

Puchar Prezydenta Miasta Koszalina, Ogólnopolski Sprawdzian Wytrzymałości i Wszechstronności Stylowej 11-12 lat
Koszalin, 17.11.2023

Konkurencja 11
2023.11.17 - 12:30

Dziewcząt, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
1.	KAMI SKA Nela		12	MKS Znicz Koszalin				6:17.47	230
	50m: 40.88 40.88	150m: 2:17.10 49.31		250m: 3:54.75 48.50	350m: 5:26.49 43.61				
	100m: 1:27.79 46.91	200m: 3:06.25 49.15		300m: 4:42.88 48.13	400m: 6:17.47 50.98				
2.	KORONA Kornelia		12	MKS Znicz Koszalin				6:34.80	201
	50m: 44.52 44.52	150m: 2:24.73 50.40		250m: 4:07.93 52.27	350m: 5:47.62 48.26				
	100m: 1:34.33 49.81	200m: 3:15.66 50.93		300m: 4:59.36 51.43	400m: 6:34.80 47.18				
3.	LEWANDOWSKA Gaja		12	MKS Znicz Koszalin				6:38.09	196
	50m: 45.50 45.50	150m: 2:25.99 50.90		250m: 4:09.14 52.23	350m: 5:46.55 46.07				
	100m: 1:35.09 49.59	200m: 3:16.91 50.92		300m: 5:00.48 51.34	400m: 6:38.09 51.54				
4.	ŁYSKO Alicja		12	MKS Znicz Koszalin				6:43.82	187
	50m: 46.47 46.47	150m: 2:29.56 52.55		250m: 4:14.81 52.30	350m: 5:58.90 52.22				
	100m: 1:37.01 50.54	200m: 3:22.51 52.95		300m: 5:06.68 51.87	400m: 6:43.82 44.92				
5.	CIBA Barbara		12	MKS Znicz Koszalin				6:44.78	186
	50m: 47.18 47.18	150m: 2:30.37 51.56		250m: 4:13.29 51.48	350m: 5:57.76 52.75				
	100m: 1:38.81 51.63	200m: 3:21.81 51.44		300m: 5:05.01 51.72	400m: 6:44.78 47.02				
6.	RZEWNIK Marianna		12	UKP „Marlin”				6:49.62	180
	50m: 42.39 42.39	150m: 2:25.94 52.76		250m: 4:11.62 52.83	350m: 5:57.76 53.18				
	100m: 1:33.18 50.79	200m: 3:18.79 52.85		300m: 5:04.58 52.96	400m: 6:49.62 51.86				
7.	KALISZCZAK Hanna		12	MKS Znicz Koszalin				6:49.78	179
	50m: 41.77 41.77	150m: 2:24.47 52.14		250m: 4:08.61 54.02	350m: 5:55.00 52.26				
	100m: 1:32.33 50.56	200m: 3:14.59 50.12		300m: 5:02.74 54.13	400m: 6:49.78 54.78				
8.	KOZIEŁ Adrianna		12	UKP „Marlin”				7:04.46	161
	50m: 46.08 46.08	150m: 2:31.41 53.92		250m: 4:20.62 55.17	350m: 6:10.26 54.42				
	100m: 1:37.49 51.41	200m: 3:25.45 54.04		300m: 5:15.84 55.22	400m: 7:04.46 54.20				
9.	KAMI SKA Anna		12	MKS Znicz Koszalin				7:05.57	160
	50m: 50.24 50.24	150m: 2:39.77 55.04		250m: 4:31.21 54.40	350m: 6:21.59 54.10				
	100m: 1:44.73 54.49	200m: 3:36.81 57.04		300m: 5:27.49 56.28	400m: 7:05.57 43.98				
10.	KIELAR Milena		12	MKS Znicz Koszalin				7:38.16	128
	50m: 51.85 51.85	150m: 2:49.17 58.41		250m: 4:50.97 1:00.58	350m: 6:44.21 54.11				
	100m: 1:50.76 58.91	200m: 3:50.39 1:01.22		300m: 5:50.10 59.13	400m: 7:38.16 53.95				
11.	MIECHOWSKA Marcelina		12	MKS Znicz Koszalin				7:47.81	120
	50m: 53.15 53.15	150m: 2:51.18 59.79		250m: 4:51.00 59.59	350m: 6:49.65 58.80				
	100m: 1:51.39 58.24	200m: 3:51.41 1:00.23		300m: 5:50.85 59.85	400m: 7:47.81 58.16				
12.	CYRANKOWSKA Michalina		12	MKS Znicz Koszalin				7:51.95	117
	50m: 53.69 53.69	150m: 2:55.47 1:01.70		250m: 4:58.58 1:01.89	350m: 6:56.02 58.18				
	100m: 1:53.77 1:00.08	200m: 3:56.69 1:01.22		300m: 5:57.84 59.26	400m: 7:51.95 55.93				