

GRAND PRIX – PUCHAR POLSKI W PŁYWANIU
Ciechanów, 18- - 19-2-2012

Konkurencja 2
2012-02-18 - 10:40

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	SOBCZYK, Maciej		95	MKS "Trojka" - Łód				4:35.96	621
	50m:	30.08 30.08	150m:	1:39.37 34.75	250m:	2:52.51 40.02	350m:	4:05.38 32.53	
	100m:	1:04.62 34.54	200m:	2:12.49 33.12	300m:	3:32.85 40.34	400m:	4:35.96 30.58	
2.	OPALSKI, Marcin		93	UKS "GIM 92 Ursynów"				4:38.58	604
	50m:	28.55 28.55	150m:	1:36.82 36.39	250m:	2:54.25 41.18	350m:	4:08.28 32.43	
	100m:	1:00.43 31.88	200m:	2:13.07 36.25	300m:	3:35.85 41.60	400m:	4:38.58 30.30	
3.	MACHNIK, Mikołaj SR		93	AZS AWF Katowice				4:39.37	599
	50m:	28.91 28.91	150m:	1:41.14 38.10	250m:	2:55.96 37.82	350m:	4:07.40 33.50	
	100m:	1:03.04 34.13	200m:	2:18.14 37.00	300m:	3:33.90 37.94	400m:	4:39.37 31.97	
4.	CHABA, Mateusz		96	MKS Juvenia Wrocław				4:41.42	586
	50m:	28.44 28.44	150m:	1:38.84 37.09	250m:	2:57.86 42.45	350m:	4:10.96 31.51	
	100m:	1:01.75 33.31	200m:	2:15.41 36.57	300m:	3:39.45 41.59	400m:	4:41.42 30.46	
5.	KA MIERCZAK, Wojciech		97	Uks Kapry-Armexim Pruszków				4:45.50	561
	50m:	29.21 29.21	150m:	1:40.57 37.36	250m:	2:57.83 40.35	350m:	4:12.62 33.89	
	100m:	1:03.21 34.00	200m:	2:17.48 36.91	300m:	3:38.73 40.90	400m:	4:45.50 32.88	
6.	K PKA, Maciej		94	UKS "GIM 92 Ursynów"				4:48.05	546
	50m:	30.26 30.26	150m:	1:42.62 37.53	250m:	3:00.38 40.13	350m:	4:15.21 34.01	
	100m:	1:05.09 34.83	200m:	2:20.25 37.63	300m:	3:41.20 40.82	400m:	4:48.05 32.84	
7.	SZOŁOCH, Robert		94	MOSiR Sopot				4:48.54	543
	50m:	30.10 30.10	150m:	1:43.05 37.51	250m:	3:01.92 42.00	350m:	4:17.52 33.81	
	100m:	1:05.54 35.44	200m:	2:19.92 36.87	300m:	3:43.71 41.79	400m:	4:48.54 31.02	
8.	ANDRZEJCZAK, Mateusz		94	MKS Juvenia Wrocław				4:49.49	538
	50m:	28.25 28.25	150m:	1:38.64 36.24	250m:	2:58.14 42.57	350m:	4:16.17 34.09	
	100m:	1:02.40 34.15	200m:	2:15.57 36.93	300m:	3:42.08 43.94	400m:	4:49.49 33.32	
9.	GRABCZAK, Dawid		97	KS Wisła Puławy				4:50.44	533
	50m:	32.54 32.54	150m:	1:46.94 36.55	250m:	3:03.80 41.10	350m:	4:18.68 33.39	
	100m:	1:10.39 37.85	200m:	2:22.70 35.76	300m:	3:45.29 41.49	400m:	4:50.44 31.76	
10.	CHODAN, Alan		98	MTP KORMORAN Olsztyn				4:54.17	513
	50m:	30.79 30.79	150m:	1:46.88 40.34	250m:	3:07.36 41.71	350m:	4:22.49 33.74	
	100m:	1:06.54 35.75	200m:	2:25.65 38.77	300m:	3:48.75 41.39	400m:	4:54.17 31.68	
11.	ZBUTOWICZ, Karol		98	MTP KORMORAN Olsztyn				4:55.14	508
	50m:	32.48 32.48	150m:	1:48.51 39.20	250m:	3:07.69 41.11	350m:	4:22.75 33.99	
	100m:	1:09.31 36.83	200m:	2:26.58 38.07	300m:	3:48.76 41.07	400m:	4:55.14 32.39	
12.	POPILEC, Michał		97	UKS "GIM 92 Ursynów"				5:00.65	480
	50m:	33.84 33.84	150m:	1:50.08 37.93	250m:	3:10.89 44.22	350m:	4:29.74 34.12	
	100m:	1:12.15 38.31	200m:	2:26.67 36.59	300m:	3:55.62 44.73	400m:	5:00.65 30.91	
13.	STARUCH, Jan		97	MTP KORMORAN Olsztyn				5:01.25	477
	50m:	32.52 32.52	150m:	1:50.61 40.74	250m:	3:10.81 40.76	350m:	4:27.34 35.62	
	100m:	1:09.87 37.35	200m:	2:30.05 39.44	300m:	3:51.72 40.91	400m:	5:01.25 33.91	
14.	KOZAKIEWICZ, Jan		96	UKS "GIM 92 Ursynów"				5:01.68	475
	50m:	32.80 32.80	150m:	1:51.22 40.63	250m:	3:09.85 39.42	350m:	4:27.13 36.92	
	100m:	1:10.59 37.79	200m:	2:30.43 39.21	300m:	3:50.21 40.36	400m:	5:01.68 34.55	
15.	SZUTKO, Mateusz		97	MKS " AK" Biała Podlaska				5:03.28	468
	50m:	31.91 31.91	150m:	1:47.63 38.47	250m:	3:08.61 44.19	350m:	4:28.88 35.20	
	100m:	1:09.16 37.25	200m:	2:24.42 36.79	300m:	3:53.68 45.07	400m:	5:03.28 34.40	
16.	D BSKI, Dominik		98	S.K.S."Start" Łód				5:08.91	443
	50m:	32.03 32.03	150m:	1:51.29 40.34	250m:	3:13.85 43.68	350m:	4:34.71 36.44	
	100m:	1:10.95 38.92	200m:	2:30.17 38.88	300m:	3:58.27 44.42	400m:	5:08.91 34.20	
17.	ZUCHOWICZ, Jan		98	Uks Skalar Warszawa				5:09.31	441
	50m:	31.47 31.47	150m:	1:50.14 41.88	250m:	3:12.46 41.45	350m:	4:32.66 37.06	
	100m:	1:08.26 36.79	200m:	2:31.01 40.87	300m:	3:55.60 43.14	400m:	5:09.31 36.65	

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Pozycja				Rok ur.					Czas	Pkt.		
18.	SÓWKA, Denis			98	VEGA Dobrodzie				5:17.04	409		
	50m:	34.26	34.26	150m:	1:55.66	40.87	250m:	3:18.67	43.02	350m:	4:41.82	37.46
	100m:	1:14.79	40.53	200m:	2:35.65	39.99	300m:	4:04.36	45.69	400m:	5:17.04	35.22
19.	SOŁTOWSKI, Dominik			98	Uks Mos Ełk				5:22.66	388		
	50m:	32.70	32.70	150m:	1:52.78	41.21	250m:	3:21.63	48.17	350m:	4:47.57	37.50
	100m:	1:11.57	38.87	200m:	2:33.46	40.68	300m:	4:10.07	48.44	400m:	5:22.66	35.09
20.	BOROWSKI, Tomasz			97	KS Wisła Puławy				5:29.37	365		
	50m:	31.69	31.69	150m:	1:53.04	43.25	250m:	3:24.01	48.73	350m:	4:52.91	39.26
	100m:	1:09.79	38.10	200m:	2:35.28	42.24	300m:	4:13.65	49.64	400m:	5:29.37	36.46
21.	WALENTYNOWICZ, Michał			98	Uks Skalar Warszawa				5:31.15	359		
	50m:	31.66	31.66	150m:	1:54.06	43.98	250m:	3:24.51	47.73	350m:	4:54.57	40.31
	100m:	1:10.08	38.42	200m:	2:36.78	42.72	300m:	4:14.26	49.75	400m:	5:31.15	36.58
DYSKW.	SALIK, Jakub			96	MKS Juvenia Wrocław				4:45.00			
	<i>Z-2 - Uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu</i>											
	50m:	30.47	30.47	150m:	1:42.37	37.45	250m:	2:56.75	37.71	350m:	4:10.61	35.22
	100m:	1:04.92	34.45	200m:	2:19.04	36.67	300m:	3:35.39	38.64	400m:	4:45.00	34.39