

Otwarte mistrzostwa Warszawy w pływaniu
Warszawa, 10. - 11.12.2010

Konkurencja 20
2010-12-10 - 19:55

Chłopców, 400m dowolny

11 - 15 lat
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.	
11 lat										
1.	KULISIEWICZ, Daniel		99	UKS 307 Warszawa				5:13.12	347	
	50m:	34.01 34.01	150m:	1:53.26	40.24	250m:	3:14.42	40.64	350m:	4:35.22 39.89
	100m:	1:13.02 39.01	200m:	2:33.78	40.52	300m:	3:55.33	40.91	400m:	5:13.12 37.90
2.	PARZYNOWSKI, WOJCIECH		99	UKS-190 Łódź				5:13.17	347	
	50m:	34.12 34.12	150m:	1:54.31	40.86	250m:	3:15.35	40.79	350m:	4:36.10 39.70
	100m:	1:13.45 39.33	200m:	2:34.56	40.25	300m:	3:56.40	41.05	400m:	5:13.17 37.07
3.	WARCIAREK, Jan		99	UKS Victoria Józefów				5:20.84	322	
	50m:	35.24 35.24	150m:	1:57.25	41.40	250m:	3:19.92	41.26	350m:	4:42.79 41.91
	100m:	1:15.85 40.61	200m:	2:38.66	41.41	300m:	4:00.88	40.96	400m:	5:20.84 38.05
4.	SUMARA, Beniamin		99	MOS D browa Górnicza				5:21.24	321	
	50m:	36.27 36.27	150m:	1:58.11	41.49	250m:	3:20.61	40.95	350m:	4:43.18 40.83
	100m:	1:16.62 40.35	200m:	2:39.66	41.55	300m:	4:02.35	41.74	400m:	5:21.24 38.06
5.	MACNER, Michał		99	ULKS VICTORIA Kozy				5:25.79	308	
	50m:	36.15 36.15	150m:	1:57.66	41.46	250m:	3:21.04	41.69	350m:	4:45.38 42.25
	100m:	1:16.20 40.05	200m:	2:39.35	41.69	300m:	4:03.13	42.09	400m:	5:25.79 40.41
6.	KULISIEWICZ, Rafał		99	UKS 307 Warszawa				5:30.98	293	
	50m:	37.60 37.60	150m:	2:07.33	44.86	250m:	3:31.46	40.85	350m:	4:53.25 40.87
	100m:	1:22.47 44.87	200m:	2:50.61	43.28	300m:	4:12.38	40.92	400m:	5:30.98 37.73
7.	RUDNICKI, MARCIN		99	UKS,, oliborz" Warszawa				5:31.12	293	
	50m:	36.45 36.45	150m:	2:03.54	45.23	250m:	3:30.53	43.12	350m:	4:53.79 40.75
	100m:	1:18.31 41.86	200m:	2:47.41	43.87	300m:	4:13.04	42.51	400m:	5:31.12 37.33
8.	CECERE, Marco		99	KS Warta Pozna				5:38.28	275	
	50m:	35.69 35.69	150m:	2:00.05	43.30	250m:	3:29.23	44.67	350m:	4:58.28 44.98
	100m:	1:16.75 41.06	200m:	2:44.56	44.51	300m:	4:13.30	44.07	400m:	5:38.28 40.00
9.	OZIMEK, KACPER		99	UKS,, oliborz" Warszawa				5:51.59	245	
	50m:	37.58 37.58	150m:	2:06.47	44.65	250m:	3:37.85	45.53	350m:	5:08.66 44.90
	100m:	1:21.82 44.24	200m:	2:52.32	45.85	300m:	4:23.76	45.91	400m:	5:51.59 42.93
10.	LIWKA, Jakub		99	UKS Kapry-Armexim Pruszków				6:07.11	215	
	50m:	42.00 42.00	150m:	2:15.51	47.34	250m:	3:51.14	48.24	350m:	5:23.73 45.78
	100m:	1:28.17 46.17	200m:	3:02.90	47.39	300m:	4:37.95	46.81	400m:	6:07.11 43.38
12 lat										
1.	KU MA, Bartosz		98	KS 1 O arów Mazowiecki				5:00.92	391	
	50m:	33.04 33.04	150m:	1:50.23	39.72	250m:	3:09.40	40.21	350m:	4:27.57 38.45
	100m:	1:10.51 37.47	200m:	2:29.19	38.96	300m:	3:49.12	39.72	400m:	5:00.92 33.35
2.	SASIN, Paweł		98	UKS Meduza Warszawa				5:09.78	358	
	50m:	33.66 33.66	150m:	1:53.68	40.91	250m:	3:13.58	40.09	350m:	4:33.15 39.60
	100m:	1:12.77 39.11	200m:	2:33.49	39.81	300m:	3:53.55	39.97	400m:	5:09.78 36.63
3.	KRZOWSKI, KAROL		98	UKS "Rekin" Warszawa				5:10.61	355	
	50m:	34.15 34.15	150m:	1:54.14	40.59	250m:	3:13.96	39.35	350m:	4:34.51 40.01
	100m:	1:13.55 39.40	200m:	2:34.61	40.47	300m:	3:54.50	40.54	400m:	5:10.61 36.10
4.	ZBRZEZNIAK, PATRYK		98	BUKS Warszawa				5:17.73	332	
	50m:	34.30 34.30	150m:	1:55.92	41.47	250m:	3:18.50	41.33	350m:	4:40.02 39.92
	100m:	1:14.45 40.15	200m:	2:37.17	41.25	300m:	4:00.10	41.60	400m:	5:17.73 37.71
5.	GÓRECKI, Kamil		98	MUKP Warszawianka Wodny Park				5:24.30	312	
	50m:	35.79 35.79	150m:	1:58.49	42.07	250m:	3:22.60	42.31	350m:	4:45.49 41.01
	100m:	1:16.42 40.63	200m:	2:40.29	41.80	300m:	4:04.48	41.88	400m:	5:24.30 38.81
6.	SAPALSKI, Mateusz		98	UKS G - 8 Bielany				5:34.93	283	
	50m:	37.03 37.03	150m:	2:02.27	43.35	250m:	3:28.28	43.23	350m:	4:54.43 42.32
	100m:	1:18.92 41.89	200m:	2:45.05	42.78	300m:	4:12.11	43.83	400m:	5:34.93 40.50

Otwarte mistrzostwa Warszawy w pływaniu
Warszawa, 10. - 11.12.2010

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
DYSKW.LIS, Patryk			98	KP AVIA widnik				4:55.97			
	50m:	32.92 32.92	150m:	1:48.07	38.16	250m:	3:05.35	38.48	350m:	4:21.56	37.21
	100m:	1:09.91 36.99	200m:	2:26.87	38.80	300m:	3:44.35	39.00	400m:	4:55.97	34.41

13 lat

1.PIETRZAK, DAWID			97	AZS-WSG Astoria Bydgoszcz				4:31.04	535		
	50m:	30.68 30.68	150m:	1:39.02	34.39	250m:	2:48.48	34.90	350m:	3:57.67	34.01
	100m:	1:04.63 33.95	200m:	2:13.58	34.56	300m:	3:23.66	35.18	400m:	4:31.04	33.37
2.DYTKOWSKI, Jan			97	KS KSZO Ostrowiec w.				4:35.60	509		
	50m:	30.43 30.43	150m:	1:39.59	35.26	250m:	2:50.43	35.32	350m:	4:01.28	35.21
	100m:	1:04.33 33.90	200m:	2:15.11	35.52	300m:	3:26.07	35.64	400m:	4:35.60	34.32
3.POPIELEC, Michał			97	UKS " Gim 92 Ursynow " Warszawa				4:41.99	475		
	50m:	30.90 30.90	150m:	1:43.22	36.70	250m:	2:56.54	36.77	350m:	4:08.63	35.79
	100m:	1:06.52 35.62	200m:	2:19.77	36.55	300m:	3:32.84	36.30	400m:	4:41.99	33.36
4.DURAJCZYK, Michał			97	MUKP Warszawianka Wodny Park				4:50.56	434		
	50m:	32.88 32.88	150m:	1:45.89	36.65	250m:	2:59.60	36.83	350m:	4:14.31	37.44
	100m:	1:09.24 36.36	200m:	2:22.77	36.88	300m:	3:36.87	37.27	400m:	4:50.56	36.25
5.STECKO, Michał			97	UKS Kapry-Armexim Pruszków				4:55.76	411		
	50m:	32.06 32.06	150m:	1:45.22	37.37	250m:	3:01.48	38.20	350m:	4:18.75	38.83
	100m:	1:07.85 35.79	200m:	2:23.28	38.06	300m:	3:39.92	38.44	400m:	4:55.76	37.01
6.PACHOWSKI, Adrian			97	UKS Jagiellonka				4:58.21	401		
	50m:	31.67 31.67	150m:	1:44.70	37.36	250m:	3:01.78	38.60	350m:	4:20.39	39.22
	100m:	1:07.34 35.67	200m:	2:23.18	38.48	300m:	3:41.17	39.39	400m:	4:58.21	37.82
7.B CZKOWSKI, Bartosz			97	MUKP Warszawianka Wodny Park				4:59.72	395		
	50m:	34.22 34.22	150m:	1:51.01	38.95	250m:	3:07.89	38.38	350m:	4:23.74	37.37
	100m:	1:12.06 37.84	200m:	2:29.51	38.50	300m:	3:46.37	38.48	400m:	4:59.72	35.98
8.SKŁODOWSKI, Paweł			97	KS 1 O arów Mazowiecki				5:04.18	378		
	50m:	33.34 33.34	150m:	1:51.44	39.31	250m:	3:10.78	39.21	350m:	4:28.62	38.28
	100m:	1:12.13 38.79	200m:	2:31.57	40.13	300m:	3:50.34	39.56	400m:	5:04.18	35.56
9.HODUR, Filip			97	KS 1 O arów Mazowiecki				5:05.39	374		
	50m:	32.15 32.15	150m:	1:49.20	40.48	250m:	3:08.18	39.74	350m:	4:27.19	40.03
	100m:	1:08.72 36.57	200m:	2:28.44	39.24	300m:	3:47.16	38.98	400m:	5:05.39	38.20
10.CIUPI SKI, Kamil			97	UKS " Gim 92 Ursynow " Warszawa				5:08.50	363		
	50m:	34.61 34.61	150m:	1:52.67	39.56	250m:	3:10.94	38.99	350m:	4:29.89	39.29
	100m:	1:13.11 38.50	200m:	2:31.95	39.28	300m:	3:50.60	39.66	400m:	5:08.50	38.61
11.TOMZIK, Jakub			97	UKS " Gim 92 Ursynow " Warszawa				5:21.21	321		
	50m:	35.22 35.22	150m:	1:57.42	42.67	250m:	3:19.08	40.94	350m:	4:42.18	40.94
	100m:	1:14.75 39.53	200m:	2:38.14	40.72	300m:	4:01.24	42.16	400m:	5:21.21	39.03
12.SZYDŁOWSKI, Piotr			97	UKS G - 8 Bielany				5:28.04	301		
	50m:	35.12 35.12	150m:	1:57.96	42.16	250m:	3:23.50	42.68	350m:	4:49.48	42.99
	100m:	1:15.80 40.68	200m:	2:40.82	42.86	300m:	4:06.49	42.99	400m:	5:28.04	38.56
13.SAWICKI, BARTOSZ			97	BUKS Warszawa				5:31.56	292		
	50m:	35.43 35.43	150m:	1:58.70	42.65	250m:	3:26.32	44.04	350m:	4:52.62	43.10
	100m:	1:16.05 40.62	200m:	2:42.28	43.58	300m:	4:09.52	43.20	400m:	5:31.56	38.94

14 lat

1.HOŁUB, Jan			96	KP AVIA widnik				4:18.17	619		
	50m:	29.77 29.77	150m:	1:34.80	32.67	250m:	2:40.96	33.19	350m:	3:46.77	32.21
	100m:	1:02.13 32.36	200m:	2:07.77	32.97	300m:	3:14.56	33.60	400m:	4:18.17	31.40
2.JURA, Maciej			96	UKS Jagiellonka				4:21.75	594		
	50m:	28.63 28.63	150m:	1:33.93	32.95	250m:	2:41.69	33.28	350m:	3:49.81	33.47
	100m:	1:00.98 32.35	200m:	2:08.41	34.48	300m:	3:16.34	34.65	400m:	4:21.75	31.94

Otwarte mistrzostwa Warszawy w pływaniu
Warszawa, 10. - 11.12.2010

Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
3.JASZEWSKI, Marcin			96	UKS "Polonez" Wyszaków				4:32.43	527		
50m:	30.78	30.78	150m:	1:39.81	34.84	250m:	2:49.36	34.68	350m:	3:58.86	34.43
100m:	1:04.97	34.19	200m:	2:14.68	34.87	300m:	3:24.43	35.07	400m:	4:32.43	33.57
4.LIS, Przemysław			96	KP AVIA widnik				4:38.45	493		
50m:	30.88	30.88	150m:	1:42.01	35.87	250m:	2:53.81	35.98	350m:	4:04.86	35.23
100m:	1:06.14	35.26	200m:	2:17.83	35.82	300m:	3:29.63	35.82	400m:	4:38.45	33.59
5.HOŁUBIEC, MACIEJ			96	UKS "Rekin" Warszawa				4:40.95	480		
50m:	31.03	31.03	150m:	1:43.62	36.89	250m:	2:55.46	35.42	350m:	4:07.91	37.34
100m:	1:06.73	35.70	200m:	2:20.04	36.42	300m:	3:30.57	35.11	400m:	4:40.95	33.04
6.KRYCIA, Mateusz			96	KS KSZO Ostrowiec w.				4:41.24	479		
50m:	31.38	31.38	150m:	1:43.88	36.88	250m:	2:56.72	36.22	350m:	4:08.27	35.57
100m:	1:07.00	35.62	200m:	2:20.50	36.62	300m:	3:32.70	35.98	400m:	4:41.24	32.97
7.BASIUK, Maciej			96	KP AVIA widnik				4:46.51	453		
50m:	31.30	31.30	150m:	1:43.18	36.18	250m:	2:56.69	36.69	350m:	4:10.37	36.73
100m:	1:07.00	35.70	200m:	2:20.00	36.82	300m:	3:33.64	36.95	400m:	4:46.51	36.14
8.STOLARSKI, MARCIN			96	UKS,, oliborz" Warszawa				4:53.44	421		
50m:	32.73	32.73	150m:	1:46.93	37.37	250m:	3:02.99	38.15	350m:	4:18.21	37.54
100m:	1:09.56	36.83	200m:	2:24.84	37.91	300m:	3:40.67	37.68	400m:	4:53.44	35.23
9.BANDURSKI, PIOTR			96	BUKS Warszawa				5:38.30	275		
50m:	31.48	31.48	150m:	1:57.32	46.14	250m:	3:30.52	47.54	350m:	4:59.87	39.71
100m:	1:11.18	39.70	200m:	2:42.98	45.66	300m:	4:20.16	49.64	400m:	5:38.30	38.43

15 lat

1.CHOLEWO, Krzysztof			95	KS 1 O arów Mazowiecki				4:25.34	570		
50m:	29.48	29.48	150m:	1:35.75	33.59	250m:	2:43.74	34.24	350m:	3:52.21	33.94
100m:	1:02.16	32.68	200m:	2:09.50	33.75	300m:	3:18.27	34.53	400m:	4:25.34	33.13
2.SZCZECHURA, Patryk			95	KS KSZO Ostrowiec w.				4:29.40	545		
50m:	30.88	30.88	150m:	1:38.22	34.19	250m:	2:47.21	34.55	350m:	3:55.96	34.15
100m:	1:04.03	33.15	200m:	2:12.66	34.44	300m:	3:21.81	34.60	400m:	4:29.40	33.44
3.SKWARNICKI, Tomasz			95	UKS Jagiellonka				4:30.63	537		
50m:	30.33	30.33	150m:	1:38.70	34.29	250m:	2:48.11	34.71	350m:	3:57.09	34.45
100m:	1:04.41	34.08	200m:	2:13.40	34.70	300m:	3:22.64	34.53	400m:	4:30.63	33.54
4.SZCZEREK, ADRIAN			95	UKS,, oliborz" Warszawa				5:00.95	391		
50m:	33.08	33.08	150m:	1:48.34	38.54	250m:	3:06.83	39.40	350m:	4:25.25	39.04
100m:	1:09.80	36.72	200m:	2:27.43	39.09	300m:	3:46.21	39.38	400m:	5:00.95	35.70
PK EBROWSKI, PIOTR			90	UKS,, oliborz" Warszawa				4:20.51	602		
50m:	29.83	29.83	150m:	1:34.85	32.43	250m:	2:41.34	32.99	350m:	3:48.26	33.32
100m:	1:02.42	32.59	200m:	2:08.35	33.50	300m:	3:14.94	33.60	400m:	4:20.51	32.25
PKKORSAK, BARTŁOMIEJ			89	UKS,, oliborz" Warszawa				4:30.74	537		
50m:	30.39	30.39	150m:	1:38.81	34.65	250m:	2:48.37	34.78	350m:	3:57.17	34.47
100m:	1:04.16	33.77	200m:	2:13.59	34.78	300m:	3:22.70	34.33	400m:	4:30.74	33.57
PKROGUSKI, BARTŁOMIEJ			93	UKS,, oliborz" Warszawa				4:37.97	496		
50m:	30.63	30.63	150m:	1:39.63	34.79	250m:	2:51.73	36.45	350m:	4:03.26	35.70
100m:	1:04.84	34.21	200m:	2:15.28	35.65	300m:	3:27.56	35.83	400m:	4:37.97	34.71