

ZIMOWE MISTRZOSTWA POLSKI W PŁYWANIU JUNIORÓW 15 LAT
Ciechanów, 11-13-03-2011

Konkurencja 11
2011-03-11 - 17:45

Dziewcz t, 400m zmienny

15 lat
Wyniki Finał

Top Times "Poland" 4:46.72 URBANCZYK Aleksandra POL ??? 2002-11-01

Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.	
Finał A												
1.	SZPUCHA KATARZYNA		96	Tp Olimpijczyk Aleksandrów Łódzki						4:45.72	762	
	<i>REKORD POLSKI JUNIOREK 15-letnich</i>											
	50m:	31.29	31.29	150m:	1:41.77	35.49	250m:	2:56.30	38.39	350m:	4:11.81	35.12
	100m:	1:06.28	34.99	200m:	2:17.91	36.14	300m:	3:36.69	40.39	400m:	4:45.72	33.91
2.	BAKIES Gabriela		96	UKS "Pi tka" Konstantynów						4:55.80	687	
	50m:	32.62	32.62	150m:	1:46.17	37.52	250m:	3:06.04	43.87	350m:	4:23.55	33.77
	100m:	1:08.65	36.03	200m:	2:22.17	36.00	300m:	3:49.78	43.74	400m:	4:55.80	32.25
3.	NIENAŁTOWSKA NATALIA		96	Mks Polonia Warszawa						4:56.28	683	
	50m:	31.82	31.82	150m:	1:45.19	36.92	250m:	3:04.99	42.74	350m:	4:23.31	34.72
	100m:	1:08.27	36.45	200m:	2:22.25	37.06	300m:	3:48.59	43.60	400m:	4:56.28	32.97
4.	ULATOWSKA ALICJA SO		96	UKP „Unia” O wi cim						5:00.38	656	
	50m:	32.65	32.65	150m:	1:48.40	38.51	250m:	3:09.66	42.89	350m:	4:27.09	33.96
	100m:	1:09.89	37.24	200m:	2:26.77	38.37	300m:	3:53.13	43.47	400m:	5:00.38	33.29
5.	ZBROJEWSKA Michalina		96	UKS "Pi tka" Konstantynów						5:07.58	611	
	50m:	33.85	33.85	150m:	1:52.74	39.95	250m:	3:13.96	42.19	350m:	4:33.08	36.30
	100m:	1:12.79	38.94	200m:	2:31.77	39.03	300m:	3:56.78	42.82	400m:	5:07.58	34.50
6.	PIASKOWSKA WERONIKA		96	Tp Olimpijczyk Aleksandrów Łódzki						5:11.58	588	
	50m:	33.04	33.04	150m:	1:51.26	40.10	250m:	3:15.14	44.82	350m:	4:36.13	36.01
	100m:	1:11.16	38.12	200m:	2:30.32	39.06	300m:	4:00.12	44.98	400m:	5:11.58	35.45
Finał B												
7.	POPIEL Joanna		96	UKS G-8 Bielany						5:09.51	599	
	50m:	33.89	33.89	150m:	1:52.41	39.83	250m:	3:15.98	43.38	350m:	4:35.78	35.53
	100m:	1:12.58	38.69	200m:	2:32.60	40.19	300m:	4:00.25	44.27	400m:	5:09.51	33.73
8.	HALAGIERA Joanna		96	MKP „Słowianka” Gorzów Wlkp.						5:13.20	578	
	50m:	34.86	34.86	150m:	1:55.32	40.80	250m:	3:18.82	43.61	350m:	4:38.74	34.71
	100m:	1:14.52	39.66	200m:	2:35.21	39.89	300m:	4:04.03	45.21	400m:	5:13.20	34.46
9.	PLUTA Kinga		96	CSiR MOS D browa Górnicza						5:13.96	574	
	50m:	33.83	33.83	150m:	1:53.76	41.50	250m:	3:17.87	43.97	350m:	4:39.42	36.74
	100m:	1:12.26	38.43	200m:	2:33.90	40.14	300m:	4:02.68	44.81	400m:	5:13.96	34.54
10.	CIUPA ALEKSANDRA		96	AZS-WSG Astoria Bydgoszcz						5:19.32	546	
	50m:	34.43	34.43	150m:	1:54.74	41.17	250m:	3:21.91	46.92	350m:	4:44.50	36.20
	100m:	1:13.57	39.14	200m:	2:34.99	40.25	300m:	4:08.30	46.39	400m:	5:19.32	34.82
11.	BUCZAK Ewelina		96	MKP Szczecin						5:22.92	528	
	50m:	33.30	33.30	150m:	1:54.07	42.47	250m:	3:20.76	45.59	350m:	4:45.36	37.65
	100m:	1:11.60	38.30	200m:	2:35.17	41.10	300m:	4:07.71	46.95	400m:	5:22.92	37.56
12.	TREPKA Karolina		96	UKS "GIM 92 Ursynów" Warszawa						5:28.59	501	
	50m:	36.90	36.90	150m:	1:58.97	39.83	250m:	3:25.99	47.91	350m:	4:51.85	37.90
	100m:	1:19.14	42.24	200m:	2:38.08	39.11	300m:	4:13.95	47.96	400m:	5:28.59	36.74