

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- - 4-6-2011

Konkurencja 20 Chłopców, 400m dowolny 11 - 15 lat
2011-06-03 - 20:45 Wyniki

Top Times "Poland" - 11	5:01.27	ARNDT, Mateusz	DEGDY	Warsaw	2009-12-04
Top Times "Poland" 12	4:32.86	PIETRZAK, Dawid		Warsaw	2009-12-04
Top Times "Poland" 13	4:18.98	BERNATOWICZ, Sebastian		Oswiecim	2007-07-07
Top Times "Poland" 14	4:08.01	BERNATOWICZ, Sebastian	AQBYD	Oswiecim	2008-07-05
Top Times "Poland" 15	4:01.94	ZONIUK, Maciej	SLWRO	Wroclaw	2009-06-06

Punkty: FINA 2011

Pozycja Rok ur. Czas Pkt.

11 lat

1. KAŁUSOWSKI, Jan	00	MKS Trójka Łód	5:24.01	313
50m: 37.28 37.28	150m: 2:00.22 41.17	250m: 3:23.69 42.03	350m: 4:45.91 40.81	
100m: 1:19.05 41.77	200m: 2:41.66 41.44	300m: 4:05.10 41.41	400m: 5:24.01 38.10	
2. CISZEWSKI, Jakub	00	Uks 190 Łód	5:30.93	294
50m: 36.10 36.10	150m: 2:00.71 42.75	250m: 3:27.04 43.33	350m: 4:51.30 41.68	
100m: 1:17.96 41.86	200m: 2:43.71 43.00	300m: 4:09.62 42.58	400m: 5:30.93 39.63	
3. MŁYNARCZYK, Karol	00	UKS G- 8 Bielany	5:32.36	290
50m: 38.91 38.91	150m: 2:02.90 42.33	250m: 3:27.92 42.54	350m: 4:52.88 42.48	
100m: 1:20.57 41.66	200m: 2:45.38 42.48	300m: 4:10.40 42.48	400m: 5:32.36 39.48	
4. BANASZAK, Patryk	00	Mkp Toru czyk Toru	5:40.24	270
50m: 37.01 37.01	150m: 2:01.93 43.23	250m: 3:29.88 44.06	350m: 4:57.89 44.13	
100m: 1:18.70 41.69	200m: 2:45.82 43.89	300m: 4:13.76 43.88	400m: 5:40.24 42.35	
5. MA KA, Filip	00	Uks 190 Łód	5:57.14	233
50m: 38.63 38.63	150m: 2:07.62 45.27	250m: 3:38.98 45.87	350m: 5:12.70 46.06	
100m: 1:22.35 43.72	200m: 2:53.11 45.49	300m: 4:26.64 47.66	400m: 5:57.14 44.44	
6. KOWALSKI, Maxymilian	00	Płetwal Mława	6:14.46	202
50m: 41.08 41.08	150m: 2:15.74 47.74	250m: 3:51.18 47.84	350m: 5:27.70 47.90	
100m: 1:28.00 46.92	200m: 3:03.34 47.60	300m: 4:39.80 48.62	400m: 6:14.46 46.76	

12 lat

1. BARA CZYK, MICHAŁ	99	Uks 190 Łód	5:07.47	366
50m: 35.43 35.43	150m: 1:54.41 39.98	250m: 3:12.36 39.22	350m: 4:30.49 38.69	
100m: 1:14.43 39.00	200m: 2:33.14 38.73	300m: 3:51.80 39.44	400m: 5:07.47 36.98	
2. PARZYNOWSKI, WOJCIECH	99	Uks 190 Łód	5:08.25	363
50m: 34.66 34.66	150m: 1:53.42 39.30	250m: 3:13.24 40.08	350m: 4:32.88 39.44	
100m: 1:14.12 39.46	200m: 2:33.16 39.74	300m: 3:53.44 40.20	400m: 5:08.25 35.37	
3. KULISIEWICZ, Daniel	99	Uks 307	5:09.03	361
50m: 33.07 33.07	150m: 1:51.52 39.93	250m: 3:11.74 40.17	350m: 4:31.95 40.20	
100m: 1:11.59 38.52	200m: 2:31.57 40.05	300m: 3:51.75 40.01	400m: 5:09.03 37.08	
4. PELCZAR, KAMIL	99	IUKS Muszelka	5:16.29	336
50m: 35.77 35.77	150m: 1:54.59 39.69	250m: 3:15.46 40.22	350m: 4:36.54 39.97	
100m: 1:14.90 39.13	200m: 2:35.24 40.65	300m: 3:56.57 41.11	400m: 5:16.29 39.75	
5. RYBARCZYK, Filip	99	UKS Wilanowia	5:17.88	331
50m: 36.20 36.20	150m: 1:57.63 40.68	250m: 3:19.34 40.65	350m: 4:39.70 39.80	
100m: 1:16.95 40.75	200m: 2:38.69 41.06	300m: 3:59.90 40.56	400m: 5:17.88 38.18	
6. WARCIAREK, Jan	99	UKS Victoria Józefów	5:20.07	325
50m: 35.50 35.50	150m: 1:55.29 40.03	250m: 3:17.91 40.88	350m: 4:40.26 41.59	
100m: 1:15.26 39.76	200m: 2:37.03 41.74	300m: 3:58.67 40.76	400m: 5:20.07 39.81	
7. KABZI SKI, Dominik	99	UKS Wilanowia	5:26.49	306
50m: 36.00 36.00	150m: 1:57.35 41.77	250m: 3:20.97 41.60	350m: 4:45.64 42.15	
100m: 1:15.58 39.58	200m: 2:39.37 42.02	300m: 4:03.49 42.52	400m: 5:26.49 40.85	
8. FRANKOWSKI, Maksymilian	99	UKS Dwójka Sochaczew	6:04.27	220
50m: 38.42 38.42	150m: 2:08.53 46.19	250m: 3:44.50 48.74	350m: 5:19.96 46.79	
100m: 1:22.34 43.92	200m: 2:55.76 47.23	300m: 4:33.17 48.67	400m: 6:04.27 44.31	

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- - 4-6-2011

Konkurencja 20, Chłopców, 400m dowolny

13 lat

1.	ARNDT, Mateusz	98	KS Delfin Gdynia	4:40.55	482
	50m: 31.50 31.50	150m: 1:44.22	36.47	250m: 2:55.95	35.67
	100m: 1:07.75 36.25	200m: 2:20.28	36.06	300m: 3:31.80	35.85
				350m: 4:07.31	35.51
				400m: 4:40.55	33.24
2.	RYBAK, Konrad	98	Uks Pirania Targówek	4:49.51	439
	50m: 32.14 32.14	150m: 1:43.62	36.11	250m: 2:58.13	37.36
	100m: 1:07.51 35.37	200m: 2:20.77	37.15	300m: 3:35.63	37.50
				350m: 4:13.31	37.68
				400m: 4:49.51	36.20
3.	MILCZAREK, PIOTR	98	Uks 190 Łód	4:54.24	418
	50m: 32.59 32.59	150m: 1:46.84	37.53	250m: 3:02.68	37.87
	100m: 1:09.31 36.72	200m: 2:24.81	37.97	300m: 3:40.99	38.31
				350m: 4:18.55	37.56
				400m: 4:54.24	35.69
4.	SASIN, Paweł	98	UKS Meduza	5:00.24	393
	50m: 33.15 33.15	150m: 1:50.37	38.95	250m: 3:07.57	38.74
	100m: 1:11.42 38.27	200m: 2:28.83	38.46	300m: 3:46.14	38.57
				350m: 4:24.86	38.72
				400m: 5:00.24	35.38
5.	MICHNIEWSKI, Tadeusz	98	UKS G- 8 Bielany	5:16.29	336
	50m: 36.62 36.62	150m: 1:58.23	40.68	250m: 3:19.66	40.42
	100m: 1:17.55 40.93	200m: 2:39.24	41.01	300m: 3:59.71	40.05
				350m: 4:38.35	38.64
				400m: 5:16.29	37.94
6.	BARGŁOWSKI, Mateusz	98	MKS "Ros" Pisz	5:18.42	330
	50m: 34.74 34.74	150m: 1:54.83	40.61	250m: 3:17.49	41.30
	100m: 1:14.22 39.48	200m: 2:36.19	41.36	300m: 3:59.28	41.79
				350m: 4:40.03	40.75
				400m: 5:18.42	38.39
7.	NIEWIADOMSKI, Bartłomiej	98	Uks Pirania Targówek	5:18.83	328
	50m: 35.72 35.72	150m: 1:57.72	40.99	250m: 3:20.10	41.59
	100m: 1:16.73 41.01	200m: 2:38.51	40.79	300m: 4:01.06	40.96
				350m: 4:41.71	40.65
				400m: 5:18.83	37.12
8.	MA CZAK, Bła ej	98	KS Delfin Gdynia	5:19.61	326
	50m: 35.50 35.50	150m: 1:55.23	40.74	250m: 3:18.49	41.39
	100m: 1:14.49 38.99	200m: 2:37.10	41.87	300m: 4:00.22	41.73
				350m: 4:41.75	41.53
				400m: 5:19.61	37.86
9.	SMYL, Łukasz	98	Uks Pirania Targówek	5:24.80	311
	50m: 38.36 38.36	150m: 2:01.66	42.14	250m: 3:25.69	41.91
	100m: 1:19.52 41.16	200m: 2:43.78	42.12	300m: 4:07.17	41.48
				350m: 4:47.51	40.34
				400m: 5:24.80	37.29
10.	WACHNIK, Jakub	98	Uks Pirania Targówek	5:30.60	294
	50m: 38.21 38.21	150m: 2:01.68	41.82	250m: 3:26.24	41.66
	100m: 1:19.86 41.65	200m: 2:44.58	42.90	300m: 4:08.26	42.02
				350m: 4:50.59	42.33
				400m: 5:30.60	40.01
11.	NIEMCZYK, Krzysztof	98	KS Delfin Gdynia	5:31.72	291
	50m: 37.32 37.32	150m: 2:01.67	42.86	250m: 3:27.09	42.99
	100m: 1:18.81 41.49	200m: 2:44.10	42.43	300m: 4:09.46	42.37
				350m: 4:52.10	42.64
				400m: 5:31.72	39.62
12.	GRZESIK, Damian	98	Uks Pirania Targówek	5:36.81	278
	50m: 37.46 37.46	150m: 2:03.94	43.21	250m: 3:30.93	43.08
	100m: 1:20.73 43.27	200m: 2:47.85	43.91	300m: 4:14.43	43.50
				350m: 4:57.15	42.72
				400m: 5:36.81	39.66

14 lat

1.	STANISZEWSKI, Adam	97	MKS Trójka Łód	4:26.87	560
	50m: 29.99 29.99	150m: 1:38.63	34.82	250m: 2:46.71	34.00
	100m: 1:03.81 33.82	200m: 2:12.71	34.08	300m: 3:20.54	33.83
				350m: 3:54.34	33.80
				400m: 4:26.87	32.53
2.	URAWICZ, Mateusz	97	MUKS Pi tnastrka AQUA Bydgoszcz	4:31.81	530
	50m: 29.59 29.59	150m: 1:38.33	34.74	250m: 2:47.96	34.76
	100m: 1:03.59 34.00	200m: 2:13.20	34.87	300m: 3:23.38	35.42
				350m: 3:58.17	34.79
				400m: 4:31.81	33.64
3.	POPIELEĆ, Michał	97	UKS "GIM 92 Ursynów" Warszawa	4:37.05	501
	50m: 31.67 31.67	150m: 1:43.34	35.92	250m: 2:54.46	35.69
	100m: 1:07.42 35.75	200m: 2:18.77	35.43	300m: 3:30.16	35.70
				350m: 4:05.81	35.65
				400m: 4:37.05	31.24
4.	KWIATKOWSKI, Krzysztof	97	MTKP Delfin Toru	4:39.77	486
	50m: 32.34 32.34	150m: 1:44.45	36.10	250m: 2:56.10	35.79
	100m: 1:08.35 36.01	200m: 2:20.31	35.86	300m: 3:31.58	35.48
				350m: 4:06.55	34.97
				400m: 4:39.77	33.22
5.	RADUCKI, ARKADIUSZ	97	Klub Sportowy ' Warta ' Pozna	4:41.60	477
	50m: 32.57 32.57	150m: 1:44.89	36.09	250m: 2:57.52	36.23
	100m: 1:08.80 36.23	200m: 2:21.29	36.40	300m: 3:32.77	35.25
				350m: 4:08.10	35.33
				400m: 4:41.60	33.50

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- 4-6-2011

Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
6.	KUBOT, SZYMON		97	Klub Sportowy ' Warta ' Pozna				4:44.87	461
	50m:	30.42 30.42	150m:	1:42.84 36.89	250m:	2:57.39 37.59	350m:	4:11.29 36.32	
	100m:	1:05.95 35.53	200m:	2:19.80 36.96	300m:	3:34.97 37.58	400m:	4:44.87 33.58	
7.	PACHOWSKI, Adrian		97	UKS Jagiellonka				4:48.82	442
	50m:	32.93 32.93	150m:	1:46.03 36.87	250m:	3:00.58 37.47	350m:	4:13.56 36.63	
	100m:	1:09.16 36.23	200m:	2:23.11 37.08	300m:	3:36.93 36.35	400m:	4:48.82 35.26	
8.	DURAJCZYK, Michał		97	MUKP Warszawianka Wodny Park				4:49.22	440
	50m:	32.24 32.24	150m:	1:43.78 36.14	250m:	2:58.61 37.17	350m:	4:13.04 36.62	
	100m:	1:07.64 35.40	200m:	2:21.44 37.66	300m:	3:36.42 37.81	400m:	4:49.22 36.18	
9.	URBA SKI, Michał		97	MUKS Pi tnastrka AQUA Bydgoszcz				4:49.42	439
	50m:	31.84 31.84	150m:	1:45.05 36.96	250m:	2:59.78 37.48	350m:	4:15.02 37.48	
	100m:	1:08.09 36.25	200m:	2:22.30 37.25	300m:	3:37.54 37.76	400m:	4:49.42 34.40	
10.	B CZKOWSKI, Bartosz		97	MUKP Warszawianka Wodny Park				4:50.54	434
	50m:	33.74 33.74	150m:	1:47.05 37.30	250m:	3:01.18 37.40	350m:	4:14.95 36.98	
	100m:	1:09.75 36.01	200m:	2:23.78 36.73	300m:	3:37.97 36.79	400m:	4:50.54 35.59	
11.	ZIELI SKI, Cezary		97	MKS Medyk Gi ycko				4:50.58	434
	50m:	32.22 32.22	150m:	1:45.76 37.31	250m:	3:00.79 37.63	350m:	4:16.15 37.65	
	100m:	1:08.45 36.23	200m:	2:23.16 37.40	300m:	3:38.50 37.71	400m:	4:50.58 34.43	
12.	STECKO, Michał		97	UKS Kapry-Armexim Pruszków				4:50.83	433
	50m:	31.55 31.55	150m:	1:43.94 36.76	250m:	2:58.40 37.29	350m:	4:13.90 38.01	
	100m:	1:07.18 35.63	200m:	2:21.11 37.17	300m:	3:35.89 37.49	400m:	4:50.83 36.93	
13.	SKŁODOWSKI, Paweł		97	KS 1 O arów Mazowiecki				4:52.89	424
	50m:	31.92 31.92	150m:	1:45.74 37.15	250m:	3:02.56 38.09	350m:	4:17.84 36.95	
	100m:	1:08.59 36.67	200m:	2:24.47 38.73	300m:	3:40.89 38.33	400m:	4:52.89 35.05	
14.	OLSZEWSKI, Maciej		97	UKS "GIM 92 Ursynów" Warszawa				4:54.21	418
	50m:	32.14 32.14	150m:	1:46.31 38.66	250m:	3:01.22 37.56	350m:	4:17.80 38.42	
	100m:	1:07.65 35.51	200m:	2:23.66 37.35	300m:	3:39.38 38.16	400m:	4:54.21 36.41	
15.	CICHO , Maciej		97	MKS Trójka Łód				4:57.22	405
	50m:	33.50 33.50	150m:	1:48.03 37.80	250m:	3:04.57 37.99	350m:	4:20.84 38.24	
	100m:	1:10.23 36.73	200m:	2:26.58 38.55	300m:	3:42.60 38.03	400m:	4:57.22 36.38	
16.	SMOK, WITOLD		97	Ukp Wodnik Włocławek				5:04.00	379
	50m:	33.94 33.94	150m:	1:51.21 39.11	250m:	3:10.55 39.66	350m:	4:28.09 37.99	
	100m:	1:12.10 38.16	200m:	2:30.89 39.68	300m:	3:50.10 39.55	400m:	5:04.00 35.91	
17.	KAMI SKI, Marcin		97	UKP Marlin				5:04.50	377
	50m:	33.17 33.17	150m:	1:50.22 39.25	250m:	3:09.87 38.83	350m:	4:28.78 39.18	
	100m:	1:10.97 37.80	200m:	2:31.04 40.82	300m:	3:49.60 39.73	400m:	5:04.50 35.72	
18.	D BROWSKI, Kamil		97	Uks Pingwiny				5:09.66	358
	50m:	33.67 33.67	150m:	1:50.62 39.55	250m:	3:10.54 39.81	350m:	4:30.00 39.00	
	100m:	1:11.07 37.40	200m:	2:30.73 40.11	300m:	3:51.21 40.67	400m:	5:09.66 35.00	
19.	OSSES, FILIP		97	Klub Sportowy ' Warta ' Pozna				5:12.36	349
	50m:	35.09 35.09	150m:	1:54.74 40.06	250m:	3:13.84 39.49	350m:	4:33.11 39.17	
	100m:	1:14.68 39.59	200m:	2:34.35 39.61	300m:	3:53.94 40.10	400m:	5:12.36 39.25	
20.	JADACH, Jakub		97	Uks Pirania Targówek				5:20.27	324
	50m:	35.94 35.94	150m:	1:56.52 40.59	250m:	3:18.85 41.09	350m:	4:40.91 40.71	
	100m:	1:15.93 39.99	200m:	2:37.76 41.24	300m:	4:00.20 41.35	400m:	5:20.27 39.36	
21.	TOMZIK, Jakub		97	UKS "GIM 92 Ursynów" Warszawa				5:20.48	323
	50m:	34.91 34.91	150m:	1:56.24 41.44	250m:	3:19.17 40.81	350m:	4:40.92 39.28	
	100m:	1:14.80 39.89	200m:	2:38.36 42.12	300m:	4:01.64 42.47	400m:	5:20.48 39.56	
22.	POŁUDNIKIEWICZ, Adam		97	Buks Warszawa				5:23.66	314
	50m:	34.53 34.53	150m:	1:55.89 40.97	250m:	3:20.98 43.37	350m:	4:44.94 40.58	
	100m:	1:14.92 40.39	200m:	2:37.61 41.72	300m:	4:04.36 43.38	400m:	5:23.66 38.72	
23.	SAWICKI, Bartosz		97	Buks Warszawa				5:35.38	282
	50m:	36.74 36.74	150m:	1:59.87 42.25	250m:	3:27.49 44.35	350m:	4:55.15 43.86	
	100m:	1:17.62 40.88	200m:	2:43.14 43.27	300m:	4:11.29 43.80	400m:	5:35.38 40.23	

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- - 4-6-2011

Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja		Rok ur.						Czas	Pkt.
24.	POPŁAWSKI, ŁUKASZ	97	Ukp Wodnik Włocławek					5:37.57	277
	50m: 36.15 36.15		150m: 2:01.20 43.01	250m: 3:29.45 44.52	350m: 4:56.83 43.62				
	100m: 1:18.19 42.04		200m: 2:44.93 43.73	300m: 4:13.21 43.76	400m: 5:37.57 40.74				

15 lat

1.	JURA, Maciej	96	UKS Jagiellonka					4:17.33	625
	50m: 28.67 28.67		150m: 1:32.73 32.23	250m: 2:38.74 32.63	350m: 3:45.68 33.43				
	100m: 1:00.50 31.83		200m: 2:06.11 33.38	300m: 3:12.25 33.51	400m: 4:17.33 31.65				
2.	BAGROWSKI, Karol	96	MTKP Delfin Toru					4:29.11	546
	50m: 29.67 29.67		150m: 1:38.51 34.79	250m: 2:47.66 34.70	350m: 3:56.89 34.45				
	100m: 1:03.72 34.05		200m: 2:12.96 34.45	300m: 3:22.44 34.78	400m: 4:29.11 32.22				
3.	HOŁUBIEC, MACIEJ	96	Uks "rekin" Warszawa					4:50.73	433
	50m: 31.67 31.67		150m: 1:44.88 37.33	250m: 2:59.75 37.10	350m: 4:14.65 37.51				
	100m: 1:07.55 35.88		200m: 2:22.65 37.77	300m: 3:37.14 37.39	400m: 4:50.73 36.08				
PK	SKWARNICKI, Tomasz	95	UKS Jagiellonka					4:30.31	539
	50m: 30.73 30.73		150m: 1:38.76 34.54	250m: 2:47.47 34.04	350m: 3:56.59 34.49				
	100m: 1:04.22 33.49		200m: 2:13.43 34.67	300m: 3:22.10 34.63	400m: 4:30.31 33.72				
PK	CHMIELEWSKI, Miłosz	95	Ukp Wodnik Włocławek					4:44.82	461
	50m: 30.18 30.18		150m: 1:42.63 36.82	250m: 2:56.92 37.22	350m: 4:10.35 36.93				
	100m: 1:05.81 35.63		200m: 2:19.70 37.07	300m: 3:33.42 36.50	400m: 4:44.82 34.47				
PK	BARTOSZY SKI, Michał	93	Ukp Wodnik Włocławek					4:47.15	450
	50m: 31.94 31.94		150m: 1:45.04 37.13	250m: 3:00.56 37.91	350m: 4:12.23 35.12				
	100m: 1:07.91 35.97		200m: 2:22.65 37.61	300m: 3:37.11 36.55	400m: 4:47.15 34.92				