

Letnie Mistrzostwa Okręgu Wielkopolskiego
Poznań, 14. - 15.6.2024

Konkurencja 3
2024.06.14 - 9:20

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2024

Pozycja			Rok ur.					Czas	Pkt.
16 - 18 lat									
1.	Pawlak Jagoda		08	UKS Maratończyk Ostrów Wlkp.				6:14.63	357
	50m:	38.87	38.87	150m:	2:13.62	45.72	250m:	3:53.29	54.30
	100m:	1:27.90	49.03	200m:	2:58.99	45.37	300m:	4:49.20	55.91
							350m:	5:32.26	43.06
							400m:	6:14.63	42.37
14 - 15 lat									
1.	Gryko Patrycja		09	KS Poznań				5:27.48	535
	50m:	32.50	32.50	150m:	1:55.81	43.64	250m:	3:25.03	48.09
	100m:	1:12.17	39.67	200m:	2:36.94	41.13	300m:	4:13.65	48.62
							350m:	4:51.22	37.57
							400m:	5:27.48	36.26
2.	Szałpka Antonina		10	KS AZS AWF Poznań				6:06.08	383
	50m:	36.83	36.83	150m:	2:12.37	50.07	250m:	3:52.78	52.41
	100m:	1:22.30	45.47	200m:	3:00.37	48.00	300m:	4:44.25	51.47
							350m:	5:24.98	40.73
							400m:	6:06.08	41.10
3.	Berg Maria		10	KS Poznań				6:27.82	322
	50m:	43.87	43.87	150m:	2:29.17	51.83	250m:	4:10.12	52.84
	100m:	1:37.34	53.47	200m:	3:17.28	48.11	300m:	5:03.47	53.35
							350m:	5:48.53	45.06
							400m:	6:27.82	39.29
4.	Szewczyk Amelia		09	UKS Maratończyk Ostrów Wlkp.				6:27.91	321
	50m:	41.09	41.09	150m:	2:26.95	51.82	250m:	4:09.01	51.01
	100m:	1:35.13	54.04	200m:	3:18.00	51.05	300m:	5:01.80	52.79
							350m:	5:46.01	44.21
							400m:	6:27.91	41.90
5.	Łukowska Maja		10	UKS „GROT” Koziegłowy				6:54.20	264
	50m:	43.18	43.18	150m:	2:28.35	53.12	250m:	4:20.07	56.97
	100m:	1:35.23	52.05	200m:	3:23.10	54.75	300m:	5:19.21	59.14
							350m:	6:07.49	48.28
							400m:	6:54.20	46.71
12 - 13 lat									
1.	Latanowicz Natalia		12	KS Poznań				6:56.50	260
	50m:			150m:	2:34.84		250m:	4:29.46	1:01.46
	100m:			200m:	3:28.00	53.16	300m:	5:29.33	59.87
							350m:	6:15.83	46.50
							400m:	6:56.50	40.67
11 lat i młodsi									
1.	Górniak Maria		13	KS Warta Poznań				6:45.27	282
	50m:	45.32	45.32	150m:	2:32.93	53.88	250m:	4:18.60	55.57
	100m:	1:39.05	53.73	200m:	3:23.03	50.10	300m:	5:17.42	58.82
							350m:	6:01.65	44.23
							400m:	6:45.27	43.62