

Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.  
Poznań, 27.1. - 28.4.2023

Konkurencja 11  
2023.01.27 - 13:56

Dziewcząt, 400m dowolny

11 - 13 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
<b>13 lat</b>									
1.	WALCZYK Hanna		10	Grudziódzki KP „Orka”				<b>5:02.91</b>	460
	50m:	33.55 33.55	150m:	1:49.81 38.78	250m:	3:07.81 39.30	350m:	4:26.11 39.16	
	100m:	1:11.03 37.48	200m:	2:28.51 38.70	300m:	3:46.95 39.14	400m:	5:02.91 36.80	
2.	KORDALSKA Maja		10	KS Warta Poznań				<b>5:05.71</b>	447
	50m:	34.03 34.03	150m:	1:50.79 38.56	250m:	3:08.66 38.75	350m:	4:28.07 39.51	
	100m:	1:12.23 38.20	200m:	2:29.91 39.12	300m:	3:48.56 39.90	400m:	5:05.71 37.64	
3.	OLSCHOWKA Julia		10	KS Warta Poznań				<b>5:09.04</b>	433
	50m:	33.83 33.83	150m:	1:51.84 39.40	250m:	3:12.24 40.58	350m:	4:31.93 39.57	
	100m:	1:12.44 38.61	200m:	2:31.66 39.82	300m:	3:52.36 40.12	400m:	5:09.04 37.11	
4.	KOPER Julia		10	KU AZS UAM Poznań				<b>5:10.26</b>	428
	50m:	34.62 34.62	150m:	1:53.83 39.85	250m:	3:14.52 39.72	350m:	4:33.56 39.16	
	100m:	1:13.98 39.36	200m:	2:34.80 40.97	300m:	3:54.40 39.88	400m:	5:10.26 36.70	
5.	PRYDKA Wiktoria		10	Toruński MKS CHAMPIONS				<b>5:15.63</b>	407
	50m:	34.90 34.90	150m:	1:53.35 40.01	250m:	3:14.84 41.19	350m:	4:35.95 40.77	
	100m:	1:13.34 38.44	200m:	2:33.65 40.30	300m:	3:55.18 40.34	400m:	5:15.63 39.68	
6.	UK Hanna		10	KS Warta Poznań				<b>5:19.46</b>	392
	50m:	36.73 36.73	150m:	1:58.36 40.59	250m:	3:19.02 39.98	350m:	4:39.76 40.68	
	100m:	1:17.77 41.04	200m:	2:39.04 40.68	300m:	3:59.08 40.06	400m:	5:19.46 39.70	
7.	KRAJEWSKA Weronika		10	Grudziódzki KP „Orka”				<b>5:26.25</b>	368
	50m:	35.12 35.12	150m:	1:57.97 42.18	250m:	3:22.50 42.13	350m:	4:46.08 41.26	
	100m:	1:15.79 40.67	200m:	2:40.37 42.40	300m:	4:04.82 42.32	400m:	5:26.25 40.17	
8.	PEIKO Maria		10	UKS Piłkarska Konstantynów Łódzki				<b>5:26.63</b>	367
	50m:	37.23 37.23	150m:	2:01.58 42.61	250m:	3:27.08 43.18	350m:	4:48.48 40.45	
	100m:	1:18.97 41.74	200m:	2:43.90 42.32	300m:	4:08.03 40.95	400m:	5:26.63 38.15	
9.	BUKAVETS Emiliya		10	UKS „Ósemka” Toruń				<b>5:30.56</b>	354
	50m:	36.08 36.08	150m:	1:57.30 41.61	250m:	3:21.96 42.26	350m:	4:48.46 43.45	
	100m:	1:15.69 39.61	200m:	2:39.70 42.40	300m:	4:05.01 43.05	400m:	5:30.56 42.10	
10.	SZŁAPKA Antonina		10	UKS Cityzen				<b>5:32.47</b>	348
	50m:	36.77 36.77	150m:	2:00.26 42.23	250m:	3:26.79 43.55	350m:	4:52.09	
	100m:	1:18.03 41.26	200m:	2:43.24 42.98	300m:		400m:	5:32.47 40.38	
11.	BALINA Maja		10	Grudziódzki KP „Orka”				<b>5:36.19</b>	336
	50m:	35.67 35.67	150m:	1:58.82 42.97	250m:	3:27.15 43.88	350m:	4:53.93 43.46	
	100m:	1:15.85 40.18	200m:	2:43.27 44.45	300m:	4:10.47 43.32	400m:	5:36.19 42.26	
12.	GŁOGOWSKA Maja		10	UKS Piłkarska Konstantynów Łódzki				<b>5:45.21</b>	311
	50m:	38.93 38.93	150m:	2:08.61 45.27	250m:	3:40.09 45.10	350m:	5:07.26 42.64	
	100m:	1:23.34 44.41	200m:	2:54.99 46.38	300m:	4:24.62 44.53	400m:	5:45.21 37.95	
13.	SIEPKA Zofia		10	KS Poznań				<b>5:48.45</b>	302
	50m:	37.61 37.61	150m:	2:07.20 46.64	250m:	3:37.69 45.40	350m:	5:06.97 43.96	
	100m:	1:20.56 42.95	200m:	2:52.29 45.09	300m:	4:23.01 45.32	400m:	5:48.45 41.48	
14.	BŁAJET Nikola		10	KS Warta Poznań				<b>6:01.63</b>	270
	50m:	38.62 38.62	150m:	2:13.49 47.84	250m:	3:48.53 47.61	350m:	5:21.53 46.06	
	100m:	1:25.65 47.03	200m:	3:00.92 47.43	300m:	4:35.47 46.94	400m:	6:01.63 40.10	
15.	BIAŁEK Katarzyna		10	UKS 3-Wodnik Wolsztyn				<b>6:04.80</b>	263
	50m:	39.17 39.17	150m:	2:12.51 48.03	250m:	3:48.48 47.91	350m:	5:22.37 46.08	
	100m:	1:24.48 45.31	200m:	3:00.57 48.06	300m:	4:36.29 47.81	400m:	6:04.80 42.43	
16.	RAMA Elena		10	MUKS „HURAGAN” Koło				<b>6:11.98</b>	248
	50m:	40.20 40.20	150m:	2:14.61 47.94	250m:	3:50.22 48.14	350m:	5:24.71 46.99	
	100m:	1:26.67 46.47	200m:	3:02.08 47.47	300m:	4:37.72 47.50	400m:	6:11.98 47.27	
17.	BARTZ Ewa		10	KU AZS UAM Poznań				<b>6:36.52</b>	205
	50m:	42.18 42.18	150m:	2:19.10 49.29	250m:	4:01.78 51.40	350m:	5:45.75 51.96	
	100m:	1:29.81 47.63	200m:	3:10.38 51.28	300m:	4:53.79 52.01	400m:	6:36.52 50.77	

Wielkopolskie Rozgrywki Pływackie w kategorii 11/12/13 – latków.  
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Konkurencja 11, Dziewcz t, 400m dowolny

12 lat

1.	MICHALAK Maria	11	KS Warta Pozna	<b>5:21.98</b>	383
	50m: 36.60 36.60	150m: 1:57.76	40.81 250m: 3:20.07	41.12 350m: 4:43.00	41.63
	100m: 1:16.95 40.35	200m: 2:38.95	41.19 300m: 4:01.37	41.30 400m: 5:21.98	38.98
2.	PIÓR Julia	11	Grudzi dzki KP „Orka"	<b>5:29.75</b>	356
	50m: 36.22 36.22	150m: 1:59.70	42.32 250m: 3:24.81	42.66 350m: 4:50.05	42.55
	100m: 1:17.38 41.16	200m: 2:42.15	42.45 300m: 4:07.50	42.69 400m: 5:29.75	39.70
3.	SADŁOCHA Amelia	11	KTP Iskra Konin	<b>5:33.03</b>	346
	50m: 36.29 36.29	150m: 2:01.86	43.01 250m: 3:28.06	43.26 350m: 4:52.86	43.09
	100m: 1:18.85 42.56	200m: 2:44.80	42.94 300m: 4:09.77	41.71 400m: 5:33.03	40.17
4.	GRABOWSKA Małgorzata	11	KS Posnania Pozna	<b>5:42.76</b>	317
	50m: 36.22 36.22	150m: 2:01.62	43.70 250m: 3:31.29	44.88 350m: 5:01.77	45.00
	100m: 1:17.92 41.70	200m: 2:46.41	44.79 300m: 4:16.77	45.48 400m: 5:42.76	40.99
5.	NOWAK Aleksandra	11	KS Wodnik rem	<b>5:47.27</b>	305
	50m: 37.25 37.25	150m: 2:04.27	44.26 250m: 3:34.62	45.01 350m: 5:04.59	45.24
	100m: 1:20.01 42.76	200m: 2:49.61	45.34 300m: 4:19.35	44.73 400m: 5:47.27	42.68
6.	RUMIEJOWSKA Aleksandra	11	MUKS „HURAGAN" Koło	<b>5:56.59</b>	282
	50m: 40.10 40.10	150m: 2:10.88	45.92 250m: 3:42.55	45.58 350m: 5:12.56	45.05
	100m: 1:24.96 44.86	200m: 2:56.97	46.09 300m: 4:27.51	44.96 400m: 5:56.59	44.03
7.	SZYMA SKA Julia	11	KS Warta Pozna	<b>6:11.18</b>	250
	50m: 41.35 41.35	150m: 2:15.47	47.76 250m: 3:51.97	47.73 350m: 5:28.83	48.12
	100m: 1:27.71 46.36	200m: 3:04.24	48.77 300m: 4:40.71	48.74 400m: 6:11.18	42.35
8.	BOCHE SKA Aleksandra	11	UKS „GROT" Koziegłowy	<b>6:24.23</b>	225
	50m: 40.25 40.25	150m: 2:15.04	48.88 250m: 3:56.16	51.20 350m: 5:37.17	50.15
	100m: 1:26.16 45.91	200m: 3:04.96	49.92 300m: 4:47.02	50.86 400m: 6:24.23	47.06
9.	GRZESIK Dominika	11	UKS Fala Swarz dz	<b>6:41.27</b>	198
	50m: 41.76 41.76	150m: 2:21.24	50.49 250m: 4:06.14	52.75 350m: 5:50.90	52.60
	100m: 1:30.75 48.99	200m: 3:13.39	52.15 300m: 4:58.30	52.16 400m: 6:41.27	50.37
10.	JAMROZIK Amelia	11	MUKS „HURAGAN" Koło	<b>7:21.09</b>	149
	50m: 50.09 50.09	150m: 2:45.75	59.14 250m: 4:40.22	57.06 350m: 6:28.19	53.83
	100m: 1:46.61 56.52	200m: 3:43.16	57.41 300m: 5:34.36	54.14 400m: 7:21.09	52.90

11 lat

1.	SADŁOCHA Marcelina	12	KTP Iskra Konin	<b>5:32.06</b>	349
	50m: 36.47 36.47	150m: 2:03.00	44.28 250m: 3:28.82	43.13 350m: 4:55.59	42.46
	100m: 1:18.72 42.25	200m: 2:45.69	42.69 300m: 4:13.13	44.31 400m: 5:32.06	36.47
2.	OCZKOWSKA Damroka	12	"UKS - Jedyńka Kórnik"	<b>5:33.85</b>	343
	50m: 38.74 38.74	150m: 2:02.64	42.10 250m: 3:27.45	42.66 350m: 4:52.65	42.49
	100m: 1:20.54 41.80	200m: 2:44.79	42.15 300m: 4:10.16	42.71 400m: 5:33.85	41.20
3.	MIKOŁAJCZAK Helena	12	IUKS Jedyńka Pozna	<b>6:14.76</b>	243
	50m: 40.74 40.74	150m: 2:15.52	48.74 250m: 3:53.44	49.40 350m:	
	100m: 1:26.78 46.04	200m: 3:04.04	48.52 300m: 4:42.75	49.31 400m: 6:14.76	
4.	KOTUS Maria	12	UKS Pi tka Konstancynów Łódzki	<b>6:23.91</b>	226
	50m: 43.05 43.05	150m: 2:22.67	50.14 250m: 4:01.73	49.58 350m: 5:39.16	48.12
	100m: 1:32.53 49.48	200m: 3:12.15	49.48 300m: 4:51.04	49.31 400m: 6:23.91	44.75
5.	PIASECKA Gabriela	12	Klub Sportowy Extreme Team Oborniki	<b>6:24.49</b>	225
	50m: 43.48 43.48	150m: 2:23.33	50.01 250m: 4:03.09	50.35 350m: 5:40.04	46.91
	100m: 1:33.32 49.84	200m: 3:12.74	49.41 300m: 4:53.13	50.04 400m: 6:24.49	44.45
6.	RAJCZYK Lena	12	KTP Iskra Konin	<b>6:29.50</b>	216
	50m: 42.62 42.62	150m: 2:22.49	50.51 250m: 4:02.09	49.18 350m: 5:42.59	49.92
	100m: 1:31.98 49.36	200m: 3:12.91	50.42 300m: 4:52.67	50.58 400m: 6:29.50	46.91
7.	LATANOWICZ Natalia	12	IUKS Jedyńka Pozna	<b>6:41.08</b>	198
	50m: 40.47 40.47	150m: 2:21.54	52.52 250m: 4:07.72	53.67 350m: 5:53.75	53.35
	100m: 1:29.02 48.55	200m: 3:14.05	52.51 300m: 5:00.40	52.68 400m: 6:41.08	47.33

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Konkurencja 11, Dziewcz. t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.			
8.	GŁOWACKA Anna		12	UKS Piłka Konstantynów Łódzki				<b>6:43.57</b>	194			
	50m:	42.15	42.15	150m:	2:23.37	51.21	250m:	4:08.40	51.32	350m:	5:53.62	52.96
	100m:	1:32.16	50.01	200m:	3:17.08	53.71	300m:	5:00.66	52.26	400m:	6:43.57	49.95
9.	NOWAK Julia		12	IUKS Jedyńka Poznań				<b>6:50.44</b>	185			
	50m:	43.70	43.70	150m:	2:24.63	50.37	250m:	4:13.19	53.86	350m:	5:58.62	52.39
	100m:	1:34.26	50.56	200m:	3:19.33	54.70	300m:	5:06.23	53.04	400m:	6:50.44	51.82
10.	HAAK Maja		12	KS Warta Poznań				<b>7:32.66</b>	138			
	50m:	43.63	43.63	150m:	2:35.47	56.79	250m:	4:34.44	1:00.70	350m:	6:37.88	1:01.47
	100m:	1:38.68	55.05	200m:	3:33.74	58.27	300m:	5:36.41	1:01.97	400m:	7:32.66	54.78