

ZIMOWE MISTRZOSTWA POLSKI W PŁYWANIU JUNIORÓW 15 LAT
Ciechanów, 11-13-03-2011

Konkurencja 12
2011-03-11 - 12:30

Chłopców, 400m zmienny

15 lat
Wyniki Eliminacje

Top Times "Poland" 4:26.19 MIKOŁAJEWSKI Mariusz BUWAR Gorzow 2005-11-25

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.	
1.	WERTEPNY Damian		96	Uks Shark Rudna				4:39.82	609	A
	50m: 28.63	28.63	150m: 1:37.18	34.82	250m: 2:52.00	40.58	350m: 4:07.15	34.08		
	100m: 1:02.36	33.73	200m: 2:11.42	34.24	300m: 3:33.07	41.07	400m: 4:39.82	32.67		
2.	KROGULSKI FILIP SO		96	UKP „Unia” O wi cim				4:41.07	601	A
	50m: 30.05	30.05	150m: 1:39.87	35.83	250m: 2:55.94	40.75	350m: 4:09.15	33.10		
	100m: 1:04.04	33.99	200m: 2:15.19	35.32	300m: 3:36.05	40.11	400m: 4:41.07	31.92		
3.	LE KIEWICZ KONRAD		96	Mks Polonia Warszawa				4:42.12	594	A
	50m: 30.27	30.27	150m: 1:40.75	35.89	250m: 2:57.14	41.23	350m: 4:10.22	32.73		
	100m: 1:04.86	34.59	200m: 2:15.91	35.16	300m: 3:37.49	40.35	400m: 4:42.12	31.90		
4.	ST PIE KONRAD		96	Mks Polonia Warszawa				4:42.62	591	A
	50m: 29.98	29.98	150m: 1:40.94	36.53	250m: 2:57.46	39.47	350m: 4:10.70	33.20		
	100m: 1:04.41	34.43	200m: 2:17.99	37.05	300m: 3:37.50	40.04	400m: 4:42.62	31.92		
5.	FALIS Dawid		96	CSiR MOS D browa Górnicza				4:44.62	579	A
	50m: 30.60	30.60	150m: 1:43.14	37.55	250m: 2:58.36	39.22	350m: 4:12.19	34.26		
	100m: 1:05.59	34.99	200m: 2:19.14	36.00	300m: 3:37.93	39.57	400m: 4:44.62	32.43		
6.	RUTKOWSKI Krzysztof		96	Lublinianka				4:47.35	562	A
	50m: 31.24	31.24	150m: 1:46.60	39.28	250m: 3:03.73	39.09	350m: 4:16.37	32.33		
	100m: 1:07.32	36.08	200m: 2:24.64	38.04	300m: 3:44.04	40.31	400m: 4:47.35	30.98		
7.	FREMEL DAWID SO		96	UKS Wodnik Siemianowice I skie				4:50.37	545	B
	50m: 32.40	32.40	150m: 1:46.37	38.08	250m: 3:02.64	40.08	350m: 4:17.88	34.88		
	100m: 1:08.29	35.89	200m: 2:22.56	36.19	300m: 3:43.00	40.36	400m: 4:50.37	32.49		
8.	SZYMANOWSKI JAKUB SO		96	UKP „Unia” O wi cim				4:50.63	544	B
	50m: 30.35	30.35	150m: 1:44.14	38.33	250m: 3:01.33	39.34	350m: 4:16.07	34.89		
	100m: 1:05.81	35.46	200m: 2:21.99	37.85	300m: 3:41.18	39.85	400m: 4:50.63	34.56		
9.	PAWEŁEK Igor		96	MUKS Pi tnastrka AQUA Bydgoszcz				4:50.91	542	B
	50m: 30.68	30.68	150m: 1:41.61	35.44	250m: 2:58.17	41.82	350m: 4:16.08	35.26		
	100m: 1:06.17	35.49	200m: 2:16.35	34.74	300m: 3:40.82	42.65	400m: 4:50.91	34.83		
10.	BISZKONT Damian		96	KP AVIA widnik				4:52.52	533	B
	50m: 31.32	31.32	150m: 1:43.45	37.28	250m: 3:02.16	41.76	350m: 4:19.35	34.39		
	100m: 1:06.17	34.85	200m: 2:20.40	36.95	300m: 3:44.96	42.80	400m: 4:52.52	33.17		
11.	SALIK Jakub		96	MKS Juvenia Wrocław				4:55.16	519	B
	50m: 32.01	32.01	150m: 2:27.72	1:19.70	250m: 3:44.85	39.08	350m: 4:20.81			
	100m: 1:08.02	36.01	200m: 3:05.77	38.05	300m:		400m: 4:55.16	34.35		
12.	MIELCZAREK Filip		96	EKS SKRA Bełchatów				4:55.80	516	B
	50m: 31.22	31.22	150m: 1:45.26	36.60	250m: 3:04.23	43.24	350m: 4:23.31	35.41		
	100m: 1:08.66	37.44	200m: 2:20.99	35.73	300m: 3:47.90	43.67	400m: 4:55.80	32.49		
13.	LITWA Krzysztof		96	MKS Jordan Kraków				4:56.42	512	R
	50m: 31.57	31.57	150m: 1:46.76	36.91	250m: 3:04.73	42.02	350m: 4:23.25	35.09		
	100m: 1:09.85	38.28	200m: 2:22.71	35.95	300m: 3:48.16	43.43	400m: 4:56.42	33.17		
14.	KSI EK Sebastian		96	KS KSZO Ostrowiec wi tokrzyski				4:57.11	509	R
	50m: 29.73	29.73	150m: 1:42.92	38.23	250m: 3:04.37	43.47	350m: 4:23.59	34.44		
	100m: 1:04.69	34.96	200m: 2:20.90	37.98	300m: 3:49.15	44.78	400m: 4:57.11	33.52		
15.	KRYCIA Mateusz		96	KS KSZO Ostrowiec wi tokrzyski				4:59.75	495	
	50m: 31.33	31.33	150m: 1:45.94	38.33	250m: 3:09.08	45.74	350m: 4:26.64	33.24		
	100m: 1:07.61	36.28	200m: 2:23.34	37.40	300m: 3:53.40	44.32	400m: 4:59.75	33.11		
16.	RODEK Arkadiusz		96	Lublinianka				4:59.79	495	
	50m: 31.14	31.14	150m: 1:47.61	39.61	250m: 3:08.51	43.41	350m: 4:27.33	34.84		
	100m: 1:08.00	36.86	200m: 2:25.10	37.49	300m: 3:52.49	43.98	400m: 4:59.79	32.46		
17.	KU Przemyslaw		96	WKS L SK Wrocław				5:00.91	490	
	50m: 31.47	31.47	150m: 1:47.73	40.64	250m: 3:09.24	42.19	350m: 4:26.91	35.21		
	100m: 1:07.09	35.62	200m: 2:27.05	39.32	300m: 3:51.70	42.46	400m: 5:00.91	34.00		

ZIMOWE MISTRZOSTWA POLSKI W PŁYWANIU JUNIORÓW 15 LAT
Ciechanów, 11-13-03-2011

Konkurencja 12, Chłopców, 400m zmienny, Eliminacje, 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	WOLANEK Szymon		96	SKS Start Łódź				5:01.67	486		
	50m:	31.55 31.55	150m:	1:47.00	38.72	250m:	3:08.61	43.35	350m:	4:28.05	35.48
	100m:	1:08.28 36.73	200m:	2:25.26	38.26	300m:	3:52.57	43.96	400m:	5:01.67	33.62
19.	MOTYCZY SKI JAKUB		96	Mks Polonia Warszawa				5:02.35	483		
	50m:	30.20 30.20	150m:	1:46.96	42.00	250m:	3:11.83	43.88	350m:	4:29.39	34.79
	100m:	1:04.96 34.76	200m:	2:27.95	40.99	300m:	3:54.60	42.77	400m:	5:02.35	32.96
20.	SZWARACKI J drzej		96	Dwójka Morena Gda sk				5:03.84	476		
	50m:	31.06 31.06	150m:	1:47.13	40.01	250m:	3:10.40	44.09	350m:	4:29.70	34.83
	100m:	1:07.12 36.06	200m:	2:26.31	39.18	300m:	3:54.87	44.47	400m:	5:03.84	34.14
21.	GŁOWIAK Damian		96	MKP „Słowianka” Gorzów Wlkp.				5:03.97	475		
	50m:	33.53 33.53	150m:	1:52.20	39.76	250m:	3:12.91	42.09	350m:	4:30.49	34.91
	100m:	1:12.44 38.91	200m:	2:30.82	38.62	300m:	3:55.58	42.67	400m:	5:03.97	33.48
22.	BANDURSKI Piotr		96	Buks Warszawa				5:05.71	467		
	50m:	31.26 31.26	150m:	1:48.32	40.18	250m:	3:11.12	43.25	350m:	4:31.93	36.52
	100m:	1:08.14 36.88	200m:	2:27.87	39.55	300m:	3:55.41	44.29	400m:	5:05.71	33.78
23.	PERYDZE SKI DAMIAN		96	Tp Olimpijczyk Aleksandrów Łódzki				5:06.00	466		
	50m:	31.11 31.11	150m:	1:47.68	39.08	250m:	3:09.75	45.05	350m:	4:31.75	35.63
	100m:	1:08.60 37.49	200m:	2:24.70	37.02	300m:	3:56.12	46.37	400m:	5:06.00	34.25
24.	BOBROWSKI Martin		96	UKS Wodnik Siemianowice I skie				5:06.89	462		
	50m:	31.66 31.66	150m:	1:49.82	41.52	250m:	3:13.16	43.56	350m:	4:32.92	34.79
	100m:	1:08.30 36.64	200m:	2:29.60	39.78	300m:	3:58.13	44.97	400m:	5:06.89	33.97
25.	KARNECKI Bartosz		96	Korner Zielona Góra				5:07.01	461		
	50m:	30.65 30.65	150m:	1:46.14	38.76	250m:	3:08.57	44.81	350m:	4:31.27	37.15
	100m:	1:07.38 36.73	200m:	2:23.76	37.62	300m:	3:54.12	45.55	400m:	5:07.01	35.74
26.	RACZKOWSKI Piotr, Daniel		96	MUKS "Olimpijczyk" Suwałki				5:08.22	456		
	50m:	31.02 31.02	150m:	1:46.25	37.94	250m:	3:10.00	45.67	350m:	4:32.54	36.87
	100m:	1:08.31 37.29	200m:	2:24.33	38.08	300m:	3:55.67	45.67	400m:	5:08.22	35.68
27.	BUCZKOWSKI Kamil		96	Korner Zielona Góra				5:08.38	455		
	50m:	33.58 33.58	150m:	1:51.18	38.91	250m:	3:13.27	43.32	350m:	4:33.30	35.73
	100m:	1:12.27 38.69	200m:	2:29.95	38.77	300m:	3:57.57	44.30	400m:	5:08.38	35.08
28.	WIATROWSKI FILIP		96	Uks Delfin Tarnobrzeg				5:11.20	443		
	50m:	31.82 31.82	150m:	1:51.39	42.09	250m:	3:15.60	43.54	350m:	4:36.06	35.76
	100m:	1:09.30 37.48	200m:	2:32.06	40.67	300m:	4:00.30	44.70	400m:	5:11.20	35.14
29.	JARASZKIEWICZ Bartosz		96	Posnania Pozna				5:13.70	432		
	50m:	33.53 33.53	150m:	1:51.38	37.92	250m:	3:15.77	47.72	350m:	4:39.14	35.43
	100m:	1:13.46 39.93	200m:	2:28.05	36.67	300m:	4:03.71	47.94	400m:	5:13.70	34.56
30.	KARWALA Maciej		96	MKS Jordan Kraków				5:14.15	430		
	50m:	33.20 33.20	150m:	1:52.70	40.97	250m:	3:17.67	45.14	350m:	4:39.00	36.42
	100m:	1:11.73 38.53	200m:	2:32.53	39.83	300m:	4:02.58	44.91	400m:	5:14.15	35.15
31.	LELEK MATEUSZ		96	Mks Polonia Warszawa				5:15.46	425		
	50m:	33.04 33.04	150m:	1:52.96	42.01	250m:	3:19.17	45.28	350m:	4:40.98	36.26
	100m:	1:10.95 37.91	200m:	2:33.89	40.93	300m:	4:04.72	45.55	400m:	5:15.46	34.48
32.	PI TKOWSKI MARCIN		96	Mks Polonia Warszawa				5:18.29	414		
	50m:	34.43 34.43	150m:	1:54.81	40.04	250m:	3:20.41	46.63	350m:	4:43.36	36.71
	100m:	1:14.77 40.34	200m:	2:33.78	38.97	300m:	4:06.65	46.24	400m:	5:18.29	34.93
33.	WASILEWSKI Rafał		96	Mkp Wodnik Bielsk Podlaski				5:26.21	384		
	50m:	31.30 31.30	150m:	1:51.84	42.40	250m:	3:22.34	48.58	350m:	4:49.93	37.76
	100m:	1:09.44 38.14	200m:	2:33.76	41.92	300m:	4:12.17	49.83	400m:	5:26.21	36.28