

Indywidualne Mistrzostwa Województwa Kujawsko-Pomorskiego w Pływaniu
Bydgoszcz, 27.5.2023

Konkurencja 14
27.05.2023 - 13:45

M czynn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.	
14 lat										
1.	MICHALSKI, Maksymilian		09	MUKS "Pi tnastrka"				4:48.17	445	
	50m:	32.87 32.87	150m:	1:47.65	37.92	250m:	3:01.89	36.89	350m:	4:14.31 35.84
	100m:	1:09.73 36.86	200m:	2:25.00	37.35	300m:	3:38.47	36.58	400m:	4:48.17 33.86
2.	ŁAWRYNOWICZ, Kacper		09	MKS SP 63 Bydgoszcz				5:00.40	393	
	50m:	33.06 33.06	150m:	1:48.93	38.49	250m:	3:07.18	39.23	350m:	4:24.72 38.17
	100m:	1:10.44 37.38	200m:	2:27.95	39.02	300m:	3:46.55	39.37	400m:	5:00.40 35.68
3.	ROGÓ -ADAMCZYK, Natan		09	MKS „Astoria” Bydgoszcz				5:02.98	383	
	50m:	32.03 32.03	150m:	1:47.07	38.55	250m:	3:06.89	39.80	350m:	4:25.37 39.25
	100m:	1:08.52 36.49	200m:	2:27.09	40.02	300m:	3:46.12	39.23	400m:	5:02.98 37.61
4.	WYCZÓŁKOWSKI, Patryk		09	UKS „Ósemka” Toru				5:14.57	342	
	50m:	34.86 34.86	150m:	1:54.58	40.76	250m:	3:16.83	41.33	350m:	4:38.46 40.15
	100m:	1:13.82 38.96	200m:	2:35.50	40.92	300m:	3:58.31	41.48	400m:	5:14.57 36.11
5.	KOWALSKI, Krystian		09	MKS SP 63 Bydgoszcz				5:15.22	340	
	50m:	35.24 35.24	150m:	1:56.56	41.24	250m:	3:17.65	41.01	350m:	4:40.35 40.27
	100m:	1:15.32 40.08	200m:	2:36.64	40.08	300m:	4:00.08	42.43	400m:	5:15.22 34.87
6.	SOBCZAK, Klaudiusz		09	Uks Czwórka Nakło				6:37.35	169	
	50m:	36.28 36.28	150m:	2:12.83	49.84	250m:	5:46.63	2:40.09	350m:	
	100m:	1:22.99 46.71	200m:	3:06.54	53.71	300m:	4:54.79		400m:	6:37.35
15 lat										
1.	CZERWONKA, Jan		08	MTKP Delfin Toru				4:15.13	641	
	50m:	29.62 29.62	150m:	1:34.19	32.54	250m:	2:39.64	31.98	350m:	3:44.08 31.45
	100m:	1:01.65 32.03	200m:	2:07.66	33.47	300m:	3:12.63	32.99	400m:	4:15.13 31.05
2.	HOFMAN, Marcel		08	St. KP Olimpia wiecie				4:36.38	504	
	50m:	30.87 30.87	150m:	1:41.06	35.69	250m:	2:53.31	36.47	350m:	4:04.64 34.81
	100m:	1:05.37 34.50	200m:	2:16.84	35.78	300m:	3:29.83	36.52	400m:	4:36.38 31.74
3.	RAJSKI, Kuba		08	UKS Ruch Grudzi dz				4:57.35	405	
	50m:	31.86 31.86	150m:	1:46.67	37.86	250m:	3:04.27	38.71	350m:	4:21.17 38.28
	100m:	1:08.81 36.95	200m:	2:25.56	38.89	300m:	3:42.89	38.62	400m:	4:57.35 36.18
4.	KOWALCZYK, Sebastian		08	MKS „Astoria” Bydgoszcz				4:58.93	399	
	50m:	32.50 32.50	150m:	1:48.49	38.06	250m:	3:06.95	39.27	350m:	4:22.37 35.86
	100m:	1:10.43 37.93	200m:	2:27.68	39.19	300m:	3:46.51	39.56	400m:	4:58.93 36.56
5.	MIEDZIANOWSKI, Bartosz		08	UKS Ruch Grudzi dz				5:00.50	392	
	50m:	31.60 31.60	150m:	1:46.87	38.39	250m:	3:06.34	40.19	350m:	4:24.97 38.04
	100m:	1:08.48 36.88	200m:	2:26.15	39.28	300m:	3:46.93	40.59	400m:	5:00.50 35.53
6.	CZERWI SKI, Kacper		08	UKP Wodnik Włocławek				5:15.17	340	
	50m:	34.15 34.15	150m:	1:54.71	41.48	250m:	3:17.41	40.66	350m:	4:39.04 39.42
	100m:	1:13.23 39.08	200m:	2:36.75	42.04	300m:	3:59.62	42.21	400m:	5:15.17 36.13
7.	WASIAK, Tomasz		08	UKS „Ósemka” Toru				5:32.17	290	
	50m:	32.61 32.61	150m:	1:53.28	41.85	250m:	3:22.58	45.02	350m:	4:43.51 35.50
	100m:	1:11.43 38.82	200m:	2:37.56	44.28	300m:	4:08.01	45.43	400m:	5:32.17 48.66
16 lat										
1.	SYLWESTROWICZ, Wiktor		07	MUKS "Pi tnastrka"				4:35.47	509	
	50m:	32.18 32.18	150m:	1:44.07	35.98	250m:	2:54.24	33.98	350m:	4:03.83 33.97
	100m:	1:08.09 35.91	200m:	2:20.26	36.19	300m:	3:29.86	35.62	400m:	4:35.47 31.64
2.	FILIPIAK, Mateusz		07	MUKS "Pi tnastrka"				4:37.28	499	
	50m:	30.14 30.14	150m:	1:39.40	35.27	250m:	2:50.85	36.06	350m:	4:03.56 36.88
	100m:	1:04.13 33.99	200m:	2:14.79	35.39	300m:	3:26.68	35.83	400m:	4:37.28 33.72

Indywidualne Mistrzostwa Województwa Kujawsko-Pomorskiego w Pływaniu
Bydgoszcz, 27.5.2023

Konkurencja 14, Chłopców, 400m dowolny, 16 lat

Pozycja	Rok ur.								Czas	Pkt.		
3.	WIELGOSZ, Borys								4:38.96	490		
	50m:	30.18	30.18	150m:	1:42.36	37.50	250m:	2:54.07	35.46	350m:	4:05.25	34.74
	100m:	1:04.86	34.68	200m:	2:18.61	36.25	300m:	3:30.51	36.44	400m:	4:38.96	33.71

17 lat i starsi

1.	BANIA, Karol								4:14.92	643		
	50m:	28.20	28.20	150m:	1:31.39	32.31	250m:	2:36.51	32.87	350m:	3:42.39	33.09
	100m:	59.08	30.88	200m:	2:03.64	32.25	300m:	3:09.30	32.79	400m:	4:14.92	32.53
2.	MUSZY SKI, Jakub								4:18.62	616		
	50m:	28.13	28.13	150m:	1:32.20	32.74	250m:	2:38.22	33.13	350m:	3:44.31	32.71
	100m:	59.46	31.33	200m:	2:05.09	32.89	300m:	3:11.60	33.38	400m:	4:18.62	34.31
3.	CIECHOMSKI, Rafał								4:19.83	607		
	50m:	28.35	28.35	150m:	1:33.04	33.01	250m:	2:39.81	33.00	350m:	3:46.82	33.57
	100m:	1:00.03	31.68	200m:	2:06.81	33.77	300m:	3:13.25	33.44	400m:	4:19.83	33.01
4.	KRASICKI, Artur								4:46.56	452		
	50m:	30.54	30.54	150m:	1:40.53	35.49	250m:	2:54.28	36.76	350m:	4:09.86	37.74
	100m:	1:05.04	34.50	200m:	2:17.52	36.99	300m:	3:32.12	37.84	400m:	4:46.56	36.70
5.	UKOWSKI, Antoni								4:52.70	425		
	50m:	30.65	30.65	150m:	1:42.14	36.80	250m:	2:58.02	38.03	350m:	4:14.48	38.14
	100m:	1:05.34	34.69	200m:	2:19.99	37.85	300m:	3:36.34	38.32	400m:	4:52.70	38.22
6.	CZERNAK, Witold								6:06.08	217		
	50m:	37.94	37.94	150m:	2:08.36	46.01	250m:	3:43.35	48.20	350m:	5:19.02	47.57
	100m:	1:22.35	44.41	200m:	2:55.15	46.79	300m:	4:31.45	48.10	400m:	6:06.08	47.06