

Pływacki Łom img, Puchar Polski Masters
Łom a, 8.9.2022

Konkurencja 1
08.09.2022 - 14:00

Kobiet, 400m dowolny

20 lat i starsi
Wyniki

Punkty: PP 2022

Pozycja			Rok ur.					Czas	Pkt.
40 - 44 lat									
1.	MICHALIK, Dominika		79	MKS Juvenia Białystok				5:09.43	605
	50m:	34.45 34.45	150m:	1:49.91 38.29	250m:	3:08.48 39.78	350m:	4:29.07 40.29	
	100m:	1:11.62 37.17	200m:	2:28.70 38.79	300m:	3:48.78 40.30	400m:	5:09.43 40.36	
45 - 49 lat									
1.	WÓJCICKA, Anna		75	MASTERS Lublin				6:31.61	309
	50m:	40.48 40.48	150m:	2:15.42 49.16	250m:	3:56.97 51.47	350m:	5:39.92 51.59	
	100m:	1:26.26 45.78	200m:	3:05.50 50.08	300m:	4:48.33 51.36	400m:	6:31.61 51.69	
2.	KLARECKA, Monika		77	MUKS Zgierz				6:42.39	285
	50m:	44.93 44.93	150m:	2:24.96 50.68	250m:	4:08.97 51.34	350m:	5:54.11 52.64	
	100m:	1:34.28 49.35	200m:	3:17.63 52.67	300m:	5:01.47 52.50	400m:	6:42.39 48.28	
50 - 54 lat									
1.	BALAJCZA, Timea		71	Klub Sportowy Mako				5:38.59	529
	50m:	38.14 38.14	150m:	2:02.51 42.57	250m:	3:28.66 42.48	350m:	4:55.56 43.66	
	100m:	1:19.94 41.80	200m:	2:46.18 43.67	300m:	4:11.90 43.24	400m:	5:38.59 43.03	
55 - 59 lat									
1.	KOTECKA, Anna		65	KS Warta Pozna				6:10.18	421
	50m:	42.51 42.51	150m:	2:15.30 46.90	250m:	3:48.66 46.84	350m:	5:23.77 47.77	
	100m:	1:28.40 45.89	200m:	3:01.82 46.52	300m:	4:36.00 47.34	400m:	6:10.18 46.41	
70 - 74 lat									
1.	SZEMBERG, Anna		49	Warsaw Masters Team				8:42.23	249
	50m:	2:23.83 2:23.83	150m:	6:13.05 2:32.21	250m:	8:43.57 1:15.70	350m:		
	100m:	3:40.84 1:17.01	200m:	7:27.87 1:14.82	300m:		400m:	8:42.23	