

Zimowe Mistrzostwa Województwa Kujawsko - Pomorskiego w Pływaniu  
Rypin, 18. - 19.11.2023

Konkurencja 2  
18.11.2023 - 9:35

M czynn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat</b>									
1.	MICHALSKI, Maksymilian		09	MUKS "Pi tnastka"				<b>5:06.19</b>	451
	50m:	30.35 30.35	150m:	1:49.68 43.20	250m:	3:14.77 44.50	350m:		
	100m:	1:06.48 36.13	200m:	2:30.27 40.59	300m:	3:59.35 44.58	400m:	5:06.19	
2.	ŁAWRYNOWICZ, Kacper		09	MUKS "Pi tnastka"				<b>5:10.70</b>	431
	50m:	31.30 31.30	150m:	1:51.99 43.16	250m:	3:12.78 39.89	350m:	4:34.63 38.90	
	100m:	1:08.83 37.53	200m:	2:32.89 40.90	300m:	3:55.73 42.95	400m:	5:10.70 36.07	
3.	LEGWI SKI, Filip		09	KP Delfin Inowrocław				<b>6:26.01</b>	225
	50m:	38.17 38.17	150m:	2:15.27 49.00	250m:	4:00.82 55.58	350m:	5:44.28 46.12	
	100m:	1:26.27 48.10	200m:	3:05.24 49.97	300m:	4:58.16 57.34	400m:	6:26.01 41.73	
<b>15 lat</b>									
1.	CZERWONKA, Jan		08	MTKP Delfin Toru				<b>4:33.97</b>	629
	50m:	29.33 29.33	150m:	1:37.29 35.28	250m:	2:51.58 38.95	350m:	4:04.18 32.13	
	100m:	1:02.01 32.68	200m:	2:12.63 35.34	300m:	3:32.05 40.47	400m:	4:33.97 29.79	
2.	MIEDZIANOWSKI, Bartosz		08	UKS Ruch Grudzi dz				<b>5:29.74</b>	361
	50m:	32.95 32.95	150m:	1:56.41 42.89	250m:	3:25.68 47.02	350m:	4:52.95 39.10	
	100m:	1:13.52 40.57	200m:	2:38.66 42.25	300m:	4:13.85 48.17	400m:	5:29.74 36.79	
3.	ANDZI SKI, Szymon		08	Toru ski MKS CHAMPIONS				<b>5:36.18</b>	340
	50m:	35.11 35.11	150m:	2:01.36 45.56	250m:	3:32.95 48.23	350m:	4:59.80 39.18	
	100m:	1:15.80 40.69	200m:	2:44.72 43.36	300m:	4:20.62 47.67	400m:	5:36.18 36.38	
4.	CZERWI SKI, Kacper		08	UKP Wodnik Włocławek				<b>6:02.64</b>	271
	50m:	39.66 39.66	150m:	2:14.03 46.67	250m:	3:51.48 50.55	350m:	5:24.51 41.14	
	100m:	1:27.36 47.70	200m:	3:00.93 46.90	300m:	4:43.37 51.89	400m:	6:02.64 38.13	
5.	PIETRZYKOWSKI, Marcin		08	Uks Czwórka Nakło				<b>6:32.80</b>	213
	50m:	36.91 36.91	150m:	2:15.19 50.51	250m:	4:06.05 1:00.97	350m:		
	100m:	1:24.68 47.77	200m:	3:05.08 49.89	300m:	5:05.63 59.58	400m:	6:32.80	
<b>16 lat</b>									
1.	KOZŁOWSKI, Julian		07	MKS „Astoria” Bydgoszcz				<b>4:43.15</b>	570
	50m:	29.40 29.40	150m:	1:40.30 37.33	250m:	2:57.22 39.53	350m:	4:10.80 33.44	
	100m:	1:02.97 33.57	200m:	2:17.69 37.39	300m:	3:37.36 40.14	400m:	4:43.15 32.35	
<b>17 lat i starsi</b>									
1.	ZAWADZKI, Jakub		06	UKS Ruch Grudzi dz				<b>4:51.96</b>	520
	50m:	30.97 30.97	150m:	1:44.08 37.81	250m:	3:01.12 40.80	350m:	4:18.21 34.92	
	100m:	1:06.27 35.30	200m:	2:20.32 36.24	300m:	3:43.29 42.17	400m:	4:51.96 33.75	