

ZIMOWE MISTRZOSTWA POLSKI W PŁYWANIU JUNIORÓW 15 LAT  
Ciechanów, 11-13-03-2011

Konkurencja 19  
2011-03-12

Dziewcz t, 400m dowolny

15 lat  
Wyniki Finał

Top Times "Poland" 4:11.12 KILIJA SKA Donata KSOST Lodz 2010-11-21

Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.
<b>Finał A</b>											
1.	KASPEREK Katarzyna		96	K.s.Warta Pozna						<b>4:20.67</b>	731
	50m:	29.67 29.67	150m:	1:35.05	33.06	250m:	2:42.17	33.40	350m:	3:49.30 33.60	
	100m:	1:01.99 32.32	200m:	2:08.77	33.72	300m:	3:15.70	33.53	400m:	4:20.67 31.37	
2.	RUDAWSKA Adrianna		96	Uzniowski Klub Sportowy 23 Lublin						<b>4:20.99</b>	729
	50m:	30.36 30.36	150m:	1:35.78	32.96	250m:	2:42.80	33.47	350m:	3:49.29 32.91	
	100m:	1:02.82 32.46	200m:	2:09.33	33.55	300m:	3:16.38	33.58	400m:	4:20.99 31.70	
3.	DWORACZEK Paulina		96	MKS Jordan Kraków						<b>4:25.33</b>	694
	50m:	30.43 30.43	150m:	1:35.78	33.13	250m:	2:43.27	33.83	350m:	3:51.64 34.28	
	100m:	1:02.65 32.22	200m:	2:09.44	33.66	300m:	3:17.36	34.09	400m:	4:25.33 33.69	
4.	CIE LAK Joanna		96	K.s.Warta Pozna						<b>4:27.88</b>	674
	50m:	30.05 30.05	150m:	1:35.95	33.47	250m:	2:44.32	34.16	350m:	3:54.10 35.48	
	100m:	1:02.48 32.43	200m:	2:10.16	34.21	300m:	3:18.62	34.30	400m:	4:27.88 33.78	
5.	ALEKSANDROWICZ Arleta		96	MUKS "Olimpijczyk" Suwałki						<b>4:29.32</b>	663
	50m:	30.42 30.42	150m:	1:36.55	33.40	250m:	2:45.04	34.43	350m:	3:55.21 35.07	
	100m:	1:03.15 32.73	200m:	2:10.61	34.06	300m:	3:20.14	35.10	400m:	4:29.32 34.11	
6.	HALAGIERA Joanna		96	MKP „Słowianka" Gorzów Wlkp.						<b>4:34.77</b>	624
	50m:	31.26 31.26	150m:	1:39.57	34.58	250m:	2:49.73	35.29	350m:	4:00.37 35.36	
	100m:	1:04.99 33.73	200m:	2:14.44	34.87	300m:	3:25.01	35.28	400m:	4:34.77 34.40	
<b>Finał B</b>											
7.	KUNKA Kamila		96	GOSiR Piaseczno						<b>4:27.12</b>	680
	50m:	29.76 29.76	150m:	1:36.34	33.83	250m:	2:45.27	34.84	350m:	3:55.30 34.96	
	100m:	1:02.51 32.75	200m:	2:10.43	34.09	300m:	3:20.34	35.07	400m:	4:27.12 31.82	
8.	ZYGO Karolina		96	KS OLIMPIA Lublin						<b>4:28.96</b>	666
	50m:	31.04 31.04	150m:	1:37.82	32.94	250m:	2:45.86	34.37	350m:	3:55.17 34.79	
	100m:	1:04.88 33.84	200m:	2:11.49	33.67	300m:	3:20.38	34.52	400m:	4:28.96 33.79	
9.	KLIMASZEWSKA Monika		96	MKS "Neptun" Stargard Szczeci ski						<b>4:35.50</b>	620
	50m:	31.05 31.05	150m:	1:39.72	34.72	250m:	2:50.67	35.71	350m:	4:02.06 35.49	
	100m:	1:05.00 33.95	200m:	2:14.96	35.24	300m:	3:26.57	35.90	400m:	4:35.50 33.44	
10.	BOHDANOWICZ Michalina		96	CSiR MOS D browa Górnicza						<b>4:36.07</b>	616
	50m:	31.76 31.76	150m:	1:40.89	34.61	250m:	2:52.03	35.45	350m:	4:02.57 35.28	
	100m:	1:06.28 34.52	200m:	2:16.58	35.69	300m:	3:27.29	35.26	400m:	4:36.07 33.50	
11.	SKOWRO SKA Weronika		96	K.s.Warta Pozna						<b>4:36.36</b>	614
	50m:	31.69 31.69	150m:	1:41.26	35.33	250m:	2:52.89	35.79	350m:	4:02.76 34.84	
	100m:	1:05.93 34.24	200m:	2:17.10	35.84	300m:	3:27.92	35.03	400m:	4:36.36 33.60	
12.	WYDRYSZEK KINGA		96	Mks Polonia Warszawa						<b>4:43.56</b>	568
	50m:	31.97 31.97	150m:	1:42.79	35.76	250m:	2:55.39	36.28	350m:	4:08.15 36.41	
	100m:	1:07.03 35.06	200m:	2:19.11	36.32	300m:	3:31.74	36.35	400m:	4:43.56 35.41	