

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12, 13 lat – I runda
O arów Mazowiecki, 15- 16-3-2011

Konkurencja 7
2011-03-15 - 13:05

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.	
12 lat										
1.	ROMAN, MAGDALENA		99	Iuks Muszelka				5:09.61	436	
	50m:	35.65 35.65	150m:	1:53.47	39.26	250m:	3:12.80	39.49	350m:	4:32.64 39.94
	100m:	1:14.21 38.56	200m:	2:33.31	39.84	300m:	3:52.70	39.90	400m:	5:09.61 36.97
2.	TOMIAŁOWICZ, Karolina		99	UKS Kapry-Armexim Pruszków				5:24.32	380	
	50m:	35.43 35.43	150m:	1:56.78	41.54	250m:	3:20.48	41.54	350m:	4:44.56 41.89
	100m:	1:15.24 39.81	200m:	2:38.94	42.16	300m:	4:02.67	42.19	400m:	5:24.32 39.76
3.	DUDEK, Sylwia		99	Uks "Gim 92 Ursynów" Warszawa				5:25.60	375	
	50m:	36.56 36.56	150m:	1:59.00	41.22	250m:	3:22.69	41.80	350m:	4:46.25 41.82
	100m:	1:17.78 41.22	200m:	2:40.89	41.89	300m:	4:04.43	41.74	400m:	5:25.60 39.35
4.	WIETRZY SKA, Renata		99	MKS Wodnik Radom				5:36.87	339	
	50m:	38.77 38.77	150m:	2:05.92	43.54	250m:	3:33.47	43.57	350m:	4:58.65 42.04
	100m:	1:22.38 43.61	200m:	2:49.90	43.98	300m:	4:16.61	43.14	400m:	5:36.87 38.22
5.	SZCZEPA SKA, Natalia		99	KP MZOS Płock				5:37.74	336	
	50m:	38.23 38.23	150m:	2:04.22	43.54	250m:	3:31.62	43.42	350m:	4:58.29 43.28
	100m:	1:20.68 42.45	200m:	2:48.20	43.98	300m:	4:15.01	43.39	400m:	5:37.74 39.45
6.	SKWARSKA, Karolina		99	KP MZOS Płock				5:38.19	335	
	50m:	38.79 38.79	150m:	2:05.12	43.53	250m:	3:32.95	43.76	350m:	4:59.03 42.95
	100m:	1:21.59 42.80	200m:	2:49.19	44.07	300m:	4:16.08	43.13	400m:	5:38.19 39.16
7.	SKAR Y SKA, ALEKSANDRA		99	Iuks Muszelka				5:40.46	328	
	50m:	37.64 37.64	150m:	2:02.44	42.76	250m:	3:30.11	43.80	350m:	4:59.33 44.17
	100m:	1:19.68 42.04	200m:	2:46.31	43.87	300m:	4:15.16	45.05	400m:	5:40.46 41.13
8.	GALICKA, Wiktoria		99	UKS Kapry-Armexim Pruszków				5:41.30	326	
	50m:	37.55 37.55	150m:	2:03.17	42.90	250m:	3:29.51	42.89	350m:	4:58.17 44.26
	100m:	1:20.27 42.72	200m:	2:46.62	43.45	300m:	4:13.91	44.40	400m:	5:41.30 43.13
9.	DULINSKA, MARTYNA		99	Buks Warszawa				5:49.41	303	
	50m:	37.86 37.86	150m:	2:07.42	45.38	250m:	3:36.99	45.09	350m:	5:06.73 44.27
	100m:	1:22.04 44.18	200m:	2:51.90	44.48	300m:	4:22.46	45.47	400m:	5:49.41 42.68
10.	WOJTAS, Marta		99	UKS Kapry-Armexim Pruszków				5:49.62	303	
	50m:	38.93 38.93	150m:	2:08.39	45.98	250m:	3:37.99	45.35	350m:	5:06.96 44.84
	100m:	1:22.41 43.48	200m:	2:52.64	44.25	300m:	4:22.12	44.13	400m:	5:49.62 42.66
11.	REDKO, DIANA		99	Iuks Muszelka				5:53.31	293	
	50m:	1:22.86 1:22.86	150m:	2:53.81	45.36	250m:	4:25.06	45.48	350m:	5:53.31 42.75
	100m:	2:08.45 45.59	200m:	3:39.58	45.77	300m:	5:10.56	45.50	400m:	5:53.31
12.	SZEWCZYK, Zuzanna		99	ródmiejski U.K.S Polna Warszawa				5:56.20	286	
	50m:	39.89 39.89	150m:	2:11.38	46.37	250m:	3:40.43	44.87	350m:	5:09.27 42.65
	100m:	1:25.01 45.12	200m:	2:55.56	44.18	300m:	4:26.62	46.19	400m:	5:56.20 46.93
13.	TARGO SKA, Jagoda		99	UKS Wilanowia				5:58.42	281	
	50m:	40.69 40.69	150m:	2:09.30	44.86	250m:	3:40.69	45.92	350m:	5:13.07 46.24
	100m:	1:24.44 43.75	200m:	2:54.77	45.47	300m:	4:26.83	46.14	400m:	5:58.42 45.35
14.	KOŁODZIEJCZYK, Ania		99	UKS Wilanowia				6:04.03	268	
	50m:	40.97 40.97	150m:	2:14.89	47.26	250m:	3:47.96	46.64	350m:	5:21.55 47.17
	100m:	1:27.63 46.66	200m:	3:01.32	46.43	300m:	4:34.38	46.42	400m:	6:04.03 42.48
15.	MASIANIS, Zuzanna		99	Uks "Gim 92 Ursynów" Warszawa				6:05.97	264	
	50m:	38.22 38.22	150m:	2:09.25	47.20	250m:	3:43.75	47.31	350m:	5:17.85 47.28
	100m:	1:22.05 43.83	200m:	2:56.44	47.19	300m:	4:30.57	46.82	400m:	6:05.97 48.12
16.	LIWA, Zosia		99	Uks "Gim 92 Ursynów" Warszawa				6:24.88	227	
	50m:	44.89 44.89	150m:	3:32.65	1:54.74	250m:			350m:	
	100m:	1:37.91 53.02	200m:	5:27.90	1:55.25	300m:			400m:	6:24.88
17.	HARTO , Jagoda		99	Uks "Gim 92 Ursynów" Warszawa				6:27.23	223	
	50m:	41.46 41.46	150m:	2:18.62	49.48	250m:	3:57.91	49.91	350m:	5:39.66 51.47
	100m:	1:29.14 47.68	200m:	3:08.00	49.38	300m:	4:48.19	50.28	400m:	6:27.23 47.57

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12, 13 lat – I runda
O arów Mazowiecki, 15- - 16-3-2011

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	CERAJEWSKA, Julia		99	UKS Wilanowia				6:59.62	175		
	50m:	42.90	42.90	150m:	2:29.43	53.79	250m:	4:18.02	54.08	350m:	
	100m:	1:35.64	52.74	200m:	3:23.94	54.51	300m:	5:13.43	55.41	400m:	6:59.62

13 lat

1.	NOGAJ, Paulina		98	MKS Wodnik Radom				4:51.86	521			
	50m:	33.02	33.02	150m:	1:47.51	37.90	250m:	3:02.14	37.60	350m:	4:16.68	36.97
	100m:	1:09.61	36.59	200m:	2:24.54	37.03	300m:	3:39.71	37.57	400m:	4:51.86	35.18
2.	KONDRASIUK, Małgorzata		98	MUKP Warszawianka Wodny Park				4:59.98	480			
	50m:	32.46	32.46	150m:	1:46.54	37.45	250m:	3:01.17	37.49	350m:	4:20.43	39.96
	100m:	1:09.09	36.63	200m:	2:23.68	37.14	300m:	3:40.47	39.30	400m:	4:59.98	39.55
3.	W CŁAWIAK, Irena		98	UKS Wilanowia				5:01.24	474			
	50m:	34.63	34.63	150m:	1:51.07	38.40	250m:	3:07.20	37.82	350m:	4:24.12	38.54
	100m:	1:12.67	38.04	200m:	2:29.38	38.31	300m:	3:45.58	38.38	400m:	5:01.24	37.12
4.	OLENDER, Klaudia		98	Klub Sportowy "1" O arów Mazowiecki				5:08.12	443			
	50m:	33.49	33.49	150m:	1:52.41	40.28	250m:	3:12.67	40.14	350m:	4:32.57	39.94
	100m:	1:12.13	38.64	200m:	2:32.53	40.12	300m:	3:52.63	39.96	400m:	5:08.12	35.55
5.	MIERZEJEWSKA, Wiktoria		98	Klub Sportowy "1" O arów Mazowiecki				5:08.63	441			
	50m:	34.67	34.67	150m:	1:53.41	39.75	250m:	3:12.55	39.40	350m:	4:31.54	39.28
	100m:	1:13.66	38.99	200m:	2:33.15	39.74	300m:	3:52.26	39.71	400m:	5:08.63	37.09
6.	LESZCZY SKA, Zofia		98	KP MZOS Płock				5:14.02	418			
	50m:	34.73	34.73	150m:	1:53.29	39.88	250m:	3:13.51	40.40	350m:	4:35.54	41.13
	100m:	1:13.41	38.68	200m:	2:33.11	39.82	300m:	3:54.41	40.90	400m:	5:14.02	38.48
7.	PRZYBYSZ, Karolina		98	Uks Pirania Targówek				5:16.41	409			
	50m:	36.32	36.32	150m:	1:55.90	40.17	250m:	3:16.94	40.98	350m:	4:37.75	40.59
	100m:	1:15.73	39.41	200m:	2:35.96	40.06	300m:	3:57.16	40.22	400m:	5:16.41	38.66
8.	GRZELEWSKA, ANNA		98	Buks Warszawa				5:17.45	405			
	50m:	34.52	34.52	150m:	1:53.66	40.57	250m:	3:17.20	41.99	350m:	4:38.23	39.91
	100m:	1:13.09	38.57	200m:	2:35.21	41.55	300m:	3:58.32	41.12	400m:	5:17.45	39.22
9.	RUSINIAK, Zuzanna		98	UKS Wilanowia				5:19.27	398			
	50m:	35.07	35.07	150m:	1:52.43	39.70	250m:	3:14.01	40.85	350m:	4:37.04	41.91
	100m:	1:12.73	37.66	200m:	2:33.16	40.73	300m:	3:55.13	41.12	400m:	5:19.27	42.23
10.	JACKIEWICZ, Weronika		98	UKS Kapry-Armexim Pruszków				5:23.10	384			
	50m:	36.70	36.70	150m:	1:58.84	41.57	250m:	3:20.79	40.82	350m:	4:44.02	41.86
	100m:	1:17.27	40.57	200m:	2:39.97	41.13	300m:	4:02.16	41.37	400m:	5:23.10	39.08
11.	KOLBIARZ, Patrycja		98	KP MZOS Płock				5:23.97	381			
	50m:	35.69	35.69	150m:	1:56.52	41.03	250m:	3:20.25	41.96	350m:	4:43.14	41.16
	100m:	1:15.49	39.80	200m:	2:38.29	41.77	300m:	4:01.98	41.73	400m:	5:23.97	40.83
12.	TRY DAK, Maria		98	Uks Pirania Targówek				5:24.99	377			
	50m:	37.28	37.28	150m:	1:59.08	41.54	250m:	3:23.00	41.94	350m:	4:46.17	41.53
	100m:	1:17.54	40.26	200m:	2:41.06	41.98	300m:	4:04.64	41.64	400m:	5:24.99	38.82
13.	RANACHOWSKA, JULITA		98	Buks Warszawa				5:36.43	340			
	50m:	38.10	38.10	150m:	2:03.23	42.83	250m:	3:28.95	42.78	350m:	4:55.31	43.30
	100m:	1:20.40	42.30	200m:	2:46.17	42.94	300m:	4:12.01	43.06	400m:	5:36.43	41.12
14.	KRZYMOWSKA, Kinga		98	Uks 307				5:43.89	318			
	50m:	37.06	37.06	150m:	2:03.23	43.55	250m:	3:31.49	44.39	350m:	5:01.24	44.59
	100m:	1:19.68	42.62	200m:	2:47.10	43.87	300m:	4:16.65	45.16	400m:	5:43.89	42.65
15.	KOSMALA, Magdalena		98	UKS Wilanowia				6:23.67	229			
	50m:	38.45	38.45	150m:	2:15.91	49.89	250m:	3:55.24	49.79	350m:	5:36.46	50.51
	100m:	1:26.02	47.57	200m:	3:05.45	49.54	300m:	4:45.95	50.71	400m:	6:23.67	47.21
16.	RUDZI SKA, Natalia		98	Uks Pirania Targówek				6:39.53	203			
	50m:	41.94	41.94	150m:	2:21.66	51.37	250m:	4:06.45	52.75	350m:	5:50.20	50.63
	100m:	1:30.29	48.35	200m:	3:13.70	52.04	300m:	4:59.57	53.12	400m:	6:39.53	49.33