

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- - 4-6-2011

Konkurencja 29
2011-06-04 - 12:40

Dziewcz t, 400m zmienny

12 - 15 lat
Wyniki

Top Times "Poland" 12	5:15.18	SZCZEPANIAK, Karolina	POWAR	Warsaw	2004-12-03
Top Times "Poland" 13	5:05.02	SZCZEPANIAK, Karolina	POWAR	Lignano (ITA)	2005-07-07
Top Times "Poland" 14	4:56.38	SZCZEPANIAK, Karolina	POWAR	Ostrowiec	2006-05-19
Top Times "Poland" 15	4:49.27	SZCZEPANIAK, Karolina	AZWAR	Gorzow Wilkp.	2007-11-30

Punkty: FINA 2011

Pozycja			Rok ur.			Czas	Pkt.
12 lat							
1.	ŁUKASIK, Wiktoria	99	MKS Medyk Gi ycko			5:46.14	471
	50m: 36.72 36.72	150m: 2:04.11	44.89	250m: 3:37.84	49.76	350m: 5:08.22	40.40
	100m: 1:19.22 42.50	200m: 2:48.08	43.97	300m: 4:27.82	49.98	400m: 5:46.14	37.92
2.	MAJTCAK, PAULINA	99	Uks 190 Łód			6:00.77	416
	50m: 39.30 39.30	150m: 2:09.24	45.78	250m: 3:45.41	51.76	350m: 5:20.97	41.71
	100m: 1:23.46 44.16	200m: 2:53.65	44.41	300m: 4:39.26	53.85	400m: 6:00.77	39.80
3.	NIED WIECKA, KATARZYNA	99	Uks 190 Łód			6:02.99	409
	50m: 38.42 38.42	150m: 2:12.98	48.62	250m: 3:51.46	51.16	350m: 5:23.88	41.18
	100m: 1:24.36 45.94	200m: 3:00.30	47.32	300m: 4:42.70	51.24	400m: 6:02.99	39.11
4.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz			6:06.89	396
	50m: 38.43 38.43	150m: 2:09.20	46.80	250m: 3:49.71	54.66	350m: 5:25.92	42.43
	100m: 1:22.40 43.97	200m: 2:55.05	45.85	300m: 4:43.49	53.78	400m: 6:06.89	40.97
5.	TOMIAŁOWICZ, Karolina	99	UKS Kapry-Armexim Pruszków			6:16.75	365
	50m: 35.73 35.73	150m: 2:11.36	48.96	250m: 3:53.85	56.09	350m: 5:33.54	43.70
	100m: 1:22.40 46.67	200m: 2:57.76	46.40	300m: 4:49.84	55.99	400m: 6:16.75	43.21
6.	WARDAK, Julia	99	UKS Kapry-Armexim Pruszków			6:52.53	278
	50m: 46.08 46.08	150m: 2:34.60	51.55	250m: 4:20.12	56.40	350m: 6:07.21	48.46
	100m: 1:43.05 56.97	200m: 3:23.72	49.12	300m: 5:18.75	58.63	400m: 6:52.53	45.32
13 lat							
1.	MENDYK, Adrianna	98	MKS Wodnik Radom			5:44.11	480
	50m: 36.90 36.90	150m: 2:04.96	44.25	250m: 3:35.60	47.53	350m: 5:06.28	41.15
	100m: 1:20.71 43.81	200m: 2:48.07	43.11	300m: 4:25.13	49.53	400m: 5:44.11	37.83
2.	WILK, Weronika	98	MKS Polonia Warszawa			5:52.49	446
	50m: 39.22 39.22	150m: 2:13.29	46.90	250m: 3:47.53	50.16	350m: 5:16.60	38.21
	100m: 1:26.39 47.17	200m: 2:57.37	44.08	300m: 4:38.39	50.86	400m: 5:52.49	35.89
3.	WIKIEŁ, Angelika	98	U ks Ostroł ka			5:59.61	420
	50m: 36.56 36.56	150m: 2:13.97	49.49	250m: 3:46.29	46.13	350m: 5:18.78	44.51
	100m: 1:24.48 47.92	200m: 3:00.16	46.19	300m: 4:34.27	47.98	400m: 5:59.61	40.83
4.	ZIELI SKA, Julia	98	UKS Meduza			6:15.53	369
	50m: 40.42 40.42	150m: 2:18.35	48.47	250m: 3:57.88	54.03	350m: 5:36.11	43.49
	100m: 1:29.88 49.46	200m: 3:03.85	45.50	300m: 4:52.62	54.74	400m: 6:15.53	39.42
5.	PRZYBYSZ, Karolina	98	Uks Pirania Targówek			6:25.63	341
	50m: 45.46 45.46	150m: 2:26.83	50.01	250m: 4:08.84	54.08	350m: 5:45.44	41.90
	100m: 1:36.82 51.36	200m: 3:14.76	47.93	300m: 5:03.54	54.70	400m: 6:25.63	40.19
6.	RUSINIAK, Zuzanna	98	UKS Wilanowia			6:31.73	325
	50m: 40.41 40.41	150m: 2:23.85	48.66	250m: 4:05.79	55.52	350m: 5:47.73	46.32
	100m: 1:35.19 54.78	200m: 3:10.27	46.42	300m: 5:01.41	55.62	400m: 6:31.73	44.00
14 lat							
1.	BIEDRZYCKA, Iga	97	MKS "Ros" Pisz			5:19.22	601
	50m: 32.19 32.19	150m: 1:50.34	40.03	250m: 3:16.59	46.05	350m: 4:41.33	39.02
	100m: 1:10.31 38.12	200m: 2:30.54	40.20	300m: 4:02.31	45.72	400m: 5:19.22	37.89
2.	MAGNER, Agata	97	GOSiR Piaseczno			5:19.80	598
	50m: 33.61 33.61	150m: 1:51.82	40.12	250m: 3:19.00	48.44	350m: 4:43.80	37.50
	100m: 1:11.70 38.09	200m: 2:30.56	38.74	300m: 4:06.30	47.30	400m: 5:19.80	36.00

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 3- 4-6-2011

Konkurencja 29, Dziewcz t, 400m zmienny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
3.	MENDOWSKA, PAULINA		97	Klub Sportowy ' Warta ' Pozna				5:23.37	578		
	50m:	33.87 33.87	150m:	1:55.50	41.66	250m:	3:22.67	45.34	350m:	4:45.82	37.59
	100m:	1:13.84 39.97	200m:	2:37.33	41.83	300m:	4:08.23	45.56	400m:	5:23.37	37.55
4.	FILIPIAK, WIKTORIA		97	Klub Sportowy ' Warta ' Pozna				5:29.83	545		
	50m:	35.19 35.19	150m:	1:59.01	42.22	250m:	3:27.99	47.16	350m:	4:53.17	37.68
	100m:	1:16.79 41.60	200m:	2:40.83	41.82	300m:	4:15.49	47.50	400m:	5:29.83	36.66
5.	BARTNIAK, Dorota		97	MKS Trójka Łód				5:39.85	498		
	50m:	37.88 37.88	150m:	2:06.76	46.07	250m:	3:37.11	47.78	350m:	5:03.32	39.25
	100m:	1:20.69 42.81	200m:	2:49.33	42.57	300m:	4:24.07	46.96	400m:	5:39.85	36.53
6.	PIECHOWIAK, AISZA		97	Klub Sportowy ' Warta ' Pozna				5:43.64	482		
	50m:	34.76 34.76	150m:	2:02.64	46.46	250m:	3:36.74	49.51	350m:	5:05.78	39.25
	100m:	1:16.18 41.42	200m:	2:47.23	44.59	300m:	4:26.53	49.79	400m:	5:43.64	37.86
7.	PRZYMUS, Agata		97	SKS Start Łód				5:54.26	440		
	50m:	39.73 39.73	150m:	2:15.30	47.35	250m:	3:49.92	50.79	350m:	5:16.78	36.93
	100m:	1:27.95 48.22	200m:	2:59.13	43.83	300m:	4:39.85	49.93	400m:	5:54.26	37.48
8.	MARCINKIEWICZ, Agata		97	MUKP Warszawianka Wodny Park				6:18.51	360		
	50m:	41.06 41.06	150m:	2:20.58	48.46	250m:	3:58.45	51.46	350m:	5:35.02	45.31
	100m:	1:32.12 51.06	200m:	3:06.99	46.41	300m:	4:49.71	51.26	400m:	6:18.51	43.49

15 lat

1.	ZBROJEWSKA, Michalina		96	UKS "Pi tka" Konstancynów Łódzki				5:12.09	643		
	50m:	34.19 34.19	150m:	1:54.69	40.91	250m:	3:17.22	42.53	350m:	4:36.72	36.47
	100m:	1:13.78 39.59	200m:	2:34.69	40.00	300m:	4:00.25	43.03	400m:	5:12.09	35.37
2.	POPIEL, Joanna		96	UKS G- 8 Bielany				5:21.77	587		
	50m:	35.30 35.30	150m:	1:57.36	41.51	250m:	3:24.78	47.09	350m:	4:48.45	35.49
	100m:	1:15.85 40.55	200m:	2:37.69	40.33	300m:	4:12.96	48.18	400m:	5:21.77	33.32
3.	RYBI SKA, Magdalena		96	UKS "GIM 92 Ursynów" Warszawa				5:40.77	494		
	50m:	36.57 36.57	150m:	2:04.64	44.84	250m:	3:33.62	45.64	350m:	5:01.19	40.83
	100m:	1:19.80 43.23	200m:	2:47.98	43.34	300m:	4:20.36	46.74	400m:	5:40.77	39.58
4.	WŁODARCZYK, Ewelina		96	SKS Start Łód				5:57.56	427		
	50m:	37.28 37.28	150m:	2:07.61	45.11	250m:	3:41.28	50.99	350m:	5:18.13	44.04
	100m:	1:22.50 45.22	200m:	2:50.29	42.68	300m:	4:34.09	52.81	400m:	5:57.56	39.43