



Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w pływaniu
Poznań, 8. - 10.12.2023

Konkurencja 19
2023.12.09 - 17:36

Dziewczyna, 400m dowolny

14 lat
Wyniki Finału

Rekord Polski 14 lat 4:09.54 GU Wiktoria POL Olsztyn 2018.12.15

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1. RESZKO Lena	09 UKP „Polonia Warszawa”	4:24.40	669
50m: 30.91 30.91	150m: 1:38.26 33.91	250m: 2:45.46 33.63	350m: 3:52.18 33.42
100m: 1:04.35 33.44	200m: 2:11.83 33.57	300m: 3:18.76 33.30	400m: 4:24.40 32.22
2. KUCZMAR Aleksandra	09 UKP „Polonia Warszawa”	4:25.03	664
50m: 30.47 30.47	150m: 1:37.33 33.69	250m: 2:44.40 33.09	350m: 3:52.20 33.94
100m: 1:03.64 33.17	200m: 2:11.31 33.98	300m: 3:18.26 33.86	400m: 4:25.03 32.83
3. POLAK Iga	09 Płetwał Zakopane	4:25.10	664
50m: 31.10 31.10	150m: 1:38.42 34.02	250m: 2:45.76 33.77	350m: 3:53.04 33.53
100m: 1:04.40 33.30	200m: 2:11.99 33.57	300m: 3:19.51 33.75	400m: 4:25.10 32.06
4. WEGNER Julia	09 UKS "Olimp" Gorzów Wlkp.	4:25.35	662
50m: 31.17 31.17	150m: 1:38.34 33.84	250m: 2:45.64 33.36	350m: 3:53.19 33.24
100m: 1:04.50 33.33	200m: 2:12.28 33.94	300m: 3:19.95 34.31	400m: 4:25.35 32.16
5. GO CI SKA Gabriela	09 UKS SMS Galicja Kraków	4:31.96	615
50m: 30.99 30.99	150m: 1:39.46 34.28	250m: 2:48.18 34.40	350m: 3:58.03 34.95
100m: 1:05.18 34.19	200m: 2:13.78 34.32	300m: 3:23.08 34.90	400m: 4:31.96 33.93
6. MAZUREK Dagmara	09 KU AZS UMCS Lublin	4:36.15	587
50m: 31.25 31.25	150m: 1:40.11 34.75	250m: 2:50.07 35.07	350m: 4:01.44 35.88
100m: 1:05.36 34.11	200m: 2:15.00 34.89	300m: 3:25.56 35.49	400m: 4:36.15 34.71
7. CIUPA Ewelina	09 UKS „MANTA” Kochłowice Ruda I sk	4:36.35	586
50m: 31.02 31.02	150m: 1:40.58 35.07	250m: 2:51.16 35.09	350m: 4:01.51 35.59
100m: 1:05.51 34.49	200m: 2:16.07 35.49	300m: 3:25.92 34.76	400m: 4:36.35 34.84
8. DŁUGOPOLSKA Nikola	09 UKS SMS Galicja Kraków	4:39.37	567
50m: 31.73 31.73	150m: 1:41.71 35.26	250m: 2:52.23 35.16	350m: 4:04.19 36.21
100m: 1:06.45 34.72	200m: 2:17.07 35.36	300m: 3:27.98 35.75	400m: 4:39.37 35.18
9. WIECZOREK Michalina	09 UKP Unia O wi cim	4:42.00	551
50m: 32.07 32.07	150m: 1:41.98 35.32	250m: 2:53.64 36.07	350m: 4:06.45 36.42
100m: 1:06.66 34.59	200m: 2:17.57 35.59	300m: 3:30.03 36.39	400m: 4:42.00 35.55
10. ZI TEK Julia	09 UKP „Ruda I ska”	4:46.10	528
50m: 31.62 31.62	150m: 1:42.99 36.28	250m: 2:55.89 36.67	350m: 4:10.46 37.26
100m: 1:06.71 35.09	200m: 2:19.22 36.23	300m: 3:33.20 37.31	400m: 4:46.10 35.64
Finał B			
11. BEDNAREK Lena	09 CSiR MOS w D browie Górniczej	4:37.95	576
50m: 30.27 30.27	150m: 1:38.55 34.86	250m: 2:50.00 35.84	350m: 4:02.58 36.20
100m: 1:03.69 33.42	200m: 2:14.16 35.61	300m: 3:26.38 36.38	400m: 4:37.95 35.37
12. KISZCZAK Olga	09 UKP Unia O wi cim	4:38.78	571
50m: 31.25 31.25	150m: 1:40.13 34.98	250m: 2:51.39 35.90	350m: 4:01.10 33.67
100m: 1:05.15 33.90	200m: 2:15.49 35.36	300m: 3:27.43 36.04	400m: 4:38.78 37.68
13. ŁUCZAK Agata	09 Stowarzyszenie Solne Miasto Wieliczka	4:41.20	556
50m: 31.84 31.84	150m: 1:42.20 35.29	250m: 2:53.80 35.67	350m: 4:06.63 36.70
100m: 1:06.91 35.07	200m: 2:18.13 35.93	300m: 3:29.93 36.13	400m: 4:41.20 34.57
14. GNA Nadia	09 UKS Tri-Team Rumia	4:41.88	552
50m: 31.97 31.97	150m: 1:42.35 35.36	250m: 2:53.97 35.98	350m: 4:07.18 36.45
100m: 1:06.99 35.02	200m: 2:17.99 35.64	300m: 3:30.73 36.76	400m: 4:41.88 34.70
15. CHAŁUPKA Amelia	09 MKS Piaseczno	4:42.58	548
50m: 32.14 32.14	150m: 1:43.96 36.20	250m: 2:56.35 36.36	350m: 4:08.28 35.81
100m: 1:07.76 35.62	200m: 2:19.99 36.03	300m: 3:32.47 36.12	400m: 4:42.58 34.30
16. OKO Anna	09 LKS Jedno 32 Przyszowice	4:42.81	547
50m: 31.25 31.25	150m: 1:41.66 35.63	250m: 2:54.29 36.40	350m: 4:07.53 36.51
100m: 1:06.03 34.78	200m: 2:17.89 36.23	300m: 3:31.02 36.73	400m: 4:42.81 35.28

SAMORZĄD WOJEWÓZTWA
WIELKOPOLSKIEGO

Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w pływaniu
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Konkurencja 19, Dziewcz. t., 400m dowolny, Finał, 14 lat

Pozycja					Rok ur.					Czas	Pkt.	
17.	WOLNA Aleksandra				09	MKP Astromal-Leszno				4:43.17	544	
	50m:	31.96	31.96	150m:	1:42.65	35.79	250m:	2:55.66	36.56	350m:	4:08.58	36.49
	100m:	1:06.86	34.90	200m:	2:19.10	36.45	300m:	3:32.09	36.43	400m:	4:43.17	34.59
18.	ŁUCZAK Anika				09	UKS SP-149 Łódź				4:48.03	517	
	50m:	32.83	32.83	150m:	1:44.62	36.31	250m:	2:58.15	36.53	350m:	4:12.26	36.35
	100m:	1:08.31	35.48	200m:	2:21.62	37.00	300m:	3:35.91	37.76	400m:	4:48.03	35.77
19.	MAIK Victoria				09	UKS „MANTA” Kochłowice Ruda I sk.				4:49.88	508	
	50m:	31.47	31.47	150m:	1:43.11	36.52	250m:	2:57.65	37.52	350m:	4:13.52	37.80
	100m:	1:06.59	35.12	200m:	2:20.13	37.02	300m:	3:35.72	38.07	400m:	4:49.88	36.36
20.	MAJSZUTOWICZ Zofia				09	MKP Szczecin				4:52.41	494	
	50m:	32.11	32.11	150m:	1:45.10	37.16	250m:	3:00.28	37.42	350m:	4:15.37	37.62
	100m:	1:07.94	35.83	200m:	2:22.86	37.76	300m:	3:37.75	37.47	400m:	4:52.41	37.04