

GRAND PRIX PUCHAR POLSKI
Kozienice, 3- - 4-3-2012

Konkurencja 2
2012-03-03 - 10:35

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
1.	KORZENIOWSKI, Paweł		85	AZS AWF Warszawa				4:13.77	799
	50m:	26.28 26.28	150m:	1:30.56 34.38	250m:	2:40.83 37.72	350m:	3:47.02 28.66	
	100m:	56.18 29.90	200m:	2:03.11 32.55	300m:	3:18.36 37.53	400m:	4:13.77 26.75	
2.	POPRAWA, Michał SO		94	AZS AWF Katowice				4:21.25	732
	50m:	27.48 27.48	150m:	1:31.32 33.15	250m:	2:42.69 38.02	350m:	3:51.36 30.26	
	100m:	58.17 30.69	200m:	2:04.67 33.35	300m:	3:21.10 38.41	400m:	4:21.25 29.89	
3.	KLIZA, Mateusz SK		94	Avia widnik				4:25.17	700
	50m:	29.20 29.20	150m:	1:36.57 35.20	250m:	2:47.86 37.01	350m:	3:55.27 30.47	
	100m:	1:01.37 32.17	200m:	2:10.85 34.28	300m:	3:24.80 36.94	400m:	4:25.17 29.90	
4.	DUBIEL, Adam		93	MTP Lublinianka				4:26.10	693
	50m:	27.93 27.93	150m:	1:32.19 32.58	250m:	2:43.45 39.56	350m:	3:55.54 31.81	
	100m:	59.61 31.68	200m:	2:03.89 31.70	300m:	3:23.73 40.28	400m:	4:26.10 30.56	
5.	KRZYWIECKI, Tomasz		89	MKP Szczecin				4:30.08	662
	50m:	28.92 28.92	150m:	1:35.80 35.20	250m:	2:48.09 37.86	350m:	3:59.16 31.88	
	100m:	1:00.60 31.68	200m:	2:10.23 34.43	300m:	3:27.28 39.19	400m:	4:30.08 30.92	
6.	NACHTMAN, Mateusz SK		95	WKS I sk Wrocław				4:32.90	642
	50m:	29.72 29.72	150m:	1:37.94 36.08	250m:	2:50.81 37.98	350m:	4:01.58 32.55	
	100m:	1:01.86 32.14	200m:	2:12.83 34.89	300m:	3:29.03 38.22	400m:	4:32.90 31.32	
7.	MACHNIK, Mikołaj SR		93	AZS AWF Katowice				4:34.88	628
	50m:	29.07 29.07	150m:	1:39.30 36.06	250m:	2:52.39 37.61	350m:	4:02.89 32.67	
	100m:	1:03.24 34.17	200m:	2:14.78 35.48	300m:	3:30.22 37.83	400m:	4:34.88 31.99	
8.	ST PIE , KONRAD		96	Mks Polonia Warszawa				4:35.35	625
	50m:	28.98 28.98	150m:	1:38.29 35.68	250m:	2:52.53 38.76	350m:	4:04.44 32.43	
	100m:	1:02.61 33.63	200m:	2:13.77 35.48	300m:	3:32.01 39.48	400m:	4:35.35 30.91	
9.	WIEK, Kacper		95	Mks Polonia Warszawa				4:35.46	624
	50m:	28.55 28.55	150m:	1:37.40 35.57	250m:	2:52.57 40.61	350m:	4:04.55 31.28	
	100m:	1:01.83 33.28	200m:	2:11.96 34.56	300m:	3:33.27 40.70	400m:	4:35.46 30.91	
10.	OPALSKI, Marcin		93	UKS "GIM 92 Ursynów"				4:35.56	624
	50m:	28.27 28.27	150m:	1:37.42 36.41	250m:	2:53.32 40.50	350m:	4:06.26 32.23	
	100m:	1:01.01 32.74	200m:	2:12.82 35.40	300m:	3:34.03 40.71	400m:	4:35.56 29.30	
11.	BAŁABUCH, Krystian SO		95	BOSiR SP Brzesko				4:35.73	623
	50m:	29.14 29.14	150m:	1:38.56 35.53	250m:	2:51.70 38.70	350m:	4:04.05 32.55	
	100m:	1:03.03 33.89	200m:	2:13.00 34.44	300m:	3:31.50 39.80	400m:	4:35.73 31.68	
12.	ZABOJSZCZ, Wojciech SO		95	Korona Swim Kielce				4:39.12	600
	50m:	28.44 28.44	150m:	1:37.97 36.53	250m:	2:53.52 40.89	350m:	4:07.49 33.03	
	100m:	1:01.44 33.00	200m:	2:12.63 34.66	300m:	3:34.46 40.94	400m:	4:39.12 31.63	
13.	HULBÓJ, Marcin		96	MKP Szczecin				4:40.79	589
	50m:	29.91 29.91	150m:	1:42.13 38.04	250m:	2:56.47 36.50	350m:	4:08.08 34.43	
	100m:	1:04.09 34.18	200m:	2:19.97 37.84	300m:	3:33.65 37.18	400m:	4:40.79 32.71	
14.	PI TKOWSKI, Mateusz		90	AZS AWF Warszawa				4:41.83	583
	50m:	28.87 28.87	150m:	1:39.34 36.90	250m:	2:54.50 39.51	350m:	4:09.11 33.12	
	100m:	1:02.44 33.57	200m:	2:14.99 35.65	300m:	3:35.99 41.49	400m:	4:41.83 32.72	
15.	DUDEK, Michał SO		94	MKP Bobry D bica				4:44.29	568
	50m:	30.80 30.80	150m:	1:43.09 36.75	250m:	2:58.26 39.63	350m:	4:11.64 34.33	
	100m:	1:06.34 35.54	200m:	2:18.63 35.54	300m:	3:37.31 39.05	400m:	4:44.29 32.65	
16.	SZYMULA, Kamil		96	Avia widnik				4:45.18	563
	50m:	30.33 30.33	150m:	1:43.42 37.84	250m:	3:00.19 40.52	350m:	4:13.50 32.40	
	100m:	1:05.58 35.25	200m:	2:19.67 36.25	300m:	3:41.10 40.91	400m:	4:45.18 31.68	
17.	LE KIEWICZ, KONRAD		96	Mks Polonia Warszawa				4:45.49	561
	50m:	29.57 29.57	150m:	1:40.11 36.45	250m:	2:57.83 42.52	350m:	4:13.85 33.79	
	100m:	1:03.66 34.09	200m:	2:15.31 35.20	300m:	3:40.06 42.23	400m:	4:45.49 31.64	

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Pozycja			Rok ur.						Czas	Pkt.	
18.	SZCZECHURA, Patryk		95	KS KSZO Ostrowiec wi tokrzyski				4:47.81	547		
	50m:	31.06 31.06	150m:	1:43.56	37.04	250m:	3:01.43	42.31	350m:	4:16.72	32.42
	100m:	1:06.52 35.46	200m:	2:19.12	35.56	300m:	3:44.30	42.87	400m:	4:47.81	31.09
19.	RUTKOWSKI, Krzysztof		96	MTP Lublinianka				4:48.58	543		
	50m:	30.09 30.09	150m:	1:44.57	39.06	250m:	3:02.28	38.96	350m:	4:16.13	32.84
	100m:	1:05.51 35.42	200m:	2:23.32	38.75	300m:	3:43.29	41.01	400m:	4:48.58	32.45
20.	PERYDZE SKI, DAMIAN		96	Tp Olimpijczyk				4:52.01	524		
	50m:	29.73 29.73	150m:	1:40.94	36.86	250m:	3:00.83	43.52	350m:	4:18.92	33.63
	100m:	1:04.08 34.35	200m:	2:17.31	36.37	300m:	3:45.29	44.46	400m:	4:52.01	33.09
21.	PIETRZYK, Patryk		92	MKP „Słowianka” Gorzów Wlkp.				4:54.16	513		
	50m:	30.39 30.39	150m:	1:42.43	37.27	250m:	3:01.36	43.30	350m:	4:20.37	35.72
	100m:	1:05.16 34.77	200m:	2:18.06	35.63	300m:	3:44.65	43.29	400m:	4:54.16	33.79
22.	MO CICKI, JAN		96	Tp Olimpijczyk				4:56.02	503		
	50m:	30.20 30.20	150m:	1:44.35	37.85	250m:	3:05.19	44.12	350m:	4:23.07	34.02
	100m:	1:06.50 36.30	200m:	2:21.07	36.72	300m:	3:49.05	43.86	400m:	4:56.02	32.95
23.	SZUTKO, Mateusz		97	MKS " AK" Biała Podlaska				4:56.83	499		
	50m:	32.02 32.02	150m:	1:46.93	37.60	250m:	3:06.66	43.31	350m:	4:24.52	34.17
	100m:	1:09.33 37.31	200m:	2:23.35	36.42	300m:	3:50.35	43.69	400m:	4:56.83	32.31
24.	LELEK, MATEUSZ		96	Mks Polonia Warszawa				4:58.35	491		
	50m:	31.21 31.21	150m:	1:47.64	40.48	250m:	3:09.84	43.93	350m:	4:26.41	33.12
	100m:	1:07.16 35.95	200m:	2:25.91	38.27	300m:	3:53.29	43.45	400m:	4:58.35	31.94
25.	KSI EK, Sebastian		96	KS KSZO Ostrowiec wi tokrzyski				4:58.83	489		
	50m:	29.71 29.71	150m:	1:43.21	38.44	250m:	3:05.92	44.66	350m:	4:26.11	35.06
	100m:	1:04.77 35.06	200m:	2:21.26	38.05	300m:	3:51.05	45.13	400m:	4:58.83	32.72
26.	RODEK, Arkadiusz		96	MTP Lublinianka				4:59.26	487		
	50m:	30.64 30.64	150m:	1:46.36	39.38	250m:	3:07.60	43.68	350m:	4:26.34	34.81
	100m:	1:06.98 36.34	200m:	2:23.92	37.56	300m:	3:51.53	43.93	400m:	4:59.26	32.92