



Zimowe Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu
Pozna , 23. - 26.11.2023

Konkurencja 28

2023.11.25 - 9:44

M czyzn, 400m dowolny

14 lat i starsi

Wyniki Eliminacje

Rekord Polski 3:45.71 STANCZYK Przemyslaw 00116 Chiba (JPN) 2007.08.21
Rekord Polski Młodzie owców 3:45.71 STANCZYK Przemyslaw 00116 Chiba (JPN) 2007.08.21

Minimum - IO - Pary (Francja) : 3:46.78 / Minimum - M - Doha (Katar) : 3:48.15

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.		
1.	STANISZEWSKI Bartosz		05	MKP Szczecin				4:04.43	729 A		
	50m:	28.18 28.18	150m:	1:30.07	31.14	250m:	2:32.88	31.32	350m:	3:35.24	30.86
	100m:	58.93 30.75	200m:	2:01.56	31.49	300m:	3:04.38	31.50	400m:	4:04.43	29.19
2.	ZABOROWSKI Filip		94	MKP Szczecin				4:04.67	727 A		
	50m:	28.68 28.68	150m:	1:30.61	30.99	250m:	2:32.87	30.98	350m:	3:35.11	30.78
	100m:	59.62 30.94	200m:	2:01.89	31.28	300m:	3:04.33	31.46	400m:	4:04.67	29.56
3.	GRZEGORCZYK Wiktor		02	AZS AWF Warszawa				4:05.03	724 A		
	50m:	28.69 28.69	150m:	1:31.67	31.86	250m:	2:34.07	31.09	350m:	3:36.25	30.88
	100m:	59.81 31.12	200m:	2:02.98	31.31	300m:	3:05.37	31.30	400m:	4:05.03	28.78
4.	KOZIEJKO Bartłomiej		00	AZS AWF Warszawa				4:05.85	717 A		
	50m:	28.05 28.05	150m:	1:29.19	30.76	250m:	2:31.15	31.17	350m:	3:34.02	31.32
	100m:	58.43 30.38	200m:	1:59.98	30.79	300m:	3:02.70	31.55	400m:	4:05.85	31.83
5.	KUCZAK Adam		00	AZS AWF Katowice				4:06.45	712 A		
	50m:	27.80 27.80	150m:	1:30.24	31.51	250m:	2:33.76	31.83	350m:	3:36.15	30.59
	100m:	58.73 30.93	200m:	2:01.93	31.69	300m:	3:05.56	31.80	400m:	4:06.45	30.30
6.	HEBEL Maciej		05	AZS AWF Katowice				4:06.70	709 A		
	50m:	28.99 28.99	150m:	1:30.90	31.08	250m:	2:33.59	31.37	350m:	3:36.48	31.39
	100m:	59.82 30.83	200m:	2:02.22	31.32	300m:	3:05.09	31.50	400m:	4:06.70	30.22
7.	MALEC Mikołaj		01	MKS Trójka Łód				4:07.10	706 A		
	50m:	28.33 28.33	150m:	1:30.66	31.40	250m:	2:32.98	30.43	350m:	3:36.47	32.35
	100m:	59.26 30.93	200m:	2:02.55	31.89	300m:	3:04.12	31.14	400m:	4:07.10	30.63
8.	KAŁU Y SKI Antoni		99	Ku Azs Uw				4:07.16	705 A		
	50m:	27.69 27.69	150m:	1:29.32	31.19	250m:	2:32.91	31.77	350m:	3:36.62	31.63
	100m:	58.13 30.44	200m:	2:01.14	31.82	300m:	3:04.99	32.08	400m:	4:07.16	30.54
9.	DARUL Bartosz		04	MKP Szczecin				4:07.74	700 A		
	50m:	28.81 28.81	150m:	1:31.65	31.77	250m:	2:34.83	31.18	350m:	3:38.22	31.53
	100m:	59.88 31.07	200m:	2:03.65	32.00	300m:	3:06.69	31.86	400m:	4:07.74	29.52
10.	LARY Jerzy		06	IUKS „Muszelka” Warszawa				4:07.92	699 A		
	50m:	28.73 28.73	150m:	1:30.57	31.17	250m:	2:33.68	31.45	350m:	3:37.10	31.50
	100m:	59.40 30.67	200m:	2:02.23	31.66	300m:	3:05.60	31.92	400m:	4:07.92	30.82
11.	GŁUSZKOWSKI Mateusz		01	Uks Cityzen				4:09.99	682 B		
	50m:	28.81 28.81	150m:	1:32.40	32.10	250m:	2:35.38	30.52	350m:	3:39.04	31.79
	100m:	1:00.30 31.49	200m:	2:04.86	32.46	300m:	3:07.25	31.87	400m:	4:09.99	30.95
12.	BANIA Karol		05	MKS „Astoria” Bydgoszcz				4:12.13	664 B		
	50m:	28.61 28.61	150m:	1:31.88	31.99	250m:	2:36.86	32.39	350m:	3:40.87	31.63
	100m:	59.89 31.28	200m:	2:04.47	32.59	300m:	3:09.24	32.38	400m:	4:12.13	31.26
13.	SIENKIEWICZ Ignacy		05	AZS AWF Warszawa				4:16.93	628 B		
	50m:	28.86 28.86	150m:	1:33.55	32.69	250m:	2:38.97	32.99	350m:	3:45.30	33.21
	100m:	1:00.86 32.00	200m:	2:05.98	32.43	300m:	3:12.09	33.12	400m:	4:16.93	31.63
14.	CHAŁAT Wojciech		04	KU AZS UMCS Lublin				4:17.40	624 B		
	50m:	29.14 29.14	150m:	1:33.63	32.42	250m:	2:39.00	32.67	350m:	3:44.94	33.17
	100m:	1:01.21 32.07	200m:	2:06.33	32.70	300m:	3:11.77	32.77	400m:	4:17.40	32.46
15.	GOŁACKI Sergiusz		04	UKS 190 Łód				4:21.50	596 B		
	50m:	29.30 29.30	150m:	1:35.04	32.94	250m:	2:41.90	33.39	350m:	3:48.61	33.43
	100m:	1:02.10 32.80	200m:	2:08.51	33.47	300m:	3:15.18	33.28	400m:	4:21.50	32.89
16.	MUSZY SKI Jakub		01	MKS „Astoria” Bydgoszcz				4:21.81	593 B		
	50m:	28.55 28.55	150m:	1:34.36	33.49	250m:	2:42.95	34.37	350m:	3:49.57	32.81
	100m:	1:00.87 32.32	200m:	2:08.58	34.22	300m:	3:16.76	33.81	400m:	4:21.81	32.24

VARIO POOL
THE REAL DEPTH INVESTMENT

POZnań

SAMORZĄD WOJEWÓZTWA
WIELKOPOLSKIEGOTERMY
MALTANSKIE
POZNAŃ

TVP SPORT

Zimowe Mistrzostwa Polski Seniorów i Młodzieowców w pływaniu
Poznań, 23. - 26.11.2023

Konkurencja 28, Mężczyźni, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Rok ur.						Czas	Pkt.
17.	KUCHARSKI Paweł		05		AZS AWF Katowice				4:23.20	584 B
	50m:	28.84 28.84	150m:	1:34.14	32.76	250m:	2:40.30	33.18	350m:	3:48.97 34.64
	100m:	1:01.38 32.54	200m:	2:07.12	32.98	300m:	3:14.33	34.03	400m:	4:23.20 34.23
18.	RÓŃSKI Marcin		04		KS AZS AGH Kraków				4:24.10	578 B
	50m:	29.71 29.71	150m:	1:34.81	32.73	250m:	2:41.87	33.52	350m:	3:49.97 33.99
	100m:	1:02.08 32.37	200m:	2:08.35	33.54	300m:	3:15.98	34.11	400m:	4:24.10 34.13
19.	OGORZAŁEK Alan		03		WKS Łódź				4:28.28	551 B
	50m:	29.52 29.52	150m:	1:35.60	33.81	250m:	2:43.37	33.76	350m:	3:53.09 34.67
	100m:	1:01.79 32.27	200m:	2:09.61	34.01	300m:	3:18.42	35.05	400m:	4:28.28 35.19
20.	KRZYSZKOWSKI Oliwier		07		LKS „OMEGA” Kleszczów				4:47.77	447 B
	50m:	31.25 31.25	150m:	1:42.63	36.24	250m:	2:56.88	37.26	350m:	4:12.04 37.47
	100m:	1:06.39 35.14	200m:	2:19.62	36.99	300m:	3:34.57	37.69	400m:	4:47.77 35.73