

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- 4-6-2011

Konkurencja 19 Dziewcz t, 400m dowolny 11 - 15 lat
2011-06-03 - 19:55 Wyniki

Top Times "Poland" - 11	5:08.04	KARPISZ, Milena	OLALE	Lodz	2008-06-10
Top Times "Poland" 12	4:42.05	KAMI SKA, Aleksandra	BUWAR	Warsaw	2004-12-04
Top Times "Poland" 13	4:29.54	OLCZAK, Mirela	SLGOR	Gorzow	2006-11-25
Top Times "Poland" 14	4:16.54	KILIJA SKA, Donata	KSOST	Tampere (FIN)	2009-07-20
Top Times "Poland" 15	4:16.70	KILIJA SKA, Donata	KSOST	Helsinki (FIN)	2010-07-15

Punkty: FINA 2011

Pozycja Rok ur. Czas Pkt.

11 lat

1. POGORZELSKA, Inez	00	UKS Wilanowia	5:28.90	384
50m: 36.55 36.55	150m: 2:01.23 42.75	250m: 3:27.03 43.25	350m: 4:51.24 41.23	
100m: 1:18.48 41.93	200m: 2:43.78 42.55	300m: 4:10.01 42.98	400m: 5:28.90 37.66	
2. BERENT, Anna	00	UKS Wilanowia	5:30.22	379
50m: 37.02 37.02	150m: 2:01.88 42.93	250m: 3:26.95 41.95	350m: 4:51.31 41.51	
100m: 1:18.95 41.93	200m: 2:45.00 43.12	300m: 4:09.80 42.85	400m: 5:30.22 38.91	
3. KOWALSKA, Iza	00	UKS Wilanowia	5:42.55	340
50m: 38.19 38.19	150m: 2:04.96 43.51	250m: 3:33.00 44.23	350m: 5:01.98 44.51	
100m: 1:21.45 43.26	200m: 2:48.77 43.81	300m: 4:17.47 44.47	400m: 5:42.55 40.57	
4. REKS, ALEKSANDRA	00	Buks Warszawa	5:51.14	315
50m: 37.57 37.57	150m: 2:05.61 44.55	250m: 3:36.58 45.84	350m: 5:07.82 44.74	
100m: 1:21.06 43.49	200m: 2:50.74 45.13	300m: 4:23.08 46.50	400m: 5:51.14 43.32	
5. KACHNIARZ, Magdalena	00	UKS Wilanowia	5:53.10	310
50m: 40.11 40.11	150m: 2:10.05 45.94	250m: 3:41.93 46.12	350m: 5:11.27 43.47	
100m: 1:24.11 44.00	200m: 2:55.81 45.76	300m: 4:27.80 45.87	400m: 5:53.10 41.83	
6. DZIARSKA, Łucja	00	UKS Victoria Józefów	5:56.05	303
50m: 38.01 38.01	150m: 2:05.60 44.34	250m: 3:38.79 46.94	350m: 5:12.29 47.30	
100m: 1:21.26 43.25	200m: 2:51.85 46.25	300m: 4:24.99 46.20	400m: 5:56.05 43.76	
7. CICHOCKA, Malwina	00	Uks Pirania Targówek	6:05.41	280
50m: 38.60 38.60	150m: 2:10.74 46.42	250m: 3:45.94 46.88	350m: 5:21.86 47.86	
100m: 1:24.32 45.72	200m: 2:59.06 48.32	300m: 4:34.00 48.06	400m: 6:05.41 43.55	
8. PIECHOTA, Justyna	00	Uks 190 Łód	6:14.02	261
50m: 40.72 40.72	150m: 2:16.67 49.28	250m: 3:53.27 47.90	350m: 5:29.03 47.96	
100m: 1:27.39 46.67	200m: 3:05.37 48.70	300m: 4:41.07 47.80	400m: 6:14.02 44.99	

12 lat

1. ŁUKASIK, Wiktoria	99	MKS Medyk Gi ycko	5:06.87	473
50m: 34.38 34.38	150m: 1:52.60 39.70	250m: 3:11.90 39.52	350m: 4:30.56 38.77	
100m: 1:12.90 38.52	200m: 2:32.38 39.78	300m: 3:51.79 39.89	400m: 5:06.87 36.31	
2. PIECHOTA, PAULINA	99	Uks 190 Łód	5:12.70	447
50m: 35.78 35.78	150m: 1:57.02 40.50	250m: 3:15.93 39.16	350m: 4:35.02 39.23	
100m: 1:16.52 40.74	200m: 2:36.77 39.75	300m: 3:55.79 39.86	400m: 5:12.70 37.68	
3. NIESZPOREK, WIKTORIA	99	Uks 190 Łód	5:13.06	445
50m: 35.60 35.60	150m: 1:55.50 40.67	250m: 3:15.78 40.19	350m: 4:35.54 40.12	
100m: 1:14.83 39.23	200m: 2:35.59 40.09	300m: 3:55.42 39.64	400m: 5:13.06 37.52	
4. SKAR Y SKA, ALEKSANDRA	99	IUKS Muszelka	5:16.66	430
50m: 35.70 35.70	150m: 1:56.81 41.23	250m: 3:17.47 39.43	350m: 4:38.09 40.06	
100m: 1:15.58 39.88	200m: 2:38.04 41.23	300m: 3:58.03 40.56	400m: 5:16.66 38.57	
5. MAJTCZAK, PAULINA	99	Uks 190 Łód	5:16.81	430
50m: 35.47 35.47	150m: 1:54.13 40.10	250m: 3:15.33 40.78	350m: 4:38.03 41.25	
100m: 1:14.03 38.56	200m: 2:34.55 40.42	300m: 3:56.78 41.45	400m: 5:16.81 38.78	
6. KRÓL, Oliwia	99	MKS Trójka Łód	5:17.24	428
50m: 34.75 34.75	150m: 1:53.13 39.37	250m: 3:12.16 39.19	350m: 4:36.27 46.82	
100m: 1:13.76 39.01	200m: 2:32.97 39.84	300m: 3:49.45 37.29	400m: 5:17.24 40.97	

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- - 4-6-2011

Konkurencja 19, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.	
7.	SZYPULSKA, Julia		99	Uks 307				5:19.53	419		
	50m:	34.22 34.22	150m:	1:54.10	40.78	250m:	3:16.92	41.44	350m:	4:40.60	41.08
	100m:	1:13.32 39.10	200m:	2:35.48	41.38	300m:	3:59.52	42.60	400m:	5:19.53	38.93
8.	FILIPKOWSKA, Dominika		99	MKS "Ros" Pisz				5:19.60	418		
	50m:	36.10 36.10	150m:	1:56.17	40.40	250m:	3:18.73	41.43	350m:	4:41.18	41.03
	100m:	1:15.77 39.67	200m:	2:37.30	41.13	300m:	4:00.15	41.42	400m:	5:19.60	38.42
9.	WI CKOWSKA, ANNA		99	UKS G- 8 Bielany				5:20.17	416		
	50m:	33.67 33.67	150m:	1:52.93	40.37	250m:	3:15.48	41.50	350m:	4:40.35	42.24
	100m:	1:12.56 38.89	200m:	2:33.98	41.05	300m:	3:58.11	42.63	400m:	5:20.17	39.82
10.	NIED WIECKA, KATARZYNA		99	Uks 190 Łód				5:23.46	404		
	50m:	36.21 36.21	150m:	1:58.21	40.88	250m:	3:21.39	41.51	350m:	4:44.17	41.03
	100m:	1:17.33 41.12	200m:	2:39.88	41.67	300m:	4:03.14	41.75	400m:	5:23.46	39.29
11.	CIE LIKOWSKA, Zuzanna		99	Uks Pingwiny				5:25.52	396		
	50m:	36.68 36.68	150m:	1:59.55	41.97	250m:	3:23.17	41.64	350m:	4:46.76	41.74
	100m:	1:17.58 40.90	200m:	2:41.53	41.98	300m:	4:05.02	41.85	400m:	5:25.52	38.76
12.	RZO CA, Patrycja		99	UKS "Pi tka" Konstancynów Łódzki				5:28.02	387		
	50m:	37.01 37.01	150m:	2:00.51	42.08	250m:	3:25.80	42.89	350m:	4:49.68	41.44
	100m:	1:18.43 41.42	200m:	2:42.91	42.40	300m:	4:08.24	42.44	400m:	5:28.02	38.34
13.	DUDEK, Sylwia		99	UKS "GIM 92 Ursynów" Warszawa				5:29.36	382		
	50m:	35.55 35.55	150m:	1:58.85	42.26	250m:	3:24.69	43.01	350m:	4:49.63	42.16
	100m:	1:16.59 41.04	200m:	2:41.68	42.83	300m:	4:07.47	42.78	400m:	5:29.36	39.73
14.	STAROS, Sandra		99	UKS Victoria Józefów				5:36.76	358		
	50m:	36.61 36.61	150m:	1:59.31	42.18	250m:	3:25.52	42.70	350m:	4:53.45	43.71
	100m:	1:17.13 40.52	200m:	2:42.82	43.51	300m:	4:09.74	44.22	400m:	5:36.76	43.31
15.	REDKO, DIANA		99	IUKS Muszelka				5:57.96	298		
	50m:	39.64 39.64	150m:	2:09.72	45.93	250m:	3:42.27	46.65	350m:	5:13.60	44.65
	100m:	1:23.79 44.15	200m:	2:55.62	45.90	300m:	4:28.95	46.68	400m:	5:57.96	44.36
16.	PEREIRA-MOJSA, Monika		99	UKS Jagiellonka				5:59.24	295		
	50m:	41.36 41.36	150m:	2:13.92	46.17	250m:	3:47.85	46.77	350m:	5:21.45	45.21
	100m:	1:27.75 46.39	200m:	3:01.08	47.16	300m:	4:36.24	48.39	400m:	5:59.24	37.79

13 lat

1.	NOGAJ, Paulina		98	MKS Wodnik Radom				5:00.40	504		
	50m:	34.72 34.72	150m:	1:51.45	38.48	250m:	3:09.01	39.14	350m:	4:26.10	38.28
	100m:	1:12.97 38.25	200m:	2:29.87	38.42	300m:	3:47.82	38.81	400m:	5:00.40	34.30
2.	KONDRASIUK, Małgorzata		98	MUKP Warszawianka Wodny Park				5:06.86	473		
	50m:	34.52 34.52	150m:	1:51.93	39.28	250m:	3:10.85	39.47	350m:	4:29.45	39.24
	100m:	1:12.65 38.13	200m:	2:31.38	39.45	300m:	3:50.21	39.36	400m:	5:06.86	37.41
3.	W CŁAWIAK, Irena		98	UKS Wilanowia				5:17.55	427		
	50m:	35.51 35.51	150m:	1:56.61	40.54	250m:	3:18.20	40.58	350m:	4:39.53	40.23
	100m:	1:16.07 40.56	200m:	2:37.62	41.01	300m:	3:59.30	41.10	400m:	5:17.55	38.02
4.	PRZYBYSZ, Karolina		98	Uks Pirania Targówek				5:19.05	421		
	50m:	36.10 36.10	150m:	1:56.61	40.40	250m:	3:19.26	41.27	350m:	4:40.76	40.10
	100m:	1:16.21 40.11	200m:	2:37.99	41.38	300m:	4:00.66	41.40	400m:	5:19.05	38.29
5.	ZDUNIAK, Katarzyna		98	UKS G- 8 Bielany				5:19.07	421		
	50m:	34.56 34.56	150m:	1:57.15	41.92	250m:	3:19.48	41.49	350m:	4:41.16	40.72
	100m:	1:15.23 40.67	200m:	2:37.99	40.84	300m:	4:00.44	40.96	400m:	5:19.07	37.91
6.	RYZINSKA, Daria		98	MKS "Ros" Pisz				5:24.92	398		
	50m:	36.46 36.46	150m:	1:58.63	41.35	250m:	3:22.81	41.65	350m:	4:46.28	41.41
	100m:	1:17.28 40.82	200m:	2:41.16	42.53	300m:	4:04.87	42.06	400m:	5:24.92	38.64
7.	ZIELI SKA, Julia		98	UKS Meduza				5:27.51	389		
	50m:	36.18 36.18	150m:	1:59.57	42.33	250m:	3:23.44	40.93	350m:	4:47.40	41.73
	100m:	1:17.24 41.06	200m:	2:42.51	42.94	300m:	4:05.67	42.23	400m:	5:27.51	40.11

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- 4-6-2011

Konkurencja 19, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.				Czas				Pkt.	
8.	KOLBIARZ, Patrycja		98				Klub Pływacki MZOS Płock				5:28.05	387
	50m:	37.00	37.00	150m:	2:00.31	41.37	250m:	3:25.41	42.63	350m:	4:49.46	42.72
	100m:	1:18.94	41.94	200m:	2:42.78	42.47	300m:	4:06.74	41.33	400m:	5:28.05	38.59
9.	KAZIMIERSKA, Dominika		98				UKS Jagiellonka				5:59.72	293
	50m:	39.81	39.81	150m:	2:10.44	46.32	250m:	3:43.89	46.97	350m:	5:15.26	45.85
	100m:	1:24.12	44.31	200m:	2:56.92	46.48	300m:	4:29.41	45.52	400m:	5:59.72	44.46

14 lat

1.	KARPISZ, Milena		97				UKS "Pi tka" Konstantinów Łódzki				4:34.63	660
	50m:	32.78	32.78	150m:	1:41.48	34.16	250m:	2:50.67	34.70	350m:	4:00.36	34.72
	100m:	1:07.32	34.54	200m:	2:15.97	34.49	300m:	3:25.64	34.97	400m:	4:34.63	34.27
2.	CIESZKO, Agnieszka		97				SKS Start Łód				4:43.39	600
	50m:	32.05	32.05	150m:	1:42.69	35.78	250m:	2:55.25	36.24	350m:	4:07.40	35.85
	100m:	1:06.91	34.86	200m:	2:19.01	36.32	300m:	3:31.55	36.30	400m:	4:43.39	35.99
3.	FILIPIAK, WIKTORIA		97				Klub Sportowy ' Warta ' Pozna				4:44.16	596
	50m:	32.50	32.50	150m:	1:45.34	36.38	250m:	2:57.64	35.91	350m:	4:09.71	35.87
	100m:	1:08.96	36.46	200m:	2:21.73	36.39	300m:	3:33.84	36.20	400m:	4:44.16	34.45
4.	NITA, Anna		97				UKS "Pi tka" Konstantinów Łódzki				4:45.08	590
	50m:	32.65	32.65	150m:	1:45.29	36.41	250m:	2:58.14	36.07	350m:	4:10.41	35.63
	100m:	1:08.88	36.23	200m:	2:22.07	36.78	300m:	3:34.78	36.64	400m:	4:45.08	34.67
5.	BIEDRZYCKA, Iga		97				MKS "Ros" Pisz				4:45.16	589
	50m:	31.75	31.75	150m:	1:43.38	36.41	250m:	2:56.23	36.42	350m:	4:09.96	36.33
	100m:	1:06.97	35.22	200m:	2:19.81	36.43	300m:	3:33.63	37.40	400m:	4:45.16	35.20
6.	TROJGO, Bogna		97				UKS "GIM 92 Ursynów" Warszawa				4:48.56	569
	50m:	33.29	33.29	150m:	1:45.64	36.63	250m:	2:58.97	36.49	350m:	4:13.57	37.31
	100m:	1:09.01	35.72	200m:	2:22.48	36.84	300m:	3:36.26	37.29	400m:	4:48.56	34.99
7.	WÓJCIK, CLAUDIA		97				Klub Sportowy ' Warta ' Pozna				4:53.86	539
	50m:	33.25	33.25	150m:	1:47.88	37.64	250m:	3:03.58	37.61	350m:	4:18.03	36.81
	100m:	1:10.24	36.99	200m:	2:25.97	38.09	300m:	3:41.22	37.64	400m:	4:53.86	35.83
8.	WALCZAK, KATARZYNA		97				Klub Sportowy ' Warta ' Pozna				5:02.52	494
	50m:	33.63	33.63	150m:	1:49.50	38.34	250m:	3:07.68	39.15	350m:	4:25.15	38.47
	100m:	1:11.16	37.53	200m:	2:28.53	39.03	300m:	3:46.68	39.00	400m:	5:02.52	37.37
9.	PRZYMUS, Agata		97				SKS Start Łód				5:02.75	492
	50m:	34.61	34.61	150m:	1:51.37	38.22	250m:	3:08.14	38.57	350m:	4:24.89	37.14
	100m:	1:13.15	38.54	200m:	2:29.57	38.20	300m:	3:47.75	39.61	400m:	5:02.75	37.86
10.	BARTNIAK, Dorota		97				MKS Trójka Łód				5:05.31	480
	50m:	36.53	36.53	150m:	1:55.08	39.55	250m:	3:14.02	39.48	350m:	4:30.40	37.02
	100m:	1:15.53	39.00	200m:	2:34.54	39.46	300m:	3:53.38	39.36	400m:	5:05.31	34.91
11.	MISTERKA, Kamila		97				MKS Trójka Łód				5:05.34	480
	50m:	34.74	34.74	150m:	1:51.80	39.10	250m:	3:10.47	39.22	350m:	4:28.50	38.89
	100m:	1:12.70	37.96	200m:	2:31.25	39.45	300m:	3:49.61	39.14	400m:	5:05.34	36.84
12.	ST PIE , Natalia		97				UKS "Pi tka" Konstantinów Łódzki				5:05.58	479
	50m:	36.11	36.11	150m:	1:55.42	40.01	250m:	3:14.98	39.48	350m:	4:30.10	36.77
	100m:	1:15.41	39.30	200m:	2:35.50	40.08	300m:	3:53.33	38.35	400m:	5:05.58	35.48
13.	OLEJNICZAK, Zuzanna		97				MKS Jedyńka Łód				5:11.07	454
	50m:	36.20	36.20	150m:	1:57.68	40.36	250m:	3:18.02	39.23	350m:	4:35.01	38.01
	100m:	1:17.32	41.12	200m:	2:38.79	41.11	300m:	3:57.00	38.98	400m:	5:11.07	36.06
14.	SZTUKOWSKA, Martyna		97				MUKS Pi tnaстка AQUA Bydgoszcz				5:11.75	451
	50m:	34.61	34.61	150m:	1:54.32	40.31	250m:	3:14.46	39.59	350m:	4:33.65	39.41
	100m:	1:14.01	39.40	200m:	2:34.87	40.55	300m:	3:54.24	39.78	400m:	5:11.75	38.10
15.	NOWICKA, Iga		97				Uks "polonez" Wyszaków				5:12.04	450
	50m:	35.88	35.88	150m:	1:54.72	39.43	250m:	3:15.03	40.75	350m:	4:34.77	40.15
	100m:	1:15.29	39.41	200m:	2:34.28	39.56	300m:	3:54.62	39.59	400m:	5:12.04	37.27

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- 4-6-2011

Konkurencja 19, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
16.	BOROWSKA, Beata		97	UKS Wilanowia				5:16.98	429		
	50m:	36.54 36.54	150m:	1:56.58	40.21	250m:	3:16.89	40.14	350m:	4:38.27	40.79
	100m:	1:16.37 39.83	200m:	2:36.75	40.17	300m:	3:57.48	40.59	400m:	5:16.98	38.71
17.	JASTRZ BSKA, Joanna		97	MKS Jedynka Łód				5:17.99	425		
	50m:	34.50 34.50	150m:	1:54.65	40.86	250m:	3:16.96	41.24	350m:	4:37.95	39.68
	100m:	1:13.79 39.29	200m:	2:35.72	41.07	300m:	3:58.27	41.31	400m:	5:17.99	40.04
18.	WI NIEWSKA, Ilona		97	Płetwal Mława				5:25.05	398		
	50m:	38.23 38.23	150m:	2:00.60	42.06	250m:	3:24.30	41.81	350m:	4:46.24	40.67
	100m:	1:18.54 40.31	200m:	2:42.49	41.89	300m:	4:05.57	41.27	400m:	5:25.05	38.81
19.	NAGÓRSKA, Monika		97	MUKS Pi tnastrka AQUA Bydgoszcz				5:26.40	393		
	50m:	36.02 36.02	150m:	1:57.39	40.79	250m:	3:20.99	41.86	350m:	4:45.74	42.26
	100m:	1:16.60 40.58	200m:	2:39.13	41.74	300m:	4:03.48	42.49	400m:	5:26.40	40.66
20.	PECZENIUK, Oliwia		97	MUKS Pi tnastrka AQUA Bydgoszcz				5:28.08	387		
	50m:	38.05 38.05	150m:	2:01.35	42.26	250m:	3:25.14	42.34	350m:	4:48.68	41.42
	100m:	1:19.09 41.04	200m:	2:42.80	41.45	300m:	4:07.26	42.12	400m:	5:28.08	39.40
21.	EGNAŁEK, Helena		97	UKS Meduza				5:30.64	378		
	50m:	36.44 36.44	150m:	1:59.96	42.72	250m:	3:25.88	42.72	350m:	4:50.72	42.10
	100m:	1:17.24 40.80	200m:	2:43.16	43.20	300m:	4:08.62	42.74	400m:	5:30.64	39.92
22.	PILARSKA, Zofia		97	Uks Pingwiny				5:33.85	367		
	50m:	35.29 35.29	150m:	1:58.55	42.41	250m:	3:24.91	43.37	350m:	4:51.38	42.94
	100m:	1:16.14 40.85	200m:	2:41.54	42.99	300m:	4:08.44	43.53	400m:	5:33.85	42.47
23.	ERA SKA, Anna		97	Buks Warszawa				5:38.27	353		
	50m:	37.07 37.07	150m:	2:02.29	43.32	250m:	3:29.07	43.33	350m:	4:56.20	43.28
	100m:	1:18.97 41.90	200m:	2:45.74	43.45	300m:	4:12.92	43.85	400m:	5:38.27	42.07
24.	ZIEJA, Karina		97	Buks Warszawa				5:54.42	307		
	50m:	38.29 38.29	150m:	2:07.07	45.02	250m:	3:39.55	46.06	350m:	5:11.81	45.68
	100m:	1:22.05 43.76	200m:	2:53.49	46.42	300m:	4:26.13	46.58	400m:	5:54.42	42.61

15 lat

1.	ZBROJEWSKA, Michalina		96	UKS "Pi tka" Konstanyń Łódzki				4:39.80	624		
	50m:	32.48 32.48	150m:	1:42.99	35.26	250m:	2:53.66	35.44	350m:	4:04.89	35.52
	100m:	1:07.73 35.25	200m:	2:18.22	35.23	300m:	3:29.37	35.71	400m:	4:39.80	34.91
2.	KUNKA, Kamila		96	GOSiR Piaseczno				4:43.33	601		
	50m:	31.90 31.90	150m:	1:43.23	36.13	250m:	2:56.40	36.73	350m:	4:09.20	36.05
	100m:	1:07.10 35.20	200m:	2:19.67	36.44	300m:	3:33.15	36.75	400m:	4:43.33	34.13
3.	PACIORKIEWICZ, Agata		96	SKS Start Łód				4:49.31	564		
	50m:	32.69 32.69	150m:	1:45.46	36.77	250m:	3:00.01	37.27	350m:	4:14.23	37.16
	100m:	1:08.69 36.00	200m:	2:22.74	37.28	300m:	3:37.07	37.06	400m:	4:49.31	35.08
4.	BAKUNIAK, Hanna		96	MUKS Pi tnastrka AQUA Bydgoszcz				4:51.52	552		
	50m:	32.14 32.14	150m:	1:43.62	36.13	250m:	2:57.19	36.71	350m:	4:13.57	38.03
	100m:	1:07.49 35.35	200m:	2:20.48	36.86	300m:	3:35.54	38.35	400m:	4:51.52	37.95
5.	KOZON, Kaja		96	Uks "polonez" Wyszów				4:57.79	517		
	50m:	32.25 32.25	150m:	1:46.70	37.88	250m:	3:03.30	38.62	350m:	4:20.54	38.22
	100m:	1:08.82 36.57	200m:	2:24.68	37.98	300m:	3:42.32	39.02	400m:	4:57.79	37.25
6.	BUSSE, Sylwia		96	MKS Wodnik Radom				5:10.22	458		
	50m:	33.90 33.90	150m:	1:51.21	39.00	250m:	3:11.07	40.01	350m:	4:31.08	40.02
	100m:	1:12.21 38.31	200m:	2:31.06	39.85	300m:	3:51.06	39.99	400m:	5:10.22	39.14
7.	WŁODARCZYK, Ewelina		96	SKS Start Łód				5:11.67	451		
	50m:	34.70 34.70	150m:	1:54.46	40.31	250m:	3:14.97	39.98	350m:	4:34.35	38.83
	100m:	1:14.15 39.45	200m:	2:34.99	40.53	300m:	3:55.52	40.55	400m:	5:11.67	37.32
8.	STA CZYK, Olga		96	UKS G- 8 Bielany				5:12.48	448		
	50m:	34.16 34.16	150m:	1:52.79	39.45	250m:	3:14.33	40.86	350m:	4:34.49	39.14
	100m:	1:13.34 39.18	200m:	2:33.47	40.68	300m:	3:55.35	41.02	400m:	5:12.48	37.99

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- - 4-6-2011

Konkurencja 19, Dziewcz t, 400m dowolny, 15 lat

Pozycja	Rok ur.								Czas	Pkt.		
9.	SANKOWSKA, Weronika			96	GOSiR Piaseczno				5:18.63	422		
	50m:	34.14	34.14	150m:	1:54.64	41.45	250m:	3:18.12	41.67	350m:	4:40.40	40.98
	100m:	1:13.19	39.05	200m:	2:36.45	41.81	300m:	3:59.42	41.30	400m:	5:18.63	38.23
PK	PARKOT, Joanna			95	UKS Kapry-Armexim Pruszków				4:53.93	538		
	50m:	32.99	32.99	150m:	1:46.32	37.43	250m:	3:01.98	37.83	350m:	4:17.87	37.71
	100m:	1:08.89	35.90	200m:	2:24.15	37.83	300m:	3:40.16	38.18	400m:	4:53.93	36.06