

OGÓLNOPOLSKI SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI W PŁYWANIU 11, 12 LAT  
Bydgoszcz, 18.11.2021

Konkurencja 2  
18.11.2021 - 9:45

400m dowolny

11 lat  
Wyniki

Punkty: FINA 2020

Pozycja	Rok ur.	Czas	Pkt.
<b>11 lat, Dziewcz t</b>			
1. LEWANDOWSKA, Julia	10	<b>5:01.50</b>	467
50m: 38.79 38.79	150m:	250m:	350m:
100m: 1:07.43 28.64	200m: 2:23.96	300m: 4:33.58	400m: 5:01.50
2. PIECHOCKA, Zofia	10	<b>6:06.12</b>	260
50m: 38.95 38.95	150m:	250m:	350m:
100m: 1:24.25 45.30	200m: 2:59.47	300m: 4:35.03	400m: 6:06.12
3. KOSI SKA, Lena	10	<b>7:08.64</b>	162
50m: 47.93 47.93	150m:	250m:	350m:
100m: 1:41.98 54.05	200m: 3:31.59	300m: 5:23.95	400m: 7:08.64
4. KSOBIECH, Aleksandra	10	<b>7:16.33</b>	154
50m: 46.62 46.62	150m:	250m:	350m:
100m: 1:39.90 53.28	200m: 3:33.00	300m: 5:23.45	400m: 7:16.33
5. SOSI SKA, Julia	10	<b>7:20.72</b>	149
50m: 47.92 47.92	150m:	250m:	350m:
100m: 1:43.45 55.53	200m: 3:37.62	300m: 5:32.64	400m: 7:20.72
6. TRZPIL, Zuzanna	10	<b>7:25.88</b>	144
50m: 49.50 49.50	150m:	250m:	350m:
100m: 1:46.39 56.89	200m: 3:42.60	300m: 5:37.38	400m: 7:25.88
7. PIECZARA, Daria	10	<b>7:29.16</b>	141
50m: 43.72 43.72	150m:	250m:	350m:
100m: 1:38.96 55.24	200m: 3:36.16	300m: 5:30.94	400m: 7:29.16
8. KRAKOWIAK, Oliwia	10	<b>7:32.16</b>	138
50m: 47.32 47.32	150m:	250m:	350m:
100m: 1:43.36 56.04	200m: 3:39.83	300m: 5:36.81	400m: 7:32.16
9. SIEMION, Antonina	10	<b>7:42.63</b>	129
50m: 46.63 46.63	150m:	250m:	350m:
100m: 1:44.23 57.60	200m: 3:44.72	300m: 5:44.81	400m: 7:42.63
10. CZARNECKA, Lena	10	<b>8:15.10</b>	105
50m: 53.22 53.22	150m:	250m:	350m:
100m: 1:56.04 1:02.82	200m: 4:00.72	300m: 6:10.33	400m: 8:15.10
11. NOSEK, Gaja	10	<b>8:20.77</b>	101
50m: 53.64 53.64	150m:	250m:	350m:
100m: 1:55.77 1:02.13	200m: 4:03.03	300m: 6:12.34	400m: 8:20.77
12. SAGANOWSKA, Magdalena	10	<b>8:31.58</b>	95
50m: 55.84 55.84	150m:	250m:	350m:
100m: 1:59.17 1:03.33	200m: 4:09.65	300m: 6:22.60	400m: 8:31.58
13. KLOBUCHOWSKA, Karolina	10	<b>8:45.38</b>	88
50m: 55.07 55.07	150m:	250m:	350m:
100m: 2:00.35 1:05.28	200m: 4:15.08	300m: 6:33.18	400m: 8:45.38
14. DUDA, Agnieszka	10	<b>8:50.82</b>	85
50m: 52.66 52.66	150m:	250m:	350m:
100m: 1:57.66 1:05.00	200m: 4:15.43	300m: 6:36.09	400m: 8:50.82
15. ŁOSI SKA, Marcelina	10	<b>9:00.19</b>	81
50m: 52.82 52.82	150m:	250m:	350m:
100m: 1:59.14 1:06.32	200m: 4:20.14	300m: 6:42.34	400m: 9:00.19

OGÓLNOPOLSKI SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI W PŁYWANIU 11, 12 LAT  
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Konkurencja 2, 400m dowolny

11 lat, Chłopców

1.	LASSAK, Szymon	10	UKS „D by Osielesko"	<b>5:32.40</b>	260
	50m: 35.23 35.23	150m:	250m:	350m:	
	100m: 1:17.77 42.54	200m: 2:44.61	300m: 4:11.07	400m: 5:32.40	
2.	IWANOWSKI, Filip	10	MUKS "Pi tnastka"	<b>6:14.11</b>	182
	50m: 39.59 39.59	150m:	250m:	350m:	
	100m: 1:24.84 45.25	200m: 3:00.55	300m: 4:37.64	400m: 6:14.11	
3.	BARTKOWSKI, Wojciech	10	MUKS "Pi tnastka"	<b>6:15.28</b>	180
	50m: 42.18 42.18	150m:	250m:	350m:	
	100m: 1:29.95 47.77	200m: 3:09.15	300m: 4:47.78	400m: 6:15.28	
4.	ROGALSKI, Dariusz	10	MUKS "Pi tnastka"	<b>6:15.50</b>	180
	50m: 40.43 40.43	150m:	250m:	350m:	
	100m: 1:27.81 47.38	200m: 3:06.64	300m: 4:42.14	400m: 6:15.50	
5.	KACICKI, Radosław	10	MUKS "Pi tnastka"	<b>6:18.74</b>	176
	50m: 43.70 43.70	150m:	250m:	350m:	
	100m: 1:31.79 48.09	200m: 3:10.70	300m: 4:48.23	400m: 6:18.74	
6.	SOBIERALSKI, Wojciech	10	MUKS "Pi tnastka"	<b>6:28.56</b>	162
	50m: 37.82 37.82	150m:	250m:	350m:	
	100m: 1:26.62 48.80	200m: 3:08.61	300m: 4:52.90	400m: 6:28.56	
7.	PADZIKOWSKI, Szymon	10	MUKS "Pi tnastka"	<b>6:35.81</b>	154
	50m: 41.81 41.81	150m:	250m:	350m:	
	100m: 1:35.09 53.28	200m: 3:18.43	300m: 5:00.03	400m: 6:35.81	
8.	MILEWSKI, Michał	10	MUKS Rekin Bydgoszcz	<b>6:39.54</b>	149
	50m: 43.31 43.31	150m:	250m:	350m:	
	100m: 1:33.06 49.75	200m: 3:18.23	300m: 5:03.23	400m: 6:39.54	
9.	KLESSA, Kacper	10	MUKS "Pi tnastka"	<b>6:41.81</b>	147
	50m: 44.60 44.60	150m:	250m:	350m:	
	100m: 1:35.45 50.85	200m: 3:19.40	300m: 5:00.18	400m: 6:41.81	
10.	POKORA, Sebastian	10	MUKS Rekin Bydgoszcz	<b>7:08.71</b>	121
	50m: 47.31 47.31	150m:	250m:	350m:	
	100m: 1:41.69 54.38	200m: 3:32.34	300m: 5:25.21	400m: 7:08.71	
11.	KOWAL, Marcel	10	UKS SP 64 Osowa Góra Bydgoszcz	<b>7:21.54</b>	111
	50m: 44.77 44.77	150m:	250m:	350m:	
	100m: 1:39.52 54.75	200m: 3:32.90	300m: 5:27.21	400m: 7:21.54	
12.	BIAŁECKI, Wojciech	10	UKS SP 64 Osowa Góra Bydgoszcz	<b>7:27.83</b>	106
	50m: 48.22 48.22	150m:	250m:	350m:	
	100m: 1:42.64 54.42	200m: 3:38.66	300m: 5:34.79	400m: 7:27.83	
13.	CYZIO, Aleksander	10	MUKS Rekin Bydgoszcz	<b>7:29.35</b>	105
	50m: 46.72 46.72	150m:	250m:	350m:	
	100m: 1:42.14 55.42	200m: 3:43.06	300m: 5:41.87	400m: 7:29.35	
14.	BERNATAJTYS, Jakub	10	MUKS Rekin Bydgoszcz	<b>7:30.69</b>	104
	50m: 49.27 49.27	150m:	250m:	350m:	
	100m: 1:45.77 56.50	200m: 3:42.83	300m: 5:40.24	400m: 7:30.69	
15.	GIERSZEWSKI, Przemysław	10	MUKS Rekin Bydgoszcz	<b>7:34.59</b>	101
	50m: 47.85 47.85	150m:	250m:	350m:	
	100m: 1:45.83 57.98	200m: 3:43.61	300m: 5:41.53	400m: 7:34.59	
16.	KURASIAK, Andrzej	10	MUKS Rekin Bydgoszcz	<b>7:34.73</b>	101
	50m: 47.61 47.61	150m:	250m:	350m:	
	100m: 1:42.01 54.40	200m: 3:39.91	300m: 5:37.84	400m: 7:34.73	
17.	STADNIK, Marcel	10	MUKS "Pi tnastka"	<b>7:36.51</b>	100
	50m: 49.47 49.47	150m:	250m:	350m:	
	100m: 1:47.90 58.43	200m: 3:44.63	300m: 5:42.64	400m: 7:36.51	
18.	PLONA, Jakub	10	UKS SP 64 Osowa Góra Bydgoszcz	<b>7:55.84</b>	88
	50m: 49.71 49.71	150m:	250m:	350m:	
	100m: 1:47.78 58.07	200m: 3:52.42	300m: 5:59.18	400m: 7:55.84	

OGÓLNOPOLSKI SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI W PŁYWANIU 11, 12 LAT  
Bydgoszcz, 18.11.2021

Konkurencja 2, Chłopców, 400m dowolny, 11 lat

Pozycja					Rok ur.					Czas	Pkt.
19.	GDECZYK, Igor				10	UKS SP 64 Osowa Góra Bydgoszcz				<b>8:01.68</b>	85
	50m:	51.44	51.44	150m:	250m:	350m:	400m:	8:01.68			
	100m:	1:52.21	1:00.77	200m:	300m:	6:03.86					
20.	ZGOŁA, Bartosz				10	UKS SP 64 Osowa Góra Bydgoszcz				<b>8:06.40</b>	83
	50m:	50.43	50.43	150m:	250m:	350m:	400m:	8:06.40			
	100m:	1:48.83	58.40	200m:	300m:	6:01.86					
21.	KUZIMSKI, Grzegorz				10	MUKS Rekin Bydgoszcz				<b>8:14.48</b>	79
	50m:	52.40	52.40	150m:	250m:	350m:	400m:	8:14.48			
	100m:	1:53.94	1:01.54	200m:	300m:	6:21.22					
22.	BERKA, Ksawery				10	MUKS Rekin Bydgoszcz				<b>8:14.68</b>	78
	50m:	53.10	53.10	150m:	250m:	350m:	400m:	8:14.68			
	100m:	1:54.83	1:01.73	200m:	300m:	6:13.40					
23.	LEWANDOWSKI, Jan				10	MUKS Rekin Bydgoszcz				<b>8:16.62</b>	78
	50m:	49.48	49.48	150m:	250m:	350m:	400m:	8:16.62			
	100m:	1:47.03	57.55	200m:	300m:	6:04.55					
24.	CIE LAK, Mikołaj				10	UKS SP 64 Osowa Góra Bydgoszcz				<b>8:34.32</b>	70
	50m:	50.79	50.79	150m:	250m:	350m:	400m:	8:34.32			
	100m:	1:51.96	1:01.17	200m:	300m:	6:20.35					
25.	MACIEJEWSKI, Franciszek				10	MUKS Rekin Bydgoszcz				<b>8:56.98</b>	61
	50m:	54.01	54.01	150m:	250m:	350m:	400m:	8:56.98			
	100m:	2:02.71	1:08.70	200m:	300m:	6:44.95					
26.	HAWRYLEWICZ, Dominik				10	MUKS Rekin Bydgoszcz				<b>9:13.97</b>	56
	50m:	51.18	51.18	150m:	250m:	350m:	400m:	9:13.97			
	100m:	1:59.61	1:08.43	200m:	300m:	6:50.65					
27.	PRANCZK, Edmund				10	MUKS Rekin Bydgoszcz				<b>9:29.27</b>	51
	50m:	1:08.13	1:08.13	150m:	250m:	350m:	400m:	9:29.27			
	100m:	2:20.08	1:11.95	200m:	300m:	7:10.76					
28.	DA SKI, Kuba				10	MUKS Rekin Bydgoszcz				<b>10:05.51</b>	43
	50m:	59.34	59.34	150m:	250m:	350m:	400m:	10:05.51			
	100m:	2:12.88	1:13.54	200m:	300m:	7:31.74					
NIE UK.	KWIATKOWSKI, Szymon				10	MUKS Rekin Bydgoszcz					