



- 2019,  
, 7. - 8.9.2019

16 , 400m 8 - 94  
07.09.2019

: DSV Masters 13

100m 200m 300m 400m

- Youth - Młodzie owe

1.		05		<b>5:30.66</b>	744	1:19.06	1:27.77	1:29.34	1:14.49
	50m:		150m:	250m:			350m:		
	100m:	1:19.06	200m:	300m:	4:16.17		400m:	5:30.66	

- Masters - Masters 40-44

1.		79	-	<b>7:16.05</b>	412	1:48.06	1:57.76	1:54.31	1:35.92
	50m:		150m:	250m:			350m:		
	100m:	1:48.06	200m:	300m:	5:40.13		400m:	7:16.05	

- Masters - Masters 45-49

1.		70	-	<b>7:05.02</b>	479	1:46.40	1:45.72	1:56.51	1:36.39
	50m:		150m:	250m:			350m:		
	100m:	1:46.40	200m:	300m:	5:28.63		400m:	7:05.02	