31	400m: 5:32.06 36.47	
2.	OCZKOWSKA Damroka	12	"UKS - Jedyńka Kórnik"	5:33.85	343
	50m: 38.74 38.74	150m: 2:02.64 42.10	250m: 3:27.45 42.66	350m: 4:52.65 42.49	
	100m: 1:20.54 41.80	200m: 2:44.79 42.15	300m: 4:10.16 42.71	400m: 5:33.85 41.20	
3.	MIKOŁAJCZAK Helena	12	IUKS Jedyńka Pozna	6:14.76	243
	50m: 40.74 40.74	150m: 2:15.52 48.74	250m: 3:53.44 49.40	350m:	
	100m: 1:26.78 46.04	200m: 3:04.04 48.52	300m: 4:42.75 49.31	400m: 6:14.76	
4.	KOTUS Maria	12	UKS Pi tka Konstancynów Łódzki	6:23.91	226
	50m: 43.05 43.05	150m: 2:22.67 50.14	250m: 4:01.73 49.58	350m: 5:39.16 48.12	
	100m: 1:32.53 49.48	200m: 3:12.15 49.48	300m: 4:51.04 49.31	400m: 6:23.91 44.75	
5.	PIASECKA Gabriela	12	Klub Sportowy Extreme Team Oborniki	6:24.49	225
	50m: 43.48 43.48	150m: 2:23.33 50.01	250m: 4:03.09 50.35	350m: 5:40.04 46.91	
	100m: 1:33.32 49.84	200m: 3:12.74 49.41	300m: 4:53.13 50.04	400m: 6:24.49 44.45	
6.	RAJCZYK Lena	12	KTP Iskra Konin	6:29.50	216
	50m: 42.62 42.62	150m: 2:22.49 50.51	250m: 4:02.09 49.18	350m: 5:42.59 49.92	
	100m: 1:31.98 49.36	200m: 3:12.91 50.42	300m: 4:52.67 50.58	400m: 6:29.50 46.91	
7.	LATANOWICZ Natalia	12	IUKS Jedyńka Pozna	6:41.08	198
	50m: 40.47 40.47	150m: 2:21.54 52.52	250m: 4:07.72 53.67	350m: 5:53.75 53.35	
	100m: 1:29.02 48.55	200m: 3:14.05 52.51	300m: 5:00.40 52.68	400m: 6:41.08 47.33	

Zimowe Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.
Pozna , 27.1.2023

Konkurencja 11, Dziewcz t, 400m dowolny, 11 lat

Pozycja				Rok ur.					Czas	Pkt.		
8.	GŁOWACKA Anna			12	UKS Pi tka Konstantynów Łódzki				6:43.57	194		
	50m:	42.15	42.15	150m:	2:23.37	51.21	250m:	4:08.40	51.32	350m:	5:53.62	52.96
	100m:	1:32.16	50.01	200m:	3:17.08	53.71	300m:	5:00.66	52.26	400m:	6:43.57	49.95
9.	NOWAK Julia			12	IUKS Jedyńka Pozna				6:50.44	185		
	50m:	43.70	43.70	150m:	2:24.63	50.37	250m:	4:13.19	53.86	350m:	5:58.62	52.39
	100m:	1:34.26	50.56	200m:	3:19.33	54.70	300m:	5:06.23	53.04	400m:	6:50.44	51.82
10.	HAAK Maja			12	KS Warta Pozna				7:32.66	138		
	50m:	43.63	43.63	150m:	2:35.47	56.79	250m:	4:34.44	1:00.70	350m:	6:37.88	1:01.47
	100m:	1:38.68	55.05	200m:	3:33.74	58.27	300m:	5:36.41	1:01.97	400m:	7:32.66	54.78