

ZIMOWE MISTRZOSTWA POLSKI W PŁYWANIU JUNIORÓW 15 LAT  
Ciechanów, 11-13-03-2011

Konkurencja 12  
2011-03-11 - 17:55

Chłopców, 400m zmienny

15 lat  
Wyniki Finał

Top Times "Poland" 4:26.19 MIKOŁAJEWSKI Mariusz BUWAR Gorzow 2005-11-25

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
<b>Finał A</b>									
1.	KROGULSKI FILIP SO	96	UKP „Unia” O wi cim					<b>4:36.11</b>	634
	50m: 28.78 28.78	150m: 1:36.12 34.73	250m: 2:50.33 40.01	350m: 4:04.00 33.51					
	100m: 1:01.39 32.61	200m: 2:10.32 34.20	300m: 3:30.49 40.16	400m: 4:36.11 32.11					
2.	WERTEPNY Damian	96	Uks Shark Rudna					<b>4:39.55</b>	611
	50m: 28.37 28.37	150m: 1:35.68 34.33	250m: 2:51.10 41.30	350m: 4:06.53 33.66					
	100m: 1:01.35 32.98	200m: 2:09.80 34.12	300m: 3:32.87 41.77	400m: 4:39.55 33.02					
3.	FALIS Dawid	96	CSiR MOS D browa Górnicza					<b>4:43.12</b>	588
	50m: 30.09 30.09	150m: 1:42.11 36.74	250m: 2:57.75 40.83	350m: 4:11.66 33.24					
	100m: 1:05.37 35.28	200m: 2:16.92 34.81	300m: 3:38.42 40.67	400m: 4:43.12 31.46					
4.	ST PIE KONRAD	96	Mks Polonia Warszawa					<b>4:43.36</b>	587
	50m: 29.18 29.18	150m: 1:40.62 37.87	250m: 2:57.14 39.35	350m: 4:11.37 33.93					
	100m: 1:02.75 33.57	200m: 2:17.79 37.17	300m: 3:37.44 40.30	400m: 4:43.36 31.99					
5.	LE KIEWICZ KONRAD	96	Mks Polonia Warszawa					<b>4:48.15</b>	558
	50m: 29.65 29.65	150m: 1:40.48 36.23	250m: 2:57.50 42.34	350m: 4:15.01 34.19					
	100m: 1:04.25 34.60	200m: 2:15.16 34.68	300m: 3:40.82 43.32	400m: 4:48.15 33.14					
6.	RUTKOWSKI Krzysztof	96	Lublinianka					<b>4:50.14</b>	546
	50m: 31.02 31.02	150m: 1:45.34 38.25	250m: 3:03.89 40.23	350m: 4:17.86 33.09					
	100m: 1:07.09 36.07	200m: 2:23.66 38.32	300m: 3:44.77 40.88	400m: 4:50.14 32.28					
<b>Finał B</b>									
7.	FREMEL DAWID SO	96	UKS Wodnik Siemianowice I skie					<b>4:51.67</b>	538
	50m: 31.37 31.37	150m: 1:45.82 38.70	250m: 3:03.33 40.12	350m: 4:18.08 34.61					
	100m: 1:07.12 35.75	200m: 2:23.21 37.39	300m: 3:43.47 40.14	400m: 4:51.67 33.59					
8.	BISZKONT Damian	96	KP AVIA widnik					<b>4:54.96</b>	520
	50m: 30.93 30.93	150m: 1:44.55 37.92	250m: 3:03.38 41.59	350m: 4:21.17 35.39					
	100m: 1:06.63 35.70	200m: 2:21.79 37.24	300m: 3:45.78 42.40	400m: 4:54.96 33.79					
9.	LITWA Krzysztof	96	MKS Jordan Kraków					<b>4:55.04</b>	520
	50m: 32.75 32.75	150m: 1:48.15 37.00	250m: 3:05.50 41.04	350m: 4:22.41 34.39					
	100m: 1:11.15 38.40	200m: 2:24.46 36.31	300m: 3:48.02 42.52	400m: 4:55.04 32.63					
10.	SALIK Jakub	96	MKS Juvenia Wrocław					<b>4:56.45</b>	512
	50m: 32.08 32.08	150m: 1:49.24 40.92	250m: 3:06.28 38.16	350m: 4:22.52 37.11					
	100m: 1:08.32 36.24	200m: 2:28.12 38.88	300m: 3:45.41 39.13	400m: 4:56.45 33.93					
11.	RODEK Arkadiusz	96	Lublinianka					<b>4:56.75</b>	511
	50m: 30.93 30.93	150m: 1:46.83 39.23	250m: 3:08.44 43.48	350m: 4:25.38 33.78					
	100m: 1:07.60 36.67	200m: 2:24.96 38.13	300m: 3:51.60 43.16	400m: 4:56.75 31.37					
12.	MIELCZAREK Filip	96	EKS SKRA Bełchatów					<b>4:57.01</b>	509
	50m: 31.77 31.77	150m: 1:46.36 36.93	250m: 3:07.63 44.30	350m: 4:25.58 34.61					
	100m: 1:09.43 37.66	200m: 2:23.33 36.97	300m: 3:50.97 43.34	400m: 4:57.01 31.43					