

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach
Poznań, 11.11.2023

Konkurencja 14
2023.11.11 - 14:28

Mężczyźni, 400m zmienny

Open
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.			
Grupa A												
1.	TARCZY SKI Bartosz		07	UKS 190 Łódź				4:39.04	595			
	50m:	30.74	30.74	150m:	1:44.83	39.01	250m:	2:58.89	37.80	350m:	4:09.03	32.62
	100m:	1:05.82	35.08	200m:	2:21.09	36.26	300m:	3:36.41	37.52	400m:	4:39.04	30.01
2.	JARCZEWSKI Franciszek		05	UKS 190 Łódź				4:40.72	585			
	50m:	30.53	30.53	150m:	1:41.70	37.13	250m:	2:57.75	39.61	350m:	4:09.65	32.31
	100m:	1:04.57	34.04	200m:	2:18.14	36.44	300m:	3:37.34	39.59	400m:	4:40.72	31.07
3.	SZAFRA SKI Kamil		07	O AZS w Poznaniu				4:51.52	522			
	50m:	29.67	29.67	150m:	1:44.62	40.04	250m:	3:02.80	39.99	350m:	4:18.32	35.10
	100m:	1:04.58	34.91	200m:	2:22.81	38.19	300m:	3:43.22	40.42	400m:	4:51.52	33.20
Grupa B												
1.	LESIAK Piotr		09	SKS 137 Delfin Łódź				4:51.45	522			
	50m:	32.10	32.10	150m:	1:44.74	36.37	250m:	3:01.53	41.07	350m:	4:17.89	34.32
	100m:	1:08.37	36.27	200m:	2:20.46	35.72	300m:	3:43.57	42.04	400m:	4:51.45	33.56
2.	PAWLAK Dawid		08	UKS 190 Łódź				4:54.33	507			
	50m:	31.08	31.08	150m:	1:45.73	39.15	250m:	3:07.36	42.42	350m:	4:22.89	32.99
	100m:	1:06.58	35.50	200m:	2:24.94	39.21	300m:	3:49.90	42.54	400m:	4:54.33	31.44
3.	BIELIENKOV Nikita		08	O AZS w Poznaniu				5:04.88	456			
	50m:	30.60	30.60	150m:	1:47.61	42.45	250m:	3:12.75	44.70	350m:	4:32.75	34.09
	100m:	1:05.16	34.56	200m:	2:28.05	40.44	300m:	3:58.66	45.91	400m:	5:04.88	32.13
4.	ŁAWRYNOWICZ Kacper		09	MUKS "Piłastka"				5:07.04	447			
	50m:	32.20	32.20	150m:	1:51.28	42.00	250m:	3:13.96	43.48	350m:	4:32.71	37.43
	100m:	1:09.28	37.08	200m:	2:30.48	39.20	300m:	3:55.28	41.32	400m:	5:07.04	34.33
Grupa C												
1.	MICHALCZYSZYN Filip		10	MKP Szczecin				5:20.60	392			
	50m:	34.06	34.06	150m:	1:56.91	43.70	250m:	3:23.04	44.01	350m:	4:44.97	36.74
	100m:	1:13.21	39.15	200m:	2:39.03	42.12	300m:	4:08.23	45.19	400m:	5:20.60	35.63
2.	PLUTA Wojciech		10	UKS „Jasie” Sucha Beskidzka				5:32.12	353			
	50m:	35.46	35.46	150m:	1:59.27	42.14	250m:	3:26.95	47.53	350m:	4:54.54	40.37
	100m:	1:17.13	41.67	200m:	2:39.42	40.15	300m:	4:14.17	47.22	400m:	5:32.12	37.58
Grupa D												
1.	BILAVSKYI Filip		11	TP Zielona Góra				5:22.98	384			
	50m:	34.55	34.55	150m:	1:58.40	43.72	250m:	3:25.72	46.67	350m:	4:50.25	37.67
	100m:	1:14.68	40.13	200m:	2:39.05	40.65	300m:	4:12.58	46.86	400m:	5:22.98	32.73
Grupa E												
1.	OGÓREK Mariusz		12	MKP Szczecin				5:32.11	353			
	50m:	36.73	36.73	150m:	2:04.00	42.94	250m:	3:31.65	47.01	350m:	4:56.75	38.34
	100m:	1:21.06	44.33	200m:	2:44.64	40.64	300m:	4:18.41	46.76	400m:	5:32.11	35.36