

Z Delfinem do Pary a  
Toru , 5.11.2022

Konkurencja 26  
05.11.2022 - 18:25

M czyzn, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. KWIATKOWSKI, Jan	10	UKS „Skalar” Warszawa	<b>4:45.08</b> 412
50m: 32.09 32.09	150m: 1:44.42 36.64	250m: 2:56.86 35.39	350m: 4:09.22 36.11
100m: 1:07.78 35.69	200m: 2:21.47 37.05	300m: 3:33.11 36.25	400m: 4:45.08 35.86
2. PATOKA, Kacper	10	WOPR Malbork	<b>4:58.73</b> 358
50m: 32.33 32.33	150m: 1:46.05 37.64	250m: 3:04.41 39.64	350m:
100m: 1:08.41 36.08	200m: 2:24.77 38.72	300m:	400m: 4:58.73
3. LEWANDOWSKI, Alan	10	Grudzi dzki KP „Orka”	<b>5:08.71</b> 325
50m: 34.51 34.51	150m: 1:53.09 39.91	250m: 3:12.80 40.16	350m: 4:31.94 39.50
100m: 1:13.18 38.67	200m: 2:32.64 39.55	300m: 3:52.44 39.64	400m: 5:08.71 36.77
4. DANKOWSKI, Nikodem	10	UKS „Ósemka” Toru	<b>5:16.27</b> 302
50m: 36.42 36.42	150m: 1:58.38 41.23	250m: 3:19.20 40.39	350m: 4:40.42 39.89
100m: 1:17.15 40.73	200m: 2:38.81 40.43	300m: 4:00.53 41.33	400m: 5:16.27 35.85
5. ALIPOW, Mateusz	10	Grudzi dzki KP „Orka”	<b>5:16.75</b> 300
50m: 34.92 34.92	150m: 1:54.48 40.26	250m: 3:15.51 40.29	350m: 4:38.27 41.47
100m: 1:14.22 39.30	200m: 2:35.22 40.74	300m: 3:56.80 41.29	400m: 5:16.75 38.48
6. BRYDA, Szymon	10	MKS SP 63 Bydgoszcz	<b>5:25.32</b> 277
50m: 35.84 35.84	150m: 1:57.59 41.57	250m: 3:21.41 41.63	350m: 4:44.80 41.75
100m: 1:16.02 40.18	200m: 2:39.78 42.19	300m: 4:03.05 41.64	400m: 5:25.32 40.52
7. LACHOWSKI, Bartosz	10	Grudzi dzki KP „Orka”	<b>5:39.57</b> 244
50m: 36.87 36.87	150m: 2:03.11 43.92	250m: 3:31.11 44.27	350m: 4:58.86 44.11
100m: 1:19.19 42.32	200m: 2:46.84 43.73	300m: 4:14.75 43.64	400m: 5:39.57 40.71
8. KRUK, Mateusz	10	MTKP Delfin Toru	<b>5:40.61</b> 241
50m: 37.50 37.50	150m: 2:02.49 43.46	250m: 3:31.29 44.71	350m: 5:00.78 44.98
100m: 1:19.03 41.53	200m: 2:46.58 44.09	300m: 4:15.80 44.51	400m: 5:40.61 39.83
9. MAJKA, Marcel	10	Grudzi dzki KP „Orka”	<b>5:49.55</b> 223
50m: 38.87 38.87	150m: 2:08.60 45.75	250m: 3:38.38 45.07	350m: 5:08.00 44.39
100m: 1:22.85 43.98	200m: 2:53.31 44.71	300m: 4:23.61 45.23	400m: 5:49.55 41.55
10. POMASKI, Sławomir	10	MTKP Delfin Toru	<b>6:21.37</b> 172
50m: 40.93 40.93	150m: 2:19.02 50.52	250m: 3:57.52 49.12	350m: 5:38.57 51.43
100m: 1:28.50 47.57	200m: 3:08.40 49.38	300m: 4:47.14 49.62	400m: 6:21.37 42.80
DYSKW. CHMIELECKI, Kacper	10	MTKP Delfin Toru	<b>6:14.35</b>
<i>O2 - Pływak nie miał kontaktu ze cian podczas nawrotu.</i>			
50m: 42.82 42.82	150m: 2:15.19 47.53	250m: 3:52.97 50.74	350m:
100m: 1:27.66 44.84	200m: 3:02.23 47.04	300m:	400m: 6:14.35
<b>13 lat</b>			
1. ROGÓ -ADAMCZYK, Natan	09	MKS „Astoria” Bydgoszcz	<b>5:07.58</b> 328
50m: 32.95 32.95	150m: 1:47.53 38.11	250m: 3:06.76 40.28	350m: 4:27.65 40.13
100m: 1:09.42 36.47	200m: 2:26.48 38.95	300m: 3:47.52 40.76	400m: 5:07.58 39.93
2. GRUCHAŁA, Wiktor	09	GKS „CARTUSIA” w Kartuzach	<b>5:08.21</b> 326
50m: 34.51 34.51	150m: 1:53.28 40.12	250m: 3:13.01 40.26	350m: 4:32.03 39.23
100m: 1:13.16 38.65	200m: 2:32.75 39.47	300m: 3:52.80 39.79	400m: 5:08.21 36.18
3. WYCZÓŁKOWSKI, Patryk	09	UKS „Ósemka” Toru	<b>5:19.52</b> 293
50m: 33.08 33.08	150m: 1:52.64 41.28	250m: 3:15.72 41.93	350m: 4:39.67 42.06
100m: 1:11.36 38.28	200m: 2:33.79 41.15	300m: 3:57.61 41.89	400m: 5:19.52 39.85
4. KOWALSKI, Krystian	09	MKS SP 63 Bydgoszcz	<b>5:27.75</b> 271
50m: 37.29 37.29	150m: 2:01.95 43.06	250m: 3:27.07 42.49	350m: 4:50.86 41.40
100m: 1:18.89 41.60	200m: 2:44.58 42.63	300m: 4:09.46 42.39	400m: 5:27.75 36.89

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14 lat

1.	CZERWONKA, Jan	08	MTKP Delfin Toru	<b>4:22.77</b>	527
	50m: 29.99 29.99	150m: 1:36.06	33.65 250m: 2:43.36	33.58 350m: 3:50.69	33.63
	100m: 1:02.41 32.42	200m: 2:09.78	33.72 300m: 3:17.06	33.70 400m: 4:22.77	32.08
2.	HILBRYCHT, Wiktor	08	GKS „CARTUSIA" w Kartuzach	<b>4:52.25</b>	383
	50m: 32.82 32.82	150m: 1:46.15	37.05 250m: 3:01.73	37.71 350m: 4:16.88	37.73
	100m: 1:09.10 36.28	200m: 2:24.02	37.87 300m: 3:39.15	37.42 400m: 4:52.25	35.37
3.	SZCZ SNY, Kacper	08	MUKS "Pi tnastka"	<b>4:56.20</b>	367
	50m: 33.92 33.92	150m: 1:48.21	37.38 250m: 3:04.59	38.13 350m: 4:19.89	37.40
	100m: 1:10.83 36.91	200m: 2:26.46	38.25 300m: 3:42.49	37.90 400m: 4:56.20	36.31
4.	CZERWI SKI, Kacper	08	UKP Wodnik Włocławek	<b>5:08.10</b>	326
	50m: 33.42 33.42	150m: 1:51.53	39.74 250m: 3:12.55	40.39 350m: 4:32.26	39.47
	100m: 1:11.79 38.37	200m: 2:32.16	40.63 300m: 3:52.79	40.24 400m: 5:08.10	35.84

15 lat

1.	KOZŁOWSKI, Julian	07	MKS „Astoria" Bydgoszcz	<b>4:19.80</b>	545
	50m: 28.88 28.88	150m: 1:34.63	32.88 250m: 2:40.21	32.81 350m: 3:47.15	33.11
	100m: 1:01.75 32.87	200m: 2:07.40	32.77 300m: 3:14.04	33.83 400m: 4:19.80	32.65
2.	SYLWESTROWICZ, Wiktor	07	MUKS "Pi tnastka"	<b>4:50.14</b>	391
	50m: 32.04 32.04	150m: 1:45.25	37.12 250m: 3:00.18	37.61 350m: 4:14.79	37.31
	100m: 1:08.13 36.09	200m: 2:22.57	37.32 300m: 3:37.48	37.30 400m: 4:50.14	35.35

16 lat i starsi

1.	BANIA, Karol	05	MUKS "Pi tnastka"	<b>4:04.79</b>	651
	50m: 27.86 27.86	150m: 1:29.57	31.21 250m: 2:31.96	31.09 350m: 3:33.74	30.91
	100m: 58.36 30.50	200m: 2:00.87	31.30 300m: 3:02.83	30.87 400m: 4:04.79	31.05
2.	MUSZY SKI, Jakub	01	MKS „Astoria" Bydgoszcz	<b>4:08.18</b>	625
	50m: 28.08 28.08	150m: 1:30.03	31.11 250m: 2:32.62	31.11 350m: 3:36.49	32.35
	100m: 58.92 30.84	200m: 2:01.51	31.48 300m: 3:04.14	31.52 400m: 4:08.18	31.69
3.	CIECHOMSKI, Rafał	06	MKS „Astoria" Bydgoszcz	<b>4:12.09</b>	596
	50m: 27.85 27.85	150m: 1:31.70	32.44 250m: 2:35.27	31.55 350m: 3:39.89	32.43
	100m: 59.26 31.41	200m: 2:03.72	32.02 300m: 3:07.46	32.19 400m: 4:12.09	32.20
4.	MINISZEWSKI, Sebastian	04	MUKS "Pi tnastka"	<b>4:23.40</b>	523
	50m: 29.37 29.37	150m: 1:32.01	31.47 250m: 2:33.62	30.17 350m: 3:46.25	43.21
	100m: 1:00.54 31.17	200m: 2:03.45	31.44 300m: 3:03.04	29.42 400m: 4:23.40	37.15
5.	DOMA SKI, Franciszek	06	MKS „Astoria" Bydgoszcz	<b>4:32.98</b>	470
	50m: 29.50 29.50	150m: 1:35.28	33.23 250m: 2:45.15	35.30 350m: 3:57.34	36.05
	100m: 1:02.05 32.55	200m: 2:09.85	34.57 300m: 3:21.29	36.14 400m: 4:32.98	35.64
6.	SZYMA SKI, Igor	05	MUKS "Pi tnastka"	<b>4:33.98</b>	464
	50m: 30.73 30.73	150m: 1:39.05	34.72 250m: 2:49.37	34.90 350m: 4:00.34	35.14
	100m: 1:04.33 33.60	200m: 2:14.47	35.42 300m: 3:25.20	35.83 400m: 4:33.98	33.64
7.	KONIECZNY, Krzysztof	06	UKP Wodnik Włocławek	<b>5:01.74</b>	348
	50m: 35.35 35.35	150m: 2:00.86	44.09 250m: 3:32.30	46.22 350m: 5:01.89	43.86
	100m: 1:16.77 41.42	200m: 2:46.08	45.22 300m: 4:18.03	45.73 400m: 5:01.74	