

Letnie Otwarte Mistrzostwa Polski w pływaniu w kat. MASTERS  
Warszawa, 26 - 27-5-2012

Event 33 Men, 400m Freestyle 20 - 89 years  
2012-05-27 - 12:10 Results

RP "MASTERS" 25 - 29	4:35.24	RADOMSKI, Grzegorz	Gliwice	2010-05-09
RP "MASTERS" 30 - 34	4:31.49	PR DKI, Sławomir	Pozna	2009-06-20
RP "MASTERS" 35 - 39	4:31.38	BERWECKI, Arkadiusz	Göteborg	2010-08-06
RP "MASTERS" 40 - 44	4:21.40	STANEK, Grzegorz	Cadiz	2009-09-17
RP "MASTERS" 45 - 49	4:37.62	KASPEREK, Kasperek Jacek	San Francisco	2006-08-10
RP "MASTERS" 50 - 54	4:57.55	MADEJ, Leszek	Kra nik	2011-08-20
RP "MASTERS" 55 - 59	5:08.07	WARCHOŁ, Mirosław	Gdynia	2011-07-10
RP "MASTERS" 60 - 64	5:39.60	LEWICKI, Józef	Praga	1997-09-07
RP "MASTERS" 65 - 69	5:51.23	LEWICKI, Józef	Monachium	2000-07-31
RP "MASTERS" 70 - 74	5:53.54	BASTEK, Ewald	Gdynia	2009-06-27
RP "MASTERS" 75 - 79	6:47.79	KROKOSZY SKI, Stanisław	Pozna	2009-06-20
RP "MASTERS" 80 - 84	6:58.79	KROKOSZY SKI, Stanisław	Gliwice	2010-05-09
RP "MASTERS" 85 - 89	9:12.44	MRÓWCZY SKI, Kazimierz	Kranj	2007-08-31

Points: FINA 2012

Rank YB Time Pts  
KATEGORIA WIEKOWA: "E"/45-49/ provisional results

**NOWICKI, Robert** **63** **Warsaw Masters Team** **7:06.48** **137**  
50m: 45.47 45.47 150m: 2:33.17 54.59 250m: 4:24.44 55.44 350m: 6:16.21 56.23  
100m: 1:38.58 53.11 200m: 3:29.00 55.83 300m: 5:19.98 55.54 400m: 7:06.48 50.27

KATEGORIA WIEKOWA: "F"/50-54/ provisional results

**DATA, Andrzej** **61** **Masters Korona Krakow** **6:30.18** **179**  
50m: 39.29 39.29 150m: 2:16.67 50.51 250m: 3:59.30 51.69 350m: 5:42.58 51.56  
100m: 1:26.16 46.87 200m: 3:07.61 50.94 300m: 4:51.02 51.72 400m: 6:30.18 47.60

**RAPALA, Leszek** **62** **niezrzeszony** **6:45.08** **160**  
50m: 45.59 45.59 150m: 2:25.39 51.52 250m: 4:13.52 53.14 350m: 6:00.67 52.85  
100m: 1:33.87 48.28 200m: 3:20.38 54.99 300m: 5:07.82 54.30 400m: 6:45.08 44.41

**CZUPRYN, Wojciech** **58** **Warsaw Masters Team** **6:48.53** **156**  
50m: 45.54 45.54 150m: 2:30.27 53.10 250m: 4:17.20 53.07 350m: 6:03.41 52.20  
100m: 1:37.17 51.63 200m: 3:24.13 53.86 300m: 5:11.21 54.01 400m: 6:48.53 45.12

KATEGORIA WIEKOWA: "G"/55-59/ provisional results

**MINSKI, Andrzej** **56** **K.S. niezrzeszeni.pl** **6:31.82** **177**  
50m: 43.26 43.26 150m: 2:21.40 50.14 250m: 4:02.89 51.23 350m: 5:45.50 51.12  
100m: 1:31.26 48.00 200m: 3:11.66 50.26 300m: 4:54.38 51.49 400m: 6:31.82 46.32

**SZCZESNIAK, Wojciech** **55** **niezrzeszony** **6:45.24** **160**  
50m: 43.51 43.51 150m: 2:25.47 51.80 250m: 4:14.19 54.66 350m: 6:00.15 51.74  
100m: 1:33.67 50.16 200m: 3:19.53 54.06 300m: 5:08.41 54.22 400m: 6:45.24 45.09

**VORBRODT, Tadeusz** **53** **WOPR Warszawa SPORT-Figielski** **7:13.99** **130**  
50m: 44.44 44.44 150m: 2:27.59 54.96 250m: 4:18.99 57.03 350m: 6:18.59 1:00.49  
100m: 1:32.63 48.19 200m: 3:21.96 54.37 300m: 5:18.10 59.11 400m: 7:13.99 55.40

KATEGORIA WIEKOWA: "I"/65-69/

1. **MLECZKO, Andrzej** **47** **Masters Korona Krakow** **6:45.74** **159**  
50m: 45.52 45.52 150m: 2:30.97 52.88 250m: 4:18.35 52.57 350m: 6:04.35 51.53  
100m: 1:38.09 52.57 200m: 3:25.78 54.81 300m: 5:12.82 54.47 400m: 6:45.74 41.39

2. **BORODZIUK, Stefan** **44** **Warsaw Masters Team** **7:20.06** **125**  
50m: 45.37 45.37 150m: 2:34.79 56.17 250m: 4:30.05 58.48 350m: 6:26.49 58.20  
100m: 1:38.62 53.25 200m: 3:31.57 56.78 300m: 5:28.29 58.24 400m: 7:20.06 53.57

KATEGORIA WIEKOWA: "J"/70-74/

1. **RABIEJ, Jerzy** **42** **MKP Szczecin** **8:34.48** **78**  
50m: 58.14 58.14 150m: 3:13.48 1:08.01 250m: 5:26.46 1:06.83 350m: 7:37.93 1:05.25  
100m: 2:05.47 1:07.33 200m: 4:19.63 1:06.15 300m: 6:32.68 1:06.22 400m: 8:34.48 56.55

Letnie Otwarte Mistrzostwa Polski w pływaniu w kat. MASTERS  
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Event 33, Men, 400m Freestyle, KATEGORIA WIEKOWA: "J"/70-74/

Rank	YB								Time	Pts		
2.	BUGLA, RUDOLF		40		Orka Masters Radlin				<b>9:32.52</b>	56		
	50m:	57.46	57.46	150m:	3:16.91	1:10.80	250m:	5:47.29	1:16.07	350m:	8:20.79	1:17.90
	100m:	2:06.11	1:08.65	200m:	4:31.22	1:14.31	300m:	7:02.89	1:15.60	400m:	9:32.52	1:11.73

KATEGORIA WIEKOWA: "K"/75-79/

1.	LEWANDOWSKI, ZYGMUNT		37		Delfin Inowroclaw				<b>7:09.95</b>	134		
	50m:	47.82	47.82	150m:	2:38.22	55.49	250m:	4:29.31	55.46	350m:	6:19.49	53.88
	100m:	1:42.73	54.91	200m:	3:33.85	55.63	300m:	5:25.61	56.30	400m:	7:09.95	50.46
2.	LUDWICZAK, Zbigniew		33		STP Masters Szczecinek				<b>8:50.69</b>	71		
	50m:	57.42	57.42	150m:	3:09.22	1:06.75	250m:	5:26.29	1:08.62	350m:	7:44.19	1:08.87
	100m:	2:02.47	1:05.05	200m:	4:17.67	1:08.45	300m:	6:35.32	1:09.03	400m:	8:50.69	1:06.50