

Konkurencja 9  
25.11.2022 - 17:20

Kobiet, 400m dowolny

11 lat i starsi  
Wyniki

Punkty: Rudolph Table 2022

				Rok ur.					Czas	Pkt.
<b>11 lat</b>										
1.	MUCHARSKA, Aleksandra			11	Stowarzyszenie 3T Total Tri Training Biały				<b>6:05.82</b>	1,1
	50m: 39.01	39.01	150m: 2:09.63	46.81	250m: 3:45.72	48.50	350m: 5:22.45		48.58	
	100m: 1:22.82	43.81	200m: 2:57.22	47.59	300m: 4:33.87	48.15	400m: 6:05.82		43.37	
2.	JARMOCEWICZ, Nikola			11	SP „Na Fali” przy MOSiR w Michałowie				<b>6:33.08</b>	
	50m: 48.51	48.51	150m: 2:32.34	51.50	250m: 4:11.67	48.53	350m: 5:48.93		47.88	
	100m: 1:40.84	52.33	200m: 3:23.14	50.80	300m: 5:01.05	49.38	400m: 6:33.08		44.15	
3.	ULI SKA, Lena			11	UKS Butterfly Łom a				<b>6:59.61</b>	
	50m: 39.73	39.73	150m: 2:24.01	55.90	250m: 4:14.22	56.94	350m: 6:07.49		56.26	
	100m: 1:28.11	48.38	200m: 3:17.28	53.27	300m: 5:11.23	57.01	400m: 6:59.61		52.12	
4.	LEONIUK, Nikola			11	MKP Wodnik Bielsk Podlaski				<b>7:09.22</b>	
	50m: 53.57	53.57	150m:		250m: 4:03.49	1:03.18	350m:			
	100m: 1:55.90	1:02.33	200m: 3:00.31		300m: 5:06.93	1:03.44	400m: 7:09.22			
<b>12 lat</b>										
1.	MOCZULSKA, Martyna			10	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				<b>5:53.37</b>	
	50m: 38.58	38.58	150m: 2:08.32	45.80	250m: 3:39.80	45.88	350m: 5:11.22		45.34	
	100m: 1:22.52	43.94	200m: 2:53.92	45.60	300m: 4:25.88	46.08	400m: 5:53.37		42.15	
2.	KOKOSZKA, Anna			10	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				<b>6:11.85</b>	
	50m: 39.45	39.45	150m: 2:13.54	48.23	250m: 3:50.49	48.56	350m: 5:27.05		49.12	
	100m: 1:25.31	45.86	200m: 3:01.93	48.39	300m: 4:37.93	47.44	400m: 6:11.85		44.80	
3.	KRAKOWSKA, Lena			10	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				<b>6:22.88</b>	
	50m: 41.61	41.61	150m: 2:19.30	49.41	250m: 3:57.22	48.93	350m: 5:37.15		50.23	
	100m: 1:29.89	48.28	200m: 3:08.29	48.99	300m: 4:46.92	49.70	400m: 6:22.88		45.73	
4.	KRAKOWSKA, Iga			10	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				<b>6:31.15</b>	
	50m: 43.11	43.11	150m: 2:22.02	49.35	250m: 4:01.10	49.11	350m: 5:43.44		50.21	
	100m: 1:32.67	49.56	200m: 3:11.99	49.97	300m: 4:53.23	52.13	400m: 6:31.15		47.71	
5.	FR CKIEWICZ, Alicja			10	UKS Butterfly Łom a				<b>6:34.77</b>	
	50m: 42.17	42.17	150m: 2:22.21	50.83	250m: 4:03.60	50.36	350m: 5:45.95		51.54	
	100m: 1:31.38	49.21	200m: 3:13.24	51.03	300m: 4:54.41	50.81	400m: 6:34.77		48.82	
6.	NOWOSAD, Gabriela			10	MKP Wodnik Bielsk Podlaski				<b>6:41.00</b>	
	50m: 42.28	42.28	150m: 2:22.81	51.57	250m: 4:06.20	52.27	350m: 5:50.65		52.41	
	100m: 1:31.24	48.96	200m: 3:13.93	51.12	300m: 4:58.24	52.04	400m: 6:41.00		50.35	
7.	LIWKA, Maria			10	MKP Wodnik Bielsk Podlaski				<b>8:01.25</b>	
	50m: 48.88	48.88	150m: 2:50.30	1:03.23	250m: 4:59.25	1:05.28	350m:			
	100m: 1:47.07	58.19	200m: 3:53.97	1:03.67	300m: 6:00.61	1:01.36	400m: 8:01.25			
<b>13 lat</b>										
1.	SZKIŁ D , Klaudia			09	MKS Juvenia Białystok				<b>4:50.42</b>	11,9
	50m: 32.52	32.52	150m: 1:45.61	37.32	250m: 3:00.57	37.50	350m: 4:15.01		36.81	
	100m: 1:08.29	35.77	200m: 2:23.07	37.46	300m: 3:38.20	37.63	400m: 4:50.42		35.41	
2.	BAWORSKA, Nikola			09	MUKS NEPTUN Mo ki				<b>5:19.95</b>	4,5
	50m: 35.97	35.97	150m: 1:55.47	40.49	250m: 3:18.00	41.23	350m: 4:40.17		41.27	
	100m: 1:14.98	39.01	200m: 2:36.77	41.30	300m: 3:58.90	40.90	400m: 5:19.95		39.78	

Konkurencja 9, Dziewcz t, 400m dowolny, 13 lat

				Rok ur.					Czas	Pkt.		
3.	KUROK, Varvara			09	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				<b>5:30.58</b>	1,8		
	50m:	36.51	36.51	150m:	2:00.92	42.05	250m:	3:26.09	42.78	350m:	4:51.25	42.35
	100m:	1:18.87	42.36	200m:	2:43.31	42.39	300m:	4:08.90	42.81	400m:	5:30.58	39.33
4.	ZAŁ SKA, Pola			09	MKP Wodnik Bielsk Podlaski					<b>5:42.19</b>		
	50m:	37.69	37.69	150m:	2:03.58	43.24	250m:	3:32.35	44.55	350m:		
	100m:	1:20.34	42.65	200m:	2:47.80	44.22	300m:	4:16.71	44.36	400m:	5:42.19	
5.	NADZIEJA, Karolina			09	Mi dzyszkolny UKS „Olimpijczyk” Suwałki					<b>6:00.01</b>		
	50m:	39.33	39.33	150m:	2:09.18	45.30	250m:	3:41.98	46.95	350m:	5:15.93	47.42
	100m:	1:23.88	44.55	200m:	2:55.03	45.85	300m:	4:28.51	46.53	400m:	6:00.01	44.08
6.	TRUCHAN, Kinga			09	Mi dzyszkolny UKS „Olimpijczyk” Suwałki					<b>6:04.86</b>		
	50m:	39.26	39.26	150m:	2:09.87	46.29	250m:	3:44.71	47.55	350m:	5:19.87	47.26
	100m:	1:23.58	44.32	200m:	2:57.16	47.29	300m:	4:32.61	47.90	400m:	6:04.86	44.99

14 lat

1.	ORNOWSKA, Zuzanna			08	MKS Juwenia Białystok					<b>4:48.40</b>	10,6	
	50m:	32.29	32.29	150m:	1:45.43	36.98	250m:	3:00.44	37.39	350m:	4:14.32	36.67
	100m:	1:08.45	36.16	200m:	2:23.05	37.62	300m:	3:37.65	37.21	400m:	4:48.40	34.08
2.	LIAUCHUK, Kamila			08	MKS Juwenia Białystok					<b>5:27.31</b>		
	50m:	36.34	36.34	150m:	1:57.80	40.82	250m:	3:22.14	42.31	350m:	4:47.07	42.17
	100m:	1:16.98	40.64	200m:	2:39.83	42.03	300m:	4:04.90	42.76	400m:	5:27.31	40.24
3.	KANONCHYK, Vera			08	MKS Juwenia Białystok					<b>5:27.94</b>		
	50m:	35.14	35.14	150m:	1:56.53	41.68	250m:	3:20.58	42.29	350m:	4:47.48	43.50
	100m:	1:14.85	39.71	200m:	2:38.29	41.76	300m:	4:03.98	43.40	400m:	5:27.94	40.46
4.	RZATKOWSKA, Aleksandra			08	Mi dzyszkolny UKS „Olimpijczyk” Suwałki					<b>6:10.67</b>		
	50m:	42.28	42.28	150m:	2:15.17	47.29	250m:	3:51.15	48.08	350m:	5:26.07	47.32
	100m:	1:27.88	45.60	200m:	3:03.07	47.90	300m:	4:38.75	47.60	400m:	6:10.67	44.60

15 lat i starsi

1.	BISZEWSKA, Gabriela			05	Mi dzyszkolny UKS „Olimpijczyk” Suwałki					<b>4:39.61</b>	10,7	
	50m:	32.30	32.30	150m:	1:42.55	35.68	250m:	2:54.72	36.32	350m:	4:06.19	35.29
	100m:	1:06.87	34.57	200m:	2:18.40	35.85	300m:	3:30.90	36.18	400m:	4:39.61	33.42
2.	MAGNUSZEWSKA, Anna			05	MUKS NEPTUN Mo ki					<b>5:39.61</b>		
	50m:	36.68	36.68	150m:	1:59.39	41.85	250m:	3:28.36	44.73	350m:		
	100m:	1:17.54	40.86	200m:	2:43.63	44.24	300m:	4:12.52	44.16	400m:	5:39.61	
3.	NOWOSADA, Maja			07	UKS „Batory” Sokółka					<b>6:10.58</b>		
	50m:	38.25	38.25	150m:	2:09.80	47.13	250m:	3:46.17	48.32	350m:		
	100m:	1:22.67	44.42	200m:	2:57.85	48.05	300m:	4:35.36	49.19	400m:	6:10.58	