



Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w pływaniu
Poznań, 8. - 10.12.2023

Konkurencja 20
2023.12.09 - 17:50

Chłopców, 400m dowolny

14 lat
Wyniki Finał

Rekord Polski 14 lat 3:55.30 STAWICKI Mateusz POL Wrocław 2023.10.27

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1. STAWICKI Mateusz	09 UKS „GIM 92 Ursynów”	3:58.55	704
50m: 25.71 25.71	150m: 1:25.42 30.15	250m: 2:26.95 30.81	350m: 3:28.72 31.09
100m: 55.27 29.56	200m: 1:56.14 30.72	300m: 2:57.63 30.68	400m: 3:58.55 29.83
2. SZEL EK Alan	09 MKP Szczecin	4:06.15	641
50m: 27.84 27.84	150m: 1:30.37 31.35	250m: 2:33.18 31.11	350m: 3:36.10 31.04
100m: 59.02 31.18	200m: 2:02.07 31.70	300m: 3:05.06 31.88	400m: 4:06.15 30.05
3. WÓJCIK Remigiusz	09 KU AZS UMCS Lublin	4:06.79	636
50m: 28.46 28.46	150m: 1:30.80 31.38	250m: 2:34.15 31.75	350m: 3:37.60 31.75
100m: 59.42 30.96	200m: 2:02.40 31.60	300m: 3:05.85 31.70	400m: 4:06.79 29.19
4. ZIELI SKI Dawid	09 MKP Szczecin	4:07.96	627
50m: 27.95 27.95	150m: 1:30.32 31.46	250m: 2:33.82 31.60	350m: 3:37.29 31.72
100m: 58.86 30.91	200m: 2:02.22 31.90	300m: 3:05.57 31.75	400m: 4:07.96 30.67
5. JANISZEWSKI Fabian	09 UKS 190 Łódź	4:08.06	626
50m: 28.30 28.30	150m: 1:30.42 31.63	250m: 2:34.02 31.82	350m: 3:37.80 32.04
100m: 58.79 30.49	200m: 2:02.20 31.78	300m: 3:05.76 31.74	400m: 4:08.06 30.26
6. DZIEDZIC Michał	09 UKS "ORKA" Luba	4:12.12	596
50m: 27.57 27.57	150m: 1:30.67 32.05	250m: 2:34.48 31.77	350m: 3:39.91 32.60
100m: 58.62 31.05	200m: 2:02.71 32.04	300m: 3:07.31 32.83	400m: 4:12.12 32.21
7. MAJEWSKI Igor	09 UKS Delfin Tamobrzeg	4:12.39	594
50m: 28.27 28.27	150m: 1:30.40 31.38	250m: 2:33.44 31.65	350m: 3:38.73 33.15
100m: 59.02 30.75	200m: 2:01.79 31.39	300m: 3:05.58 32.14	400m: 4:12.39 33.66
8. BLUJ Aleksander	09 UKS „GIM 92 Ursynów”	4:13.57	586
50m: 27.80 27.80	150m: 1:31.09 32.40	250m: 2:36.42 32.67	350m: 3:42.09 32.62
100m: 58.69 30.89	200m: 2:03.75 32.66	300m: 3:09.47 33.05	400m: 4:13.57 31.48
9. MARYJOWSKI Marcin	09 WKS I sk	4:14.53	579
50m: 27.94 27.94	150m: 1:31.17 32.08	250m: 2:37.01 33.09	350m: 3:43.05 32.88
100m: 59.09 31.15	200m: 2:03.92 32.75	300m: 3:10.17 33.16	400m: 4:14.53 31.48
10. NOWACKI Mieszko	09 KU AZS UMCS Lublin	4:16.35	567
50m: 29.21 29.21	150m: 1:32.80 32.06	250m: 2:38.10 32.80	350m: 3:44.34 32.89
100m: 1:00.74 31.53	200m: 2:05.30 32.50	300m: 3:11.45 33.35	400m: 4:16.35 32.01
Finał B			
11. KORONA Eryk	09 MKP Szczecin	4:15.92	570
50m: 28.44 28.44	150m: 1:32.82 32.58	250m: 2:38.72 32.98	350m: 3:45.40 33.59
100m: 1:00.24 31.80	200m: 2:05.74 32.92	300m: 3:11.81 33.09	400m: 4:15.92 30.52
12. JANKIEWICZ Szymon	09 MKP Szczecin	4:18.88	551
50m: 29.03 29.03	150m: 1:34.16 33.07	250m: 2:40.68 33.41	350m: 3:47.52 33.21
100m: 1:01.09 32.06	200m: 2:07.27 33.11	300m: 3:14.31 33.63	400m: 4:18.88 31.36
13. CICHY Patryk	09 KS Neptun widnica	4:19.73	545
50m: 29.19 29.19	150m: 1:35.09 33.35	250m: 2:42.19 33.47	350m: 3:47.81 32.61
100m: 1:01.74 32.55	200m: 2:08.72 33.63	300m: 3:15.20 33.01	400m: 4:19.73 31.92
14. MIELCAREK Filip	09 TP Skalar, Słupsk	4:19.90	544
50m: 28.98 28.98	150m: 1:35.02 33.72	250m: 2:42.21 33.70	350m: 3:48.61 32.80
100m: 1:01.30 32.32	200m: 2:08.51 33.49	300m: 3:15.81 33.60	400m: 4:19.90 31.29
15. NALEJ Maciej	09 St. Lok. SALOS Cortile Kielce	4:21.26	536
50m: 28.82 28.82	150m: 1:34.21 32.97	250m: 2:40.98 33.53	350m: 3:48.81 34.47
100m: 1:01.24 32.42	200m: 2:07.45 33.24	300m: 3:14.34 33.36	400m: 4:21.26 32.45
16. WIRKO Dominik	09 Akademia Sms Racibórz	4:23.74	521
50m: 28.48 28.48	150m: 1:32.98 32.74	250m: 2:40.16 33.67	350m: 3:49.90 35.05
100m: 1:00.24 31.76	200m: 2:06.49 33.51	300m: 3:14.85 34.69	400m: 4:23.74 33.84



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Konkurencja 20, Chłopców, 400m dowolny, Finał, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	NADAJ Filip		09	UKS abianka Gdańsk				4:25.41	511
	50m:	29.96 29.96	150m:	1:36.52	33.70	250m:	2:44.59 34.21	350m:	3:52.86 34.06
	100m:	1:02.82 32.86	200m:	2:10.38	33.86	300m:	3:18.80 34.21	400m:	4:25.41 32.55
18.	RUTKOWSKI Bartosz		09	St. KF KS „Fenix” Oarów Mazowiecki				4:25.75	509
	50m:	30.27 30.27	150m:	1:36.83	33.52	250m:	2:44.33 33.77	350m:	3:52.66 34.16
	100m:	1:03.31 33.04	200m:	2:10.56	33.73	300m:	3:18.50 34.17	400m:	4:25.75 33.09
19.	FRONCZEK Błażej		09	KU AZS UMCS Lublin				4:27.02	502
	50m:	29.80 29.80	150m:	1:37.66	34.11	250m:	2:46.58 34.47	350m:	3:54.25 33.69
	100m:	1:03.55 33.75	200m:	2:12.11	34.45	300m:	3:20.56 33.98	400m:	4:27.02 32.77
20.	SKOCZYŁAS Bartosz		09	KU AZS UMCS Lublin				4:29.16	490
	50m:	30.60 30.60	150m:	1:38.62	34.34	250m:	2:47.45 34.26	350m:	3:56.70 34.60
	100m:	1:04.28 33.68	200m:	2:13.19	34.57	300m:	3:22.10 34.65	400m:	4:29.16 32.46