

GRAND PRIX PUCHAR POLSKI
Kozienice, 3- - 4-3-2012

Event 2
2012-03-03 - 10:35

Men, 400m Medley

14 years and older
Results

Points: FINA 2011

Rank			YB					Time	Pts		
1.	KORZENIOWSKI, Pawel		85	AZS AWF Warszawa				4:13.77	799		
	50m:	26.28 26.28	150m:	1:30.56	34.38	250m:	2:40.83	37.72	350m:	3:47.02	28.66
	100m:	56.18 29.90	200m:	2:03.11	32.55	300m:	3:18.36	37.53	400m:	4:13.77	26.75
2.	POPRAWA, Michal SO		94	AZS AWF Katowice				4:21.25	732		
	50m:	27.48 27.48	150m:	1:31.32	33.15	250m:	2:42.69	38.02	350m:	3:51.36	30.26
	100m:	58.17 30.69	200m:	2:04.67	33.35	300m:	3:21.10	38.41	400m:	4:21.25	29.89
3.	KLIZA, Mateusz SK		94	Avia Swidnik				4:25.17	700		
	50m:	29.20 29.20	150m:	1:36.57	35.20	250m:	2:47.86	37.01	350m:	3:55.27	30.47
	100m:	1:01.37 32.17	200m:	2:10.85	34.28	300m:	3:24.80	36.94	400m:	4:25.17	29.90
4.	DUBIEL, Adam		93	MTP Lublinianka				4:26.10	693		
	50m:	27.93 27.93	150m:	1:32.19	32.58	250m:	2:43.45	39.56	350m:	3:55.54	31.81
	100m:	59.61 31.68	200m:	2:03.89	31.70	300m:	3:23.73	40.28	400m:	4:26.10	30.56
5.	KRZYWIECKI, Tomasz		89	MKP Szczecin				4:30.08	662		
	50m:	28.92 28.92	150m:	1:35.80	35.20	250m:	2:48.09	37.86	350m:	3:59.16	31.88
	100m:	1:00.60 31.68	200m:	2:10.23	34.43	300m:	3:27.28	39.19	400m:	4:30.08	30.92
6.	NACHTMAN, Mateusz SK		95	WKS Slask Wroclaw				4:32.90	642		
	50m:	29.72 29.72	150m:	1:37.94	36.08	250m:	2:50.81	37.98	350m:	4:01.58	32.55
	100m:	1:01.86 32.14	200m:	2:12.83	34.89	300m:	3:29.03	38.22	400m:	4:32.90	31.32
7.	MACHNIK, Mikolaj SR		93	AZS AWF Katowice				4:34.88	628		
	50m:	29.07 29.07	150m:	1:39.30	36.06	250m:	2:52.39	37.61	350m:	4:02.89	32.67
	100m:	1:03.24 34.17	200m:	2:14.78	35.48	300m:	3:30.22	37.83	400m:	4:34.88	31.99
8.	STEPIEN, KONRAD		96	Mks Polonia Warszawa				4:35.35	625		
	50m:	28.98 28.98	150m:	1:38.29	35.68	250m:	2:52.53	38.76	350m:	4:04.44	32.43
	100m:	1:02.61 33.63	200m:	2:13.77	35.48	300m:	3:32.01	39.48	400m:	4:35.35	30.91
9.	CWIEK, Kacper		95	Mks Polonia Warszawa				4:35.46	624		
	50m:	28.55 28.55	150m:	1:37.40	35.57	250m:	2:52.57	40.61	350m:	4:04.55	31.28
	100m:	1:01.83 33.28	200m:	2:11.96	34.56	300m:	3:33.27	40.70	400m:	4:35.46	30.91
10.	OPALSKI, Marcin		93	UKS "GIM 92 Ursynow"				4:35.56	624		
	50m:	28.27 28.27	150m:	1:37.42	36.41	250m:	2:53.32	40.50	350m:	4:06.26	32.23
	100m:	1:01.01 32.74	200m:	2:12.82	35.40	300m:	3:34.03	40.71	400m:	4:35.56	29.30
11.	BALABUCH, Krystian SO		95	BOSiR SP Brzesko				4:35.73	623		
	50m:	29.14 29.14	150m:	1:38.56	35.53	250m:	2:51.70	38.70	350m:	4:04.05	32.55
	100m:	1:03.03 33.89	200m:	2:13.00	34.44	300m:	3:31.50	39.80	400m:	4:35.73	31.68
12.	ZABOJSZCZ, Wojciech SO		95	Korona Swim Kielce				4:39.12	600		
	50m:	28.44 28.44	150m:	1:37.97	36.53	250m:	2:53.52	40.89	350m:	4:07.49	33.03
	100m:	1:01.44 33.00	200m:	2:12.63	34.66	300m:	3:34.46	40.94	400m:	4:39.12	31.63
13.	HULBOJ, Marcin		96	MKP Szczecin				4:40.79	589		
	50m:	29.91 29.91	150m:	1:42.13	38.04	250m:	2:56.47	36.50	350m:	4:08.08	34.43
	100m:	1:04.09 34.18	200m:	2:19.97	37.84	300m:	3:33.65	37.18	400m:	4:40.79	32.71
14.	PIATKOWSKI, Mateusz		90	AZS AWF Warszawa				4:41.83	583		
	50m:	28.87 28.87	150m:	1:39.34	36.90	250m:	2:54.50	39.51	350m:	4:09.11	33.12
	100m:	1:02.44 33.57	200m:	2:14.99	35.65	300m:	3:35.99	41.49	400m:	4:41.83	32.72
15.	DUDEK, Michal SO		94	MKP Bobry Debica				4:44.29	568		
	50m:	30.80 30.80	150m:	1:43.09	36.75	250m:	2:58.26	39.63	350m:	4:11.64	34.33
	100m:	1:06.34 35.54	200m:	2:18.63	35.54	300m:	3:37.31	39.05	400m:	4:44.29	32.65
16.	SZYMULA, Kamil		96	Avia Swidnik				4:45.18	563		
	50m:	30.33 30.33	150m:	1:43.42	37.84	250m:	3:00.19	40.52	350m:	4:13.50	32.40
	100m:	1:05.58 35.25	200m:	2:19.67	36.25	300m:	3:41.10	40.91	400m:	4:45.18	31.68
17.	LESKIEWICZ, KONRAD		96	Mks Polonia Warszawa				4:45.49	561		
	50m:	29.57 29.57	150m:	1:40.11	36.45	250m:	2:57.83	42.52	350m:	4:13.85	33.79
	100m:	1:03.66 34.09	200m:	2:15.31	35.20	300m:	3:40.06	42.23	400m:	4:45.49	31.64

GRAND PRIX PUCHAR POLSKI
Kozienice, 3- - 4-3-2012

Event 2, Men, 400m Medley, 14 years and older

Rank	YB				Time	Pts		
18.	SZCZECHURA, Patryk				95	KS KSZO Ostrowiec Swietokrzyski	4:47.81	547
	50m: 31.06	31.06	150m: 1:43.56	37.04	250m: 3:01.43	42.31	350m: 4:16.72	32.42
	100m: 1:06.52	35.46	200m: 2:19.12	35.56	300m: 3:44.30	42.87	400m: 4:47.81	31.09
19.	RUTKOWSKI, Krzysztof				96	MTP Lublinianka	4:48.58	543
	50m: 30.09	30.09	150m: 1:44.57	39.06	250m: 3:02.28	38.96	350m: 4:16.13	32.84
	100m: 1:05.51	35.42	200m: 2:23.32	38.75	300m: 3:43.29	41.01	400m: 4:48.58	32.45
20.	PERYDZENSKI, DAMIAN				96	TP Olimpijczyk	4:52.01	524
	50m: 29.73	29.73	150m: 1:40.94	36.86	250m: 3:00.83	43.52	350m: 4:18.92	33.63
	100m: 1:04.08	34.35	200m: 2:17.31	36.37	300m: 3:45.29	44.46	400m: 4:52.01	33.09
21.	PIETRZYK, Patryk				92	MKP „Słowianka” Gorzow Wlkp.	4:54.16	513
	50m: 30.39	30.39	150m: 1:42.43	37.27	250m: 3:01.36	43.30	350m: 4:20.37	35.72
	100m: 1:05.16	34.77	200m: 2:18.06	35.63	300m: 3:44.65	43.29	400m: 4:54.16	33.79
22.	MOSCICKI, JAN				96	TP Olimpijczyk	4:56.02	503
	50m: 30.20	30.20	150m: 1:44.35	37.85	250m: 3:05.19	44.12	350m: 4:23.07	34.02
	100m: 1:06.50	36.30	200m: 2:21.07	36.72	300m: 3:49.05	43.86	400m: 4:56.02	32.95
23.	SZUTKO, Mateusz				97	MKS "ZAK" Biala Podlaska	4:56.83	499
	50m: 32.02	32.02	150m: 1:46.93	37.60	250m: 3:06.66	43.31	350m: 4:24.52	34.17
	100m: 1:09.33	37.31	200m: 2:23.35	36.42	300m: 3:50.35	43.69	400m: 4:56.83	32.31
24.	LELEK, MATEUSZ				96	Mks Polonia Warszawa	4:58.35	491
	50m: 31.21	31.21	150m: 1:47.64	40.48	250m: 3:09.84	43.93	350m: 4:26.41	33.12
	100m: 1:07.16	35.95	200m: 2:25.91	38.27	300m: 3:53.29	43.45	400m: 4:58.35	31.94
25.	KSIĄZEK, Sebastian				96	KS KSZO Ostrowiec Swietokrzyski	4:58.83	489
	50m: 29.71	29.71	150m: 1:43.21	38.44	250m: 3:05.92	44.66	350m: 4:26.11	35.06
	100m: 1:04.77	35.06	200m: 2:21.26	38.05	300m: 3:51.05	45.13	400m: 4:58.83	32.72
26.	SRODEK, Arkadiusz				96	MTP Lublinianka	4:59.26	487
	50m: 30.64	30.64	150m: 1:46.36	39.38	250m: 3:07.60	43.68	350m: 4:26.34	34.81
	100m: 1:06.98	36.34	200m: 2:23.92	37.56	300m: 3:51.53	43.93	400m: 4:59.26	32.92