

Letnie Mistrzostwa Okręgu Wielkopolskiego  
Poznań, 14. - 15.6.2024

Konkurencja 21  
2024.06.14 - 16:06

Mężczyźni, 400m dowolny

Open  
Wyniki

Punkty: FINA 2024

Pozycja			Rok ur.					Czas	Pkt.
<b>16 - 18 lat</b>									
1.	Litoborski Mikołaj		08	O AZS w Poznaniu				<b>4:07.17</b>	705
	50m:	28.80 28.80	150m:	1:31.45 31.50	250m:	2:34.45 31.27	350m:	3:37.87 31.52	
	100m:	59.95 31.15	200m:	2:03.18 31.73	300m:	3:06.35 31.90	400m:	4:07.17 29.30	
2.	Kułton Jakub		07	O AZS w Poznaniu				<b>4:26.97</b>	560
	50m:	31.68 31.68	150m:	1:39.69 34.19	250m:	2:47.44 33.50	350m:	3:54.36 32.93	
	100m:	1:05.50 33.82	200m:	2:13.94 34.25	300m:	3:21.43 33.99	400m:	4:26.97 32.61	
3.	Bielienkov Nikita		08	O AZS w Poznaniu				<b>4:29.51</b>	544
	50m:	31.33 31.33	150m:	1:39.17 33.97	250m:	2:47.08 34.02	350m:	3:55.74 34.54	
	100m:	1:05.20 33.87	200m:	2:13.06 33.89	300m:	3:21.20 34.12	400m:	4:29.51 33.77	
4.	Baczyk Maciej		08	KS Poznań				<b>4:34.06</b>	517
	50m:	31.08 31.08	150m:	1:40.52 34.61	250m:	2:50.98 35.30	350m:	4:02.19 35.71	
	100m:	1:05.91 34.83	200m:	2:15.68 35.16	300m:	3:26.48 35.50	400m:	4:34.06 31.87	
5.	Baranowski Alex		07	KS Poznań				<b>4:34.28</b>	516
	50m:	30.12 30.12	150m:	1:39.45 35.05	250m:	2:49.09 34.68	350m:	3:59.77 35.52	
	100m:	1:04.40 34.28	200m:	2:14.41 34.96	300m:	3:24.25 35.16	400m:	4:34.28 34.51	
6.	Zawadka Antoni		08	UKS Fala Swarzędz				<b>4:58.52</b>	400
	50m:		150m:	1:42.93 37.62	250m:	3:00.40 39.08	350m:	4:20.33 40.05	
	100m:	1:05.31	200m:	2:21.32 38.39	300m:	3:40.28 39.88	400m:	4:58.52 38.19	
<b>14 - 15 lat</b>									
1.	Wojtkowiak Wiktor		09	KS Poznań				<b>4:31.17</b>	534
	50m:	29.43 29.43	150m:	1:40.16 35.85	250m:	2:50.65 34.60	350m:	3:59.68 34.05	
	100m:	1:04.31 34.88	200m:	2:16.05 35.89	300m:	3:25.63 34.98	400m:	4:31.17 31.49	
2.	Stachowiak Wiktor		10	KS Warta Poznań				<b>4:31.30</b>	533
	50m:	30.19 30.19	150m:	1:39.62 34.74	250m:	2:48.83 34.41	350m:	3:58.37 34.25	
	100m:	1:04.88 34.69	200m:	2:14.42 34.80	300m:	3:24.12 35.29	400m:	4:31.30 32.93	
3.	Mocny Dariusz		10	"UKS - Jedynka Kórnik"				<b>4:38.45</b>	493
	50m:	31.23 31.23	150m:	1:41.82 35.56	250m:	2:52.96 35.72	350m:	4:04.24 35.81	
	100m:	1:06.26 35.03	200m:	2:17.24 35.42	300m:	3:28.43 35.47	400m:	4:38.45 34.21	
4.	Kurek Antoni		10	KS Poznań				<b>4:43.74</b>	466
	50m:	30.48 30.48	150m:	1:41.80 36.28	250m:	2:55.19 36.53	350m:	4:08.12 36.31	
	100m:	1:05.52 35.04	200m:	2:18.66 36.86	300m:	3:31.81 36.62	400m:	4:43.74 35.62	
5.	Tatarynowicz Jan		10	UKS Niagara Jedynka Wolsztyn				<b>4:44.39</b>	463
	50m:	31.36 31.36	150m:	1:44.29 36.85	250m:	2:58.03 36.92	350m:	4:11.24 36.37	
	100m:	1:07.44 36.08	200m:	2:21.11 36.82	300m:	3:34.87 36.84	400m:	4:44.39 33.15	
6.	Kamierczak Krzysztof		10	UKS 3-Wodnik Wolsztyn				<b>4:45.10</b>	459
	50m:	31.78 31.78	150m:	1:44.05 36.29	250m:	2:57.53 36.38	350m:	4:10.64 35.81	
	100m:	1:07.76 35.98	200m:	2:21.15 37.10	300m:	3:34.83 37.30	400m:	4:45.10 34.46	
7.	Radziejewicz Marcin		10	KS AZS AWF Poznań				<b>5:02.87</b>	383
	50m:	33.60 33.60	150m:	1:49.56 38.57	250m:	3:07.77 39.05	350m:	4:25.37 38.69	
	100m:	1:10.99 37.39	200m:	2:28.72 39.16	300m:	3:46.68 38.91	400m:	5:02.87 37.50	
8.	Karliński Tomasz		10	KS Warta Poznań				<b>5:03.00</b>	383
	50m:	35.11 35.11	150m:	1:52.90 39.06	250m:	3:11.29 39.21	350m:	4:27.83 38.01	
	100m:	1:13.84 38.73	200m:	2:32.08 39.18	300m:	3:49.82 38.53	400m:	5:03.00 35.17	
9.	Zaliskiy Maksym		10	UKS Fala Swarzędz				<b>5:07.87</b>	365
	50m:	32.12 32.12	150m:	1:48.10 39.23	250m:	3:07.80 40.24	350m:		
	100m:	1:08.87 36.75	200m:	2:27.56 39.46	300m:	3:47.94 40.14	400m:	5:07.87	

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Konkurencja 21, Mężczyźni, 400m dowolny

12 - 13 lat

1. Okupniarek Oliwier	12	KTP Iskra Konin	<b>5:10.11</b>	357
50m: 33.30 33.30	150m: 1:53.76 40.56	250m: 3:15.21 40.34	350m: 4:32.75 38.07	
100m: 1:13.20 39.90	200m: 2:34.87 41.11	300m: 3:54.68 39.47	400m: 5:10.11 37.36	
2. Fabiszak Oktawian	11	KTP Iskra Konin	<b>5:22.70</b>	317
50m: 32.74 32.74	150m: 1:54.03 41.56	250m: 3:18.76 42.16	350m: 4:41.98 41.63	
100m: 1:12.47 39.73	200m: 2:36.60 42.57	300m: 4:00.35 41.59	400m: 5:22.70 40.72	
3. Markiewicz Ignacy	12	KS Poznań	<b>5:47.03</b>	255
50m: 37.97 37.97	150m: 2:09.17 46.39	250m: 3:41.13 45.69	350m: 5:08.09 43.27	
100m: 1:22.78 44.81	200m: 2:55.44 46.27	300m: 4:24.82 43.69	400m: 5:47.03 38.94	
4. Polityło Mateusz	11	UKS Fala Swarzędz	<b>5:47.64</b>	253
50m: 34.57 34.57	150m: 2:02.04 44.47	250m: 3:33.03 45.33	350m: 5:04.23 45.87	
100m: 1:17.57 43.00	200m: 2:47.70 45.66	300m: 4:18.36 45.33	400m: 5:47.64 43.41	
5. Szafranski Dominik	12	KS Warta Poznań	<b>5:51.20</b>	246
50m: 39.44 39.44	150m: 2:09.03 45.38	250m: 3:39.87 45.47	350m: 5:10.38 45.23	
100m: 1:23.65 44.21	200m: 2:54.40 45.37	300m: 4:25.15 45.28	400m: 5:51.20 40.82	
6. Borysow Borys	12	KS Warta Poznań	<b>5:53.57</b>	241
50m: 40.11 40.11	150m: 2:10.66 45.52	250m: 3:43.41 47.59	350m: 5:11.33 43.96	
100m: 1:25.14 45.03	200m: 2:55.82 45.16	300m: 4:27.37 43.96	400m: 5:53.57 42.24	
7. Widerek Kacper	12	UKS Fala Swarzędz	<b>6:01.96</b>	224
50m: 38.60 38.60	150m: 2:11.69 47.77	250m: 3:44.77 46.70	350m: 5:19.22 47.20	
100m: 1:23.92 45.32	200m: 2:58.07 46.38	300m: 4:32.02 47.25	400m: 6:01.96 42.74	
8. Szmajda Leonard	12	KS Warta Poznań	<b>6:02.46</b>	223
50m: 40.69 40.69	150m: 2:14.62 47.85	250m: 3:47.88 45.84	350m: 5:20.16 45.63	
100m: 1:26.77 46.08	200m: 3:02.04 47.42	300m: 4:34.53 46.65	400m: 6:02.46 42.30	
9. Drałus Bartosz	11	UKS „GROT” Koziegłowy	<b>6:30.37</b>	179
50m: 37.83 37.83	150m: 2:13.12 49.56	250m: 3:55.62 51.96	350m: 5:40.17 51.96	
100m: 1:23.56 45.73	200m: 3:03.66 50.54	300m: 4:48.21 52.59	400m: 6:30.37 50.20	

11 lat i młodsi

1. Ferek Filip	13	MUKS "TUREKin pływa"	<b>5:09.41</b>	359
50m: 34.80 34.80	150m: 1:53.88 39.64	250m: 3:13.44 39.30	350m: 4:31.91 39.06	
100m: 1:14.24 39.44	200m: 2:34.14 40.26	300m: 3:52.85 39.41	400m: 5:09.41 37.50	
2. Przybyła Błażej	13	UKS Niagara Jedyńka Wolsztyn	<b>6:20.35</b>	193
50m: 43.76 43.76	150m: 2:22.80 50.26	250m: 4:01.42 49.87	350m: 5:37.60 47.84	
100m: 1:32.54 48.78	200m: 3:11.55 48.75	300m: 4:49.76 48.34	400m: 6:20.35 42.75	
PK Kapała Szymon	03	MTP Kormoran Olsztyn	<b>4:07.41</b>	703
50m: 29.07 29.07	150m: 1:31.96 31.49	250m: 2:35.01 31.36	350m: 3:37.99 31.12	
100m: 1:00.47 31.40	200m: 2:03.65 31.69	300m: 3:06.87 31.86	400m: 4:07.41 29.42	
PK Hofman Marcel	08	St. KP Olimpia wiecie	<b>4:33.83</b>	519
50m: 30.91 30.91	150m: 1:40.02 35.15	250m: 2:50.90 35.52	350m: 4:01.46 34.77	
100m: 1:04.87 33.96	200m: 2:15.38 35.36	300m: 3:26.69 35.79	400m: 4:33.83 32.37	
PK Iwanowski Filip	10	MUKS "Piłnastka"	<b>5:10.29</b>	356
50m: 33.85 33.85	150m: 1:52.57 40.02	250m: 3:12.84 40.52	350m: 4:32.12 39.43	
100m: 1:12.55 38.70	200m: 2:32.32 39.75	300m: 3:52.69 39.85	400m: 5:10.29 38.17	